

SOM MILD DEVELOPMENT CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

For the year ended 31st March 2025

Charity Number 1203675

SOM MILD DEVELOPMENT
TRUSTEES ANNUAL REPORT
For the year ended 31st March 2025

Reference and administrative details of the charity and its trustees

Charity Name SOM MILD DEVELOPMENT

**Registered Charity
Number** 1203675

Registered address:
266 Tiverton Road
London, N15 6RT

Trustees:
Abdikadir Ali Hassan - Chair
Deega Osman
Shaafici Essa
Mahad Nor Mohamud
Mohamed Omar Albakri

Banker: Lloyds Bank PLC

Accountant: TACTS Accountant

SOM MILD DEVELOPMENT
ANNUAL REPORT
FOR THE YEAR ENDED 31ST MARCH 2025

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SOM MILD DEVELOPMENT
TRUSTEES ANNUAL REPORT
For the year ended 31st March 2025

The Trustees are pleased to present their annual report, along with the financial statements of the charity, for the period ended 31st March 2025.

The financial statements have been prepared in compliance with the following:

- **Charities Act 2011**
- **Constitution**
- **Accounting and Reporting by Charities: Statement of Recommended Practice (SORP)**, applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (**FRS 102**) (effective October 2019).

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The Trustees confirm that the charity has adhered to all statutory and regulatory requirements in the preparation of this report and financial statements.

Achievements

SOM MILD Development is a registered charity committed to supporting Somali families affected with mental health and learning disabilities. Our work focuses on creating supportive environments that help individuals build confidence, resilience, and life skills while addressing mental health and social challenges.

As part of our youth outreach programme, we successfully delivered the Opening Doors Jujutsu project, funded by Enfield Council's Opening Doors Grant for £5,000, in March 2025. This initiative uses martial arts as a tool to tackle mental health challenges, build self-esteem and promote discipline and resilience among young people. It provides a safe and structured space where participants can improve both their physical and mental wellbeing, while learning skills that foster confidence, teamwork and personal growth.

Looking ahead, we plan to apply for Awards for All funding to deliver a Creative Project aimed at supporting women experiencing isolation and mental health challenges. Through cultural dance activities, the project will create a welcoming environment for women to connect, express themselves, and rebuild confidence. By combining creativity with social support, the project seeks to reduce isolation, improve wellbeing, and strengthen emotional resilience within the community.

Additionally, we continue to support families by raising autism awareness and guiding them through the EHCP process, ensuring children with additional needs receive appropriate support and opportunities to thrive. Through all these programmes, SOM MILD Development strives to foster a more inclusive, supportive, and resilient community for both youth and adults.

Our Objectives and Activities

SOM MILD DEVELOPMENT is committed to supporting children, young people, and families within the Somali community in the UK who are affected by mental health challenges and learning disabilities.

Our key objectives are to provide guidance for families navigating SEND (Special Educational Needs and Disabilities) services, raise awareness about mental health to reduce stigma, and create supportive environments for empowerment. We achieve this through workshops, one-on-one support, community outreach, and collaboration with local organizations to ensure equitable access to services.

By addressing these needs, we aim to foster resilience and improve the quality of life for those we serve.

Plans for Future Periods

Looking ahead, SOM MILD DEVELOPMENT aims to expand its impact by strengthening partnerships and enhancing service delivery to better support the Somali community in the UK.

A key focus for the coming period will be working collaboratively with schools, GPs, NHS services, and larger charities. By building these partnerships, we aim to:

- **Improve SEND Support:** Collaborate with schools to provide targeted assistance for children and young people with Special Educational Needs and Disabilities (SEND). This includes training sessions for educators, advocacy for inclusive practices, and direct support for families navigating the education system.
- **Enhance Access to Mental Health Services:** Work closely with GPs and NHS mental health teams to bridge gaps in service provision and ensure culturally sensitive care for individuals within the Somali community. This includes raising awareness about available services and advocating for early intervention and diagnosis.
- **Strengthen Community Resources:** Partner with larger charities to leverage their expertise and resources, allowing us to scale our initiatives and reach more families in need. These collaborations will help us address systemic barriers and deliver impactful programs.
- **Expand Awareness Campaigns:** Continue to promote mental health and SEND awareness within the community, focusing on education, stigma reduction, and empowering individuals to seek help when needed.

By fostering these partnerships, we will build a stronger network of support that creates long-term benefits for children, young people, and families affected by mental health challenges and learning disabilities. Our commitment to advocacy, collaboration, and innovation will guide us as we work toward a more inclusive and equitable future.

