

LEICESTER, LEICESTERSHIRE AND RUTLAND MIND

England & Wales · Charity number 1204524

Details

Status Registered

Legal form CIO

Registered 2023-08-30

Register [View on the Charity Commission register](#)

Contact

Address Mind
Blaby Industrial Park
Winchester Avenue
Blaby
Leicester
LE8 4GZ

Phone 01162164340

Email info@llrmind.org

Website www.llrmind.org

Activities

Objects: THE OBJECT OF THE CHARITY IS TO PROMOTE THE WELFARE OF THOSE IMPACTED BY MENTAL HEALTH PROBLEMS (HEREINAFTER REFERRED AS 'BENEFICIARIES') BY UNDERTAKING ACTIVITIES, INCLUDING: A) TO PROMOTE THE PRESERVATION OF GOOD MENTAL HEALTH IN PARTICULAR BY ENABLING AND EMPOWERING EVERYONE EXPERIENCING MENTAL HEALTH PROBLEMS TO LIVE WITH, MANAGE, AND RECOVER FROM THEIR CONDITION. B) TO RELIEVE THE NEEDS OF PEOPLE WITH MENTAL HEALTH PROBLEMS BY WORKING TO INCREASE THE UNDERSTANDING OF MENTAL HEALTH AND MENTAL HEALTH PROBLEMS BY GATHERING AND DISSEMINATING INFORMATION AND WORKING TO RAISE AWARENESS, PROMOTE UNDERSTANDING, AND CHALLENGE STIGMA AND DISCRIMINATION. C) INFLUENCING, CONTRIBUTING AND ENCOURAGING THE DEVELOPMENT OF PUBLIC POLICY AND GOOD PRACTICE RELEVANT TO MENTAL HEALTH, INCLUDING FOSTERING AND PROMOTING COOPERATION BETWEEN OTHER PERSONS AND BODIES AT LOCAL AND NATIONAL LEVEL, AND PARTICIPATING IN RELEVANT ACTIVITIES; AND D) EDUCATING THE PUBLIC IN THE CAUSES AND EFFECTS OF POOR MENTAL HEALTH.

Activities: Providing information, support and guidance on mental health to the communities of Leicester, Leicestershire and Rutland.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- Leicester City
- Leicestershire
- Rutland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£360,544	£341,703	-	-
2024-03-31	£0	£0	-	-

Trustees

Name	Role	Appointed
BURTON AND DISTRICT MIND		2023-08-30
Coventry and Warwickshire Mind		2023-08-30
Derbyshire Mind		2023-08-30
Kettering Association for Mental Health		2023-08-30
Mind (NAMH)		2023-08-30
Minds Matter (Trading Activities) Ltd		2023-08-30
Northamptonshire Mind		2023-08-30
Nottinghamshire Mind		2023-08-30

Accounts

Charity registration number 1204524 (England and Wales)

**LEICESTER LEICESTERSHIRE AND RUTLAND MIND
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Coventry, Warwickshire & Worcestershire Mind (Chair) - represented by S Hill Northamptonshire Mind - represented by S Hillier Mind (NAMH) - represented by B Pledger Burton and District Mind - represented by L Barrell Minds Matter (Trading Activities) Limited - represented by K Willows Derbyshire Mind - represented by J Hotchkiss Nottinghamshire Mind - represented by N Rea Kettering Association for Mental Health (Kettering MIND) - represented by C Davison
Senior management	R Nott - Operations Director
Charity number (England and Wales)	1204524
Principal address	Blaby Industrial Park Winchester Avenue Leicester United Kingdom LE8 4GZ
Independent examiner	Azets Audit Services Thorpe House 93 Headlands Kettering Northamptonshire United Kingdom NN15 6BL
Bankers	The Cooperative Bank plc Central Commercial Branch PO Box 250 Skelmersdale WN8 6WT

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

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LEICESTER LEICESTERSHIRE AND RUTLAND MIND

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the LLR Mind's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The constitution defines the charity's objects as:

To preserve and protect the health of those impacted by mental health problems (hereinafter referred to as "beneficiaries"), in particular but not exclusively by:

- promoting the preservation of good mental health in particular by enabling and empowering everyone experiencing mental health problems to live with, manage, and recover from their condition;
- relieving the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding, and challenge stigma and discrimination;
- influencing, contributing and encouraging the development of public policy and good practice relevant to mental health, including fostering and promoting cooperation between other persons and bodies at local and national level, and participating in relevant activities; and
- educating the public in the causes and effects of poor mental health.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the LLR Mind should undertake.

