

DEVON HEALING HORSEMANSHIP

England & Wales · Charity number 1203138

Details

Other names HEALING HORSEMANSHIP

Status Registered

Legal form CIO

Registered 2023-05-18

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: TO RELIEVE THE NEEDS OF ADULTS AND CHILDREN/YOUNG PEOPLE AGED 8 AND OVER LIVING IN DEVON AND THE SURROUNDING AREAS WITH (EITHER DIAGNOSED OR UN-DIAGNOSED) MENTAL, EMOTIONAL, OR SENSORY DISABILITIES/DISORDERS/ILLNESSES AND/OR PROBLEMATIC BEHAVIOURS, WHO ARE NOT MAKING PROGRESS WITH MAINSTREAM TALKING THERAPIES, THROUGH:(A) THE PROVISION OF EQUINE ASSISTED THERAPY PROGRAMMES DESIGNED TO PROMOTE THEIR HEALTH AND WELLBEING AND REHABILITATION AND TO SUPPORT THEM TO ENGAGE FULLY IN EDUCATION, TRAINING OR WORK THROUGH THE DEVELOPMENT OF CORE SKILLS;(B) ADVANCING THE EDUCATION OF THOSE SUPPORTING SUCH PEOPLE.

Activities: We provide horse-powered interventions for those for whom talk-based therapies and services are not working. We provide well-evidenced equine-assisted services on an individual and group basis, by referral only. We also conduct workshops in non-verbal strategies for managing emotions.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Other Charitable Purposes
- **Who:** Children/young People, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Devon

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£38,215	£22,464	-	-
2024-03-31	£16,057	£3,930	-	-

Trustees

Name	Role	Appointed
MARIE WHITTAKER	Chair	2023-05-18
Dianne Haines		2024-01-10
Elle Bradley		2023-05-18
Katherine Gale		2025-08-14
Lorna Isaac		2025-04-30

DEVON HEALING HORSEMANSHIP

England & Wales - Charity number 1203138

Accounts



*Devon
Healing
Horsemanship*

Charity Registration number 1203138



TRUSTEES ANNUAL REPORT AND ACCOUNTS 2024 / 2025

For the Period from 01 April 2024 to 31 March 2025



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Letter from the CEO



Louise Broadway

FOUNDER & CEO
DEVON HEALING HORSEMANSHIP

This was our very first full year of delivery – and what a year it's been!

Between 1 April 2024 and 31 March 2025, we supported 30 individuals through more than 165 hours of equine-assisted sessions, alongside eight Non-Verbals Toolbox sessions.

We've also adapted and expanded our services in response to feedback from both participants and referring healthcare professionals. This has included the launch of new offers such as ReStart Flex, Foundations sessions, Top-ups, and our Non-Verbals Toolbox training. In addition, we can now deliver sessions from two different arenas in Devon—one in Mid Devon and one in East Devon.

It's been a steep learning curve at times. I didn't come into this from a charity or fundraising background – I've just asked questions, sought advice, and taken things one step at a time, exactly as we teach participants to do with the horses. And with a great team of trustees and volunteers, we've built a service for those who haven't found help anywhere else, for the ones who've slipped through the cracks of traditional support. And it really is making a difference.

One of the moments that's stayed with me most this year has been seeing a familiar face return – our very first participant. She came back for Top-Up sessions, and it's been amazing to see how far she's come. That first ReStart gave her the tools to move forward, and she's continued to build confidence, stronger relationships, and ways to manage the tough moments. The trust she and her mum place in us, and their willingness to return when things feel wobbly, means more than I can say.

I've also been deeply moved by the young person who didn't speak a word at the start of their programme and now chats away like they've known us for years. The feedback we've received from families, referrers, and young people throughout the year has been incredibly powerful.

Behind the scenes, I'm hugely grateful to the trustees, volunteers, supporters, and funders who've made all of this possible. We started with little more than a vision, and we're now building something that's genuinely working for people who've often felt overlooked.

Thank you to everyone who has helped make this real. I can't wait to see what comes next.

LOUISE BROADWAY

Introduction

Devon Healing Horsemanship exists for people who cannot engage with, or have not progressed through, traditional talk-based support. Our work begins where words stop working.

Trustees' Report

The Trustees are pleased to present their annual report and financial statement for the year ending 31 March 2025. These financial statements have been prepared in accordance with the accounting policies set out by the Charity Commission and comply with the charity's constitution.

Devon Healing Horsemanship was registered as a charity in May 2023 with a mission to transform lives through equine-assisted support. Following our first courses in March 2024, this year marked our first full year of delivery.

We have since expanded our programmes to meet local demand, refined our systems and deepened our understanding of how best to support participants with complex needs through non-verbal, action-based interventions.

This report reflects on a year of growth, learning and measurable outcomes. It showcases how our charitable funding has been used to make a real difference to the lives of children, young people, and adults across Devon. We also celebrate the incredible contributions of our participants, volunteers, referrers and supporters – all of whom make up the DHH community.

Structure, Governance and Management

Devon Healing Horsemanship is governed by its constitution, adopted on 18 May 2023, and is registered as a Charitable Incorporated Organisation with the Charity Commission for England and Wales.

The Board of Trustees provides strategic oversight and ensures good governance in line with Charity Commission guidance. Trustees are recruited according to a defined role description and in line with our Safer Recruitment Policy, which includes appropriate safeguarding checks such as DBS clearance.

Trustees bring a broad range of skills, knowledge, and lived experience to support the effective governance of the charity. New appointments are made by resolution at a properly convened trustee meeting and serve a term of three years. The Board meets regularly to monitor finances, review progress against objectives, and ensure compliance with legal, regulatory, and ethical standards.

Day-to-day operations are delegated to the charity's Founder and CEO, who leads on programme delivery, fundraising, volunteer coordination, and stakeholder engagement. The CEO role itself is currently unpaid; however, freelance payments are made separately for specific delivery and administrative services. This blended structure allows the charity to maintain strong leadership while maximising the impact of its charitable funds.

Charity information

DEVON HEALING HORSEMANSHIP INFORMATION FOR YEAR ENDING
31 MARCH 2025

Trustees on 31 March 2025

Marie Whitaker (Chair of Trustees)

Elle Bradley

Dianne Haines

Matthew Walker (served as a Trustee during part of the year ending 31 March 2025)

Registered Address

Langarra, Dean Hill Road, Willand, Devon EX12 2PG

Constitution

Registered on the 18 May 2023 as a Charitable Incorporated Organisation (CIO) with the Charity Commission for England and Wales number 1203138

Independent Examiner

Allan Jennings

27 Lasswade Road

Chertsey

Surrey

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Contact details

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A Year In Numbers

Key Achievements at a Glance



£3,861

total donations received



75

Sessions delivered



30

Participants supported

Delivery

- 59** Restart sessions
- 88** Lighter touch sessions
- 88** Non-Verbals Toolbox
- 5** Event and Awareness days

Lighter touch Sessions

- | | |
|-----------------------------|---------------------------------|
| 5 Top-up sessions | 4 Top-up participants |
| 2 Family sessions | 5 Family participants |
| 1 Foundation session | 1 Foundation Participant |

ReStart Sessions

- | | |
|--|--|
| 59 Total ReStart Sessions | 16 Total ReStart Participants |
| 42 ReStart - Intensive Sessions | 11 ReStart - Intensive Participants |
| 17 ReStart - Flex Sessions | 5 ReStart - Flex Sessions |

Community Engagement

- 15** Volunteers
- 544** Total Volunteer hours contributed

Volunteer hours breakdown

- 236** Admin and fundraising support
- 160** Website design and build
- 128** Event and awareness stand
- 20** Governance and compliance

Service Reach & Delivery

- | | |
|-----------------------------------|--------------------------------|
| 17 Referring organisations | 18 Individual Referrers |
| 3 Horse Team Members | 2 Delivery Venues |

Social Media



Note: 30 individuals were supported across all services. Some participants accessed more than one type of support, so activity totals exceed individual numbers

Our Purpose and Approach



Charity Objectives

The Objects of the CIO - Devon Healing Horsemanship, as set out in its governing document are to relieve the needs of adults and children/young people aged 8 and over living in Devon and the surrounding areas with (either diagnosed or un-diagnosed) mental, emotional, or sensory disabilities/disorders/illnesses and/or problematic behaviours, who are not making progress with mainstream talking therapies, through: a) the provision of equine assisted therapy programmes designed to promote their health and wellbeing and rehabilitation and to support them to engage fully in education, training or work through the development of core skills; (b) advancing the education of those supporting such people.

