

# Jive4All Trustees' Annual Report:

## Year End October 31st 2024

### Objectives and activities

The purpose of Jive4All as set out in its governing document is:

To promote inclusive access to modern jive dancing in an explicitly gender neutral environment including, but not limited to:

The provision of facilities for recreation or other leisure time occupation for individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances by providing facilities for the dancing of modern jive with the object of improving their conditions of life.

The Trustees confirm they have had regard to the Charity Commission's guidance on public benefit.

The main activities undertaken in relation to these purposes:

- ★ Weekly modern jive dance classes, taught with explicit gender neutrality
- ★ Outreach activities held at community events

### Weekly modern jive dance classes

Regular dance classes, provisioned in an explicitly gender neutral manner, provides public benefit as it includes members of communities who may otherwise not feel comfortable undertaking dancing activities in other spaces.

*This addresses the key barriers to the participation of non-binary people in sport which are identified in the report "Non-Binary People, Sport & Physical Activity" funded by Pride Sports and Sport England as: Gendered spaces, Gendered Activity, Representation & Visibility, Language.*

*When these barriers are addressed there is an increased likelihood of participation by non-binary people and resulting improvements in mental and physical health. This is crucial given that the report quotes research conducted by the National LGBT Partnership in 2016 which found that 64% of LGBT people who identified as something other than male or female (e.g., genderfluid or genderqueer) were not active enough to maintain good health.*

A regular class also provides participants with exercise and socialising, improving mental and physical quality of life.

*"The health benefits of dance include the strengthening of bones and muscles; greater lung capacity; and increased strength, stamina and endurance.....research suggests that regular participation in dance improves a person's balance, co-ordination and flexibility, which means they're are at a lower*

*risk of falling. Dance has also been found to lower the risk of osteoporosis; strengthen ligaments, tendons and joints; and even improve a person's vision."*  
*"Dance has also been shown to improve cognitive functioning and memory"*  
*"The social aspect of dance means that it is also an effective way of improving a person's emotional wellbeing by reducing loneliness and isolation and increasing feelings of value and worth through active participation."*

*Quotation from "Let's Dance! How dance improves physical and mental health: A briefing for the Cross-Party Group on Arts and Health" from the Welsh NHS confederation*

Entrance fee is kept low (£8 per person, with an introductory discount of £5 for the first 4 lessons). This is up to £4 pounds lower than the cost of other social partner dance classes in the Cambridge area. (Compared to West Coast Swing £8-12, Ceroc £10 and salsa £10)

The trustees are aware that the cost of classes may be a risk of harm to persons in financial hardship who wish to participate in Jive4All's activities. The risk is minimised by keeping the entrance fee as low as possible whilst still being able to run classes. See Financial Review section for costs involved.

### Outreach activities

Outreach activities, including free taster sessions and leaflet distribution were carried out to encourage more people to try dance, especially from groups who would feel excluded from classes with explicit male/female gender roles.

## Achievements and performance

Main achievements:

- ★ Weekly classes have been held every week as stated. Classes did not occur on 25th December or 1st January due to the festive break.
- ★ November Birthday party was well attended with a record 29 dancers.
- ★ The mean average number of dancers per night increased from 14.9 in year 22/23, to 18.4 in year 23/24.
- ★ 35 new dancers came to Jive4All for the first time.
- ★ Leaflet drop in January 2024 was well supported by dancers.
- ★ Social Summer Outings 2024 - Cambridge Pride and Mill Road Shindig, a chance for existing dancers to socialise outdoors with music and dancing in a relaxed setting.
- ★ Outreach taster classes - Cambridge Library Feb 2024 as part of LGBT+ history month & at Chesterton Festival June 2024
- ★ Introduced card payment option for class nights.

## Financial review

Our income from entrance fees has been sufficient to cover costs, including purchasing the card reader.

Jive4All will aim to keep funds to cover predicted expenses for up to 6 months. This allows for variability in the number of members attending and to cover any unexpected expenses. We currently have £2321.22 available, enough to cover around 6 months of expenses. We also aim to have funds which can be used to further grow and develop Jive4All increasing the number of people benefiting as well as the benefit to each individual.

We have no funds or subsidiary undertakings that are materially in deficit.

Currently costs are kept low due to both DJs offering their services at a reduced rate and the dedication of our volunteers who provide teaching, beginner support, venue set up and door duties.

The continued feasibility and sustainability of Jive4All would not be possible without them. The trustees acknowledge the vital impact they have on achieving our objectives and greatly appreciate their support.

## Structure, governance and management

Jive4All is a CIO. Its governing document is an association constitution.

