BE HEARD AS ONE

England & Wales · Charity number 1204478

Details

Other names	BHAO
Status	Registered
Legal form	CIO
Registered	2023-08-25
Register	View on the Charity Commission register

Contact

Address	Be Heard As One CIO Heath Community Hub William Bellamy Chestnut Centre Frizlands Lane DAGENHAM Essex RM10 7HX
Phone	07949662775
Email	officialbeheardasone@gmail.com
Website	www.beheardasone.com

Activities

Objects: THE OBJECT OF THE CIO IS, FOR THE PUBLIC BENEFIT, TO ADVANCE IN LIFE AND RELIEVE THE NEEDS OF CHILDREN AND YOUNG PEOPLE (INCLUDING THEIR FAMILIES) BY PROVIDING PRACTICAL SUPPORT AND ACTIVITIES WHICH DEVELOP THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS MATURE AND RESPONSIBLE INDIVIDUALS.

Activities: Be Heard As One (BHAO) offers an intensive supervision, intervention, prevention, and mentoring support package as part of an overall comprehensive multi-agency support program for Children and Young People (CYP). We focus on personal, social, and educational development, particularly in areas with high poverty and deprivation, with the aim of building self-esteem, self-identity, and self-worth

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Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Disability, Other Charitable Purposes
- **Who:** Children/young People

Geography

- Barking And Dagenham
- Ealing
- Islington
- Newham
- Redbridge

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£249,007	£247,685	-	-
2024-09-30	£97,019	£50,110	-	-

Trustees

Name	Role	Appointed
Dean Pettigrew		2023-08-25
James Smith		2023-08-25
Rochelle Bianca Watson		2023-08-25
Stanley Curran		2023-08-25

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BE HEARD AS ONE

England & Wales - Charity number 1204478

Accounts

REGISTERED CHARITY NUMBER: 1204478

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 AUGUST 2025

FOR

BE HEARD AS ONE

T. PA Accountancy Services Limited
Hale House
Unit 5
296a Green Lanes
Palmers Green
London
N13 5TW

BE HEARD AS ONE

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2025

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2025

The trustees present their report with the financial statements of the charity for the year ended 31 August 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The object of the CIO is, for the public benefit, to advance in life and relieve the needs of children and young people (including their families) by providing practical support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1204478

Principal address
330-340 Uphall Road
Ilford
Essex
IG1 2JJ

Trustees
D Pettigrew
S Curran
J Smith
Ms R B Watson

Independent Examiner
T. PA Accountancy Services Limited
Hale House
Unit 5
296a Green Lanes
Palmers Green
London
N13 5TW

Approved by order of the board of trustees on 17 October 2025 and signed on its behalf by:

D Pettigrew - Trustee

Independent examiner's report to the trustees of Be Heard As One
I report to the charity trustees on my examination of the accounts of Be Heard As One (the Trust) for the year ended 31 August 2025.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Elias Pastou

T. PA Accountancy Services Limited
Hale House
Unit 5
296a Green Lanes
Palmers Green
London
N13 5TW

17 October 2025

BE HEARD AS ONE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 AUGUST 2025

	Notes	Year Ended 31.8.25 Unrestricted fund £	Period 24.5.24 to 31.8.24 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		**249,007**	97,019
EXPENDITURE ON			
Raising funds	2	**240,516**	4,696
Other		**7,169**	45,414
Total		**247,685**	50,110
NET INCOME		**1,322**	46,909
RECONCILIATION OF FUNDS			
Total funds brought forward		**46,909**	-
TOTAL FUNDS CARRIED FORWARD		**48,231**	46,909

The notes form part of these financial statements

BE HEARD AS ONE

BALANCE SHEET
31 AUGUST 2025

	Notes	**2025 Unrestricted fund** **£**	2024 Total funds £
FIXED ASSETS			
Tangible assets	5	**29,644**	5,827
CURRENT ASSETS			
Cash at bank		**18,587**	41,082
NET CURRENT ASSETS		**18,587**	41,082
TOTAL ASSETS LESS CURRENT LIABILITIES		**48,231**	46,909
NET ASSETS		**48,231**	46,909
FUNDS	6		
Unrestricted funds		**48,231**	46,909
TOTAL FUNDS		**48,231**	46,909

The financial statements were approved by the Board of Trustees and authorised for issue on 17 October 2025 and were signed on its behalf by:

D Pettigrew - Trustee

S Curran - Trustee

J Smith - Trustee

R B Watson - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. RAISING FUNDS

Raising donations and legacies

	Year Ended 31.8.25 £	Period 24.5.24 to 31.8.24 £
Insurance	**3,702**	-
Motor & travelling	**10,644**	1,405
Support costs	**205,557**	-
	219,903	1,405

