

LANTERN OF LIGHT

England & Wales · Charity number 1203567

Details

Status Registered

Legal form CIO

Registered 2023-06-15

Register [View on the Charity Commission register](#)

Contact

Address 52 Manor Way
Harrow
HA2 6BY

Phone 07917076727

Email sabr14@hotmail.co.uk

Website www.lanternoflight.co.uk

Activities

Objects: TO ADVANCE THE ISLAMIC FAITH IN ACCORDANCE WITH AL QURAN AND THE SUNNAH OF THE PROPHET MUHAMMED (PEACE BE UPON HIM) AND FOLLOWING THE SHIA ITHNA ASHERI TEACHINGS AND TRADITIONS FOR THE PUBLIC BENEFIT, MAINLY BUT NOT EXCLUSIVELY BY: A. PROVISION OF ISLAMIC RELIGIOUS EDUCATION, PRODUCING AND/DISTRIBUTING MATERIAL, HOLDING EVENTS ABOUT THE ISLAMIC RELIGIONB. THE PROMOTION OF GOOD MENTAL HEALTH AND SPIRITUAL WELLBEING IN PARTICULAR BUT NOT EXCLUSIVELY FOR MUSLIM WOMEN. C. THE PROMOTION OF MULTICULTURAL AND RELIGIOUS HARMONY BETWEEN MUSLIM AND NON-MUSLIMS IN ORDER TO FOSTER MUTUAL UNDERSTANDING AND TOLERATION. D. PREVENTION OR RELIEF OF POVERTY BY PROVIDING GRANTS, TO INDIVIDUALS IN NEED AND/OR CHARITIES, OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY WORLDWIDE."

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Prevention Or Relief Of Poverty, Religious Activities
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£104,866	£73,077	-	-
2024-03-31	£15,795	£11,025	-	-

Trustees

Name	Role	Appointed
Sabira Mohamed Kanji	Chair	
Adil Abbasbhai Kachwala		
Mohamed Hassanali Kanji		
Nasimbanu Mohamed Hussein Pirmohamed Hyderali		
Shenaz Sajan		

LANTERN OF LIGHT

England & Wales - Charity number 1203567

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 04	Year 2024		Day 31	Month 03	Year 2025

Section A Reference and administration details

Charity name Lantern of Light

Other names charity is known by

Registered charity number (if any) 1203567

Charity's principal address 52 Manor Way

Postcode

HA2 6BY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Adil Abbasbhai Kachwala			
2	Mohamed Hassanali Kanji			
3	Nasimbanu Mohamed Husein Pirmohamed Hyderali			
4	Sabira Mohamed Kanji	Chair		
5	Shenaz Sajan			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution adopted on 15 th June 2023, and amended on April 2025
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed by the existing board and bring expertise in faith leadership, mental health, finance and youth work. They meet regularly to provide strategic oversight and ensure the charity delivers on its objectives.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

The charity’s objects are to advance the Islamic faith in accordance with the Al Quran and the Sunnah of the Prophet Muhammad (peace be upon him) and following the Shia Ithna Asheri teachings and traditions for the public benefit, mainly but not exclusively by:

- Provision of Islamic religious education, producing and/or distributing material, and holding events about the Islamic religion.
- Promoting good mental health and spiritual wellbeing, in particular (but not exclusively) for Muslim women.
- Promoting multicultural and religious harmony between Muslims and non-Muslims to foster mutual understanding and tolerance.
- Preventing or relieving poverty by providing grants to individuals in need and/or charities or other organizations working to prevent or relieve poverty worldwide.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- 1) Islamic religious education:
The charity organised online lectures, classes and workshops on the Quran, the Sunnah and Shia Ithna Asheri traditions. Teachings were also shared through community-level talks, seminars and educational webinars.
- 2) Mental health and spiritual wellbeing
During the year 1 April 2024 to 31 March 2025, Lantern of Light focused on faith-based mental health and spiritual support, providing safe spaces for growth and trauma-informed healing. Key activities included:
 - 1:1 mentoring: faith-based mental health support provided to 12 women.
 - Healing circles: monthly online sessions for 30 to 40 women.
 - Digital outreach: weekly Qur’anic reflections (45+) with a social media reach of 3,750+ followers.
 - Serenity Sisters Retreat: 2-day retreat hosting 55 women, integrating wellness, Qur’anic reflection and meditation.
 - Youth engagement: 10 youth volunteers supported local homeless initiatives.
 - Interfaith activities: participation in local and international summits.
 - Global online support: daily online group supporting 140+ women worldwide.
- 3) Multicultural and religious harmony
The charity hosted interfaith dialogue and community-building activities to foster understanding and tolerance. The charity collaborated with Al Abbas Islamic Centre to hold joint events with people of other faiths.
- 4) Poverty relief
The charity aims to expand its scope to support poverty alleviation both locally and worldwide, including funding emergency relief efforts in areas affected by natural disaster.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

