

FEEDME

England & Wales · Charity number 1204748

Details

Status Registered

Legal form CIO

Registered 2023-09-15

Register [View on the Charity Commission register](#)

Contact

Address 4 Amhurst Parade
Amhurst Park
London
N16 5AA

Phone 07432738232

Email admin@feedme-london.org

Activities

Objects: THE PREVENTION OR RELIEF OF POVERTY AND FINANCIAL HARDSHIP BY PROVIDING: GRANTS, FOOD, ITEMS AND SERVICES TO INDIVIDUALS IN NEED.

Activities: We provide comprehensive support to vulnerable individuals, including those facing homelessness, dietary restrictions, unemployment, and mental health challenges. Our approach combines customised nutritional assistance with physical activity programs, recycling initiatives, and career development opportunities. We help marginalised individuals improve both their physical and mental well-being.

Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Essex
- Gateshead
- Manchester City
- Throughout London

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2024-09-30 | £25,280 | £6,699 | - | - |

Trustees

| Name | Role | Appointed |
|------------------|------|------------|
| CHANNAH RAPAPORT | | 2023-09-15 |
| ISRAEL GRUNZWEIG | | 2023-09-15 |
| LEVI SCHAPIRO | | 2023-09-15 |

FEEDME

England & Wales - Charity number 1204748

Accounts



FeedME
REDUCING POVERTY & INEQUALITY: WHERE NO CHILD GOES HUNGRY

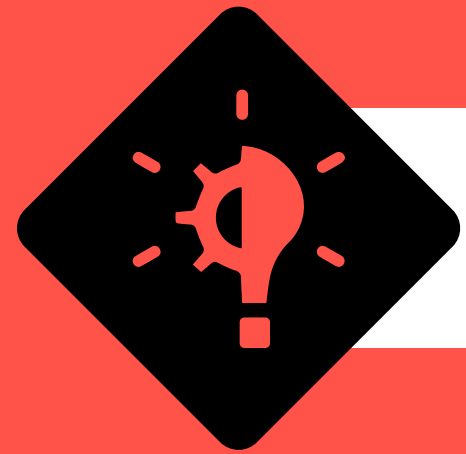
ANNUAL REPORT

**Fighting Hunger,
Building Futures!**



Welcome to FeedMe

A charity dedicated to supporting families and individuals including those facing homelessness, dietary restrictions, unemployment, and mental health challenges. We provide comprehensive food assistance and holistic well-being programs while addressing the broader challenges associated with poverty. Operating in London, Manchester, Essex, and Gateshead, we help marginalised individuals improve both their physical and mental well-being.



Our Mission

At FeedMe, our mission is to alleviate hunger and promote self-sufficiency among vulnerable individuals. We go beyond providing food vouchers by integrating nutritional education, physical activity programs, recycling initiatives, and career development opportunities to foster long-term stability and well-being.



Who We Support

We assist financially struggling families, those with dietary restrictions, individuals facing homelessness, unemployed individuals, and people dealing with mental health challenges. Our support is tailored to each person's needs, ensuring they receive the assistance necessary to overcome their unique struggles.

Our Approach

- **Customised Nutritional Assistance:** Providing food vouchers tailored to dietary needs.
- **Physical Activity Programs:** Encouraging well-being through sports and fitness initiatives.
- **Recycling Initiatives:** Promoting sustainability while providing essential resources such as reading material.
- **Environmental Projects:** Providing gardening sessions to improve mental health and provide fresh food to poor children.



Our Approach



- **Career Development Opportunities:** Equipping individuals with skills to achieve financial independence.
- **Educational Sessions:** Teaching children, teens, and adults about financial literacy, healthy living, and self-sufficiency.
- **Community Awareness Campaigns:** Highlighting poverty-related issues and advocating for better nutrition.

Our Future Vision

FeedMe envisions a future where no family goes hungry, and every individual has access to the resources they need to thrive. We aim to:



Expand our partnerships with businesses, community groups, and activists.



Broaden our range of support services to reach more people in need.



Develop new programs addressing emerging challenges related to poverty and nutrition.



Our Success Story

SwimInclusion

One of our most impactful projects, SwimInclusion, was created to provide a safe and inclusive swimming program for young people facing various challenges.

Key Barriers Addressed



Religious considerations:

Offering single-gender and culturally appropriate swimming sessions.



Neurodiverse needs:

Catering to youth with ADHD, autism, social, and emotional difficulties.