The main activities of the charity are:

- **Community Wellbeing Service** - The Community Wellbeing Service (CWS) is a triage and signposting service for adults (18+) with emerging, non-complex, mild to moderate mental health needs. Individuals receive support from our advisors to design a plan to improve their health and wellbeing. Plans focus on non-medical/clinical solutions, including advice, guidance and signposting to local support. Direct support with mental health and wellbeing is provided as well as information, advice and guidance related to contributory factors such as debt/money management, housing, benefits, employment and education. Staff work alongside PCN staff to increase access to support for individuals struggling with their mental health.
- **Good mood Groups** - Good mood Groups (GMGs) are informal get togethers designed to connect individuals to other like-minded people within their communities, as well as provide access to wellbeing support, and opportunities to share interests and skills. Attendees can chat, take part in activities, access peer support, learn about and improve your mental health, and find out about other local services and activities that could support them. They are free drop-in groups, allowing people to dip in and out as necessary. We also try to provide a free drink wherever possible.
- **Neighbourhood Mental Health Cafes** - Neighbourhood Mental Health Cafes (NMHCs) provide a safe and welcoming space for people struggling with their emotional and mental wellbeing. They are tailored and responsive to the needs of the local population and provide a meaningful and supportive alternative to A&E or other urgent services at the time of crisis. Allowing access without an appointment, they offer drop-in support in a safe environment, a hot drink, a listening ear, practical support, as well as the ability to refer and or signpost to additional services if required. The cafes deliver practical support at the point of presentation to de-escalate mental health distress and signposting those with complex/urgent need to the relevant urgent care service. Supporting individuals to manage their distress, developing and supporting the use of healthy coping strategies and, overall, to instill hope and promote self-worth and purpose.
- **Supported Self Help** - Supported Self Help (SSH) is a guided self-help, early intervention programme which aims to give adults (18+) the knowledge and skills to understand, protect and improve their mental health. After a simple assessment, beneficiaries select a pathway relevant to their current situation and are then offered up to five weekly one-to-one sessions via video calls, telephone calls or face-to-face in community venues. Practitioners support them to try tools and techniques and create a toolkit of resources that work for them. Outcome scores are recorded at the beginning, middle and end of their course of sessions (where all sessions are completed).

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Achievements and performance

Overall, LLR Mind has supported 1,539 individuals.

For Supported Self Help, beneficiary improvement is measured through the clinical tools: GAD7, PHQ9 and SWEMWBS. Of the 332 beneficiaries, 85% showed improvement in their GAD7 scores, 86% showed improvement in their PHQ9 scores, and 74% showed improvement in their SWEMWBS scores.

For the Community Wellbeing Service, beneficiary improvement is measured through the clinical tool SWEMWBS and their Wellness Plan. Of the 162 beneficiaries, 89% showed an improvement in their SWEMWBS score, and 80% showed positive progress on their Wellbeing Plan.

For Good Mood Groups, we are targeted to support 500 individuals across 5-10 groups. We supported 960 individuals (including 120 unique attendances) across 6 groups.

For Neighbourhood Mental Health Cafes, we are targeted to support 240 unique attendances. In the five months that the service ran across the 2024-25 year, we supported 85 unique attendances.

Financial review

The charity's work is reliant on funding from various sources to support the services provided. The main sources of this funding are other charities (including other MIND charities) as well as healthcare organisations.

During the year to 31 March 2025, the charity received total income of £360,544 (2024: £nil), which included income from donations and other fundraising of £57,361 (2024: £nil), income from services provided under contracts of £298,677 (2024: £nil), income from workshops and other training of £4,126 (2024: £nil) and interest income of £380 (2024: £nil) from cash deposits.

Further detail of the income from donations and other fundraising is provided in note 3 and includes funds of £20,317 (2024: £nil) received from Coventry & Warwickshire MIND when the activities of LLR MIND were separated and transferred into the LLR MIND charity.

Income from services provided under contracts includes a core grant of £30,000 from Mind (NAMH) to fund core roles within LLR MIND, along with Service Level Agreements and other grants from organisations totalling £268,677 to fund specific service provisions. This also includes £130,502 from Coventry & Warwickshire MIND where they have partnered with LLR MIND to provide mental health services.

The charity's total expenditure for the year ended 31 March 2025 was £341,703. Given the nature of the charity's services, the main cost is that of staff employed which totalled £258,241 (2024: £nil).

