

HAPPYMOMENTS CIO

England & Wales · Charity number 1203403

Details

Other names HAPPYMOMENTS

Status Registered

Legal form CIO

Registered 2023-06-05

Register [View on the Charity Commission register](#)

Contact

Address Happymoments CIO
Highbury
Halifax Road
Dewsbury
WF13 4JA

Phone 07796670624

Email admin@happymoments.org.uk

Website www.happymoments.org.uk

Activities

Objects: 1. TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF WOMEN, CHILDREN AND THEIR FAMILIES THROUGH THE PROVISION OF ANTENATAL, POSTNATAL AND PERINATAL SERVICES, ACTIVITIES, CLASSES AND GROUPS.2. THE PREVENTION OR RELIEF OF POVERTY IN NORTH KIRKLEES IN SUCH WAYS AS THE TRUSTEES MAY DETERMINE.3. THE ADVANCEMENT OF EDUCATION OF WOMEN, CHILDREN AND THEIR FAMILIES IN NORTH KIRKLEES THROUGH CLASSES AND ACTIVITIES.4. THE RELIEF OF THOSE IN NEED, BY REASON OF YOUTH, AGE, ILL HEALTH, DISABILITY, FINANCIAL HARDSHIP IN NORTH KIRKLEES.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Kirklees

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£31,887	£29,742	-	-
2024-07-31	£62,886	£55,543	-	-

Trustees

Name	Role	Appointed
Ruqaiyah Diwan	Chair	
Aishah Sacha		2023-06-05
Nazneen Chopdat		
Somaiya Ravat		
Zarina Khan		

HAPPYMOMENTS CIO

England & Wales - Charity number 1203403

Accounts

Happy Moments CIO

Charity number 1203403

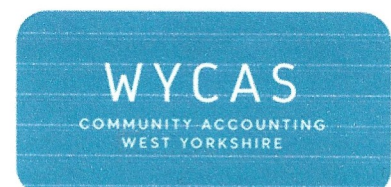
Annual Report and Financial Statements

for the year ended 31 July 2025



HappyMOMents

INSPIRING MOMS ACROSS BATLEY & DEWSBURY



Happy Moments CIO

Annual Report and Financial Statements for the year ended 31 July 2025

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Prepared by West Yorkshire Community Accountancy Service CIO

Happy Moments CIO

Trustees' report for the year ended 31 July 2025

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position
Ruqaiyah Diwan	Chair
Zarina Khan	Secretary
Nazneen Chopdat	Treasurer
Somaiya Ravat	
Aishah Sacha	

Charity number 1203403 Registered in England and Wales

Registered and principal address	Bankers
Highbury	Lloyds Bank Plc
Halifax Road	2138 Coventry Road
Dewsbury	Sheldon
WF13 4JA	B26 3JW

Independent examiner

Simon Bostrom FCIE

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) foundation formed on 5 June 2023, as amended 20 May 2025 and is governed by a constitution.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the trustees at a duly convened meeting.

Happy Moments CIO

Trustees' report (continued) for the year ended 31 July 2025

Objectives and activities

The charity's objects

- 1) To promote and protect the physical and mental health of women, children and their families through the provision of antenatal, postnatal and perinatal services, activities, classes and groups.
- 2) The prevention or relief of poverty in North Kirklees in such ways as the Trustees may determine.
- 3) The advancement of education of women, children and their families in North Kirklees through classes and activities.
- 4) The relief of those in need, by reason of youth, age, ill health, disability or financial hardship in North Kirklees.

The charity's main activities

HappyMOMents CIO is a peer to peer charity, supporting moms, children & families in Batley & Dewsbury. We have had a successful first year as a CIO, which has built on the foundations laid by our work as a constituted community group in the 6 years beforehand (these all had formal accounts too).

Our main activities focus on providing opportunities for early learning, development and wellbeing for local families, the majority of whom are from a BAME background with intersecting vulnerabilities, particularly living in the top 10-20% of the most deprived areas in the country.

Our preventative approach to health and wellbeing means we offer peer to peer advice and support to local families by signposting through our provision; often we are a bridge to more formal healthcare services and we support families to navigate the local healthcare system if needed. We are embedded within the Local Maternity System, and work closely with other Maternity professionals via the Local Maternity Voices Partnership.

