

# NOT JUST YOU, SURVIVORS OF SEXUAL VIOLENCE COMMUNITY

England & Wales · Charity number 1204156

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2023-07-31

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Heather Cottage  
Thornden Wood Rd  
CT6 7NZ

**Phone** 07939911442

**Email** [enquiries@not-just-you.co.uk](mailto:enquiries@not-just-you.co.uk)

**Website** <https://www.not-just-you.co.uk/>

## Activities

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**Objects:** TO RELIEVE SICKNESS AND PRESERVE HEALTH OF PERSONS SUFFERING FROM MENTAL ILLNESS OF ANY DESCRIPTION OR REQUIRING REHABILITATION AND SUPPORT AS A RESULT OF BEING THE VICTIM OF SEXUAL VIOLENCE IN ENGLAND AND WALES BY THE PROVISION OF;• PEER TO PEER SUPPORT• EDUCATIONAL WORKSHOPS AND COURSES ON UNDERSTANDING THE EFFECTS OF TRAUMA ON THE MIND, BRAIN AND BODY AND UNDERSTANDING SEXUAL VIOLENCE IN SOCIETY. • HOLISTIC THERAPIES INCLUDING BUT NOT EXCLUSIVELY, YOGA, MEDITATION, BREATH WORK, SOMATIC EXPERIENCING THERAPY, GROUP GESTALT THERAPY, DANCE MOVEMENT THERAPY, DRAMA THERAPY AND TAI CHI.

**Activities:** We provide support to survivors of sexual violence.

## Classification

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- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** People With Disabilities, The General Public/mankind

## Geography

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- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£22,045	£13,689	-	-
2024-03-31	£3,224	£1,846	-	-

## Trustees

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Name	Role	Appointed
<b>Natasha Healey</b>	Chair	2023-10-16
Helen Wimble		2023-07-31
Jaye Saskia Helen Cornes		2025-05-16

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