

STEPPS

England & Wales · Charity number 1203319

Details

Status Registered

Legal form CIO

Registered 2023-05-31

Register [View on the Charity Commission register](#)

Contact

Address 30A Fellows Road
Cowes
Isle Of Wight
PO31 7JN

Phone 07831567530

Email stepps.charity@gmail.com

Website <https://stepps.charity>

Activities

Objects: FOR THE PUBLIC BENEFIT, THE PROMOTION AND PROTECTION OF PHYSICAL AND MENTAL HEALTH OF DANCERS, PARTICULARLY, BUT NOT EXCLUSIVELY BY PROVIDING COUNSELLING, TRAINING AND WORKSHOPS.

Activities: STEPPS provides mental health first aid training and educational workshops for dance schools, companies, and performing artists. Our services, delivered by therapists with a dance background, include low cost counselling, resources, and tailored programmes to enhance mental well-being, reduce stigma, and promote resilience within the UK's performing arts community.

Classification

- **How:** Makes Grants To Individuals, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Amateur Sport, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-30	£2,761	£3,533	-	-
2024-05-30	£1,496	£417	-	-

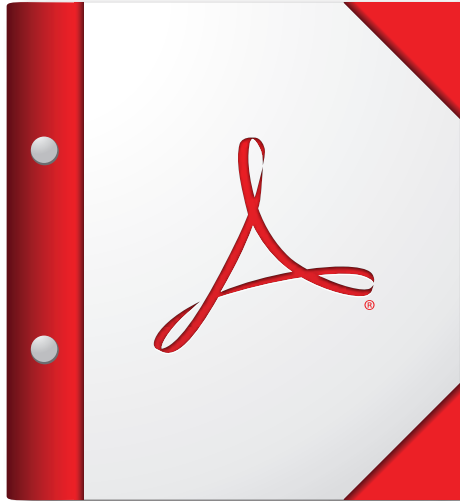
Trustees

Name	Role	Appointed
Hugh James Ellis-Rees	Chair	2022-10-10
ASH MUKHERJEE		2022-10-10
DENISE FIENNES		2022-10-10
Joseph Isaac Powell-Main		2024-05-07
Marta Zielonka		2024-09-03
Stuart Waters		2022-10-10

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Accounts



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CHARITY COMMISSION
FOR ENGLAND AND WALES

STEPPS CIO	1203319
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Receipts and payments accounts

For the period from	31.05.2024	To	30.05.2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations Just Giving	1 137	-	-	1 137	-
Other donations	142	-	-	142	-
Restricted donations: Just Giving premium account	-	90	-	90	-
Charitable activities: Workshops	1 062	-	-	1 062	-
Charitable activities: Therapy sessions	140	-	-	140	-
Fees for charitable activities: therapy listing on website	180	-	-	180	-
Fundraising event	10	-	-	10	-
	-	-	-	-	-
Sub total (Gross income for AR)	2 671	90	-	2 761	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2 671	90	-	2 761	-
A3 Payments					
Social media and website	1 896	-	-	1 896	-
Just Giving subscriptions	-	90	-	90	-
Costs of charitable activities: workshop expenses	212	-	-	212	-
CEO salary	1 250	-	-	1 250	-
Membership fee: One Dance UK	60	-	-	60	-
General costs: Job advertising	25	-	-	25	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	3 443	90	-	3 533	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	3 443	90	-	3 533	-
Net of receipts/(payments)	- 772	-	-	- 772	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1 080	-	-	1 080	-
Cash funds this year end	308	-	-	308	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	308	-	-
		-	-	-
		-	-	-
	Total cash funds	308	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	CEO salary	Unrestricted	10 914	
	Social media	Unrestricted	294	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> <small>Signed by:</small> <small>30882692622948F</small> </div> <div style="border: 1px solid black; padding: 2px;"> <small>Signed by:</small> <small>BEACD3E2692A4C6...</small> </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px; text-align: center;">MARTA ZIELONKA</div> <div style="border: 1px solid black; padding: 5px; text-align: center;">HUGH JAMES ELLIS-REES</div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">28/09/2025</div> <div style="border: 1px solid black; padding: 5px;">29/09/2025</div>	

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Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

STEPPS CIO

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Receipts and payments accounts


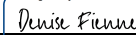
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For the period from	31.05.2023	To	30.05.2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	309	-	-	309	-
Fundraising plan	1 187	-	-	1 187	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1 496	-	-	1 496	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1 496	-	-	1 496	-
A3 Payments					
Fundraising platform costs	417	-	-	417	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	417	-	-	417	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	417	-	-	417	-
Net of receipts/(payments)	1 080	-	-	1 080	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1 080	-	-	1 080	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	1 080	-	-
		-	-	-
		-	-	-
	Total cash funds	1 080	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	CEO remuneration	Unrestricted	966	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	 <small>Signed by: E0EA4591CE484C9...</small>	Marta Zielonka	08/12/2024	
	 <small>Signed by: E0EA4591CE484C9...</small>	Denise Fiennes	16/12/2024	