



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

NORTHERN LIGHTS PARKINSON'S SUPPORT GROUP

On accounts for the year
ended

March 25

Charity no
(if any) 1203401

Set out on pages

3

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Independent
examiner's statement

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention ~~(other than that disclosed below*)~~ in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 09/02/2026

Name:

Cecile Parker

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

Century House, Roman Road

Blackburn, BB1 2LD

Section B**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Northern Lights Parkinsons Support Group

Charity Number: 1203401

Financial Year Ending 6th April 2025



Income	£
Membership	5,955.00
Buster Receipts	2,840.00
Yoga Receipts	849.00
Tuesday Club	2,268.00
Donations	5,080.79
Sponsorship	5,000.00
Grants	4,775.00
Fundraising Activities	17,185.41
Social Events	6,995.78
Football Subs	3,619.00
Golf Subs	873.48
Golf Fundraiser	555.00
Misc Income	1,730.95
Total Income	57,727.41

Expenditure	£
Buster Payments	539.99
Yoga Payments	804.00
Hall Hire - Tuesday Club	355.00
Hall Hire - Hub	1,610.55
Refreshments - Tuesday Club	1,145.20
Subsidised Fees	2,172.50
Social Events	3,619.54
NLPD Costs	7,866.80
Football Costs	12,483.16
Golf Costs	7,198.02
Misc Expenditure	6,496.05
Total Expenditure	44,290.81

Bank Balance	£
Main Account	18,884.78
Football Account	5,155.77
Golf Account	4,826.27
Total Bank Balance	28,866.82

Reconciliation	£
Opening Bank Balance	15,430.22
Income	57,727.41
Expenditure	44,290.81
Closing Balance	28,866.82

Signed

J. Roche

Name

J. ROCHE

Position

CHAIRPERSON

Date

9/2/26

Signed

Tracy Roche

Name

TRACY ROCHE

Position

TREASURER

Date

9/2/2026



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From April 24 **Period start date To** March 25
end date

Period

Charity name: Northern Lights Parkinson's Support Group

Charity registration number: 1203401

Objectives and Activities

Summary of the purposes of the charity as set out in its governing document		<p>To offer support to people living with Parkinson's disease and to help them find a way to enjoy their lives as much as possible. There will be the need to raise funds in order to offer and implement beneficial opportunities to members of the Parkinson's community within the general community. The nature of opportunities will depend upon several factors including but not limited to Health and Safety considerations-personal and organisation focussed Cost-a realistic cost per person subsidy will be agreed on an individual activity basis between the trustees.</p> <p>The Parkinson's community refers to patients, their partners,families and carers whose lives have been affected by Parkinson's Disease.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.		<p>It is scientifically proven that exercise can slow down the progression of Parkinson's Disease, Therefore we continue to offer as many activities as possible to suit all individuals. For April 24-March 25 we have facilitated weekly</p> <p>(1)Walking football sessions and tournaments throughout the year.</p> <p>(2)Golf Society -which we were able to apply for Lottery funding to help fund weekly sessions together with open days and events through the year.</p> <p>(3)Bowling-membership to a local bowling green for 6 months through the</p>

		<p>summer and have an indoor facility throughout the winter months.</p> <p>(4)Yoga-weekly online yoga sessions</p> <p>(5)Table tennis- weekly sessions</p> <p>(6)Pool/Cribbage/Dominoes/board games</p> <p>(7)Dancing-weekly Line dancing classes</p> <p>(8)Book club-zoom monthly discussions</p> <p>(9)Social events throughout the year</p>

Achievements and Performance

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>		<p>We have grown significantly in our number of members. We have continued to spread awareness of Parkinson's condition and have had referrals from Hospitals, Parkinson's nurses and GP practices. It is very rewarding seeing the difference that Northern Lights PSG can make to people's lives.</p> <p>We managed to raise a considerable amount through donations, fundraisers, grants and sponsorship which enabled us to offer subsidy to our members across the whole of our activities.</p>

Financial Review

Review of the charity's financial position at the end of the period		Balance carried forward into April 25 is £28,886.62
Statement explaining the policy for holding reserves stating why they are held		This will go towards cost of hall hire/Neuro Physio/On going activities/Social events/ New Premises for Apr 25-March26
Amount of reserves held		N/A
Reasons for holding zero reserves		N/A
Details of fund materially in deficit		N/A
Explanation of any uncertainties about the charity continuing as a going concern		N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	N/A
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	N/A
Other		N/A

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)		We adhere to our Charity Constitution
How is the charity constituted? (e.g unincorporated association, CIO)		We are an unincorporated association.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees		At the AGM members elect the trustees'

Reference and Administrative details

Charity name	Northern Lights Parkinson's Support Group
Other name the charity uses	NLPD
Registered charity number	1203401
Charity's principal address	20 The Fieldings, Lydiate, Liverpool L31 2PT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	John Roche	Chairperson		
2	Tracy Roche	Trustee		
3	June Houghton			
4	Rod Houghton			
5	Christine Jones			
6	Keith McIndoe			
7	Norman Stead			
8	Mary Stead			
9	Chris Lambert			
10	Leigh Breton			
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Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		