

Bensalem Foundation

Trustees' Annual Report for the year ending 10 August 2024

Empowering Communities, Enriching Lives

1. Introduction

This is the first annual report of the Bensalem Foundation, a registered charitable company. The Foundation was incorporated to promote public health and well-being through community participation in fitness and sport, particularly running. As a charitable company, it is governed by its Memorandum and Articles of Association and regulated by both the Charity Commission and Companies House.

2. Objectives and Activities

The objects of the charity, as set out in its governing document, are to promote community participation in healthy recreation by providing facilities and opportunities for running and fitness, particularly for people who may face barriers to participation.

To achieve these aims, the Bensalem Foundation has initiated a range of community-based activities, including:

- Setting up regular running clubs open to the public
- Conducting outreach in underrepresented neighbourhoods
- Providing volunteer-led workshops focused on safe exercise
- Building relationships with local community organisations

3. Public Benefit

The trustees confirm they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to guidance published by the Charity Commission on public benefit. Our programmes are free or low-cost, open to all, and particularly targeted at those who may face health, financial, or social barriers to fitness engagement.

4. Achievements and Performance

During our first operational year, the Foundation made substantial progress in laying the groundwork for long-term impact. We delivered:

- Regular running clubs and establishment of social media platforms
- 3 local outreach events attracting 60+ participants each
- Mentoring and basic coaching through volunteers
- Ongoing administrative and strategic development work

Over 100 individuals engaged with our sessions during the year, with positive feedback regarding the accessibility, inclusivity, and community value of our programmes.

5. Financial Review

The charity's total income for the year was £35,390, received from individual donations. Expenditure amounted to £35,697, resulting in a modest operating deficit of £307. This was expected in our first year of activity and reflects strategic investment in outreach and setup activities.

Breakdown of key spending areas:

- Wages and staffing: £33,537
- Insurance, advertising, and outreach: £692
- Professional services (accounting, legal): £929
- Other administrative costs: £539

6. Reserves Policy

The charity aims to build unrestricted reserves to cover three months' operational costs. As this was our first year, we have focused on delivering impact while maintaining tight financial control. We will review our reserves position annually.

7. Structure, Governance and Management

The Bensalem Foundation is a charitable company governed by its Memorandum and Articles of Association. The board of trustees is responsible for governance, strategic oversight, and regulatory compliance. The charity is managed day-to-day by volunteers and a small part-time team.

Trustees who served during the year:

- Mohammed Marzouq
- Ayoub El Cadi
- Raouf Ben Salem

8. Risk Management and Safeguarding

Key risks identified include volunteer dependency and safeguarding in fitness environments. The charity has taken steps to mitigate these by:

- Ensuring experienced volunteers are present at all events
- Promoting safe exercise and injury prevention
- Maintaining a safeguarding statement focused on adult health and safety

9. Contribution of Volunteers

Over 20 volunteers contributed time and expertise to our operations. Their support was central to delivering programmes, handling administration, and expanding community engagement.

10. Plans for the Future


In the next financial year, we aim to:


- Launch a new programme focused on mental well-being through movement
- Expand and continue to network with fitness groups and charities

- Apply for small foundation grants
- Formalise partnerships with local authorities and health providers