- Provision of intensive 1:1 spiritual and emotional mentoring for 12 women and monthly healing circles for 30 to 40 participants.
 - Serenity Sisters Retreat 2025 welcomed 55 women, including international participants.
 - Digital engagement grew to 3,750+ followers and 3,140 YouTube subscribers.
 - Ten youth volunteers led service projects, including feeding 100 homeless people during Ramadan.
 - Representation of UK Muslim women at the World Council of Churches Summit in Switzerland.
 -
- Impact feedback indicated:
- 80% of participants reported a deeper connection to faith and community.
 - 90% of participants in healing programs felt empowered to manage mental health challenges.
 - 75% of interfaith event attendees reported reduced misconceptions about Islam.
 - Daily online support was sustained for over 140 women globally.

Section E

Financial review

Brief statement of the charity's policy on reserves

Total income for the year was £104,866 (2024: £15,795), primarily from donations, retreat/event income and Gift Aid. Total expenditure for the year was £73,077.00 (2024: £11,025), relating mainly to grants paid, retreat/event costs and administration.

Total funds comprised of restricted funds of £14,428 and unrestricted funds of £22,131. Restricted funds relate to restricted donations and event income received for specific purposes and may only be applied in accordance with the relevant restrictions.

Reserves policy

The charity's reserves policy aims to maintain sufficient unrestricted funds to cover at least three months of core operational expenses, allowing continued service provision in the event of unforeseen circumstances. Unrestricted funds as at 31 March 2025 were £22,131, which the Trustees consider to be in line with this policy.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Sabira Kanji	
Position (eg Secretary, Chair, etc)	Chair	
Date	27-01-2026	



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Lantern Of Light

**On accounts for the year
ended**

31 March 2025

**Charity no
(if any)**

1203567

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

Name:

**Relevant professional
qualification(s) or body
(if any):**

Address:



Receipts and payments accounts		CC16a
For the period from	01/04/2024	To 31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations, Legacies and grants	21,772	67,664	-	89,436	5,670
Charitable activities	-	15,430	-	15,430	10,125
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	21,772	83,094	-	104,866	15,795
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	21,772	83,094	-	104,866	15,795
A3 Payments					
Costs of fundraising events	-	-	-	-	-
Costs of charitable activities	-	68,665	-	68,665	9,069
Governance costs	4,412	-	-	4,412	1,956
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	4,412	68,665	-	73,077	11,025
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,412	68,665	-	73,077	11,025
Net of receipts/(payments)	17,361	14,428	-	31,789	4,770
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,770	-	-	4,770	-
Cash funds this year end	22,131	14,428	-	36,559	4,770

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	22,131	14,428	-
		-	-	-
		-	-	-
	Total cash funds	22,131	14,428	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Trade creditors	0	100	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Sabira Kanji	27/01/2026	

LANTERN OF LIGHT

England & Wales - Charity number 1203567

Accounts

Registered charity number
1203567

Lantern of Light
Report and Accounts
31 March 2024

Lantern of Light
Registered charity number:1203567
Trustees' annual report

The trustees present their report and accounts for the period ended 31 March 2024.

Principal address

The company's principal address is 52 Manor way, HA2 6BY.

Objectives and activities

Charitable Objects are to advance the Islamic faith in accordance with Al Quran and the Sunnah of the Prophet Muhammed (peace be upon him) and following the Shia Ithna Asheri teachings and traditions for the public benefit, mainly but not exclusively by:

- provision of Islamic religious education, producing and/distributing material, holding events about the Islamic religion
- the promotion of good mental health and spiritual wellbeing but not exclusively for Muslim women.
- the promotion of multicultural and religious harmony between Muslim and non-Muslim in order to foster mutual understanding and toleration.
- prevention or relief of poverty by providing grants, to individuals in need and/or charities, or other organisations working to prevent or relive poverty.