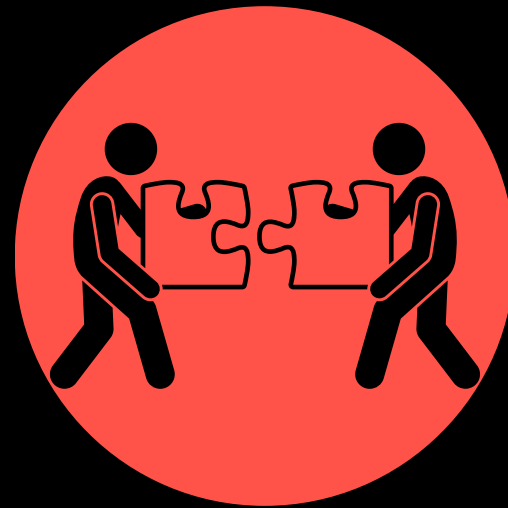


Holistic well-being:

Combining physical engagement with mental and social development.

With the support of local organisations and businesses, SwimInclusion successfully overcame these barriers, creating opportunities for marginalised youth to gain life skills and enhance their overall well-being.

Join Us in Making a Difference



Join Us in Making a Difference

FeedMe is committed to creating lasting change, but we cannot do it alone. With the support of our funders, partners, and volunteers, we can expand our impact and bring sustainable solutions to those who need them most.

Support Us Today

Your support can change lives and provide hope for a brighter future. Together, we can fight hunger, empower individuals, and build stronger communities.



Thank you for believing in our mission!

**FEEDME
ANNUAL REPORT AND
UNAUDITED FINANCIAL STATEMENTS
YEAR ENDED 30 SEPTEMBER 2024**

The trustees present their annual report together with the financial statements of the Charity for the year ended 30 September 2024. The financial statements have been prepared in accordance with the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' 2019, and applicable UK Accounting Standards and the Charities Act of 2011.

Reference and Administrative Details

| | |
|--------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| Trustees | Mr I Grunzweig Mrs C Rapaport Mr L Schapiro |
| Charity Registration No | 1204748 |
| Registered Office | 4 Amhurst Parade Amhurst Park London N16 5AA |
| Independent Examiner | Jacob J Jakobovits FMAAT Kyver & Dale Consultants Ltd Suite 101, Pride House Shanklin Road London N15 4FB |

Structure and Objectives

Feedme was registered as a charity with the Charity Commission on 15 September 2023, and is constituted as a Charitable Incorporated Organisation.

The above trustees served throughout the period. The Board has the power to appoint additional trustees, as it considers fit based on personal competence, specialist skills and experience. None of the trustees have any beneficial interest in the charity and did not receive any remuneration. The trustees are involved with in the running of the charity.

The objects of the charity are the prevention or relief of poverty and financial hardship by providing grants, food, items and services to individuals in need.

Developments and Activities

The trustees consider that the performance of the charity this period has been most satisfactory. The trustees have identified the risks to which the charity may be exposed and systems have been established to mitigate these risks. The trustees have had due regard to guidance published by the Charity Commission, including public benefit guidance.

The developments and activities of this period are stated in the extended Trustee's Report attached.

During the year, the charity received donations of £25,280 and expensed £6,699 through charitable expenditure and support costs.

Reserves

Reserves of £18,581 represent the available funds at the year end. The present level of funding is adequate to support the continuation of the charity's activities.

**FEEDME
TRUSTEES REPORT
YEAR ENDED 30 SEPTEMBER 2024**
(Continued)

Responsibilities of the Trustees

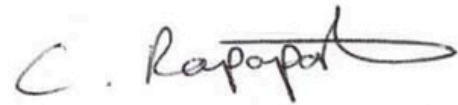
Charity Law requires the trustees to prepare a report and financial statements for each financial period which give a true and fair view of the state of affairs of the charity at the end of the year. These must be in accordance with applicable law and regulations and in accordance with United Kingdom Generally Accepted Accounting Practice (UK GAAP).

The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of its surplus or deficit for that period.

In preparing these financial statements, the trustees are required to select suitable accounting policies, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The trustees must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The trustees are responsible for keeping adequate accounting records which are sufficient to show and explain the charity's transactions and disclose, with reasonable accuracy at any time, the financial position of the charity and to enable them to ensure that the financial statements comply with Charity Law. The trustees are also responsible for safeguarding the assets and activities of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved on 27/02/2025 and signed on behalf of the Board of Trustees:



Mrs Channah Rapaport
Trustee

**FEEDME
INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF FEEDME
YEAR ENDED 30 SEPTEMBER 2024**

I report to the trustees on my examination of the financial statements of FeedMe for the year ended 30 September 2024 which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

Respective Responsibilities of the Trustees and the Examiners

The trustees of the charity are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under the Charities Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Basis of Independent Examiners' report

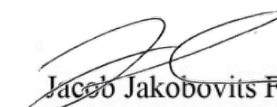
Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting record kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and the seeking of explanations from the trustees concerning any such matter. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and that report is limited to those matters set out in the statement below.