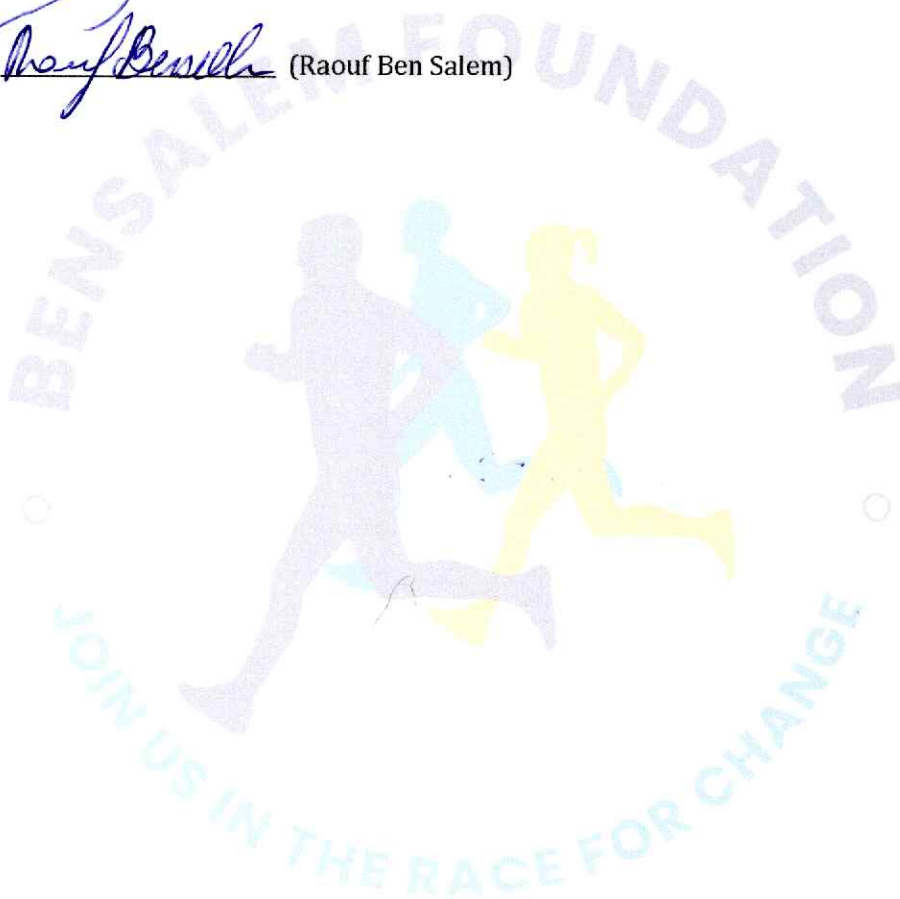
11. Trustee Declaration

This report was approved by the trustees on 06 June 2025 and signed on their behalf by:

Signed:  (Mohammed Marzouq)

Signed:  (Ayoub El Cadi)

Signed:  (Raouf Ben Salem)



Bensalem Foundation

Financial Statements for the year ended 10 August 2024 (Detailed)

A Charitable Company Limited by Guarantee

1. Statement of Financial Activities (SoFA)

Category	Unrestricted Funds (£)	Restricted Funds (£)	Total 2024 (£)
Income from donations	35,390	0	35,390
Expenditure on charitable activities:			
- Wages & Salaries	(33,537)		(33,537)
- Pension	(355)		(355)
Contributions			
- Accountancy Fees	(680)		(680)
- Legal & Professional Fees	(249)		(249)
- Event Fees	(96)		(96)
- General Travel Expenses	(2)		(2)
- Insurance	(241)		(241)
- Telephone, Fax & Internet	(272)		(272)
- Advertising	(179)		(179)
- Sundry Expenses	(86)		(86)
Net movement in funds	(307)	0	(307)

2. Balance Sheet as at 10 August 2024

Category	2024 (£)
Cash at bank and in hand	415
Debtors	0
Creditors due within one year	(395)
Creditors due after one year	(7,624)
Net assets	(7,604)
Funds (Reserves + P&L Account)	(7,604)

3. Notes to the Accounts

Note 1 – Basis of Preparation

These are the charity's first full-year accounts. Comparative figures for the previous year are not presented.

The accounts have been prepared under the historical cost convention in accordance with the Charities SORP (FRS 102) and the Companies Act 2006. The accounts are presented in pounds sterling and on an accruals basis.

Note 2 – Income

All income during the year was received from unrestricted donations. The charity did not receive any grant income or restricted funds during the period.

Note 3 – Expenditure

All expenditure related to charitable activities, including staffing, outreach events, insurance, professional services, and communication costs.

Note 4 – Fund Structure

All funds are unrestricted. The charity held no restricted or endowment funds during the year.

Note 5 – Related Party Transactions

A trustee, Raouf Ben Salem (Chair), provided an interest-free loan of £7,624 during the financial year to support the charity's early operations. The loan has no fixed repayment date.

Note 6 – Reserves

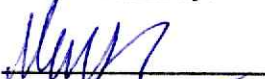
As of 31 August 2024, the charity had net liabilities of £7,604. The trustees are confident in the charity's future income-generating ability and plan to build reserves equivalent to three months of operating expenditure in the coming years.

