

Trustees' Annual Report for the period

From 1/4/24 Period start date To 31/03/25 Period end date

Charity name: East Durham Running Club

NE

Charity registration number: 1203843

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the CIO are: (3.1) for the public benefit generally but with particular reference to the inhabitants of Easington colliery and its surrounding areas; (3.2) to promote community participation in healthy recreation by providing: (1) opportunities for athletics and running. (2) other related activities capable of improving fitness, health, and wellbeing; and (3) coaching, competition and all other services to support these activities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Activities include weekly running sessions for different abilities including a drills and skills session, a weekly family fun session in partnership with ParkPlay and several beginner running courses offered at different times throughout the year. All activities are delivered in Easington and the surrounding towns and villages for the inhabitants of East Durham.</p> <p>A walking group called the Walkie Talkies has been developed to offer weekly walking sessions for non-runners.</p> <p>A junior pilot project has been introduced and offers weekly sessions for young children and focuses on running, jumping and throwing.</p> <p>Grant funding was awarded by Durham County Council Neighbourhood budget with a total of £2,720 and £500 from EPA Limited.</p>

		2 team captains have been nominated to help lead and support runners in competitions and achieve personal running goals.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes we have sought guidance from the charity commission with regard on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	EDRC actively keeps its eyes open for possible grants to apply for funding to help deliver some of its objectives such as recruitment and couch to 5km programmes and now the junior section and walking group. EDRC has its own grant making policy for other groups and individuals to bid for funding in line with their objectives.
Policy on social investment including program related investment	Para 1.38	The club offers fundraising activities in the form of food bank donations and opportunities to volunteer at the local VCS. EDRC also raises money via bonus balls and football cards to raise funds to donate to the VCS also.
Contribution made by volunteers	Para 1.38	The volunteers associated with the club offer a range of expertise and knowledge to help the club run effectively. Run leaders are the main volunteers as without them we could not deliver sessions to cater for all abilities. EDRC also has a social lead and fund-raising lead to help with non-running activities.
Other		

--	--	--

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>East Durham Running Club (EDRC) has successfully delivered a range of initiatives this year, achieving significant progress towards its charitable objectives:</p> <ul style="list-style-type: none"> Established five or more weekly running sessions catering to different abilities. Delivered two beginners' running programmes: <i>Couch to 5K</i> and <i>Nowt to Summit</i>. Trained five volunteers as Leaders in Running Fitness (LiRFs). Trained five Funetics Activators to support junior development. Qualified nine members in first aid and one walk leader to ensure safe and inclusive activities. Increased overall club membership, strengthening community engagement. Maintained a successful partnership with ParkPlay, enabling weekly family-friendly sessions that promote health and wellbeing. Supported participation in numerous competitions and races, fostering achievement and motivation. Introduced a weekly walking group to broaden accessibility. Developed a junior section, encouraging young people to be active. <p>Impact on Beneficiaries and Wider Society</p>

		<p>These achievements have delivered tangible benefits to individuals and the community, including:</p> <ul style="list-style-type: none"> • Improved physical and mental health, reducing isolation and promoting wellbeing. • Enhanced confidence and self-esteem through skill development and achievement. • Greater social inclusion, fostering a sense of belonging and mutual support. • Accessible opportunities for physical activity, particularly for beginners and families. <p>The social benefits of belonging to a running club extend beyond fitness. Members experience increased motivation, reduced stress and anxiety, improved coping mechanisms, and structured accountability. Peer learning and shared experiences further strengthen community ties, contributing to a healthier, more connected East Durham.</p>
--	--	--

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>How We Have Met the Objects of the CIO: The objects of the CIO are: (3.1) For the public benefit generally, but with particular reference to the inhabitants of Easington Colliery and its surrounding areas; (3.2) To promote community participation in healthy recreation by providing:</p> <ol style="list-style-type: none"> 1. Opportunities for athletics and running 2. Other related activities capable of improving fitness, health, and wellbeing 3. Coaching, competition, and all other services to support these activities <p>3.1 – East Durham Running Club (EDRC)</p>
-------------------------------------	-----------	--