The charity's activities resulted in a total surplus of £18,841 (2024: £nil) for the year ended 31 March 2025, which includes a surplus of £8,991 (2024: £nil) on restricted income funds.

Reserves policy

It is the policy of the LLR Mind that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the LLR Mind's current activities while consideration is given to ways in which additional funds may be raised.

Unrestricted funds (excluding those funds designated for a specific purpose by the Trustees) were £6,752 (2024: £nil) at 31 March 2025, which is below the required level; however, the charity started operating in April 2024 and will need to build the required level of reserves over a period of time whilst providing the necessary level of services.

Plans for future periods

To strengthen local representation and broaden the Board's skillset, we are working towards amending the Mind trademark licence. This change would allow up to one-third of the Board to be recruited from outside the Federation. By opening a portion of the Board to external candidates, LLR Mind aims to bring in diverse perspectives and expertise from the local community, while maintaining strong ties to the Federation.

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management

The charity is constituted as a Charitable Incorporated Organisation (CIO), as a body corporate under Part 11 of the Charities Act 2011. The CIO was registered with the charity commission on 30 August 2023.

The Trustees are legally responsible for the governance and management of the charity. Trustees are responsible for setting strategies and policies for ensuring these are implemented.

The trustees who served during the year and up to the date of signature of the financial statements were:

Coventry, Warwickshire & Worcestershire Mind (Chair) - represented by S Hill

Northamptonshire Mind - represented by S Hillier

Mind (NAMH) - represented by B Pledger

Burton and District Mind - represented by L Barrell

Minds Matter (Trading Activities) Limited - represented by K Willows

Derbyshire Mind - represented by J Hotchkiss

Nottinghamshire Mind - represented by N Rea

Kettering Association for Mental Health (Kettering MIND) - represented by C Davison

Method of recruitment and appointment of trustees

LLR Mind has followed a unique formation process, having been developed from within the Mind Federation rather than as an external charity affiliating to it. Due to the requirements of the Mind trademark licence, all trustees must already be affiliated with the Federation. Therefore, our recruitment method is unique: trustees are exclusively drawn from senior leaders or Board members within the Federation.

Our Board is composed of representatives from corporate entities within the Federation, each represented by a senior leader or Board member from their respective organisation. This ensures alignment with the Federation's values and governance standards.

Organisational Structure

The Board meet on a bi-monthly basis and are responsible for strategic leadership, governance, and oversight to ensure the charity operates effectively, ethically and in line with its purpose. In addition to the Board, LLR Mind also have a Lived Experience Leadership Panel (LELP), who meet on a monthly basis to ensure that all activities include the voice of lived experience.

Following the departure of the CEO in April 2025, the board now delegates day-to-day management of the charity to the Operations Director.

Members' liability

All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees' report was approved by the Board of Trustees.

Coventry, Warwickshire & Worcestershire Mind (Chair) - represented by S Hill

Trustee

20 January 2026

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF LEICESTER LEICESTERSHIRE AND RUTLAND MIND

I report to the trustees on my examination of the financial statements of Leicester Leicestershire and Rutland MIND (the LLR Mind) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the LLR Mind you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the LLR Mind's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the LLR Mind's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the LLR Mind as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Paul Tyler FCA
Azets Audit Services
Thorpe House
93 Headlands
Kettering
Northamptonshire
NN15 6BL
United Kingdom

Dated: 20 January 2026

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
Income from:					
Donations and legacies	3	57,331	30	57,361	-
Charitable activities	4	38,836	263,967	302,803	-
Investments	5	380	-	380	-
Total income		<u>96,547</u>	<u>263,997</u>	<u>360,544</u>	<u>-</u>
Expenditure on:					
Raising funds	6	8,261	-	8,261	-
Charitable activities	7	74,821	258,621	333,442	-
Total expenditure		<u>83,082</u>	<u>258,621</u>	<u>341,703</u>	<u>-</u>
Net income		13,465	5,376	18,841	-
Transfers between funds		(3,615)	3,615	-	-
Net movement in funds	9	9,850	8,991	18,841	-
Reconciliation of funds:					
Fund balances at 1 April 2024		-	-	-	-
Fund balances at 31 March 2025		<u>9,850</u>	<u>8,991</u>	<u>18,841</u>	<u>-</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	13		1,806		-
Current assets					
Debtors	14	40,241		-	
Cash at bank and in hand		129,557		-	
		<u>169,798</u>		<u>-</u>	
Creditors: amounts falling due within one year	15	(152,763)		-	
		<u></u>		<u></u>	
Net current assets			17,035		-
			<u></u>		<u></u>
Total assets less current liabilities			18,841		-
			<u></u>		<u></u>
The funds of the LLR Mind					
Restricted income funds	18		8,991		-
Unrestricted funds	19		9,850		-
			<u>18,841</u>		<u>-</u>
			<u></u>		<u></u>