How We Fulfil Our Purpose

We are dedicated to creating a welcoming and supportive environment where individuals facing mental, emotional, and sensory challenges, as well as problematic behaviours, can achieve measurable progress. Our primary activities focus on delivering transformative, evidence-based equine-assisted interventions—effective alternatives to traditional talk-based therapies for those who feel stuck, overwhelmed, or excluded from other support.

To ensure the highest standards of safety, quality, and impact, Devon Healing Horsemanship is accredited by TheHorseCourse, a nationally recognised, evidence-based programme model. We are one of only 16 organisations globally, and the only charity in Devon, licensed to deliver this work. Of these, 12 are based in the UK, with others in the USA, Canada, the Netherlands, and New Zealand.

Our sessions are delivered by TheHorseCourse-accredited facilitators with advanced training in equine-assisted services.

The Trustees declare that they have complied with their duty to have regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

Programme Delivery & Development

In this our first full year of delivery we have delivered both the flagship ReStart programme and THC's established Lighter Touch sessions, which include individually tailored formats such as Foundations Sessions and Family Sessions.

In response to feedback from participants and referrers, we introduced ReStart Flex to make the programme more accessible for those unable to engage with the standard four-day intensive, while still staying true to the evidence-based model.

To further support our participants, we began offering TheHorseCourse CPD-certified Non-Verbals Toolbox as a non-equine session. These practical workshops engage a wide range of participants—including parents, carers, and professionals—as well as some individuals currently taking part in our equine-assisted programmes. When a parent or carer completes the Non-Verbals workshop, it significantly strengthens the impact of their child's sessions. It equips families with shared tools and language for emotional regulation, deepens connection, and helps maintain progress at home. By better understanding what their child is learning, parents gain the confidence to respond more calmly and effectively—fostering more connected, resilient family dynamics.

Strengthening and Evolving Our Offer

This year we have refined and expanded our programmes to better meet the needs of the individuals and families we serve. We now offer a range of equine-assisted sessions designed to support participants who are not progressing with traditional, talk-based therapies. Each session type is built around core principles of action-based learning, emotional regulation, and psychosocial skill development—delivered in a safe, non-judgemental space with our specially trained horses.

Our approach has evolved in response to what we've learned from participants, parents, referrers, and facilitators. In 2024/25, we have:

- Refined our flagship ReStart programme into two formats—Intensive and Flex—so that participants can engage in a way that suits their readiness, stamina, and schedule
- Expanded our Lighter Touch offer, which now includes:
 - Ongoing sessions for those not yet ready for a full ReStart or needing continued support post-programme
 - Top-Up Sessions to reinforce learning and maintain progress
 - Family Sessions to involve siblings, carers, or key family members in shared emotional learning
 - Foundations Sessions as a gentle first step into equine-assisted work
- Our Non-Verbals Toolbox is available either fully online or in a flexible two-part format, combining a tailored face-to-face session with online access.

Whether someone engages in a full ReStart, a series of lighter sessions, a carefully paced Foundations Session, or our CPD-certified Non-Verbals Toolbox training, they are supported with compassion, structure, and evidence-informed tools to build calmness, confidence, and connection. Every session is grounded in a trauma-informed, action-based approach designed to create meaningful, measurable change.

What We Delivered in 2024/25



Devon Healing Horsemanship supported 30 participants in total: 8 through Non-Verbals Toolbox sessions only, and 22 who accessed equine-assisted support, delivered across 165 hours of sessions.

Of those accessing equine-assisted support, 16 completed our flagship ReStart programme—11 as a four-day intensive and 5 through the ReStart Flex format—while a further 9 participants took part in Lighter Touch sessions, including Foundations, Family and Top-Up sessions.

The impact of these sessions was consistently strong: 81% of ReStart participants improved in all 8 areas of the THC Skills Star, with 100% improving in at least half.

Many families and referrers have requested further support for participants now thriving after ReStart, reflecting both its effectiveness and the importance of continued input for sustained progress.

These sessions form the core of our equine-assisted intervention work and remain central to our mission of supporting people who aren't progressing in traditional, talk-based settings.

Alongside our equine sessions, we also delivered THC's CPD-certified Non-Verbals Toolbox to 10 people through tailored, face-to-face sessions, followed by access to a 2-hour online module that forms part of the full CPD-certified training. This helped parents, professionals, and young people better understand and support emotional regulation through body language.

Equine Sessions Delivered

ReStart Participants

16

Lighter touch Participants

9

EAS hours delivered

165

Average participant score of our courses out of 10

9.5

% participants who improved in all 8 skills on the THC Skills Star

81%

Participant Feedback

"I was able to learn how to find calmness by doing and seeing it work, instead of just talking about how to improve things"

One young participant shared that, prior to taking part, they were experiencing suicidal thoughts. Following the programme, they reported feeling safer, more hopeful, and able to continue with their life.

Who We Support and Why It Matters



Devon Healing Horsemanship works with people who are stuck – individuals who aren't engaging with traditional, talk-based therapies, or who have tried and made no meaningful progress. Our participants are typically living with complex emotional, mental health, or neurodiverse needs that have left them excluded, overwhelmed, or shut down in the face of conventional support.

During this reporting year, over 80% of ReStart participants were children and young people aged 8–21, referred by schools, GPs, NHS social prescribers, family support services, youth services, and community organisations. The remaining participants were adults facing similar challenges around communication, confidence, emotional regulation, and engagement with daily life.

Many of those referred to us are experiencing anxiety, trauma, school avoidance, communication difficulties (including elective mutism), or challenging behaviour linked to neurodiversity. Some have waited months or years for CAMHS or counselling input, only to disengage, mask, or be deemed “unreachable.” Others have become exhausted by services that rely heavily on verbal processing.

Our action-based approach is designed specifically for people who can't—or won't—talk about their emotions. Every participant is referred because talking therapy hasn't worked, or they're no longer making progress. We work alongside carefully selected horses to help individuals build calmness, confidence, and resilience through non-verbal, experiential learning.

This year we received referrals from a wide range of professionals, including Social workers, NHS social prescribers, community connectors, family support workers, mental health CICs, primary schools, and local authority staff. Repeat referrals from trusted partners like Parental Minds, Culm Valley Primary Care Network, and Young Devon highlight growing demand and the unique value of what we offer. Referrers tell us they value the honesty of our approach, the visible behavioural change, and the ability to access something different when all else has failed.

For many of those we support, we're not just another service—they tell us we're the first thing that's worked.

One young person referred for school refusal had stopped speaking entirely in formal settings and was considered unreachable by services. After completing the ReStart, they began attending part-time education and re-engaging with trusted adults.

What Participants Say

Many of the people we support have tried everything else – but still felt stuck, anxious, or disconnected. These quotes, shared anonymously, reflect the shift they experienced through our work.

**I feel better
after six months
of misery.**

Adult ReStart participant

**Talking counselling wasn't
working. This lifted my
spirits, gave me hope I
never had**

Young ReStart Participant

**Counselling's never worked
This does!**

Young Lighter touch participant

**I have loved this so much
and it has made me so much
more confident**

ReStart Participant

**Since coming i finally
feel like I have control
of my life again**

Adult ReStart participant

**This has changed my
life for the better**

Young ReStart Participant

Dear Louise,
Thankyou so much for helping me. I'm finding it hard to describe just how special this course has been, I will hold it dear to my heart forever. You, Clips and Mel have helped me to realise something numerous counsilors and psychologists never could. I realise now that my energy is what effects my surroundings and the input I receive from lifting my energy lifts my mood and confidence in myself. I've spent many hours of my life sitting and talking to therapists and not being able to focus, remember or understand them but to be shown how to improve my mental health by action is something I can actually use in situations. Understanding how my energy will effect others around me and my experiences is really going to help my relationships and interactions with others. I finally feel I can have control. I will continue learning to use my energy to shape my experiences and improve my health. Thankyou!!!

"Thank you so much for helping me. I'm finding it hard to describe just how special this course has been. I will hold it dear to my heart forever. You, Clips, and Mel have helped me realise something numerous counsellors and psychologists never could."

"I've spent many hours of my life sitting and talking to therapists, not being able to focus, remember, or understand – but to be shown how to improve my mental health through action is something I can actually use"

"Understanding how my energy affects others around me and my experiences is really going to help my relationships and interactions with others. I finally feel I can have control. I will continue learning to use my energy to shape my experiences and improve my health. Thank you!"

