

ACCELERATED INSIGHTS

England & Wales · Charity number 1203563

Details

Status Registered

Legal form CIO

Registered 2023-06-15

Register [View on the Charity Commission register](#)

Contact

Address High Lees Farmhouse
Wagon Lane
Paddock Wood
Kent
TN12 6PT

Phone 07951953668

Email INFO@ACCELERATEDINSIGHTS.ORG

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Activities

Objects: TO RELIEVE THE NEEDS OF PEOPLE WITH PHYSICAL OR MENTAL HEALTH CONDITIONS BY PROVIDING OR FACILITATING IN THE PROVISION OF AN EQUINE FACILITATED INTERACTION PROGRAMME TO SUPPORT THEIR HEALTH, WELLBEING, AND REHABILITATION.

Activities: The benefits of the charity are delivered through experiential programmes of Equine Facilitated Interactions. The experiential approach is key to delivery benefit because it not only provides a safe space to develop individual awareness, but it also creates an opportunity to be or to behave differently.

Classification

- **How:** Makes Grants To Organisations, Provides Services
- **What:** General Charitable Purposes, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£2,000	£1,594	-	-
2024-03-31	£0	£0	-	-

Trustees

Name	Role	Appointed
Gillian Catherine Coston	Chair	2024-02-14
Natasha Leppard		2022-08-24
Sally Corena Gudrun Herdman		2022-08-24

Accounts



Trustees' Annual Report for the period

From **01/04/2024** To **31/03/2025**

Charity name: **Accelerated Insights**

Charity registration number: **1203563**

Note to trustees report: No formal accounts have been published as no income levels recognised to be less than £10,000 so therefore understood to not be required in line with Commission and Gov.UK guidance.

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve the needs of people with physical or mental health conditions by providing or facilitating in the provision of equine facilitated interaction (equine assisted services) programmes to support their health, wellbeing, and rehabilitation.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The charity was established to support vulnerable individuals and communities, this includes: - The delivery of equine assisted services - Other related nature-based interactions
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees were provided with links to the commission's guidance on appointment.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not make grants
	Para 1.38	The charity does not make social investments or contributions to other organisations activities.

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	To date general administrative and promotional activities have been provided on a voluntary basis. In the future grant applications will include considerations to increasingly cover such services provided to the charity. At this time it is envisaged that these will be on a project by project basis.
Other		N/A

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The main work undertaken by the charity in the reported period was deliver of Mental Health First Aider training to 21 practitioners of Equine Assisted Services. This training provided an important service as it serves to ensure that those working in the space are able to recognise the symptoms of Mental Health crisis, hold space and support individuals in getting professional care, as well as being advocates for establishing positive narratives and working to reduce stigma. The training was delivered at a significantly reduced fee versus public courses and the delivery was invoiced directly on a service delivered basis.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The training provided for practitioners represented an important skills development for the attendees and as such a very positive achievement against the charity's broader objectives.
Performance of fundraising activities against objectives set	Para 1.41	There were no fundraising activities undertaken during the period.

Investment performance against objectives	Para 1.41	There are no current investment objectives in place. There are currently no funds available for investment.
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's bank account balance at 31/03/2025 was £406.00. This represented £2000.00 in income from course delegate fees (for the Mental Health First Aid) and outgoings of £1594.00 to cover materials and facilitation costs. There were no other financial transactions during the period.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	NIL return – no reserves are held
Amount of reserves held	Para 1.22	NIL return
Reasons for holding zero reserves	Para 1.22	NIL return – no funds to hold on reserve
Details of fund materially in deficit	Para 1.24	NIL return
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There was limited promotional activity during the year but the charity has no overheads at this point. Services will be provided once funding has been received in support of delivery, and therefore administrative and activity.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	No grant funding has been received in the period. This reflects that applications were not being made. This process has begun, later in 2025. Only source of funds during the report period was from the MHFA course as detailed above.
Investment policy and objectives including any social investment policy adopted	Para 1.46	NIL return
A description of the principal risks facing the charity	Para 1.46	Principal risk is limited activity. Though subsequent to this period broader services are being considered as options (whilst remaining within the charity's existing objectives). The charity will not assume liabilities without funding to cover them.
Other		No formal accounts have been published as no income levels recognised to be less than £10,000 so therefore understood to not be required in line with Commission and Gov.UK guidance.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Foundation model constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Volunteers with complementary skills and an understanding of the objectives are sought. Numbers maintained at a minimum at this time absent significant activity.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Nothing beyond that outlined as part of the original application process at this point.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Nothing beyond that outlined as part of the original application process at this point.
Relationship with any related parties	Para 1.51	Nothing beyond that outlined as part of the original application process at this point.
Other		

