

# Sow and Nurture

**Charity Number: 1204119**

## Trustees' Annual Report and Accounts

For the Period 26 July 2024 – 25 July 2025

### Trustees' Annual Report

#### Objectives and Activities

Sow and Nurture was established to directly deliver or assist in the delivery of projects and promote charitable activities for the public benefit. The charity aims to provide support and development opportunities in line with its mission. During the reporting period the charity remained largely unoperational, receiving only a single donation and undertaking no charitable activities.

#### Achievements and Performance

The charity did not undertake operational activities during the financial year. Trustees remain committed to advancing the charity's objectives when activities commence.

#### Financial Review

The charity received a donation of £19.50 and incurred no expenditure during the period. Net assets at the year end were therefore £19.50.

#### Reserves Policy

The charity held unrestricted reserves of £19.50 at the year end.

#### Structure, Governance and Management

Sow and Nurture is a Charitable Incorporated Organisation (CIO) regulated by the Charity Commission. The trustees are responsible for the governance and administration of the charity.

Signed on behalf of the trustees:

Name: PERITA GBADERO

Position: Trustee

Date: 06/06/26



# Statement of Financial Activities (SOFA)

For the Period 26 July 2024 – 25 July 2025

## Income

Donations and Grants: £19.50

Other Income: £0.00

**Total Income: £19.50**

## Expenditure

Charitable Activities: £0.00

Governance Costs: £0.00

Other Expenses: £0.00

**Total Expenditure: £0.00**

**Net Movement in Funds: £19.50**

## Balance Sheet

As at 25 July 2025

Cash at Bank: £19.50

Other Assets: £0.00

**Total Assets: £19.50**

Total Liabilities: £0.00

**Net Assets: £19.50**

## Notes to the Accounts

1. These accounts have been prepared on a receipts and payments basis in accordance with the Charities Act 2011.
2. No trustee received remuneration or expenses during the period.
3. No related party transactions occurred during the period.

### Trustees' Approval

These accounts were approved by the trustees on 05/06/26.

Name: PEPITA GRADERO

Position: Trustee

Date: 06/06/26

