

# EASE THE BURDEN

England & Wales · Charity number 1203300

## Details

---

**Status** Registered

**Legal form** CIO

**Registered** 2023-05-26

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** 7c Castlewood Road  
London  
N16 6DU

**Phone** 07553981267

**Email** [easetheburden1@gmail.com](mailto:easetheburden1@gmail.com)

## Activities

---

**Objects:** THE PREVENTION OR RELIEF OF POVERTY IN THE UNITED KINGDOM BY PROVIDING GRANTS TO INDIVIDUALS IN NEED AND/OR CHARITIES, OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.

**Activities:** The prevention or relief of poverty in the United Kingdom by providing grants to individuals in need and/or charities, or other organisations working to prevent or relieve poverty

## Classification

---

- **How:** Makes Grants To Individuals, Makes Grants To Organisations
- **What:** The Prevention Or Relief Of Poverty
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

---

- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31		£0	£0	-
2024-05-31		£0	£240	-

## Trustees

Name	Role	Appointed
Chaim Kahana		2023-05-26
Naftuli Elyovics		2023-05-26

**EASE THE BURDEN**

England & Wales - Charity number 1203300

---

# Accounts

---

# **EASE THE BURDEN**

## **Trustees' Annual Report and Receipts & Payments Accounts**

### **For the year ended 31 May 2025**

Charity name: EASE THE BURDEN

Charity number: 1203300

Trustees during the year:

- Naftuli Elyovics
- Chaim Kahana

Structure, Governance and Management

The charity is a Charitable Incorporated Organisation (CIO) governed by its constitution and the Charities Act 2011. The trustees are responsible for the management and administration of the charity.

Objectives and Activities

The charity's objective is the prevention or relief of poverty in the United Kingdom by providing grants to individuals in need and to organisations working to prevent or relieve poverty.

Achievements and Performance

During the year ended 31 May 2025 the charity remained in a set up phase. No charitable activities were carried out during the period.

Financial Review

The charity received no income and made no payments during the period. A liability of £240 exists at the year end relating to setup costs paid personally by a trustee and not yet reimbursed.

Reserves Policy

The charity currently holds no reserves. The trustees will review the reserves policy once the charity begins operating and receiving income.

Approved by the trustees:

Naftuli Elyovics – Trustee

Chaim Kahana – Trustee

Date: 10 March 2026

## **Receipts and Payments Account**

Receipts	£
Donations	0
Grants	0
Other income	0
Total Receipts	0
Payments	
Charitable activities	0
Administrative expenses	0
Total Payments	0

### Statement of Assets and Liabilities (as at 31 May 2025)

Assets	£
Cash at bank	0
Cash in hand	0
Liabilities	
Other creditors (trustee setup costs)	240

**EASE THE BURDEN**

England & Wales - Charity number 1203300

---

# Accounts

---

Charity registration number 1203300

**EASE THE BURDEN**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE PERIOD ENDED 31 MAY 2024**

# EASE THE BURDEN

## LEGAL AND ADMINISTRATIVE INFORMATION

---

<b>Trustees</b>	Mr C Kahana	(Appointed 26 May 2023)
	Mr N Elyovics	(Appointed 26 May 2023)

<b>Charity number</b>	1203300
-----------------------	---------

---

# EASE THE BURDEN

## CONTENTS

---

	<b>Page</b>
Trustees' report	1
Statement of financial activities	2
Balance sheet	3
Notes to the financial statements	4 - 7

---

# EASE THE BURDEN

## TRUSTEES' REPORT

### FOR THE PERIOD ENDED 31 MAY 2024

---

The trustees present their annual report and financial statements for the Period ended 31 May 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

#### Objectives and activities

The charity's objects are to prevention or relief of poverty in the United Kingdom by providing grants to individuals in need and/or charities, or other organisations working to prevent or relieve poverty.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### Achievements and performance

The charity started its charitable activities in the following year and was dormant for the period ended 31 May 2024.

#### Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level which will not impinge on its ability to support Charitable institutions.

#### Structure, governance and management

The charity is a Charitable Incorporated Organisation and is controlled by its governing document. It was registered as a charity on 26 May 2023.

The trustees who served during the Period and up to the date of signature of the financial statements were:

Mr C Kahana	(Appointed 26 May 2023)
Mr N Elyovics	(Appointed 26 May 2023)
Mr Y Simon	(Appointed 26 May 2023 resigned 01 Jan 2025)

The power to appoint new trustees is vested in the current board. The trustees will apply suitable induction and training procedures, when appointing new trustees The trustees administer the day to day running of the charity.

None of the trustees has any beneficial interest in the company.

The trustees' report was approved by the Board of Trustees.

.....  
Mr C Kahana

**Trustee**

Date: **Mar 25, 2025**  
.....

.....  
Mr N Elyovics

**Trustee**

## EASE THE BURDEN

### STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE PERIOD ENDED 31 MAY 2024**

---

	Notes	Unrestricted funds 2024 £
<b><u>Expenditure on:</u></b>		
Charitable activities	3	240
		<hr/>
<b>Net expenditure for the Period/ Net movement in funds</b>		(240)
Fund balances at 26 May 2023		-
		<hr/>
<b>Fund balances at 31 May 2024</b>		(240)
		<hr/> <hr/>

The statement of financial activities includes all gains and losses recognised in the Period.

All income and expenditure derive from continuing activities.

# EASE THE BURDEN

## BALANCE SHEET

AS AT 31 MAY 2024

---

	Notes	2024 £	£
<b>Current assets</b>		-	
<b>Creditors: amounts falling due within one year</b>	<b>8</b>	<u>(240)</u>	
Net current liabilities			<u>(240)</u>
<b>Income funds</b>			
Unrestricted funds			<u>(240)</u>
			<u>(240)</u>

Mar 25, 2025

The financial statements were approved by the Trustees on .....

.....  
Mr C Kahana  
Trustee

.....  
Mr N Elyovics  
Trustee

# EASE THE BURDEN

## NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 MAY 2024

---

### 1 Accounting policies

#### Charity information

Ease The Burden is a Charitable Incorporated Organisation.

#### 1.1 Reporting period

The charity was registered on the 26 May 2023 hence the Financial statements have been prepared for the period from registration till the period end 31 May 2024.

#### 1.2 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

#### 1.3 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.4 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.5 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

# EASE THE BURDEN

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 MAY 2024

---

### 1 Accounting policies

(Continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### 1.6 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

# EASE THE BURDEN

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 MAY 2024

### 1 Accounting policies (Continued)

#### 1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Charitable activities

	Charitable Expenditure
	2024 £
Share of governance costs (see note 4)	240

### 4 Support costs

	Support costs £	Governance costs £	2024 £
Legal and professional	-	240	240
	-	240	240
Analysed between Charitable activities	-	240	240

### 5 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the Period.

## EASE THE BURDEN

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 MAY 2024

---

#### 6 Employees

The average monthly number of employees during the Period was:

	<b>2024 Number</b>
Total	-

There were no employees whose annual remuneration was more than £60,000.

#### 7 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

#### 8 Creditors: amounts falling due within one year

	<b>2024 £</b>
Other creditors	240
	<hr/>
	240
	<hr/> <hr/>

#### 9 Related party transactions

There were no disclosable related party transactions during the period.