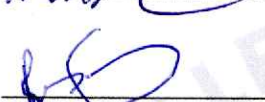
Note 7 – Company Status

The charity is a company limited by guarantee and does not have a share capital. In the event of winding up, members' liability is limited to £1 each.

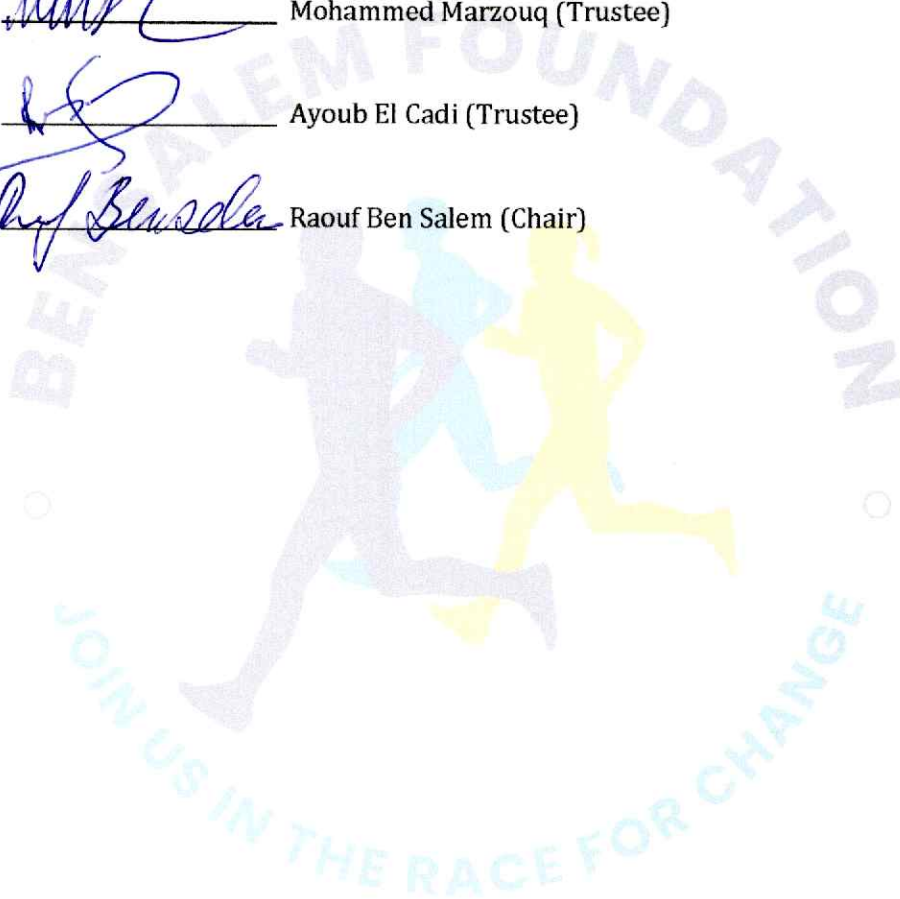
4. Trustee Approval

These financial statements were approved by the Board of Trustees on 06 June 2025 and signed on their behalf by:

Signed:  Mohammed Marzouq (Trustee)

Signed:  Ayoub El Cadi (Trustee)

Signed:  Raouf Ben Salem (Chair)



Independent Examiner's Report

To the trustees of the Bensalem Foundation

Responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. As a charitable company, these accounts must comply with the Companies Act 2006 as well as the Charities Act 2011. My role is to examine the accounts and report under section 145 of the Charities Act 2011.

Basis of independent examiner's statement

I conducted an independent examination in accordance with Charity Commission directions. An examination includes a review of accounting records and a comparison with the accounts presented. It does not constitute an audit.

Independent examiner's statement

In the course of my examination, no material issues have come to my attention which give me cause to believe the accounts have not been properly prepared in accordance with the relevant legislation.

Signed: St Mary's Services Ltd.

Name: MARY IFILI

Relevant qualification or experience: B.Sc (Acc); ACCA; MAAT

Date: 06/06/25