

# **SOM MILD DEVELOPMENT CIO**

## **ANNUAL REPORT AND FINANCIAL STATEMENTS**

**For the year ended 31<sup>st</sup> March 2024**

**Charity Number 1203675**

**SOM MILD DEVELOPMENT**  
**TRUSTEES ANNUAL REPORT**

**For the year ended 31<sup>st</sup> March 2024**

**Reference and administrative details of the charity, its trustees and advisors**

**Charity Name** SOM MILD DEVELOPMENT

**Registered Charity  
Number** 1203675

**Registered address:**  
266 Tiverton Road  
London, N15 6RT

**Trustees:**  
Abdikadir Ali Hassan - Chair  
Deega Osman  
Shaafici Essa  
MAHAD NOR MOHAMUD  
MOHAMED OMAR ALBAKRI  
MAHAD NOR MOHAMUD

## **SOM MILD DEVELOPMENT**

### **TRUSTEES ANNUAL REPORT**

**For the year ended 31<sup>st</sup> March 2024**

The Trustees are pleased to present their annual report, along with the financial statements of the charity, for the period ended 31<sup>st</sup> March 2024.

The financial statements have been prepared in compliance with the following:

- **Charities Act 2011**
- **Memorandum and Articles of Association**
- **Accounting and Reporting by Charities: Statement of Recommended Practice (SORP)**, applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (**FRS 102**) (effective October 2019).

The Trustees confirm that the charity has adhered to all statutory and regulatory requirements in the preparation of this report and financial statements.

#### **Chair's Report**

It is my privilege, as Chair of SOM MILD DEVELOPMENT, to present this report outlining our progress and contributions over the past year. Our mission to support individuals with mental health challenges and learning disabilities has remained steadfast, and we are proud of the positive impact we have made, particularly within the Somali community living in the UK.

Over the past year, we have focused on empowering families and individuals through education, advocacy, and community-centered initiatives. Recognizing the challenges faced by families navigating the complex process of obtaining Education, Health, and Care Plans (EHCPs) for children and young people with Special Educational Needs and Disabilities (SEND), we provided tailored guidance and support. By offering workshops and one-to-one sessions, we helped parents better understand their rights, access the services they need, and advocate effectively for their children. Addressing the stigma and lack of awareness around mental health remains central to our work. This year, we launched targeted campaigns to promote understanding and early diagnosis within the Somali community. Through culturally sensitive outreach and workshops, we aimed to break down barriers to accessing mental health services, ensuring individuals and families feel supported and empowered.

Despite limited financial resources, we have been able to achieve these milestones thanks to the tireless dedication of our volunteers. Their unwavering commitment and generosity with their time and skills have been instrumental in delivering our services. We extend our deepest gratitude to each of them for their incredible contributions.

I would like to thank our staff, trustees, and supporters for their relentless dedication and passion. To the families we serve, we are honored to be part of your journey and remain committed to supporting you every step of the way. Together, we will continue to bridge gaps in mental health and SEND services, creating a brighter future for all.

## **Our Objectives and Activities**

SOM MILD DEVELOPMENT is committed to supporting children, young people, and families within the Somali community in the UK who are affected by mental health challenges and learning disabilities.

Our key objectives are to provide guidance for families navigating SEND (Special Educational Needs and Disabilities) services, raise awareness about mental health to reduce stigma, and create supportive environments for empowerment. We achieve this through workshops, one-on-one support, community outreach, and collaboration with local organizations to ensure equitable access to services.

By addressing these needs, we aim to foster resilience and improve the quality of life for those we serve.

## **Achievements and Performance**

We have supported over 150 families with mental health and learning disabilities living in the UK through workshops, EHCP support and raising mental health and autism awareness.

## **Plans for Future Periods**

Looking ahead, SOM MILD DEVELOPMENT aims to expand its impact by strengthening partnerships and enhancing service delivery to better support the Somali community in the UK.

A key focus for the coming period will be working collaboratively with schools, GPs, NHS services, and larger charities. By building these partnerships, we aim to:

- **Improve SEND Support:** Collaborate with schools to provide targeted assistance for children and young people with Special Educational Needs and Disabilities (SEND). This includes training sessions for educators, advocacy for inclusive practices, and direct support for families navigating the education system.
- **Enhance Access to Mental Health Services:** Work closely with GPs and NHS mental health teams to bridge gaps in service provision and ensure culturally sensitive care for individuals within the Somali community. This includes raising awareness about available services and advocating for early intervention and diagnosis.
- **Strengthen Community Resources:** Partner with larger charities to leverage their expertise and resources, allowing us to scale our initiatives and reach more families in need. These collaborations will help us address systemic barriers and deliver impactful programs.
- **Expand Awareness Campaigns:** Continue to promote mental health and SEND awareness within the community, focusing on education, stigma reduction, and empowering individuals to seek help when needed.

By fostering these partnerships, we will build a stronger network of support that creates long-term benefits for children, young people, and families affected by mental health challenges and learning disabilities. Our commitment to advocacy, collaboration, and innovation will guide us as we work toward a more inclusive and equitable future.