The postcard above was given to us by a participant on the final day of a ReStart. The quotes beside it are lightly edited extracts from their message.

The ReStart Programme

TheHorseCourse ReStart is our flagship equine-assisted intervention, designed for individuals who are stuck or disengaged – often after traditional, talk-based support has failed to bring progress. Delivered one-to-one over four sessions (on consecutive days in our intensive programme, or over a longer timespan in our ReStart Flex). The ReStart uses experiential, action-based learning with specially trained horses to help participants develop eight core psycho-social skills (see the Skills Star on the next page).

There is no classroom content or counselling. Instead, participants are guided through practical horsemanship tasks that provide immediate, honest, non-verbal feedback. Through doing—not talking—they practise skills such as calmness, assertiveness, focus, perseverance, and empathy in real time. The approach is trauma-informed, neurodiversity-friendly, and adaptable to individual pace and readiness.

Each ReStart includes:

- Four 1:1 equine-assisted sessions (2.5 hours per day, totalling 10 hours)
- A filmed horsemanship video for the participant to keep
- A structured progress review using the THC Skills Star
- A certificate of completion
- A written handback report for referrers or support professionals

Most individuals we support begin their journey with a ReStart. The programme is fully bespoke and tailored to meet each participant's pace, needs, and capacity for engagement. Sessions take place in a calm, purpose-designed setting, offering a safe but appropriately challenging environment. Throughout the programme, readiness to learn is continuously assessed. Horsemanship-informed strategies are applied responsively to help participants stay in their optimal emotional and physiological state for learning.

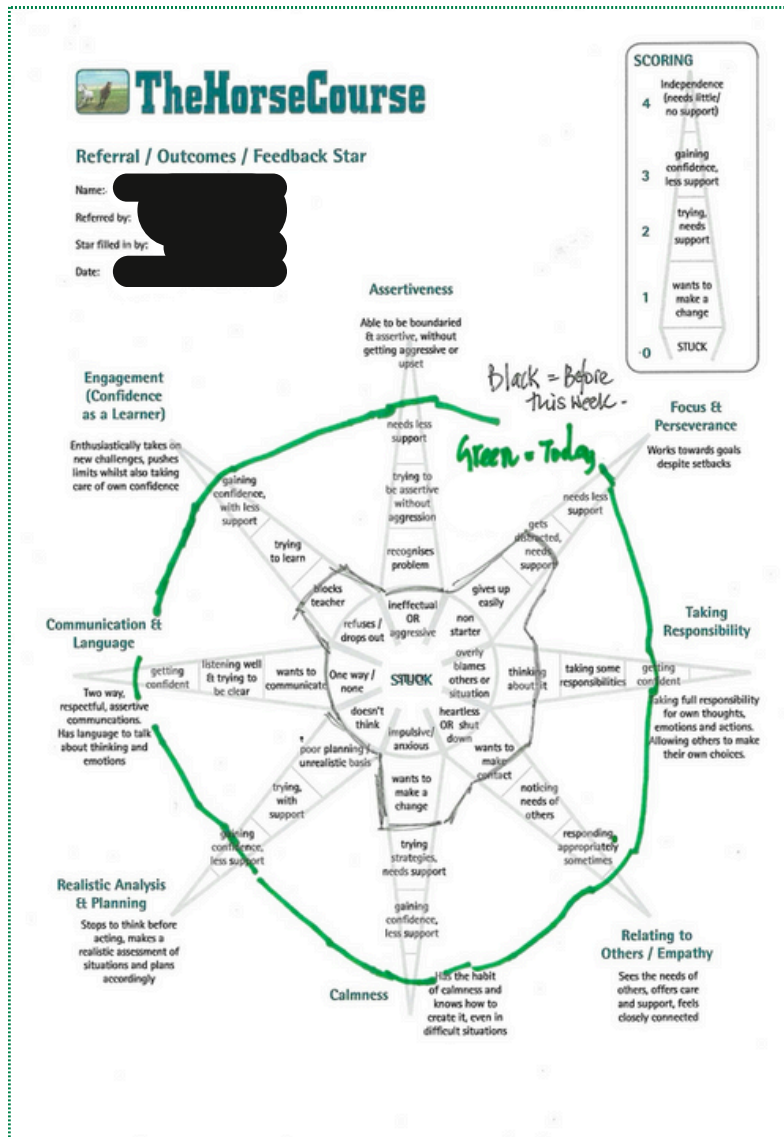
The structure of ReStart allows participants to build emotional awareness, resilience, and personalised self-management strategies. These are rehearsed through progressively more complex tasks with gradually reduced support. Structured reflection is embedded throughout, helping individuals consolidate what works best for them. In the final session, each participant and their facilitator review the Skills Star together and reflect on which strategies can be taken forward into daily life. The ReStart is particularly effective for those who are traditionally considered “hard to reach” or who have disengaged from mainstream services due to anxiety, trauma, neurodivergence, or difficult life experiences. Many of our participants go on to successfully re-engage with school, training, employment, or appropriate therapeutic support.

The equine-assisted sessions are action-based, designed to interrupt participants' usual thinking patterns and emotional responses in a safe but impactful way. Unlike talk-based approaches, which rely on verbal reflection, our sessions create real-time, physical experiences that require participants to notice their internal state and adapt in the moment.

Because horses respond honestly to non-verbal cues—such as body language, energy, and intention—participants receive immediate, unfiltered feedback. Success comes not from doing a task ‘correctly’, but from adjusting how they present themselves. With coaching and support, they begin to regulate their emotions, communicate more effectively, and take responsibility for their actions. These natural consequences build emotional resilience and self-awareness in a way that feels both challenging and empowering.

TheHorseCourse Skills Star

Participants learn and practice eight core skills, outlined in our Skills Star. Success in these tasks is only possible when they apply calm, focused energy—skills reinforced through clear, immediate feedback from the horses, who are sensitive and expressive yet entirely unbiased.



- Engagement (Confidence as a Learner) - enthusiastically taking on new challenges, pushing limits whilst also taking care of own confidence.
- Responsibility - taking responsibility for our own thoughts, emotions and actions. (For some stopping taking the blame & responsibility).
- Calmness - having the habit of calmness and knowing how to create it in difficult situations.
- Assertiveness - able to be calmly assertive, without getting aggressive or upset. Understanding that its okay to create healthy boundaries.
- Realistic Analysis & Planning - Stopping to think before acting, making a realistic assessment of situations and planning accordingly.
- Focus & Perseverance - working towards goals despite setbacks.
- Relating to Others/Empathy - seeing the needs of others, being able to offer care and support, feeling closely connected.
- Communication & Language - two way, respectful, assertive communications, having language to talk about thinking and emotions.

One of the most important uses of THC Skills Star is to guide reflection and track change. Referrers complete the Star when they first refer a participant, helping us understand their starting point. On the final day of the ReStart, the participant revisits the same Star with their facilitator—discussing and reflecting on where they began, where they are now, and what has helped them improve.

The green 'after' shape is drawn over the black 'before' shape to visually show progress. No two journeys look the same, but the outcome is almost always greater confidence, calmness, and overall resilience. Participants keep their Star and take ownership of maintaining their own progress—understanding that these life skills are like muscles: if you don't use them, they fade.

Two months after the trying programme, we ask referrers to complete the Skills Star again. This helps us understand whether the changes (they do in 80% of cases) have lasted or even increased. The consistency of this follow-up shows that ReStart is not just impactful—it's sustainable.

Lighter Touch Sessions

Our Lighter Touch sessions are designed for individuals and families who may not be ready for a full ReStart, or who need targeted follow-on support in a more adaptable format. These sessions use the same action-based horsemanship approach as ReStart, but with greater flexibility around structure, pace, and intensity.

Sessions typically last between 1 and 2.5 hours and may be delivered 1:1, in small groups, or in family pairs (e.g. parent and child), with no more than three participants per facilitator. Each session focuses on one or two core psycho-social skills—such as calmness, trust, confidence, or emotional regulation—guided by real-time, honest feedback from horses.

Even with minimal verbal discussion, we often see meaningful shifts after just one session:

- Increased willingness to try something new
- Calmer behaviour and emotional recovery
- Improved confidence and trust
- Better parent-child or sibling communication

These sessions make a big difference for those on the edge of engaging – it helps them trust us, and themselves.