Trustees

The following persons served as trustees during the period:

Adil Abbasbhai Kachwala	(Appointed 15 June 2023)
Mohamed Hassanali Kanji	(Appointed 15 June 2023)
Nasimbanu Mohamed Husein Pirmohamed Hyderali	(Appointed 15 June 2023)
Sabira Mohamed Kanji	(Appointed 15 June 2023)
Shenaz Sajan	(Appointed 15 June 2023)

Governance and management

The charity is operated under the rules of its CIO Association adopted 15 June 2023.

The charity operates with a very small team of volunteers who help to implement the charity's activities. The Trustees meet four times a year to review the charity's progress and plan for future activities.

Trustees are appointed based on their experience, skills, and commitment to the charity's mission.

New Trustees receive an induction process, which includes an overview of the charity's governance, financial position, and activities. Trustees also participate in training to ensure they are well-informed and equipped to fulfil their responsibilities

Public Benefit Statement

In accordance with the Charities Act 2011, the Trustees confirm that the charity has operated for the public benefit throughout the financial year and continues to do so.

The Trustees have considered the public benefit requirements set out in the Charities Act 2011 and the Charity Commission's guidance. In particular, we have ensured that our charitable activities are carried out with the aim of benefiting the public or a sufficient section of the public, and that access to these benefits is not unduly restricted.

The Trustees are satisfied that the charity continues to meet the public benefit requirement, and we will continue to monitor and assess the impact of our work to ensure we fulfil our charitable purposes.

Activities Undertaken to Achieve the Charity's Objectives

During the year, the charity undertook the following activities to fulfil its charitable objects:

Summary of the main activities undertaken for the public benefit

- **Islamic Religious Education:**

The charity organised a series of online lectures, classes, and workshops on various aspects of the Islamic faith, including the Quran, the Sunnah, and Shia Ithna Asheri traditions.

The charity delivered online content, to reach a wider audience. Additionally, Islamic teachings were shared through events at local community level with public talks, community-based seminars, and educational webinars.

Sponsored a large Quran competition with 700 attendees, promoting community unity and spiritual growth. This was a very enriching and fruitful event that involved families together in connecting with the sacred book, our holy book Qur'an.

- **Mental Health and Spiritual Wellbeing:**

The charity established several initiatives aimed at promoting mental health and spiritual well-being, especially for women. This included hosting mental wellness workshops and delivering talks on balancing spirituality and mental health. Key events focused on the importance of self-care, dealing with anxiety, addressing mental health challenges, destigmatize discussions around emotional well-being and managing stress in accordance with Islamic teachings.

- **Multicultural and Religious Harmony:**

The charity worked towards fostering greater understanding and tolerance between Muslim and non-Muslim communities by hosting interfaith dialogue events and community-building activities. These events brought together individuals from diverse backgrounds to discuss shared values, promote peace, and build stronger relationships based on mutual respect. The charity collaborated with Al Abbas Islamic Centre to hold joint events of other faiths, which helped in nurturing intercultural respect and religious harmony.

- **Poverty Relief:**

The charity would like to expand its scope worldwide to support other organisations dedicated to poverty alleviation both locally and worldwide particularly to fund emergency relief efforts in areas affected by natural disasters, ensuring that those in desperate need are supported in times of crisis.

Achievements and Performance

Overview of Achievements

- We hosted Islamic and well-being webinars, online weekly Quranic reflection classes, spiritual circles, and forums to encourage spiritual and emotional development. More than 45 weekly participants joined us in spiritual education programs and fostering a deeper understanding of faith.
- The mental health and well-being initiatives supported 23 women, offering guidance and practical tools for improving their emotional and spiritual health.

The charity hosted a serenity retreats covering Intensive wellness programs combining mindfulness, real conversations, spirituality, and group therapy.

Mental Health Workshops: Covering topics such as resilience, family dynamics, and managing stress. Reached 245 individuals through workshops and retreats over the reporting period.

- Monthly Healing Circles

So far, we have been able to support women through the healing circles, each attended by an average of 30 to 40 women, providing a safe space for emotional sharing and support and

sharing their stories.