Trustees may be appointed at the AGM by a simple majority of votes cast at the meeting. Additional trustees may be appointed at other times by either the members or the existing trustees.

If you want to be a trustee, please contact us ([info@jive4all.dance](mailto:info@jive4all.dance)) so that we can provide more guidance on what trustees are required to do.

The full rules on appointment of charity trustees are set out in our constitution in Section 13: Appointment of Charity Trustees.

### *Section 13. Appointment of charity trustees*

*(1) At every annual general meeting of the members of the CIO apart from the first, one-third of the charity trustees shall retire from office. If the number of charity trustees is not three or a multiple of three, then the number nearest to one-third shall retire from office, but if there is only one charity trustee, they shall retire;*

*(2) The charity trustees to retire by rotation shall be those who have been longest in office since their last appointment or reappointment. If any trustees were last appointed or reappointed on the same day those to retire shall (unless they otherwise agree among themselves) be determined by lot;*

*(3) The vacancies so arising may be filled by the decision of the members at the annual general meeting; any vacancies not filled at the annual general meeting may be filled as provided in sub-clause (4) of this clause;*

*(4) The members or the charity trustees may at any time decide to appoint a new charity trustee, whether in place of a charity trustee who has retired or been removed in accordance with clause [15] (Retirement and removal of charity trustees), or as an additional charity*

*trustee, provided that the limit specified in clause [12(3)] on the number of charity trustees would not as a result be exceeded;*

*(5) A person so appointed by the members of the CIO shall retire in accordance with the provisions of sub-clauses (1) and (2) of this clause. A person so appointed by the charity trustees shall retire at the conclusion of the next annual general meeting after the date of their appointment, and shall not be counted for the purpose of determining which of the charity trustees is to retire by rotation at that meeting.*

## Reference and administrative details

Charity name: Jive4All

Other names the charity uses: no other names used

Registered charity number: 1203846

Charity's principal address: BRAMBLE COTTAGE  
HEATH ROAD, HESSETT  
BURY ST EDMUNDS  
IP30 9BJ

The charity trustees are:

Name	Office	Served since
Dr Radley Edwards	Chair	05 Jul 2023
Andrew Oakley	Trustee	05 Jul 2023
Nicola Sexton	Treasurer	05 Jul 2023
Michael Raymond Wilmot-Dear	Trustee	05 Jul 2023
John Kearney	Trustee	12 Aug 2024

There are no corporate trustees.

No trustees hold, or have held, title to property belonging to the charity.

## Exemptions from disclosure

No exceptions - all trustees and the charity address are provided in this document.

## Funds held as custodian trustee on behalf of others

None.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Jive4All

No 1203846

## Receipts and payments accounts

CC16a

For the period  
from

5-Jul-2023

To

31-Oct-2024

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Class nights cash	3,265	-	-	3,265	-
Class nights card	3,909	-	-	3,909	-
Class nights bacs	249	-	-	249	-
Paypal	168	-	-	168	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	7,591	-	-	7,591	-
<b>A2 Asset and investment sales, (see table).</b>					
N/A	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	7,591	-	-	7,591	-
<b>A3 Payments</b>					
DJs	1,540	-	-	1,540	-
Hall Hire	3,488	-	-	3,488	-
Insurance	178	-	-	178	-
Phone Number	40	-	-	40	-
Marketing	-	-	-	-	-
Volunteer Expenses	358	-	-	358	-
SumUp Charges	68	-	-	68	-
Music Licence	210	-	-	210	-
	-	-	-	-	-
<b>Sub total</b>	5,882	-	-	5,882	-
<b>A4 Asset and investment purchases, (see table)</b>					
Sumup Card Machine	47	-	-	47	-
	-	-	-	-	-
<b>Sub total</b>	47	-	-	47	-
<b>Total payments</b>	5,929	-	-	5,929	-
<b>Net of receipts/(payments)</b>	1,662	-	-	1,662	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	2,481	-	-	-	-
<b>Cash funds this year end</b>	4,143	-	-	1,662	-

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
<b>B1 Cash funds</b>	Bank Account	3,974	-	-
	Float	100	-	-
	Takings not paid in yet	69	-	-
	<b>Total cash funds</b>	4,143	-	-
	(agree balances with receipts and payments account (s))			
		Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £

**B2 Other monetary assets**

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-



**B4 Assets retained for the charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Microphone	All	-	-
Lighting	All	-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Venue hire	All	1,744	
Marketing	All	77.78	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	NICOLA SEXTON	21/08/2025
	BRADLEY EDWARDS	21/08/2025