



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 1st April 2024  
Period end date

Period start date To 31<sup>st</sup> March 2025

Charity name: Ready Steady Go Hello Charity

Charity registration number: 1203528

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p><b>To advance in life and help children and young people living with a long-term condition and/or disability and their families, primarily but not exclusively through:</b></p> <ul style="list-style-type: none"><li>• The provision of recreational and leisure-time activities, in the interests of social welfare, designed to improve their conditions of life, including improvement in health and wellbeing; and</li><li>• Providing support, resources and activities which develop skills, capacities and capabilities to improve health and wellbeing, enabling participation in society as independent, mature and responsible individuals.</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p><b>During the reporting period, Ready Steady Go Hello Charity supported children and young people living with long-term conditions and/or disabilities, and their families, to build confidence, resilience, independence and wellbeing. The charity delivered empowerment, education and support activity through the Ready Steady Go Hello framework, using structured resources and co-produced approaches to support understanding, shared decision-making and participation in everyday life. The charity also provided youth group activity for young people, alongside sessions delivered jointly with patients and parents, supporting peer connection, family understanding and mutual support. Activity initially focused on kidney services and has begun to</b></p>

		<p><b>extend to other long-term conditions, in line with the charity's objects and in response to need.</b></p> <p><b>All activities were carried out for the public benefit and in furtherance of the charity's charitable purposes.</b></p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p><b>The trustees have had due regard to the Charity Commission's guidance on public benefit when reviewing the charity's aims and activities, and are satisfied that the charity's activities during the year have been carried out for the public benefit in accordance with its charitable objects.</b></p>

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

### Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>During the reporting period, Ready Steady Go Hello Charity strengthened its delivery of empowerment, education and support for children and young people living with long-term conditions and/or disabilities, and their families. The charity supported beneficiaries to feel more confident, informed and involved in decisions affecting their health and lives. Youth group activity and joint patient-parent sessions helped reduce isolation, build peer connection, and improve family understanding and communication.</b></p>

		<p>The charity also delivered national study days and education activity for healthcare professionals across multiple specialties, supporting the delivery of the charity's aims by promoting person-centred, developmentally appropriate practice. Feedback from these events was positive and indicated increased confidence and understanding among professionals, contributing to changes in practice aligned with the charity's charitable purposes.</p> <p>Through this work, the charity contributed to wider societal benefit by supporting more consistent, inclusive and empowering approaches to care for people living with long-term conditions.</p>
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### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>At the end of the reporting period, the charity was in a stable financial position and able to meet its obligations as they fell due.</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>The charity does not currently operate a formal reserves policy. The trustees aim to hold minimal reserves, reflecting the charity's size and delivery model, and review the financial position regularly to ensure the charity can meet its short-</b>

		<b>term commitments and continue to operate effectively.</b>
Amount of reserves held	Para 1.22	<b>At the end of the reporting period, the charity did not hold any formal reserves.</b>
Reasons for holding zero reserves	Para 1.22	<b>The charity holds no formal reserves, as funds are applied directly to charitable activities and the trustees review the financial position regularly.</b>
Details of fund materially in deficit	Para 1.24	<b>The charity did not have any funds materially in deficit during the reporting period</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>The trustees have no material uncertainties about the charity's ability to continue as a going concern. The trustees believe the charity is well placed to continue delivering its charitable activities for the foreseeable future.</b>

### **Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>At the end of the reporting period, Ready Steady Go Hello Charity was in a stable financial position and able to meet its financial obligations as they fell due. The charity managed its income and expenditure carefully throughout the year, ensuring that funds were applied in line with its charitable objects. The trustees consider the charity's financial position at the period end to be appropriate for the charity's size, level of activity and delivery model.</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	<b>The charity does not operate an investment policy and does not hold investments. The trustees have not adopted a social investment policy. Funds are held in cash and applied directly to further the charity's charitable objects.</b>
A description of the principal risks facing the charity	Para 1.46	<b>The trustees have considered the principal risks facing the charity, including reliance on fundraising and grant income, capacity to deliver activity in line with available resources, and ongoing governance and regulatory compliance. These risks are managed through active trustee oversight, careful financial monitoring and proportionate governance arrangements.</b>
Other		

## **Structure, Governance and Management**

Description of charity's trusts:		<b>The charity does not operate through any separate trusts. Ready Steady Go Hello Charity is a Charitable Incorporated Organisation (CIO) and holds its assets and undertakes its activities directly in furtherance of its charitable objects.</b>
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Constitution (Charitable Incorporated Organisation – Foundation model).</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>Charitable Incorporated Organisation (CIO).</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Apart from the first charity trustees named in the constitution, trustees are appointed by resolution of the existing trustees at a properly convened meeting. In making appointments, the trustees have regard to the skills, knowledge and experience required for the effective administration of the charity. There is no external body or individual entitled to appoint trustees.</b>

#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

#### **Reference and Administrative details**

Charity name	Ready Steady Go Hello Charity
Other name the charity uses	

Registered charity number	1203528
Charity's principal address	125 Bouverie Avenue South Salisbury SP2 8EA

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Arvind Nagra	Chairperson	13.6.23- current	
2	Ross Fraser		17.5.24- current	
3	Aisling McMahon		11.12.23- current	
4	Martin Gossling		11.12.23- current	
5	Kay Tyerman		11.12.23- current	
6	Alun Williams		11.12.23- current	
7	Ben Reynolds		11.12.23- current	
8	Dean Wallace		11.12.23- current	
9	James Edelman		11.12.23- current	
10	Yincent Tse		11.12.23- current	
11	Neeta Patel		13.6.23- current	
12	Victoria Curtis	resigned	13.6.23 – October 2025	
13	Philip Hudson	resigned	11.12.23- October 2025	
14				
15				
16				
17				
18				
19				
20				

### Corporate trustees – names of the directors at the date the report was approved

Director name		

### Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	


## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	The charity does <b>not</b> hold any funds as custodian trustee on behalf of others.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information


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## Declarations

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

**Signature(s)**

	
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**Full name(s)**

Arvind Nagra	
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**Position (eg Secretary,  
Chair, etc)**

Chairperson	
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**Date**

28/1/26
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