- Warm-Up Workshop: "Navigating Challenges in Family Relationships"

Lantern of Light Collaborated with KSIMC Birmingham Ladies and Adult Islamic Education committee to deliver a workshop addressing toxic relationships from an Islamic perspective.

Impact of Activities

Feedback from service users and event participants has been overwhelmingly positive, with many individuals expressing greater confidence in their religious practices, mental well-being, and ability to engage with people of other faiths. Key outcomes include:

- 80% of attendees reported feeling a stronger sense of connection to their faith and community.
- 90% women participants in mental health workshops and retreat expressed feeling more empowered to address their mental well-being issues.
- 75% participants in interfaith events reported a greater understanding of Islamic teachings and a reduction in misconceptions about Islam.
- Youth Engagement

The charity is also intending to focus more on empowering youth through leadership opportunities, volunteer programs, and educational support.

Volunteering Impact

Engaged over 10 youth volunteers in community service and administration roles.

Safeguarding Policies

The charity has a robust safeguarding framework to ensure the safety and well-being of all beneficiaries, particularly vulnerable adults and children. All staff and volunteers undergo regular training to uphold these standards.

Management and Capacity

Lantern of Light operates with a combination of professional consultants, including therapists and workshop facilitators, supported by a very small, dedicated group of volunteers.

Financial Review

Financial Summary

The charity's total income for the year was £15,795, with the primary sources of income coming from donations and retreat income. The charity's total expenditure for the year amounted to £11,025, which was allocated to its core activities and retreat expenditure, including religious education, mental health and well-being initiatives, and poverty relief. The financial statements provide a detailed breakdown of income and expenditure.

Reserves Policy

The charity's reserves policy aims to ensure that sufficient funds are maintained to cover at least three months of core operational expenses, allowing for continued service provision in the event of unforeseen circumstances. As of 31 March 2024, the charity holds reserves of £4,077, which is in line with this policy.

Plans for the Future

Looking ahead, the charity intends to:

- Expand its educational programs by offering additional courses and materials on Islamic teachings, with a special focus on young people and women.
- Develop more mental health support initiatives, particularly for women and young adults, addressing the unique challenges faced by these groups.
- Strengthen interfaith and multicultural dialogue through more collaborative events with other faith-based and cultural organisations.

- Increase the charity's impact in poverty relief by broadening the scope of grant assistance and exploring new partnerships with local and international organisations.

Conclusion

The Trustees are pleased with the progress made by the charity in the period to 31 March 2024, particularly in the areas of religious education, mental health support, and fostering multicultural and religious harmony. The charity remains committed to its mission and looks forward to continuing to serve the community in the year ahead.

Signed on behalf of the charity's trustees:



Sabira Kanji MBA FCMA

Chair of Trustees

25 January 2024

Lantern of Light – Charity Number: 1203567
Income and expenditure account
for the period ending 31 March 2024

	2024
	£
Income	
Donations	5,670
Quran Competition	1,100
Retreat	7,265
ILM Programs & Others	1,760
	<hr/>
	15,795
	<hr/>
Direct costs	9,069
	<hr/>
	9,069
	<hr/>
Other Expenditure	
Subscriptions	156
Website	445
Printing, Postage and Stationery	317
Bank Charges	38
Donation to Charity - Birmingham KSIMC (LFQC)	1,000
	<hr/>
	1,956
	<hr/>
	11,025
	<hr/>
Net surplus for the period	4,770

Lantern of Light
Registered charity number: 1203567

Statement of Assets and Liabilities
as at 31 March 2024

	Notes	2024 £
Current assets		
Current Bank Account	14,254	
	<u>14,254</u>	
Creditors: amounts falling due within one year	3 (9,484)	
Net current assets	<u> </u>	<u>4,770</u>
Reserves for the period		<u>4,770</u>

Lantern of Light

Notes to the Accounts

for the period for period ending to 31 March 2024

1 Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during a period and a list of assets and liabilities at the end of the period. Usually, cash received, and cash spent will include transactions through bank accounts and cash in hand.

2 Donation to KSMIC Birmingham (Quran Competition)	2024
	£
	1,000
	<hr/>
3 Creditors: amounts falling due within one-year	2024
	£
Accruals & Deferred Income	9,484
	<hr/>
	9,484
	<hr/>

4 Trustees' Remuneration

Trustees received no expenses, remuneration or benefits in this period.