Facilitator observation

How We Deliver Lighter Touch Support

Foundations Sessions

A low-pressure adaptive starting point for participants who are anxious, unsure, or not yet ready to commit to a full ReStart. Foundations Sessions also serve as a gentle assessment of how someone engages in the arena. These often serve as a crucial first step for people who would otherwise disengage entirely—and for many, it's the first time they feel calm, connected, and in control.

Top-Up Sessions

A vital support option for ReStart graduates when life becomes difficult or circumstances change (such as school transitions, bereavement, or parental separation) threaten to undo progress. These sessions help participants reapply and expand on what they've learned, with a trusted facilitator, in a safe environment.

Family Sessions

Typically involving a parent and child or siblings, these sessions help strengthen cooperation, emotional regulation, and communication through shared experiences. Activities are designed to help family members work better together and build trust.

This year we've had higher-than-expected demand for Lighter Touch sessions—particularly Top-Ups—and at times more requests than we had funding to meet. While we've secured funding for some areas of delivery, this hasn't always included these vital sessions.

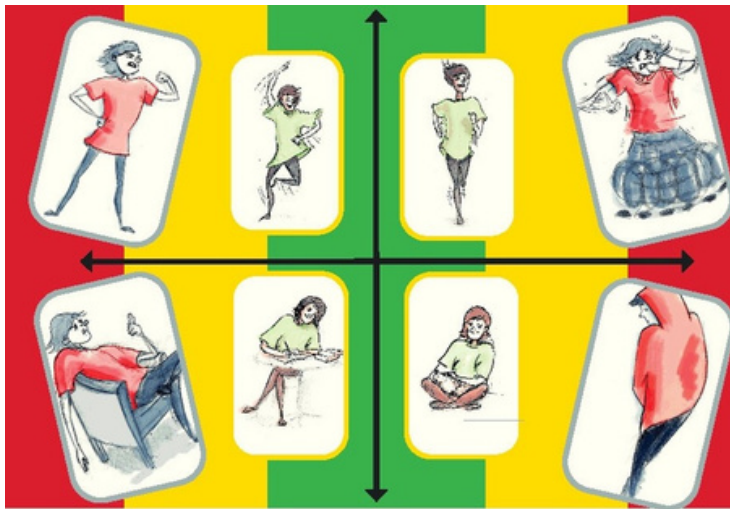
Top-Up sessions provide a crucial safety net, giving young people a familiar space to reconnect, practise key skills, and stay on track when life throws up new challenges—whether that's a bereavement, a move to a new school, or a change at home. These moments often arise unexpectedly, and the ability to respond quickly with trusted, relationship-based support can make all the difference.

Non-Verbals Toolbox

Our Non-Verbals Toolbox is a two-part training programme designed to build emotional awareness and help people manage behaviour without relying on words. It is especially valuable for those supporting individuals who shut down, explode, avoid, or disengage—whether due to trauma, neurodivergence, anxiety or other challenges.

At the core of the training is a simple but powerful truth: **The body cannot lie.**

Words are often unavailable, masked or unreliable—but body language always tells the truth. Participants learn how to spot early signs of dysregulation and use body-based strategies to calm, engage and build connection.



When people struggle to explain what they're feeling—or don't even realise they're dysregulated—their body still shows it. This course teaches participants to spot those signs early and respond in ways that bring calm, connection and cooperation.

The training is especially useful for people supporting someone who is anxious, shut down, or struggling to self-regulate.

We provide this training to parents and professionals supporting our ReStart participants, and also offer it more widely to schools, teams, and care settings. It's also a powerful tool for those who want to better manage their own responses in challenging situations.

Our Non-Verbals Toolbox is delivered in two sequential parts to maximise learning and impact.

Part 1: Face-to-Face Workshop

- Teaches how to recognise early signs of emotional dysregulation
- Introduces our “Green / Amber / Red” model of behaviour
- Builds confidence to respond calmly and effectively in difficult situations
- Covers how to support others to calm, focus and re-engage

Part 2: 2hr Online CPD-Certified Course

- Self-paced training to deepen the learning
- Interactive videos, recap quizzes and printable resources
- Helps apply the strategies to home, school or care settings
- Includes a personal action plan and CPD certificate on completion
- Suitable for teams or individuals

“This toolbox trains you to respond not just quickly—but strategically. I carry it with me every day. It's a game changer.”

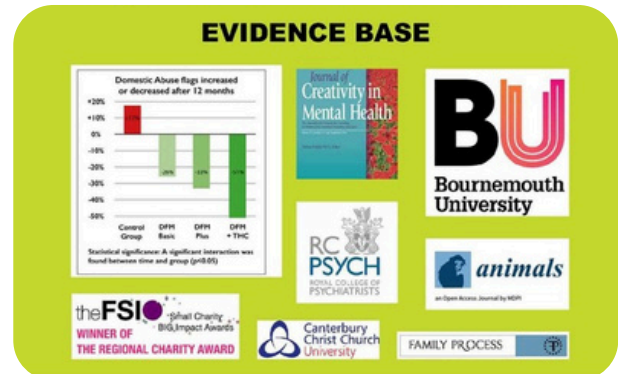
– School SENDCo

“As a foster carer supporting emotionally unregulated children, this has added real tools to our daily routines.”

– Foster carer

Reporting and evaluation

We follow a robust evaluation process to ensure our programmes are effective, impactful, and continuously evolving. As an official provider of TheHorseCourse Programmes—a highly structured, evidence-based intervention—we assess our courses in alignment with their detailed Theory of Change, which has been recognised by New Philanthropy Capital as an exemplar in the sector. This framework allows us to track progress across eight core psycho-social skills.



Our outcomes not only guide service improvement, but also contribute to TheHorseCourse's broader research base, supporting the continued validation of this proven approach. We take a multi-layered approach to evaluation, combining external tools with participant-led feedback to track both immediate and longer-term progress.

THC Skills Star - Feedback

Every participant's journey begins with a Skills Star—completed by the referring professional at the point of referral. This framework tracks eight essential psycho-social skills, such as calmness, perseverance, and empathy.

The same Skills Star is completed again on the final day of the programme, and once more 8-10 weeks after completion. This enables us to assess both immediate progress and whether key changes have been sustained or even strengthened over time.

This year 81% of participants improved in all 8 areas of the THC Skills Star, and 100% improved in at least 4 of them—with 90% showing continued progress post-programme.

Participant Feedback (Self-Rated Outcomes)

Participants are also asked to reflect on their own development. At the start and end of their course (both for lighter touch or a Restarts) they score themselves out of 10 on six key areas:

- Their ability to manage emotions using a range of strategies (86% improved)
- Their ability to reflect on and talk about their feelings (71% improved)
- Their self-confidence (100% improved)
- Their communication skills (71% improved)
- Their relationships with peers (83% improved)
- Their overall self-belief (71% improved)



The scores in brackets show the percentage of participants who improved in each area in 2024/2025

On average, participants rated their sessions 9.7 out of 10 for how helpful they found them.

This dual perspective—professional and participant—helps us build a richer picture of impact and ensures that each individual's voice is at the centre of how we understand success.

Beyond scores and scales, we also hear powerful stories of transformation: participants who return to school, pursue further training, or re-engage with family life. Our aim is not just short-term improvement, but long-term change—and the feedback we receive from parents, referrers, and participants continues to reflect this.

Impact In Numbers

Transforming Lives Through Measurable Outcomes

We are committed to delivering measurable, life-changing outcomes for our participants who have not progressed with traditional talk-based support. Using data from our 2024/2025 participants we compare our results with larger studies on TheHorseCourse (THC) ReStart program. This comparison allows us to showcase the consistency and effectiveness of our approach while also reinforcing the validity of our results through robust external research. Details of the studies can be found at www.thehorsecourse.org/evidence

These statistics show the profound transformations our participants achieve, By aligning with TheHorseCourse's proven methods, we ensure our work is based on evidence-backed strategies, empowering individuals to overcome barriers and thrive

DHH 2024 / 2025	Outcomes Measured 2 Months Post-ReStart	THC ReStart (Studies)
100%	ReStart Completion	95%
83%	Improved Mental Health (Anxiety)	33%
83%	Improved Education/Work Engagement	77%
70%	Improved Relationships	81%
67%	Reduction in Problematic Behaviours	83%
90%	Greater Self-Belief and Identity	78%

These early results from our first full year delivering the ReStart shows that our work is not only delivering change—it's creating lasting connection. Every single participant wanted to return, reflecting both the quality of their experience and the deep trust we build. As we grow, we're building more than a service—we're building a place people come back to when life gets hard..