		<p>specifically targets residents of East Durham, and 100% of its participants live within the local area.</p> <p>3.2 – The Club offers:</p> <ul style="list-style-type: none"> • Over five structured running sessions per week for members of all abilities • A family fun session every Saturday, encouraging inclusive participation • A walking group, providing an accessible option for those who prefer low-impact activity • A junior section, supporting young people to develop healthy habits and confidence through age-appropriate sessions <p>In addition, EDRC actively promotes competition and signposts members to local and regional events such as the Durham City 5K and 10K, Ultra races, and the Great North Run, ensuring opportunities for progression and community engagement.</p>
Performance of fundraising activities against objectives set	Para 1.41	<p>To achieve certain objectives, The Club have been successful in obtaining funding from Durham County Council Neighbourhood budget to enable them to deliver couch to 5km programmes and winter indoor sessions to keep momentum during the colder months and to increase membership numbers.</p> <p>It also acquired funding from EPA Limited to help buy kit for members.</p>
Investment performance against objectives	Para 1.41	<p>Any funding and donations have helped us achieve our objectives by enabling us to have money to be able to train volunteers in the relevant qualifications, pay for run leaders to deliver more sessions and pay for club equipment and merchandise to reward graduates from the couch to 5km programmes and give them a club t shirt and give them that sense of belonging.</p>

Other		EDRC arrange several social events throughout the year including pub quiz, end of the month pint, 2 nd Birthday get together and Christmas party.
-------	--	--

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The annual accounts of all the income and expenditure have been reviewed by all trustees and signed off at the AGM.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The financial position was explained at the end of the year and in the quarterly meeting explaining what reserves were in the account and what they were ear marked for.
Amount of reserves held	Para 1.22	£5,192
Reasons for holding zero reserves	Para 1.22	None
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The club's principal source of funding is through monthly subs £5pp and grant funding where applicable.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	N/A

Other		N/A

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees were appointed on a volunteer basis to set the Charity up. Future trustees will be appointed at the AGM and a vote held from existing trustees. The trustees held at the minute are the first trustees plus one new trustee.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>Formal introduction, charity objectives and explanation of roles and procedures and signed code of conduct.</p> <p>Go through the Club's volunteer induction checklist as a group or on an individual basis and cover the following topics:</p> <ul style="list-style-type: none"> About the club Keeping everyone safe Policies and procedures About the volunteer & their role <p>A DBS pre check will be carried out with the Club's welfare officer and references on request where we see fit.</p>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>The charity is made up of a board of Trustees including Chair, Treasurer, Secretary, and Membership secretary.</p> <p>The committee includes:</p> <ol style="list-style-type: none"> Jill Bridges – Chair/Founder/Coach Kaye Stephenson – Vice Chair and Treasurer Laura Todd – Membership Secretary

		<ol style="list-style-type: none"> 4. Craig Felton – Secretary 5. Lisa Willis – Welfare and Safeguarding Lead 6. Lynn Blackett – Welfare Officer 7. Adam Bridges – Welfare Officer/Coach 8. Lisa Robinson – DBS Verifier 9. Heather Clapham – Fundraising Manager 10. Kerry Barnett – Runners Captain 11. Paul Fortune – Runners Captain <p>The sessions are delivered by qualified run leaders in LIRFs on a voluntary basis.</p> <p>EDRC is a member of the local Authority's Club Durham programme and affiliated with England Athletics.</p>
Relationship with any related parties	Para 1.51	EDRC has a close working relationship with the national Charity ParkPlay in particular Easington Colliery ParkPlay and a lot of members attend the session with their families. ParkPlay refers runners into the club and vice versa.
Other		

Reference and Administrative details

Charity name	East Durham Running Club
Other name the charity uses	EDRC
Registered charity number	1203843
Charity's principal address	Parklands Seaside Lane South Easington Colliery Co. Durham SR8 3PN

--	--

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jill Bridges		4/7/23- present	
2	Kaye Stephenson		4/7/23- present	
3	Marie Barker		4/7/23- present	
4	Sara Jade Kirk - Saul		4/7/23- present	
5	Heather Clapham		28/9/24- present	
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	None
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	None

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

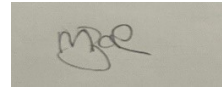
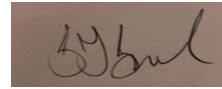
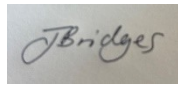
N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Jill Bridges
Kaye Stephenson

Sara Kirk-Saul
Marie Barker

Position (eg Secretary,
Chair, etc)

Chair
Treasurer

Secretary
Membership Secretary

Date

--