The financial statements were approved by the trustees on 20 January 2026

Coventry, Warwickshire & Worcestershire Mind (Chair) - represented by S Hill
Trustee

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

The charity is constituted as a Charitable Incorporated Organisation (CIO), as a body corporate under Part 11 of the Charities Act 2011.

1.1 Accounting convention

The financial statements have been prepared in accordance with the LLR Mind's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The LLR Mind is a Public Benefit Entity as defined by FRS 102.

The LLR Mind has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the LLR Mind. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the LLR Mind has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.4 Income

Income is recognised when the LLR Mind is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the LLR Mind has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the LLR Mind has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	33.33% on straight line
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the LLR Mind reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The LLR Mind has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the LLR Mind's balance sheet when the LLR Mind becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the LLR Mind's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The charity is exempt from tax on income and gains to the extent that these are applied exclusively to its charitable objects.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the LLR Mind is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the LLR Mind's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
Donations and gifts	57,331	30	57,361	-

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

3 Income from donations and legacies

(Continued)

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
Donations and gifts				
Tractor run	11,546	-	11,546	-
Community fundraising	17,115	-	17,115	-
Coventry and Warwickshire MIND	20,317	-	20,317	-
Hope Hamilton Church	500	-	500	-
T Ipgrave	375	-	375	-
Tinhatters Theatre	200	-	200	-
Kirby Muxloe Scarecrow Festival	1,000	-	1,000	-
Mental Elf	2,147	-	2,147	-
Voluntary Action Leicestershire	1,200	-	1,200	-
VA Barratt	1,500	-	1,500	-
Other	1,431	30	1,461	-
	<u>57,331</u>	<u>30</u>	<u>57,361</u>	<u>-</u>

4 Income from charitable activities

	Mental Health Support 2025 £	Total 2024 £
Workshops and training	4,126	-
Grants for services	298,677	-
	<u>302,803</u>	<u>-</u>
Analysis by fund		
Unrestricted funds	38,836	-
Restricted funds	263,967	-
	<u>302,803</u>	<u>-</u>

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	380	-
	<u> </u>	<u> </u>

6 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising and publicity		
Staging fundraising events	1,141	-
Advertising	4,809	-
Other fundraising costs	2,311	-
	<u> </u>	<u> </u>
	8,261	-
	<u> </u>	<u> </u>

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

7 Expenditure on charitable activities

	Mental Health Support 2025 £	Total 2024 £
Direct costs		
Staff costs	167,024	-
Depreciation and impairment	695	-
Recruitment	845	-
Staff training	3,089	-
Staff expenses	13,061	-
Other staff costs	907	-
Partner costs	24,148	-
Consumables	1,272	-
Printing	767	-
Activity costs	24	-
Venue hire	9,300	-
Advertising	412	-
	221,544	-
 Share of support and governance costs (see note 8)		
Support	106,552	-
Governance	5,346	-
	333,442	-
Analysis by fund		
Unrestricted funds	74,821	-
Restricted funds	258,621	-
	333,442	-

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

8 Support costs allocated to activities

	2025 £	2024 £
Staff costs	91,217	-
Insurance	4,592	-
Printing and stationery	292	-
IT software and consumables	3,221	-
IT and other equipment	1,958	-
Telephone and internet	5,272	-
Governance costs	5,346	-
	<u>111,898</u>	<u>-</u>
Analysed between:		
Mental Health Support	<u>111,898</u>	<u>-</u>
	2025 £	2024 £
Governance costs comprise:		
Legal and professional	1,735	-
Trustees' expenses	71	-
Independent examiners' remuneration	3,540	-
	<u>5,346</u>	<u>-</u>

Fees payable to the independent examiner for the year ended 31 March 2025 include £2,220 (2024: £nil) for the independent examination and £1,320 (2024: £nil) for accounts preparation services.

9 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	2,220	-
Depreciation of owned tangible fixed assets	<u>695</u>	<u>-</u>

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, but one of them was reimbursed a total of £71 travelling expenses (2024- none were reimbursed £nil).