Our passion for better opportunities for early years education is complemented by being an active member of the local school hub, BBEST. Our main provision is based at a local Surestart Centre at Pentland I&N School in Dewsbury and we work with other venues in Batley to offer provision there too.

The Stay & Play Schedule for Batley & Dewsbury is relied upon by local families to plan weekly early learning activities for their children. It is shared on our networks and more widely by other local hubs and schools as they see the benefit of early engagement with families. This is one of our main outputs and routes to regular engagement with over 2000+ families on our networks and also regular contact with local schools and session providers which are mainly schools and nurseries.

We are proud to have established a steady and regular antenatal and 0-5years offer through our work this year; our regular provision now includes:

- Stay & Play Schedule (updated every half term)
- Antenatal Classes
- Breastfeeding Support and Baby Self Weigh
- Baby Massage Classes
- Baby Sensory Classes
- Sensory Play Classes
- Stay & Play Classes
- Support for Single Moms

We also host ad hoc community events and our finale this year, the HappyMOMents Mini Treasure Market was a hugely successful fundraiser for us.

By working with local funders, businesses and providers, we are able to reduce costs of these classes to allow better access to the provision to local families who most need it.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

Happy Moments CIO

Trustees' report (continued) for the year ended 31 July 2025

Achievements and performance

Our second year as a Registered CIO has allowed consolidation of our provision. See below for the wonderful support our team of dedicated volunteers have provided to the local community this year:

Outputs:

- 6 Area Schedules of classes for Babies & Children
- 3 Empowered Birth Antenatal Workshops
- 5 Cohorts of Baby Massage Classes (60 Babies & 60 Moms)
- 5 Cohorts of Baby Sensory Classes (60 Babies & 60 Moms)
- 10 Cohorts of Sensory Toddler Classes (120 Children & 120 Moms)
- 30 Sessions of Stay & Play StoryMOMents Sessions (450 Children & 400 Moms)
- 2 New Breastfeeding Support Volunteers
- 1 NEW Miscarriage Support Course with Talkthru
- 1 Fantastic Careers Themed Community Funday

Also Volunteer Recruitment & Development and Support for Single Moms

NEW: 6 Candyfloss & Popcorn Operatives to help fundraise for HappyMOMents

NEW: Slime Classes: An overwhelming success led by 2 of our senior volunteers & 2 work experience students

- 21 Local businesses who supported our funday and work this year- thank you!

We also continued to build excellent engagement with local organisations to support our community, including Maternity Voices Partnership, The Fields CIC, BBEST, Midyorkshire hospitals, Third Sector Leaders, Local schools and Kirklees Council.

We ended the summer with a wonderful fundraiser which means we begin next year with a sound financial start; fundraising will be a focus for our team for the coming year as funding opportunities are still difficult to secure.

A sincere thank you to our wonderful Trustees, volunteers, funders and businesses who continue to help us to support more than 2000 local families here in the heart of Kirklees.

Financial review

The net receipts for the year were £2,145, including net receipts of £1,981 on unrestricted funds and net receipts of £164 on restricted funds after transfers.

Reserves policy

Reserves for HappyMOMents must hold a minimum of six months of overhead costs restricted for this purpose.

The charity's free reserves, at the year end were £8,524.

Approved by the board of trustees on 10 / 12 / 25

Signed: *N. Chopdat* (Trustee)

Name: NAZNEEN CHOPDAT

Happy Moments CIO

Independent examiner's report to the trustees of Happy Moments CIO

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 July 2025, which are set out on pages 6 to 10.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Name: Simon Bostrom FCIE

Date:

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Happy Moments CIO
Receipts and payments account
for the year ended 31 July 2025