"100% of our ReStart participants told us they would like to return—proof of the trust we've built and the lasting impact of the experience."

Financial Review

Income

The majority of our funding came from grants, totalling £34,320 from four funders, which accounted for 90% of our income. All of this funding was restricted. In addition, we received £3861 in donations, representing 10% of our income. These donations were unrestricted, providing vital flexibility for our work.

Outgoings

We incurred direct delivery costs of £15,611.79 to provide 165 hours of equine-assisted sessions for 22 participants, plus 8 Non-Verbals Toolbox sessions attended by 10 participants. This covered the hire of trained horses, arena rental, facilitation fees, and volunteer expenses.

During the reporting period, we also paid the final £1,137 instalment for a new shed, funded by the Screwfix Foundation, which now provides a sheltered break area and accessible toilet.

The remaining £5,715.12 was spent on essential overheads, fundraising, and promotional activity, including equipment to support the new break area and toilet facilities—helping ensure safe, comfortable delivery of sessions.

Financial Position at Year-End

At the end of the financial period, we held £25,249.15 in restricted funds and £2,628 in unrestricted funds. Of the unrestricted funds, £750 will be retained as reserves, with the remaining balance dedicated to advancing our charitable objectives.

Reserves

We aim to hold unrestricted reserves equal to six months of essential running costs—such as insurance, communications, basic admin support, governance, and software. These are the charity's only regular vital expenses and can be reduced or paused if necessary.

Course-related costs are either funded in advance or commissioned with an agreed payment arrangement, and always delivered on a pay-as-you-go basis.

Based on current operations, our monthly running costs total around £125, so we aim to hold at least £750 in reserves. This ensures we can remain operational and compliant during any short-term disruption.

Financial Statement & Independent Examination

Attached at the end of this report is our financial statement and the independent examiner's report.

Future Outlook



Devon Healing Horsemanship was founded to reach those who feel stuck, overwhelmed, or left behind by traditional talk-based approaches. That mission remains at the heart of everything we do.

This year has shown just how needed action-based, non-verbal interventions are. We've seen the transformative power of the ReStart programme, the flexibility of our Lighter Touch sessions, and the growing demand for Non-Verbals Toolbox.

As we move into our second full year of delivery, our focus is clear: to deepen our impact and expand access. We plan to grow our Lighter Touch provision, particularly Top-Up sessions, so participants can return for timely support when life shifts, such as after bereavement, school transitions, family breakdowns, or other challenges. These sessions help prevent setbacks by reinforcing key learning, but available programme funding does not currently meet the level of demand. With further support, we can ensure no one loses the progress they've worked so hard to make.

We also aim to scale our Non-Verbals Toolbox, offering more in-person workshops and reaching more parents, carers, and professionals. Our ambition is to provide every family of a young person attending our equine-assisted sessions with access to this training so they're equipped to support emotional regulation and resilience at home.

To keep pace with rising referrals, we are seeking funding for a part-time staff role focused on coordination, outreach, and sustainability. This would strengthen our ability to respond to enquiries, support funders and partners, and build long-term capacity.

We're also excited to pilot Family ReStart programmes, which begin with individual support for each family member before progressing to joint sessions. This staged approach supports emotional regulation, communication, and trust—especially for families in crisis.

If you share our belief that no one should be left behind simply because talk-based therapy didn't work for them, we'd love to work with you.

We couldn't have achieved any of this without the generosity of our funders, volunteers, and community; with your continued support, we're ready to make an even greater difference in the year ahead.

Devon Healing Horsemanship Financial Statement for the year end

31st March 2025

Page 1 of 3

Registered Charity Number

1203138

	Unrestricted funds 24/25	Restricted funds 24/25	Unrestricted funds 23/24	Restricted funds 23/24		Unrestricted funds 24/25	Restricted funds 24/25	Unrestricted funds 23/24	Restricted funds 23/24
	£	£	£	£		£	£	£	£
Receipts					Payments				
Grant Income	-	34320.00	-	13224.00	1. Direct Costs (Charitable Activities / Session Delivery)				
Donations	3860.82	-	2828.23	-	Arena Hire		3300.00		250.00
Interest Received	16.80	-	4.96	-	Horse Hire - Session Delivery		3280.00		250.00
Lottery	17.50	-	-	-	Freelance Facilitators		8500.00		625.00
	-	-	-	-	Volunteer travel - Horse Transport	40.50	279.91		
	-	-	-	-	Printing & Postage (Session Delivery)	54.89			
	-	-	-	-	Session consumables	7.99			
	-	-	-	-	Training delivery Team		148.50		
	-	-	-	-	2. Essential Overheads / Core Costs				
	-	-	-	-	Low value equipment	442.38	1942.00	273.27	
	-	-	-	-	Telephone	115.00	30.00	10.00	
	-	-	-	-	Office supplies	36.39		60.40	
	-	-	-	-	Bank charges	50.00	10.00	35.00	
	-	-	-	-	Business Insurance		521.62	521.61	
	-	-	-	-	Website and software	253.02	41.82	9.59	
	-	-	-	-	Governance - Compliance	40.00			
	-	-	-	-	Activities	120.83			
	-	-	-	-	Admin - Freelance Support	198.00	84.00		
	-	-	-	-	Sundry			0.98	
	-	-	-	-	3. Fundraising and promotion				
	-	-	-	-	Fundraising - Licences & Compliance	40.00			
	-	-	-	-	Promotional Materials	442.79			
	-	-	-	-	Fundraising & Public Engagement	34.00			
	-	-	-	-	Payment Processing Fees	159.44			
	-	-	-	-	Gift Aid Processing Fees	17.26			
	-	-	-	-	Fundraising professional services	600.00			
	-	-	-	-	Subscriptions (Fundraising)	85.00			
	-	-	-	-	Printing - (Fundraising & promotion)	191.97			
	-	-	-	-	Horse Hire - (Promotion)	260.00			
Total Receipts	3895.12	34320.00	2833.19	13224.00	Total payments	3189.46	18137.85	910.85	1125.00
Asset Sales					Asset Purchases				
					Shed		1137.00		1895
	0.00	0.00	0.00	0.00		0.00	1137.00	0.00	1895.00
Net Receipts	3895.12	34320.00	2833.19	13224.00	Net Payments	3189.46	19274.85	910.85	3020.00
Net Receipts Total		38215.12			Net Payments Total		22464.31		
Total Receipts less Total Payments (Surplus for the year)							15750.81		

AS
1/2/25
Printed 09/12/2025

Financial Statement for the year ended

31st March 2025

Page 2 of 3

Statement of Assets and Liabilities

		£
Assets	(a) Shed – 1yr depreciated value	2,782.00
	(b) Investments (at market value)	0.00
Liabilities	Unpaid Bills Owing (total value)	0.00
Cash		
1. Petty Cash		0.00
2. Bank		
Bank Balance as per <i>physical bank statement</i> (current account)		27,852.67
Plus money paid in but not cleared		0.00
Less cheques written/payments but not cleared		0.00
Less uncleared cheques from previous year		0.00
Bank Cash		27,852.67
3 Stripe Account		24.48

Restricted funds Breakdown

Grant:	Opening balance	Incoming	Outgoing	Closing balance
Screwfix Foundation	£2,879.00	£0	£2,879.00	£0.00
Northbrook Community Trust	£5,570.00	£0	£5,570.00	£0.00
The David Gibbons Foundation	£1,755.00	£0	£1,755.00	£0.00
BBC Children in Need	£0.00	£5,000.00	£5,000.00	£0.00
The National Lottery Community Fund	£0.00	£18,820.00	£360.00	£18,460.00
The Clare Milne Trust	£0.00	£10,000.00	£3,500.85	£6,499.15
Co-op Local Community fund	£0.00	£500.00	£210.00	£290.00
Total	£10,204.00	£34,320.00	£19,274.85	£25,249.15

ASony
1/6 2/12/25

Total Receipts less Total Payments (Surplus/Deficit for the year)

15750.81

Balance brought forward at the BEGINNING of the year

	Unrestricted	Restricted
(a) at Bank (Current Account)	£1,922.34	£10,204.00
(b) In Hand (Petty Cash)	£0.00	£0.00
(c) Deposit/ Savings Account	£0.00	£0.00
(d) Other	£0.00	£0.00