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

11 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	14	-
	<u>14</u>	<u>-</u>

Employment costs

	2025 £	2024 £
Wages and salaries	241,264	-
Social security costs	11,643	-
Other pension costs	5,334	-
	<u>258,241</u>	<u>-</u>

There were no employees whose annual remuneration was more than £60,000.

12 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

13 Tangible fixed assets

	Computers £
Cost	
Additions	2,501
At 31 March 2025	<u>2,501</u>
Depreciation and impairment	
Depreciation charged in the year	695
At 31 March 2025	<u>695</u>
Carrying amount	
At 31 March 2025	<u>1,806</u>

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

14 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	28,925	-
Other debtors	2,100	-
Prepayments and accrued income	9,216	-
	<u>40,241</u>	<u>-</u>

15 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Other taxation and social security		3,591	-
Deferred income	16	143,210	-
Trade creditors		1,591	-
Other creditors		764	-
Accruals		3,607	-
		<u>152,763</u>	<u>-</u>

16 Deferred income

	2025 £	2024 £
Other deferred income	<u>143,210</u>	<u>-</u>

Deferred income is included in the financial statements as follows:

	2025 £	2024 £
Deferred income is included within:		
Current liabilities	<u>143,210</u>	<u>-</u>
Movements in the year:		
Deferred income at 1 April 2024	-	-
Resources deferred in the year	<u>143,210</u>	<u>-</u>
Deferred income at 31 March 2025	<u>143,210</u>	<u>-</u>

Deferred income is related to funding received for specific projects/activities which are being provided over a period of time, and are therefore recognised on a straight line basis over the relevant period.

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

17 Retirement benefit schemes

	2025 £	2024 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	5,334	-

The LLR Mind operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the LLR Mind in an independently administered fund.

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Community Wellbeing Service	-	57,510	(50,802)	-	6,708
Good Mood Groups	-	11,862	(15,477)	3,615	-
Neighbourhood Mental Health Cafes	-	92,486	(91,586)	-	900
Supported Self Help	-	102,139	(100,756)	-	1,383
	-	263,997	(258,621)	3,615	8,991

Funds held for restricted purposes include:

- Community Wellbeing Service - early intervention service for adults with emerging mental health needs;
- Good Mood Groups - group meetings and activities to provide a supportive and freinfly environment to meet and connect with new people;
- Neighbourhood Mental Health Cafes - accessible and safe support to individuals who are experiencing difficulties with their emotional wellbeing and mental health;
- Supported Self Help - a guided, self-help programme for anyone who is starting to experience symptoms of worsening mental health.

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Lived Experience Leadership Panel	-	4,710	(1,612)	-	3,098
General funds	-	91,837	(81,470)	(3,615)	6,752
	-	96,547	(83,082)	(3,615)	9,850

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

19 Unrestricted funds

(Continued)

Unrestricted funds which have been designated by the Trustees for specific purposes include:

- Lived Experience Leadership Panel - an advisory panel to help inform policies on mental health support.

20 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Tangible assets	-	1,806	1,806
Current assets/(liabilities)	9,850	7,185	17,035
	<u>9,850</u>	<u>8,991</u>	<u>18,841</u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>

21 Operating lease commitments

Lessee

At the reporting end date the LLR Mind had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025 £	2024 £
Within one year	10,332	-
Between two and five years	40,326	-
	<u>50,658</u>	<u>-</u>

Operating lease commitments represent rentals payable by LLR Mind for certain properties used in charitable activities. The lease term is for five years and rentals increase in line with expected inflation from the anniversary of the start date in each of the five year term. There are no options in place for either party to extend the lease terms.

LEICESTER LEICESTERSHIRE AND RUTLAND MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

22 Related party transactions

Transactions with related parties

During the year ended 31 March 2025, the charity received funding totalling £30,000 (2024: £nil) from Mind (NAMH), one of the trustees of the charity. There was also a balance of £7,297 (2024: £nil) included in trade debtors as receivable from Mind (NAMH) at the balance sheet date.

During the year ended 31 March 2025, the charity received funding totalling £130,502 (2024: £nil) from Coventry & Warwickshire MIND, one of the trustees of the charity.