	Notes	2025	2025	2025	2024
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		£	£	£	£
Receipts					
Grants and donations	(2)	-	13,996	13,996	30,575
Income from classes		5,549	-	5,549	3,235
Event income		1,796	720	2,516	-
Fundraising income		9,751	-	9,751	6,469
Donation from unincorporated charity		-	-	-	22,607
Volunteer onboarding fee		75	-	75	-
Total receipts		17,171	14,716	31,887	62,886
Payments					
Sessional staff		270	150	420	3,745
Charity management		2,645	1,410	4,055	6,050
Project staff		4,087	4,980	9,067	8,488
Project resources		3,224	1,556	4,780	2,540
Project expenses		-	1,229	1,229	15,218
Baby Massage instructor		550	250	800	1,840
DBS checks		68	-	68	430
Volunteer training		-	-	-	2,257
Venue hire		1,610	40	1,650	1,040
Insurance		181	-	181	181
Mobile phone		307	-	307	225
Travel expenses		32	15	47	86
Marketing		1,234	1,054	2,288	4,008
Website hosting		138	-	138	495
Event expenses		-	3,811	3,811	8,070
Accountancy and independent examination		540	-	540	378
Sundry expenses		304	57	361	492
Total payments		15,190	14,552	29,742	55,543
Net receipts / (payments)		1,981	164	2,145	7,343
Fund balances brought forward		6,543	800	7,343	-
Fund balances carried forward	(3)	8,524	964	9,488	7,343

Happy Moments CIO
Statement of assets and liabilities
as at 31 July 2025

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	7,977	964	8,941	6,796
Cash in hand	547	-	547	547
Total cash funds	<u>8,524</u>	<u>964</u>	<u>9,488</u>	<u>7,343</u>

Assets retained for the charity's own use

Stay and Play toys
 Sensory play toys
 4 x laptops
 Mobile Phone

Liabilities

	2025
	£
Accruals	792
	<u>792</u>

The financial statements were approved by the board of trustees on 10/12/25

Signed: N. Chopdat (Trustee)

Name: NAZNEEN CHOPDAT

Happy Moments CIO
Notes to the accounts
for the year ended 31 July 2025

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Happy Moments CIO
Notes to the accounts continued
for the year ended 31 July 2025

2 Grants and donations	2025	2025	2025	2024
	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£
Batley & Birstall Community	-	1,000	1,000	-
Kirklees Council	-	11,346	11,346	2,000
Third Sector Leaders Kirklees	-	150	150	3,000
Yorkshire Wildlife Trust	-	1,500	1,500	-
Fresh Futures	-	-	-	3,000
One Community	-	-	-	22,000
You & Your Community	-	-	-	500
Other donations	-	-	-	75
	<u>-</u>	<u>13,996</u>	<u>13,996</u>	<u>30,575</u>

3 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Kirklees Community Plus Fund	-	5,000	5,000	-	-
Yorkshire Wildlife Fund	-	2,220	1,256	-	964
Spacehive	-	5,096	5,096	-	-
MLPF	-	1,000	1,000	-	-
Batley & Birstall CF	-	1,000	1,000	-	-
Baby Massage	-	250	250	-	-
TSL Thank You Fund	-	150	150	-	-
HSF One Community	500	-	500	-	-
Fresh Futures	300	-	300	-	-
	<u>800</u>	<u>14,716</u>	<u>14,552</u>	<u>-</u>	<u>964</u>

Fund name	Purpose of restriction
Kirklees Community Plus Fund	To offer subsidised sensory classes so they are accessible to as many local families as possible.
Yorkshire Wildlife Fund	To encourage people into the beautiful countryside in Yorkshire's Ingleborough region. We have hosted 2 trips so far aimed at women and children, prioritising single mothers.
Spacehive	To support the costs of our large community fundraiser on 6/7/25 which included a careers fayre, antenatal fayre, community market, donkey rides, balloon house, mega bounce zone and classes.
MLPF	To support the costs of our sensory, craft and chai & chill classes on our annual funday on 6/7/25.
Batley & Birstall CF	To support the costs of our large community fundraiser on 6/7/25 which included a careers fayre, antenatal fayre, community market, donkey rides, balloon house, mega bounce zone and classes.
Baby Massage	Towards supporting costs for Baby Massage Classes.
TSL Thank You Fund	Towards the cost of the thank you volunteers event.
HSF One Community	Support for Single Moms; food & warm space event & food vouchers and a contribution to core costs. The transfer relates to support given for fundraising.
Fresh Futures	Support the costs towards sensory, baby massage & schedules classes and a contribution to core costs.

Happy Moments CIO
Notes to the accounts continued
for the year ended 31 July 2025

4 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.