Total unrestricted and

£12,126.34

Balance carried forward at the END of the year

	Unrestricted	Restricted
(a) At Bank (Current Account)	£2,603.52	£25,249.15
(b) In Hand (Petty Cash)	£0.00	£0.00
(c) Deposit/Savings Account	£0.00	£0.00
(d) Other	£24.48	£0.00

Total unrestricted and restricted

£27,877.15

Signed by one or two trustees on behalf of all the trustees

Name
Address
Post Code
Signed

I have seen the bank statements and confirm the balances

Name
Address
Post Code
Signed

Independent Financial Examiner

Name Alex Semmler
Address 27 LASSAGE ROAD, CHURTON
Post Code KT16 9HZ

Basis of Independent Examiner's statement

My examination was carried out under section 145 of the Charities Act 2011, in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act
 have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Comments: (if a qualified report or feedback if not)

Signed

A. Semmler

Date

9/12/25



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Devon Healing Horsemanship

**On accounts for the year
ended**

31/03/2025

**Charity no
(if any)**

1203138

Set out on

The attached financial statement and accounting records held in
Pandle.com

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above
charity ("the Trust") for the year ended **31/03/2025**

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation
of the accounts in accordance with the requirements of the Charities Act
2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out
under section 145 of the 2011 Act and in carrying out my examination, I
have followed the applicable Directions given by the Charity Commission
under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have
come to my attention in connection with the examination which gives me
cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of
the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection
with the examination to which attention should be drawn in order to enable a
proper understanding of the accounts to be reached.

Signed:

A. Jennings

Date:

9/12/25

Name:

Allan Jennings

**Relevant professional
qualification(s) or body
(if any):**

Address:

27 Lasswade Road

Chertsey

Surrey. KT16 9HZ

DEVON HEALING HORSEMANSHIP

England & Wales - Charity number 1203138

Accounts



*Devon
Healing
Horsemanship*

Charity Registration number 1203138



TRUSTEES ANNUAL REPORT AND ACCOUNTS 2023 / 2024

For the Period from 18 May 2023 to 31 March 2024



Table of Contents

→	01	Charity information
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→	05-06	Programmes Launched
→	07	Reporting and evaluation
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Charity information

DEVON HEALING HORSEMANSHIP
CHARITY INFORMATION FOR YEAR ENDING 31 MARCH 2024

Trustees on 31 March 2024

Marie Whitaker: Chair of Trustees

Elle Bradley

Matthew Walker

Dianne Haines

The following persons also served as a Trustee during part of the year ending 31 March 2024

Hoagy Burton

Registered Address

Langarra, Dean Hill Road, Willand, Devon EX12 2PG

Constitution

Registered on the 18 May 2023 as a Charitable Incorporated Organisation (CIO) with the Charity Commission for England and Wales number 1203138

Independent Examiner

Allan Jennings

27 Lasswade Road

Chertsey

Surrey

KT16 9HZ

Bank

Charities Aid Foundation (CAF) Bank Limited

25 Kings Hill Avenue

Kings Hill

West Malling

Kent

ME18 4JQ

Letter from the CEO



Louise Broadway

FOUNDER & CEO
DEVON HEALING HORSEMANSHIP

Founding Devon Healing Horsemanship has been a deeply personal journey, driven by a desire to provide an effective alternative to talk-based therapy for those who find it challenging or ineffective.

As a Romany Gypsy with lived experience of bullying, anxiety, depression, and ASC. I understand the challenges many of our participants face, including what it means to feel excluded.

This perspective has shaped our mission to create a welcoming, supportive space that delivers real, measurable outcomes through equine-assisted interventions.

Our first year, from registration in May 2023 to delivering our first sessions in March 2024, focused on building strong foundations. We located an ideal arena—a quiet, welcoming environment perfect for individuals with severe anxiety, many of whom are stepping outside their comfort zones. We developed robust safeguarding, financial, and operational policies and established flexible agreements with the arena owner, accredited TheHorseCourse facilitators, and horse owners. These agreements allow us to pay on an hourly basis, ensuring financial flexibility and keeping our overheads low.

Our initial sessions exceeded expectations, delivering remarkable results and enabling participants to make meaningful improvements in their mental health. These successes affirm the value of the work we do and the impact we can have on those who need us most.

I am deeply grateful for the dedicated trustees, volunteers, and supporters who have made this possible. Together, we've built a stable foundation for a transformative charity, and I look forward to continuing to change lives in the years to come.

Thank you.

A handwritten signature in black ink that reads "L. Broadway".

LOUISE BROADWAY

Introduction

Trustees' Report

The Trustees are pleased to present their annual report and financial statement for the year 2023 / 2024. These financial statements have been prepared in accordance with the accounting policies set out by the Charity Commission and comply with the charity's constitution.

Background

Devon Healing Horsemanship was registered as a charity on 18 May 2023 with a mission to transform lives through equine-assisted support. The period leading up to our first course in March 2024 was dedicated to careful preparation, including developing robust safeguarding policies, securing the ideal location for our sessions, and laying the groundwork for a safe, impactful, and sustainable program. This thoughtful planning ensured we could deliver the highest standard of care and support to our participants from the outset.

This annual report reflects on our impactful first year, highlighting the strides we've made to reduce social exclusion and improve mental health and well-being in our community. It showcases how our funds are making a real difference and celebrates the work we deliver with the help of our incredible network of participants, volunteers, donors, and supporters who make up the DHH family.

Structure, Governance and Management

The organisation is controlled by its constitution which was adopted on 18 May 2023 and registered as a Charitable Incorporated Organisation (CIO) by the Charity Commission of England and Wales.

In appointing the first Trustees the objective was to recruit a group of people with skills, knowledge and experience for the effective administration of the Charity both to oversee the governance and management of the Charity. Trustees are recruited in line with a Trustee Role Description and our Safer Recruitment Policy (including DBS check).

Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the trustees must have regards to the skills, knowledge and experience needed for the effective administration of the CIO.

Objectives & Activities



Charity Objectives

The Objects of the CIO - Devon Healing Horsemanship, as set out in its governing document, are to relieve the needs of adults and children/young people aged 8 and over living in Devon and the surrounding areas with (either diagnosed or un-diagnosed) mental, emotional, or sensory disabilities/disorders/illnesses and/or problematic behaviours, who are not making progress with mainstream talking therapies, through: a) the provision of equine assisted therapy programmes designed to promote their health and wellbeing and rehabilitation and to support them to engage fully in education, training or work through the development of core skills; (b) advancing the education of those supporting such people.

Activities

We are dedicated to creating a welcoming and supportive environment where individuals facing mental, emotional, and sensory challenges, as well as problematic behaviours, can achieve measurable progress. In alignment with our charitable purposes, our primary activities focus on delivering transformative, evidence-based equine-assisted interventions. These interventions serve as effective alternatives to traditional talk-based therapies. Central to our work is the ReStart programme, complemented by our lighter-touch sessions, both of which are detailed on the following pages.

The Trustees declare that they have complied with their duty to have regards to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

Programmes Launched

We are proud to be one of the 11 organisations in the UK (and the only charity in Devon) accredited to deliver the well-evidenced TheHorseCourse equine-assisted programmes.

In March 2024 we launched our first equine assisted sessions offering the flagship TheHorseCourse ReStart programme and lighter touch sessions.

Services	Details
ReStart	Our flagship, evidence-based equine-assisted behaviour change programme. By referral only from professionals in mental health, social work or education. 1:1 for 2-2.5 hours a day, over 4-5 consecutive days. Participants learn the eight psycho-social skills shown on the next page, and take home our Skills Star, a video and photos. We provide a detailed handback to the professional referrer. Primary research shows these eight core skills generalise into real life outcomes long term.
Lighter Touch	Various session types of 1–2.5 hours, focusing on one or more Star Skills <ul style="list-style-type: none"> • Tasters or Top ups for ReStart participants, 1-to-1 or family groups • Highlight sessions, usually at a 3:1 ratio, we can accommodate groups of up to 12 people. Suitable for: <ul style="list-style-type: none"> - Groups to work on a single issue, eg assertiveness, or as a taster for the ReStart programme - Frontline workers with clients for relationship-building

The ReStart Programme

ReStart participants have serious difficulties (studies show they typically have more than four from the list below). And they are referred because talk-based support is not working for them. We specialise in helping people who are disengaged or stuck.

We teach, rehearse and repeat 8 key psycho-social skills (see THC Star) in an intensive and challenging, but fun, 4-5 day programme with feedback in-the-moment from specially trained horses and 1-to-1 facilitator support.