Accounts

Charity No: 1204524

Leicester, Leicestershire and Rutland Mind

(DORMANT ACCOUNTS)

A Charitable Incorporated Organisation

Annual Report and Financial Statements

30th August 2023 to 31st March 2024

Contents

Legal and administrative information

Report of the Trustees

Dormant Balance Sheet

Notes forming part of the financial statements

Legal and Administrative information

Charity number: 1204524

Registered address: B7 Blaby Industrial Park
Winchester Avenue
Blaby
Leicester
LE8 4GZ

Trustees: Burton and District Mind
Coventry and Warwickshire Mind
Derbyshire Mind
Kettering Association for Mental Health
Mind (NAMH)
Minds Matter (Trading Activities) Ltd
Northamptonshire Mind
Nottinghamshire Mind

Trustees' Report

The Trustees present their annual report and accounts for the first period ended 31st March 2024.

During this period, the charity had dormant accounts.

Structure, Governance and Management

The Charity is constituted as a Charitable Incorporated Organisation (CIO), as a body corporate under Part 11 of the Charities Act 2011. The CIO was registered with the Charity Commission on 30th August 2023.

Trustees are legally responsible for the governance and management of the charity. Trustees are responsible of setting strategies and policies for ensuring these are implemented.

Risk management

The charity's trustees have considered the major risks to which the charity is exposed and have reviewed potential risks. Systems and procedures have been put in place to manage the risks and to mitigate any adverse outcomes.

Objectives and activities

The constitution defines the charity's objects as:

To preserve and protect the health of those impacted by mental health problems (hereinafter referred as 'beneficiaries'), in particular but not exclusively by:

- i. promoting the preservation of good mental health in particular by enabling and empowering everyone experiencing mental health problems to live with, manage, and recover from their condition;
- ii. relieving the needs to people with mental health problems by working to increase the understanding of mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding, and challenge stigma and discrimination;
- iii. influencing, contributing and encouraging the development of public policy and good practice relevant to mental health, including fostering and promoting cooperation between other persons and bodies at local and national level, and participating in relevant activities; and
- iv. educating the public in the causes and effects of poor mental health.

Achievements and Performance

The CIO was dormant during this period.

Financial review

No transaction took place during this period.

Future plans

The operations of Leicester, Leicestershire and Rutland (LLR) Mind will be split off from Coventry and Warwickshire Mind (Charity No: 1003688) on 1st April 2024. The mental health contracts and services already being delivered in LLR will be transferred to Leicester, Leicestershire and Rutland Mind along with all associated trading activities.

LLR Mind will continue to develop its core activities, supporting those affected by poor mental health and campaigning to raise awareness of mental health issues. We will aim to expand our reach and capacity, working with partner organisations in the area to ensure everyone can access the mental health support they need, when they need it.

Trustees' responsibilities statement

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

This report was approved by the trustees on 17th December 2024 and signed on their behalf by:



Brian Frisby, Vice Chair

Leicester, Leicestershire and Rutland Mind (1204524)

Balance Sheet as at 31st March 2024

(Dormant Accounts)

		2024	2023
	£	£	£
Fixed Assets			
Tangible assets			
Total fixed assets		0	0
Current Assets			
Stock and work in progress	0	0	
Debtors	0	0	
Cash at bank and in hand	0	0	
	0	0	
Liabilities			
Creditors: amounts falling due within one year	0	0	
	0	0	
Net current assets		0	0
Creditors: amounts falling due after one year		0	0
Provision for liabilities		0	0
Net assets		0	0
Reserves		0	0

Approved by the Board on 17th December 2024 and signed on its behalf by:



Brian Frisby, Vice Chair

Notes forming part of the financial statements for the year ended 31st March 2024

1. Accounting policies

a. Basis of preparation

The accounts have been prepared in accordance with the receipts and payments basis in accordance with the Charity Commission guidance.

b. Charity status

The Charity is constituted as a Charitable Incorporated Organisation (CIO), as a body corporate under Part 11 of the Charities Act 2011 on the 30 August 2023. The CIO registered with the Charity Commission on the same day.

c. Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

d. Receipts

All incoming resources are included in the Receipt & Payment Accounts when the charity actually obtains legally entitled income.

e. Payments

All expenditure is accounted for on payments basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

2. Member liabilities

The liability of members of the CIO is limited to £1 in the event of the Charity being wound up or dissolved

3. Debt outstanding

There is no particulars of any debt outstanding at the date the statement of assets and liabilities which is owed by Leicester, Leicestershire and Rutland Mind and which is secured by an express charge on any of the assets of Leicester, Leicestershire and Rutland Mind.

4. Related Parties

Controlling entity

The charity is controlled by the trustees. During the year, the Trustees received no emoluments or incurred any expenses using Trust funds.