Investment management costs

	Year Ended 31.8.25 £	Period 24.5.24 to 31.8.24 £
Administrative expenses	**2,332**	-
Aggregate amounts	**240,516**	4,696

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2025 nor for the period ended 31 August 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 August 2025 nor for the period ended 31 August 2024.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	97,019
EXPENDITURE ON	
Raising funds	4,696
Other	45,414
Total	50,110

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £
NET INCOME	46,909
TOTAL FUNDS CARRIED FORWARD	46,909

5. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 September 2024	**-**	**5,827**	**5,827**
Additions	**22,471**	**1,346**	**23,817**
At 31 August 2025	**22,471**	**7,173**	**29,644**
NET BOOK VALUE			
At 31 August 2025	**22,471**	**7,173**	**29,644**
At 31 August 2024	-	5,827	5,827

6. MOVEMENT IN FUNDS

	At 1.9.24 £	Net movement in funds £	At 31.8.25 £
Unrestricted funds			
General fund	**46,909**	**1,322**	**48,231**
TOTAL FUNDS	**46,909**	**1,322**	**48,231**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**249,007**	**(247,685)**	**1,322**
TOTAL FUNDS	**249,007**	**(247,685)**	**1,322**

continued...

6. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	Net movement in funds £	At 31.8.24 £
Unrestricted funds		
General fund	46,909	46,909
TOTAL FUNDS	46,909	46,909

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	97,019	(50,110)	46,909
TOTAL FUNDS	97,019	(50,110)	46,909

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2025.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 AUGUST 2025

	Year Ended 31.8.25 £	Period 24.5.24 to 31.8.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	**(6,000)**	(2)
Donations	**255,007**	97,021
	249,007	97,019
Total incoming resources	**249,007**	97,019
EXPENDITURE		
Raising donations and legacies		
Insurance	**3,702**	-
Motor & travelling	**10,644**	1,405
	14,346	1,405
Other trading activities		
Purchases	**18,281**	3,291
Investment management costs		
Administrative expenses	**2,332**	-
Other		
Rent	**12,000**	7,510
Laundry & cleaning	**213**	25
Repairs & renewals	**956**	126
	13,169	7,661
Support costs		
Management		
Postage and stationery	**426**	182
Advertising	**940**	805
Sundries	**93**	50
	1,459	1,037
Information technology		
Telephone	**262**	370
Website expenses	**1,007**	600
	1,269	970

	Year Ended 31.8.25 £	Period 24.5.24 to 31.8.24 £
Information technology		
Human resources		
Wages	**81,458**	25,757
Professional fees	**2,909**	8,715
	84,367	34,472
Other		
Outing expenses	**16,972**	964
Counsellor & Support staff	**10,593**	110
	27,565	1,074
Other 2		
Mentoring & Management	**84,897**	-
Governance costs		
Licence fee	**-**	200
Total resources expended	**247,685**	50,110
Net income	**1,322**	46,909

BE HEARD AS ONE

England & Wales - Charity number 1204478

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 7th August 2023 **Period start date** **To** 31st August 2024 **Period end date**

Charity name: Be Heard As One

Charity registration number: 1204478

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objective of **Be Heard as One** is to advance in life and relieve the needs of children and young people (including their families) by providing practical support and activities. These activities aim to develop their skills, capacities, and capabilities to enable them to participate in society as mature and responsible individuals.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	In line with its objectives, **Be Heard as One** has initiated foundational activities, including establishing partnerships within local communities, planning outreach activities, and developing a framework for youth programs. These activities aim to build skills, resilience, and responsible societal participation among children and young people.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm they have had regard to the Charity Commission's guidance on public benefit. **Be Heard as One** operates with the public benefit as a core value, focusing on providing developmental and support opportunities to children and young people in need.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Since its establishment, **Be Heard as One** has focused on laying a foundation for effective service delivery, achieving key milestones such as formal registration, securing initial funding, recruiting dedicated trustees, and forming local partnerships. This initial phase positions the charity for impactful work in supporting at-risk children and young people. A key accomplishment includes securing regular mentoring partnerships with Local Authorities in Redbridge and Newham, as well as receiving funding from the Violence Reduction Unit (VRU), Yep, and My Ends, with funding commitments ranging from 6 months to 2 years to support the delivery of various services. One notable service currently offered is the Forest Gate Youth Club, which provides a safe and supportive space for youth. The charity is actively applying for further funding to continue running this centre.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	

Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	For the period from May 24, 2024, to August 31, 2024, **Be Heard as One** received an income of £97,019, primarily from funding. Expenditure during this period was £50,110, covering operational costs and program planning, resulting in a net income of £46,909 carried forward to support future operational costs which we have forecasted for.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	**Be Heard as One** does not currently plan to hold any reserves, as all income is allocated directly to cover essential operational costs, including wages and administration, to ensure the continuity of services. The charity operates with no intention of profit generation, with all funds directed toward fulfilling its mission and supporting ongoing operations.
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The primary income source for this period was grant applications, mentoring and outreach, totalling £97,019. We are actively applying and exploring additional funding sources to enhance financial sustainability.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	A key risk includes the potential variability of grants and donation-based income. We are constantly working to mitigate this by varying funding sources and establishing a reserve for financial stability.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The charity is governed by a constitution, dated August 7, 2023.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	**Be Heard as One** is structured as a Charitable Incorporated Organisation (CIO), with only its trustees serving as voting members.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Be Heard As One
Other name the charity uses	N/A
Registered charity number	1204478
Charity's principal address	330-340 Uphall Road, Ilford, Essex, IG1 2JJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rochelle Watson			
2	Dean Pettigrew			
3	James Smith			
4	Stanley Curran			

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	/n/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Derek Akosah

Exemptions from disclosure

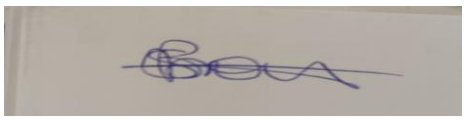
Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Shenell Brown	
Position (eg Secretary, Chair, etc)	Business Manager / Safeguarding Lead	
Date	18.02.2025	

REGISTERED CHARITY NUMBER: 1204478

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD
24 MAY 2024 TO 31 AUGUST 2024

FOR

BE HEARD AS ONE

T. PA Accountancy Services Limited
Hale House
Unit 5
296a Green Lanes
Palmers Green
London
N13 5TW

BE HEARD AS ONE

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE PERIOD 24 MAY 2024 TO 31 AUGUST 2024

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REPORT OF THE TRUSTEES
FOR THE PERIOD 24 MAY 2024 TO 31 AUGUST 2024

The trustees present their report with the financial statements of the charity for the period 24 May 2024 to 31 August 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The object of the CIO is, for the public benefit, to advance in life and relieve the needs of children and young people (including their families) by providing practical support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1204478

Principal address
330-340 Uphall Road
Ilford
Essex
IG1 2JJ

Trustees
D Pettigrew
S Curran
J Smith
Ms R B Watson

Independent Examiner
T. PA Accountancy Services Limited
Hale House
Unit 5
296a Green Lanes
Palmers Green
London
N13 5TW

Approved by order of the board of trustees on 25 September 2024 and signed on its behalf by:

D Pettigrew - Trustee

Independent examiner's report to the trustees of Be Heard As One
I report to the charity trustees on my examination of the accounts of Be Heard As One (the Trust) for the period 24 May 2024 to 31 August 2024.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Elias Pastou

T. PA Accountancy Services Limited
Hale House
Unit 5
296a Green Lanes
Palmers Green
London
N13 5TW

25 September 2024

BE HEARD AS ONE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 24 MAY 2024 TO 31 AUGUST 2024

	Notes	Unrestricted fund £
INCOME AND ENDOWMENTS FROM		
Donations and legacies		**97,019**
EXPENDITURE ON		
Raising funds		**4,696**
Other		**45,414**
Total		**50,110**
NET INCOME		**46,909**
TOTAL FUNDS CARRIED FORWARD		**46,909**

The notes form part of these financial statements

BALANCE SHEET
31 AUGUST 2024

	Notes	Unrestricted fund £
FIXED ASSETS		
Tangible assets	3	**5,827**
CURRENT ASSETS		
Cash at bank		**41,082**
NET CURRENT ASSETS		**41,082**
TOTAL ASSETS LESS CURRENT LIABILITIES		**46,909**
NET ASSETS		**46,909**
FUNDS	4	
Unrestricted funds		**46,909**
TOTAL FUNDS		**46,909**

The financial statements were approved by the Board of Trustees and authorised for issue on 25 September 2024 and were signed on its behalf by:

D Pettigrew - Trustee

S Curran - Trustee

J Smith - Trustee

R B Watson - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 August 2024.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 August 2024.

3. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
Additions	**5,827**
NET BOOK VALUE	
At 31 August 2024	**5,827**

4. MOVEMENT IN FUNDS

	Net movement in funds £	At 31.8.24 £
Unrestricted funds		
General fund	**46,909**	**46,909**
TOTAL FUNDS	**46,909**	**46,909**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**97,019**	**(50,110)**	**46,909**
TOTAL FUNDS	**97,019**	**(50,110)**	**46,909**

5. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 August 2024.