Anxiety diagnosis	disengaged	offending
ADHD	self harming	domestic violence
Autistic spectrum	suicidal	neglect / abuse
PTSD	bullying	difficult family dynamics
not attending school	anger management issues	family with mental health problems
not attending training or work	being bullied	living in care, leaving care /at risk of
relationship difficulties	risk taking behaviour	going into care
mood swings/impulsivity	drug & alcohol misuse	from area of high deprivation
		homeless

THE CHANGE JOURNEY

NON-VERBAL TECHNIQUES ARE USED TO CALM AND ENGAGE CHALLENGING PARTICIPANTS

HORSEMANSHIP TASKS TEACH 8 CORE SKILLS ON THE THC STAR

SPECIALLY TRAINED HORSES GIVE FEEDBACK & REWARD IN THE MOMENT

REFLECTIVE SESSION

CERTIFICATE ASSESSMENT (Horsemanship Level 1)

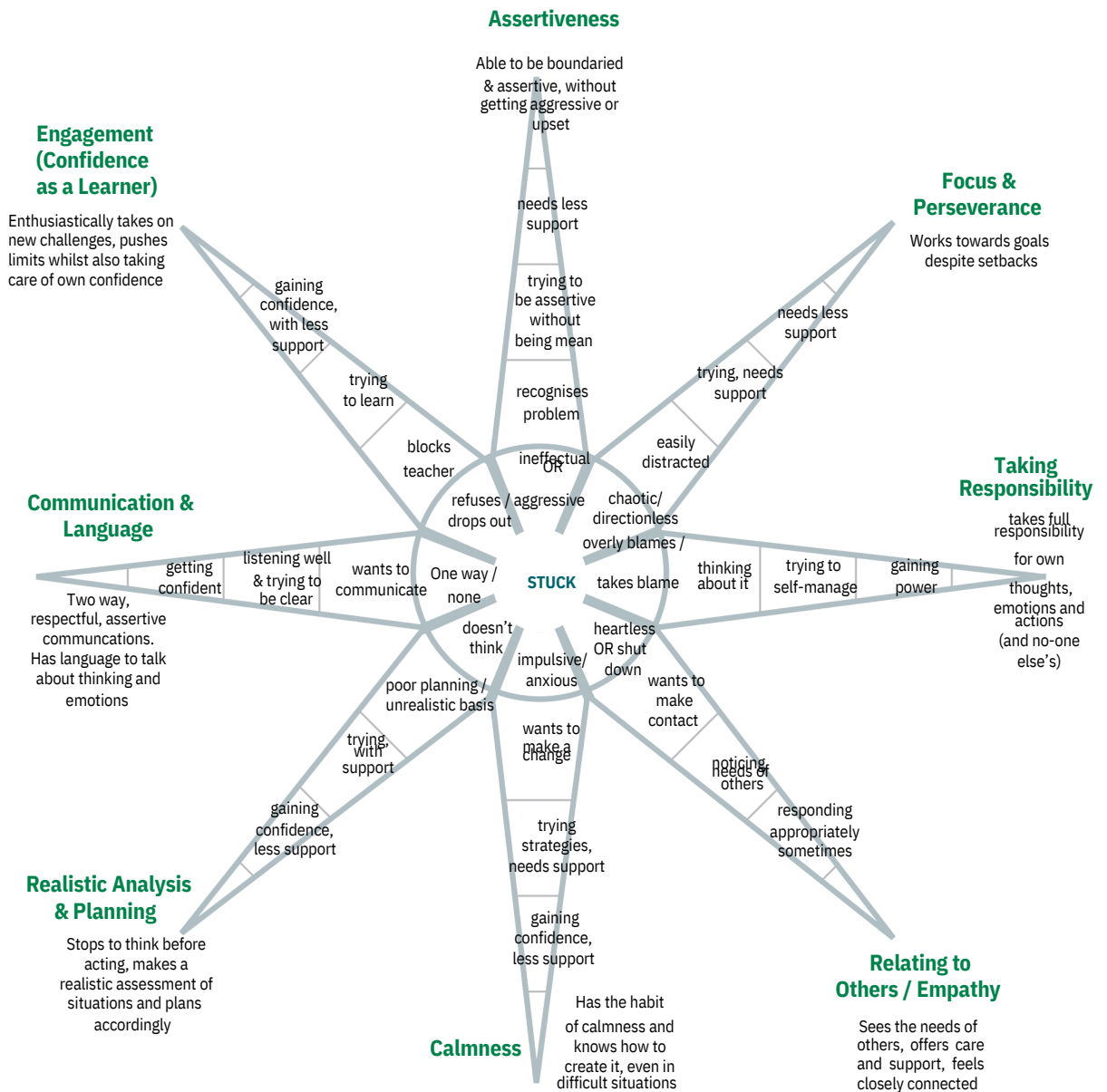
FAMILY / PEER INVOLVEMENT

HANDBACK TO PROFESSIONAL

EQUINE-ASSISTED SERVICES

We do very little talking - the ReStart course is action-based, designed to interrupt participants' usual thinking and emotional responses, whilst responsive to their pace and needs. It is effective because of the challenging programme of activities in which people succeed only by altering their presentation in response to coaching from expert facilitators. They learn and rehearse the eight skills shown on the THC Skills Star below and positive habits are rewarded with success in an urgent context with clear feedback from unbiased, sensitive and expressive horses. In the final session the facilitator and participant reflect on our Skills Star and talk through successful strategies that can be taken away into real life. Our lighter touch sessions also focus on one or several of these 8 skills. The ReStart was designed within a 3 year action-research project in partnership with two universities. Our success relies strongly on the style and quality of our horsemanship and our rigorous staff training. We test everything we do through robust external evaluation.

THC SKILLS STAR



Reporting and evaluation

We have rigorous evaluation process to ensure our programs are effective, impactful, and continually improving.

As providers of TheHorseCourse ReStart Programme, a highly structured and evidence-based intervention. We evaluate our courses inline with their detailed Theory of Change framework which was published as an exemplar by New Philanthropy Capital and includes measurable outcomes in eight psycho-social skills:

- Calmness
- Assertiveness
- Communication
- Responsibility (for emotions, thoughts, and behaviors)
- Engagement/Confidence as a learner
- Focus and Perseverance
- Empathy
- Realistic Analysis and Planning

Measurement Tools

We use the THC Skills Star, a validated tool to measure progress across the eight skills on a scale of 0-4:

- Initial Assessment: Referrers rate participants' skills before starting the course
- End-of-Course Assessment: Facilitators and participants assess progress during the final session, comparing "before" and "after" scores
- Follow-Up Assessment: Two months post-course, referrers and participants evaluate sustained progress

Intermediate Outcomes

2 months post course we monitor broader outcomes, including:

- Reduced problem behaviours
- Improved relationships
- Better engagement with school, work, or training
- Enhanced self-belief and identity
- Improved mental health

Participants and their families, as well as referrers, provide qualitative and quantitative feedback on these outcomes.

Participant Feedback

- Each participant provides a rating on how helpful they found the course (average score: 9.5/10)
- Open-ended feedback is collected to identify strengths and areas for improvement



TheHorseCourse

EVIDENCE BASE

Domestic Abuse flags increased or decreased after 12 months

Group	Change (%)
Control Group	+10%
DFH Basic	-28%
DFH Plus	-37%
DFH + THC	-51%

Statistical significance: A significant interaction was found between time and group ($p < 0.05$)

Logos: Journal of Creativity in Mental Health, Bournemouth University, RC PSYCH (ROYAL COLLEGE OF PSYCHIATRISTS), animals (an Open Access Journal by MDPI), theFSI (the FSI, Small Charity, BIG Impact Awards, WINNER OF THE REGIONAL CHARITY AWARD), Canterbury Christ Church University, FAMILY PROCESS.

World-leading evidence base specific to TheHorseCourse ReStart programme

- Numerous studies published in peer-reviewed scientific journals
- Proven impacts
- 51% reduction in domestic abuse (victims)
- 43% reduction in violent offending (offenders)
- 32% gain in psychosocial skills (adult referrals)
- 90% completion rate

Achievements and performance



During the brief reporting period between our first ReStart on 19 March 2024 and the end date of 31 March 2024, we had two participants.

We delivered two ReStart programmes, each consisting of 10 hours of 1-to-1 equine-assisted sessions. However, as one ReStart was still in progress as of 31 March, the total equine-assisted session (EAS) hours for the period was 12.5, rather than the 20 hours that would typically be delivered upon completion.