Reference and Administrative details

Charity name	Accelerated Insights
Other name the charity uses	N/A
Registered charity number	1203563
Charity's principal address	High Lees Farmhouse Wagon Lane Paddock Wood Kent TN12 6PT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gilli Coston	Chair	14 Feb 2024	Board of trustees
2	Sally Herdman		24 August 2022	Board of trustees
3	Natasha Leppard		24 August 2022	Board of trustees
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Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Secretary	Graeme Green	28 Walton Gardens Hutton, Brentwood, Essex CM13 1EL
Technical consultant and Financial administration	Brent Geach	High Lees Farmhouse Wagon Lane Paddock Wood Kent TN12 6PT

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

No formal accounts have been published as no income levels recognised to be less than £10,000 so therefore understood to not be required in line with Commission and Gov.UK guidance.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Graeme Green	
Position (eg Secretary, Chair, etc)	Secretary	
Date	20/10/2025	

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **01/04/2023** To **31/03/2024**

Charity name: **Accelerated Insights**

Charity registration number: **1203563**

Note to trustees report: No Accounts have been published as no monies have been processed during the accounting period. The opening and closing values for the period were NIL. On accountant advice we have supplied a NIL return throughout.

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve the needs of people with physical or mental health conditions by providing or facilitating in the provision of an equine facilitated interaction programme to support their health, wellbeing, and rehabilitation.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The charity did not undertake any activities for the period of this return. The accounts were completed as a NIL return.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees were provided with links to the commission's guidance on appointment.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not make grants
Policy on social investment including program related investment	Para 1.38	The charity does not make social investments or contributions to other organisations activities.

Contribution made by volunteers	Para 1.38	No voluntary contributions have been undertaken in support of the charities activities.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	For the period of return there was no activity undertaken.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	As has been noted the charity has not undertaken any activities during the accounting period.
Performance of fundraising activities against objectives set	Para 1.41	The zero activity was not the objective for the period. It did not prove possible in the year to garner funding or client relationships that would support the charity's objectives.
Investment performance against objectives	Para 1.41	Zero finances and so zero investment(s).
Other		N/A

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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	NIL return
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	NIL return
Amount of reserves held	Para 1.22	NIL return
Reasons for holding zero reserves	Para 1.22	NIL return
Details of fund materially in deficit	Para 1.24	NIL return
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There was limited promotional activity during the year but the charity has no overheads at this point. Services will be provided once funding has been received in support of delivery, and therefore administrative and activity. It is not the charity's intention to take on fixed assets or staffing commitments.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	No funding received, strategically this is intended to grant sourced.
Investment policy and objectives including any social investment policy adopted	Para 1.46	NIL return
A description of the principal risks facing the charity	Para 1.46	Principal risk is a persistence of no activity. Though subsequent to this period broader services are being considered as options (whilst remaining within the charity's existing objectives).
Other		No Accounts have been published as no accounting accounting has been processed. Accountant advised that we should supply a NIL return, which has been done.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Foundation model constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Volunteers with complementary skills and an understanding of the objectives are sought. Numbers maintained at a minimum at this time absent significant activity.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Nothing beyond that outlined as part of the original application process at this point.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Nothing beyond that outlined as part of the original application process at this point.
Relationship with any related parties	Para 1.51	Nothing beyond that outlined as part of the original application process at this point.
Other		

Reference and Administrative details

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Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

No Accounts have been published as no monies has been processed during the accounting period. The opening and closing value for the period is NIL. On accountant advice we have supplied a NIL return throughout.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Graeme Green	
Position (eg Secretary, Chair, etc)	Secretary	
Date	26/01/2025	