	£
INCOME AND ENDOWMENTS	
Donations and legacies	
Gifts	**(2)**
Donations	**97,021**
	97,019
Total incoming resources	**97,019**
EXPENDITURE	
Raising donations and legacies	
Motor & travelling	**1,405**
Other trading activities	
Purchases	**3,291**
Other	
Rent	**7,510**
Laundry & cleaning	**25**
Repairs & renewals	**126**
	7,661
Support costs	
Management	
Postage and stationery	**182**
Advertising	**805**
Sundries	**50**
	1,037
Information technology	
Telephone	**370**
Website expenses	**600**
	970
Human resources	
Wages	**25,757**
Professional fees	**8,715**
	34,472
Other	
Outing expenses	**964**
Carried forward	**964**

	£
Other	
Brought forward	**964**
Meeting expenses	**110**
	1,074
Governance costs	
Licence fee	**200**
Total resources expended	**50,110**
Net income	**46,909**

REGISTERED CHARITY NUMBER: 1204478

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD
24 MAY 2024 TO 31 AUGUST 2024

FOR

BE HEARD AS ONE

T. PA Accountancy Services Limited
Hale House
Unit 5
296a Green Lanes
Palmers Green
London
N13 5TW

BE HEARD AS ONE

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FOR THE PERIOD 24 MAY 2024 TO 31 AUGUST 2024

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REPORT OF THE TRUSTEES
FOR THE PERIOD 24 MAY 2024 TO 31 AUGUST 2024

The trustees present their report with the financial statements of the charity for the period 24 May 2024 to 31 August 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The object of the CIO is, for the public benefit, to advance in life and relieve the needs of children and young people (including their families) by providing practical support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1204478

Principal address
330-340 Uphall Road
Ilford
Essex
IG1 2JJ

Trustees
D Pettigrew
S Curran
J Smith
Ms R B Watson

Independent Examiner
T. PA Accountancy Services Limited
Hale House
Unit 5
296a Green Lanes
Palmers Green
London
N13 5TW

Approved by order of the board of trustees on 25 September 2024 and signed on its behalf by:

D Pettigrew - Trustee

Independent examiner's report to the trustees of Be Heard As One
I report to the charity trustees on my examination of the accounts of Be Heard As One (the Trust) for the period 24 May 2024 to 31 August 2024.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Elias Pastou

T. PA Accountancy Services Limited
Hale House
Unit 5
296a Green Lanes
Palmers Green
London
N13 5TW

25 September 2024

BE HEARD AS ONE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 24 MAY 2024 TO 31 AUGUST 2024

	Notes	Unrestricted fund £
INCOME AND ENDOWMENTS FROM		
Donations and legacies		**97,019**
EXPENDITURE ON		
Raising funds		**4,696**
Other		**45,414**
Total		**50,110**
NET INCOME		**46,909**
TOTAL FUNDS CARRIED FORWARD		**46,909**

The notes form part of these financial statements

BALANCE SHEET
31 AUGUST 2024

	Notes	Unrestricted fund £
FIXED ASSETS		
Tangible assets	3	**5,827**
CURRENT ASSETS		
Cash at bank		**41,082**
NET CURRENT ASSETS		**41,082**
TOTAL ASSETS LESS CURRENT LIABILITIES		**46,909**
NET ASSETS		**46,909**
FUNDS	4	
Unrestricted funds		**46,909**
TOTAL FUNDS		**46,909**

The financial statements were approved by the Board of Trustees and authorised for issue on 25 September 2024 and were signed on its behalf by:

D Pettigrew - Trustee

S Curran - Trustee

J Smith - Trustee

R B Watson - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 August 2024.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 August 2024.

3. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
Additions	**5,827**
NET BOOK VALUE	
At 31 August 2024	**5,827**

4. MOVEMENT IN FUNDS

	Net movement in funds £	At 31.8.24 £
Unrestricted funds		
General fund	**46,909**	**46,909**
TOTAL FUNDS	**46,909**	**46,909**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**97,019**	**(50,110)**	**46,909**
TOTAL FUNDS	**97,019**	**(50,110)**	**46,909**

5. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 August 2024.

	£
INCOME AND ENDOWMENTS	
Donations and legacies	
Gifts	**(2)**
Donations	**97,021**
	97,019
Total incoming resources	**97,019**
EXPENDITURE	
Raising donations and legacies	
Motor & travelling	**1,405**
Other trading activities	
Purchases	**3,291**
Other	
Rent	**7,510**
Laundry & cleaning	**25**
Repairs & renewals	**126**
	7,661
Support costs	
Management	
Postage and stationery	**182**
Advertising	**805**
Sundries	**50**
	1,037
Information technology	
Telephone	**370**
Website expenses	**600**
	970
Human resources	
Wages	**25,757**
Professional fees	**8,715**
	34,472
Other	
Outing expenses	**964**
Carried forward	**964**

	£
Other	
Brought forward	**964**
Meeting expenses	**110**
	1,074
Governance costs	
Licence fee	**200**
Total resources expended	**50,110**
Net income	**46,909**