## **Structure, Governance and Management**

### **Governing documents**

Charitable Incorporated Organisation - Foundation Model - whereby the only voting members are the charity Trustees. We have adopted the Charity Commissions Model Constitution to ensure we comply with the Charities Act 2011 (the 2011 Act) and the General Regulations. This helps us to ensure we: Reflect recommended best practice; and are legally compliant

### **Appointment of Trustees**

Trustees are appointed for their individual knowledge, experience and skills that are considered essential to ensure the charity's effective administration and its continued sustainability, growth and development. Trustees are appointed by the Board of Trustees in a properly convened meeting. Trustees are also screened using a needs and skillsets assessment. This approach enables us to:

- Ensure we have the right skills mix on the Board to meet the administrative needs of the charity
  - Ensure we do have a range of Trustees from diverse professional backgrounds to build knowledge and skills
- Mitigate any potential risks or threats to the charity, as far as possible; and
  - Reduce, as far as is possible, the potential for any conflicts of interest with each Trustee and their existing professional occupations.

### **Organisation**

The Trustees meet each quarter and deal with the administration of the charity encompassing the strategic vision, financial accountability and risk management. The operational management of the organisation is undertaken by the trustees.

### **Risk management**

The Trustees have conducted a review of the major risks to which the charity is exposed, and systems have been established to mitigate those risks including the implementation of procedures for authorisation of all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

### **Statement on Public Benefit**

The charity carries out a wide range of activities in pursuance of its charitable aims. The Trustees consider that these activities, summarised above, provide benefit both to those who directly receive services, and the wider community in the North East of England. The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

Abdulkadir Ali Hassan

Chair – SOM MILD Development

**SOM MILD DEVELOPMENT**  
**INCOME AND EXPENDITURE FOR THE PERIOD ENDING 31ST MARCH 2024**

	<u>Unrestricted</u> <u>Funds</u> £	<u>Restricted</u> <u>Funds</u>	<u>Funds</u> <u>2024</u> £
<b><u>INCOMING RESOURCES</u></b>			
Income from Donation & contributions	4,995	-	4,995
Income from Charitable activities:	-	-	-
<b>TOTAL INCOMING RESOURCES</b>	<u>4,995</u>	<u>-</u>	<u>4,995</u>
<b><u>RESOURCES EXPENDED</u></b>			
<b>Charitable Expenditure</b>			
Volunteering	2,753	-	2,753
Administration and Running Expenses	454	-	454
Activities Expenses	556	-	556
Equipment	400	-	400
Activity materials and resources	124	-	124
Refreshments	263	-	263
<b>TOTAL RESOURCES EXPENDED</b>	<u>4,550</u>	<u>-</u>	<u>4,550</u>
<b>Net Incoming/Outgoing resources</b>	<u>445</u>	<u>-</u>	<u>445</u>
<b>FUNDS BROUGHT FORWARD</b>	<u>-</u>	<u>-</u>	<u>-</u>
<b>FUNDS CARRIED FORWARD</b>	<u>445</u>	<u>-</u>	<u>445</u>

**SOM MILD DEVELOPMENT**  
**BALANCE SHEET AS AT 31 MARCH 2024**

	£
Notes	<u><b>2024</b></u>
<b>Fixed Assets</b>	
Tangible assets	-
<b>Current Assets:</b>	
Cash at Bank and In Hand	445
<b>Current Liabilities:</b>	
<b>Creditors:</b>	
Amount falling due within one year	-
<b>Net Assets</b>	<u><u><b>445</b></u></u>
<b>As Represented By</b>	
Unrestricted Fund	445
Restricted Fund	-
<b>Total Funds</b>	<u><u><b>445</b></u></u>

(The notes form part of this account)

The accounts were approved by the Committee Members on 14/01/2025 and signed on their behalf by:

(Chair)

Abdulkadir Ali Hassan

Chair – SOM MILD Development

**SOM MILD DEVELOPMENT  
TRUSTEES ANNUAL REPORT  
For the year ended 31<sup>st</sup> March 2024**

**Notes to the accounts**

**1. Accounting Basis**

These accounts were prepared on an accrual basis

**2. Fixed Assets**

The organisation has no fixed assets.

**3. Cash Flow Statement**

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statement in the financial statements on the grounds that the charity is small.

**4. Taxation**

Som Mild Development is a registered charity and is not liable for corporation tax on its income under section 505 of the Income and Corporation Taxes Act 1988 to the extent that it is applied to its charitable activities.

**5. Status**

Som Mild Development is a registered charity.

**6. Support Cost**

Allocation of support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, and governance costs which support the Charity activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities.

**7. Staff Costs**

No staff on payroll

No sessional workers were paid.

None of the employees received emoluments in excess of £60,000 in the year.

Trustees are not remunerated.

**8. Pension costs and other post-retirement benefits**

The organisation does not have a pension scheme.

**9. Creditors**

The Organisation has no creditors

**10. Debtors**

The Organisation has no debtors.

**11. Restricted Fund Analysis**

No restricted received in this financial year.