Independent Examiners' Statement

Following my examination, I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. Accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the accounting requirements of the 2011 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jacob Jakobovits FMAAT
Independent Examiner
For Kyver & Dale Consultants Ltd
Suite 101, Pride House, Shanklin Road
London N15 4FB

Date: 27/02/2025

FEEDME
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 30 SEPTEMBER 2024

| | Notes | Unrestricted Funds £ | 2024 Restricted Funds £ | Total Funds £ |
|------------------------------------|-------|-------------------------|-------------------------------|----------------------|
| Income | | | | |
| Donations and grants | 3 | 24,280 | 1,000 | 25,280 |
| Total Income | | <u>24,280</u> | <u>1,000</u> | <u>25,280</u> |
| Expenditure | | | | |
| Charitable expenditure | 4 | 4,850 | 1,000 | 5,850 |
| Administrative expenses | 5 | 849 | | 849 |
| Total Expenditure | | <u>5,699</u> | <u>1,000</u> | <u>6,699</u> |
| Net Income for the Year | | 18,581 | 0 | 18,581 |
| Transfer between funds | 11 | | | |
| Net movement in funds | | | | |
| Reconciliation of funds | | | | |
| Total funds brought forward | | | | |
| Total funds carried forward | | <u>18,581</u> | <u>0</u> | <u>18,581</u> |


The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes form part of these financial statements

FEEDME
STATEMENT OF FINANCIAL POSITION
YEAR ENDED 30 SEPTEMBER 2024

| | Notes | 2024 Total Funds £ |
|----------------------------------------------|-------|--------------------------|
| Current Assets | | |
| Cash at bank and in hand | | 24,211 |
| | | <u>24,211</u> |
| Creditors | | |
| Amounts falling due within one year | 6 | (5,630) |
| Net current assets | | <u>18,581</u> |
| Total assets less current liabilities | | 18,581 |
| Creditors | | |
| Amounts falling after more than one year | | 0 |
| Net Assets | | <u>18,581</u> |
| Reconciliation of funds | | |
| Unrestricted funds | | 18,581 |
| Restricted Funds | | - |
| Total Funds | | <u>18,581</u> |

These financial statements were approved by the board of trustees and authorised for issue on 27/02/25, and are signed on their behalf by:



Mrs Channah Rapaport
Trustee

FEEDME
NOTES TO THE ACCOUNTS
YEAR ENDED 30 SEPTEMBER 2024

1. General Information

FeedMe is a Charitable Incorporated Organisation (CIO), registered in England and Wales. The registered office is located at 4 Amhurst Parade Amhurst Park London N16 5AA.

2. Accounting Policies

Basis of Accounting

The accounts have been prepared under the historical cost convention and in accordance with the Charities Act and applicable accounting standards including the SORP (FRS 102) subject to the revaluation of certain fixed assets and the non-provision of depreciation thereon.

The presentation currency is sterling.

Going Concern

The accounts have been prepared on a going concern basis as there are no material uncertainties about the charity's ability to continue.

Incoming Resources

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds. It is probable that the income will be received, and the amount can be measured reliably.

Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Tangible Assets

Depreciation is provided at the following annual rates in order to write off each asset over the useful economic life of the asset, as follows;

| | |
|------------------------|-------------------------|
| Fixtures and fittings: | 15% on reducing balance |
| Equipment: | 15% on reducing balance |

///Cont.

FEEDME
NOTES TO THE ACCOUNTS - continued
YEAR ENDED 30 SEPTEMBER 2024

| | | | |
|----------------------|--------------------|------------------|-------------------------|
| 3) Income | Unrestricted Funds | Restricted Funds | Total Funds 2024 |
| | £ | £ | £ |
| Donations and grants | 24,280 | 1,000 | 25,280 |
| | <u>24,280</u> | <u>1,000</u> | <u>25,280</u> |

2024
£

| | |
|----------------------------------|--------------|
| 4) Charitable Expenditure | |
| Support programs | 5,850 |
| | - |
| | <u>5,850</u> |

| | |
|-----------------------------------|------------|
| 5) Administrative Expenses | |
| Independent Examiners fees | 780 |
| Telephone | 24 |
| Bank charges | 45 |
| | <u>849</u> |

| | |
|----------------------------------------------------------|--------------|
| 6) Creditors: amounts falling due within one year | |
| Trade Creditors | 4,850 |
| Accruals | 780 |
| | <u>5,630</u> |

7) Net movement in funds
It is the policy of the charity to move restricted funds to unrestricted funds once it has been spent unless there are restricting conditions even after the income has been spent.

| | | | |
|---------------------------------------------|--------------------|------------------|---------------|
| | Unrestricted Funds | Restricted Funds | Total |
| | £ | £ | £ |
| At 30 September 2023 | - | - | - |
| Incoming resources | 24,280 | 1,000 | 25,280 |
| Expended resources | (5,699) | (1,000) | (6,699) |
| Total funds available for future activities | <u>18,581</u> | <u>-</u> | <u>18,581</u> |
| At 30 September 2024 | | | |

8) Related party transactions
There were no related party transactions made during the year.