Structure, Governance and Management

Governing documents

Charitable Incorporated Organisation - Foundation Model - whereby the only voting members are the charity Trustees. We have adopted the Charity Commissions Model Constitution to ensure we comply with the Charities Act 2011 (the 2011 Act) and the General Regulations. This helps us to ensure we:

- Reflect recommended best practice; and
- are legally compliant

Appointment of Trustees

Trustees are appointed for their individual knowledge, experience and skills that are considered essential to ensure the charity's effective administration and its continued sustainability, growth and development. Trustees are appointed by the Board of Trustees in a properly convened meeting. Trustees are also screened using a needs and skillsets assessment. This approach enables us to:

- Ensure we have the right skills mix on the Board to meet the administrative needs of the charity
 - Ensure we do have a range of Trustees from diverse professional backgrounds to build knowledge and skills
- Mitigate any potential risks or threats to the charity, as far as possible; and
 - Reduce, as far as is possible, the potential for any conflicts of interest with each Trustee and their existing professional occupations.

Organisation

The Trustees meet each quarter and deal with the administration of the charity encompassing the strategic vision, financial accountability and risk management. The operational management of the organisation is undertaken by the trustees.

Risk management

The Trustees have conducted a review of the major risks to which the charity is exposed, and systems have been established to mitigate those risks including the implementation of procedures for authorisation of all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Statement on Public Benefit

The charity carries out a wide range of activities in pursuance of its charitable aims. The Trustees consider that these activities, summarised above, provide benefit both to those who directly receive services, and the wider community in the North East of England. The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

Abdulkadir Ali Hassan

Chair – SOM MILD Development

SOM MILD DEVELOPMENT
INCOME AND EXPENDITURE FOR THE PERIOD ENDING 31ST MARCH 2025

	<u>Unrestricted</u> <u>Funds</u> £	<u>Restricted</u> <u>Funds</u>	<u>Funds</u> <u>2025</u> £	<u>Funds</u> <u>2024</u> £
<u>INCOMING RESOURCES</u>				
Income from Donation & contributions	1,750	-	1,750	4,995
Income from Charitable activities:				
London Borough of Enfield	-	5,000	5,000	-
				4,995
TOTAL INCOMING RESOURCES	1,750	5,000	6,750	4,995
<u>RESOURCES EXPENDED</u>				
Charitable Expenditure				
Volunteering	1,000	-	1,000	2,753
Administration and Running Expenses	318	-	318	454
Activities Expenses	434	-	434	556
Professional Fees	250	-	250	-
Equipment	-	-	-	400
Activity materials and resources	150	-	150	124
Refreshments	43	-	43	263
TOTAL RESOURCES EXPENDED	2,195	-	2,195	4,550
Net Incoming/Outgoing resources	(445)	5,000	4,555	445
FUNDS BROUGHT FORWARD	445	-	445	-
FUNDS CARRIED FORWARD	-	5,000	5,000	445

(The notes form part of this account)

SOM MILD DEVELOPMENT
BALANCE SHEET AS AT 31 MARCH 2025

	Notes	£ <u>2025</u> £	<u>2024</u> £
Fixed Assets			
Tangible assets		-	-
Current Assets:			
Cash at Bank and In Hand		5,250	445
Current Liabilities:			
Creditors:			
Amount falling due within one year	(8)	250	-
Net Assets		<u><u>5,000</u></u>	<u><u>445</u></u>
As Represented By			
Unrestricted Fund		-	445
Restricted Fund	(10)	5,000	-
Total Funds		<u><u>5,000</u></u>	<u><u>445</u></u>
(The notes form part of this account)			

The accounts were approved by the Committee Members on 29/01/2026 and signed on their behalf by:

(Chair)

Abdulkadir Ali Hassan

Chair – SOM MILD Development

**SOM MILD DEVELOPMENT
TRUSTEES ANNUAL REPORT
For the year ended 31st March 2025**

Notes to the accounts

1. Accounting Basis

These accounts were prepared on an accrual basis

2. Fixed Assets

The organisation has no fixed assets.

3. Cash Flow Statement

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statement in the financial statements on the grounds that the charity is small.

4. Taxation

Som Mild Development is a registered charity and is not liable for corporation tax on its income under section 505 of the Income and Corporation Taxes Act 1988 to the extent that it is applied to its charitable activities.

5. Status

Som Mild Development is a registered charity incorporated organisation.

6. Support Cost

Allocation of support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, and governance costs which support the Charity activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities.

	General Support, £	Governance, £	Total, £
Administration and Running Exp.	318	-	318
Professional fees	-	250	250
	<u>318</u>	<u>250</u>	<u>568</u>

7. Staff Costs

No staff on payroll. Trustees are not remunerated.

8. Creditors

	<u>2025, £</u>	<u>2024, £</u>
Professional Fees	<u>250</u>	<u>-</u>

9. Debtors

The organisation has no debtors.

10. Restricted Fund Analysis

	Balance at 1st April 2024 £	Incoming resources £	Outgoing resources £	Balance at 31st March 2025 £
London Borough Enfield	-	5,000	-	5,000