Despite this short timeframe, the sessions had a profound impact, bringing about meaningful, longer-term changes in the lives of both participants. The transformative outcomes of these sessions are highlighted on the following pages.

Equine Assisted Sessions Delivered

ReStart Participants

2

Lighter touch Participants

0

EAS hours delivered

12.5

Average participant score of our courses out of 10

9.5

% participants who improved in all 8 skills on the THC Skills Star

100%

Participant Feedback

“Brilliant and friendly environment, well worth it as struggling with anxiety. The course has helped me overcome overwhelming stress”

“Not knowing quite what to expect from equine therapy, but realising my 9 year old daughter couldn't take part in talking therapy I was blown away watching my anxious little girl engage with Clips and Louise.

I watched her confidence grow with every session and saw her persevere in situations she previously would have given up in. Along with coping strategies, she took away with her a feeling of self worth, knowing she can achieve hard things”

Participant Success Story

Finding Confidence, Calm, and Connection

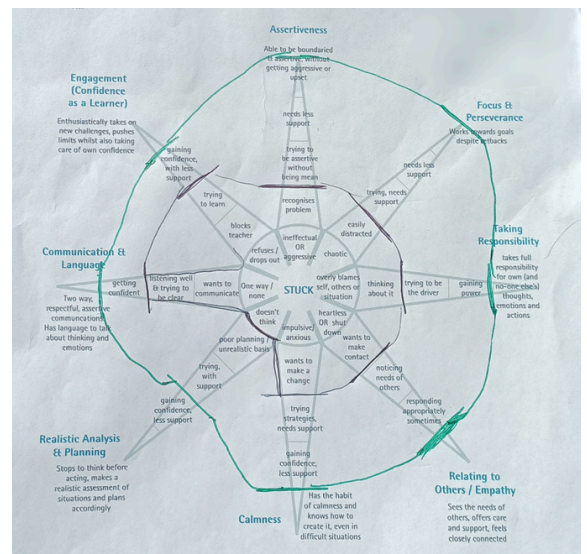
In spring 2024, Devon Healing Horsemanship welcomed one of our first participants, a 10-year-old girl referred by her previous school due to severe anxiety. Diagnosed with autism, her world had become increasingly small—she wasn't attending school, meeting friends, or even leaving her home to walk the dog. The challenges deeply impacted not only her life but also her family's.

Over the course of our 10-hour ReStart Programme, she partnered with our horse, Clips, and embarked on a journey of self-discovery, emotional regulation, and confidence-building. Using a non-verbal, action-based approach, she learned eight core psycho-social skills such as calmness, assertiveness, and perseverance. Each session was carefully tailored to her needs, ensuring she felt supported and in control. For instance, she was encouraged to retreat and re-approach challenging tasks, breaking them into manageable steps to build her comfort zone over time.

The progress she made was remarkable. By practicing finding her "neutral"—a state of complete calm and relaxation—she not only connected deeply with Clips but also learned how to self-regulate in stressful situations. Through tasks like guiding Clips backwards through an "L-shape" obstacle, she discovered how staying calm and focused could make difficult tasks achievable. Her perseverance and determination shone, and by the end of the course, she was confidently making choices, solving problems, and tackling new challenges with ease.

The results extended far beyond the sessions. She began attending a forest school, where she made her first-ever friend of her own age, whom she now meets regularly. She also overcame her anxiety enough to navigate a busy airport and enjoy a family holiday—something her family had thought impossible just months before.

Her mother shared: "Her mental health has improved massively. She's more confident, handles her emotions better, and is excited about learning again. We are so grateful for what you've done for her."



This THC Skills Star diagram visually represents the participant's progress across 8 key skills, measured on a scale from 0 at the center to 4 at the outer edge. The inner line shows the participant's starting point on the course, while the outer line represents their growth by the end of the course.

Impact In Numbers

Transforming Lives Through Measurable Outcomes

We are committed to delivering measurable, life-changing outcomes for our participants who have not progressed with traditional talk-based support. Using data from our 2023/2024 participants we compare our results with larger studies on TheHorseCourse (THC) ReStart program. This comparison allows us to showcase the consistency and effectiveness of our approach while also reinforcing the validity of our results through robust external research. Details of the studies can be found at www.thehorsecourse.org/evidence

These statistics show the profound transformations our participants achieve, By aligning with TheHorseCourse's proven methods, we ensure our work is based on evidence-backed strategies, empowering individuals to overcome barriers and thrive

DHH 2023/2024	Outcomes Measured 2 Months Post-ReStart	THC ReStart (Studies)
100%	ReStart Completion	95%
50%	Improved Mental Health (Anxiety)	33%
100%	Improved Education/Work Engagement	77%
50%	Improved Relationships	81%
50%	Reduction in Problematic Behaviours	83%
100%	Greater Self-Belief and Identity	78%

These results demonstrate that Devon Healing Horsemanship, even in its early stages, is delivering outcomes that align closely with—and in some cases exceed—benchmarks established by TheHorseCourse, the creators of the ReStart Program. While our data is based on a small sample size, it highlights the potential for significant impact as we continue to grow and support more participants. We can build on this strong foundation and expand our reach to transform even more lives.

Financial Review

Income

The majority of our funding came from grants, totaling £13,224 from three funders, which accounted for 82% of our income. All of this funding was restricted. In addition, we received £2,828 in donations, representing 17% of our income. These donations were unrestricted, providing vital flexibility for our work.

Outgoings

We incurred a total of £1,125 delivering 12.5 hours of equine-assisted sessions to two participants. This expenditure covered the hire of specially trained horses, arena hire, and facilitation costs. In addition, £910.85 was spent on essential operating expenses, including insurance and phone services, which support the smooth running of the charity.

During the reporting period, a 50% deposit of £1,895 was paid towards the purchase of a shed to provide an indoor break area and toilet facilities. The full payment and delivery of the shed occurred after 31 March 2024.

Financial Position at Year-End

At the end of the financial period, we held £10,204 in restricted funds and £1,922.34 in unrestricted funds. Of the unrestricted funds, £510 will be retained as reserves, with the remaining balance dedicated to advancing our charitable objectives.

Reserves

Our policy is to maintain reserve funds equivalent to a minimum of six months' essential non-course-related overheads. These reserves cover vital expenses such as insurance, phone SIM, bank account fees, accounting software, and website maintenance. These are the charity's only regular expenses and can be cancelled at any time if necessary. These costs amount to approximately £85 per month, or £510 for six months.

All course-related expenses are incurred on a "pay-as-you-go" basis and directly tied to course delivery. It is the charity's policy not to deliver courses unless sufficient funds are available to cover all associated costs, ensuring the financial stability of the organisation.

Financial Statement & Independent Examination

Attached at the end of this report is our financial statement and the independent examiner's report.

Future Outlook

At Devon Healing Horsemanship, our vision is to create a lasting, transformative impact on the lives of individuals who face significant mental health, emotional, and sensory challenges. Building on the successes of our early participants and the robust foundations established through the ReStart program, we are committed to scaling our reach to meet the increasing demand for our services.



The growing recognition of the life-changing outcomes we deliver underscores the importance of innovative, action-based interventions, especially for those who have not progressed with traditional support systems. Our plans include forging deeper partnerships with schools, mental health professionals, and community organisations, ensuring we can identify and support even more individuals who will benefit from our approach.

Our focus remains on collaboration and quality, enabling us to extend our impact across Devon while maintaining the personal, high-standard support for which we are known.

Future Plans

Looking ahead, Devon Healing Horsemanship is committed to building on the strong foundations we've established. A key part of our future vision is to expand our capacity to meet the growing demand for our transformative equine-assisted programs. To achieve this, we will seek funding to recruit our first paid staff member—a significant step that will enhance our ability to deliver consistent, high-quality support to participants. This dedicated role will enable us to scale our services, strengthen our administrative capabilities, and ensure we can respond more effectively to referrals and inquiries.

We are also excited to introduce new initiatives, such as non-equine "Non-Verbal Toolbox" sessions for participants, their families, and the professionals who support them. These sessions will broaden our impact, equipping more people with the tools they need to foster emotional regulation and resilience in everyday life.

By deepening our partnerships with schools, mental health professionals, and community organisations, we aim to identify and reach even more individuals who can benefit from our unique approach. Through collaboration, innovation, and a commitment to excellence, we are determined to make a lasting difference in the lives of those we serve and to continue contributing to the strength and well-being of our wider community.

Contact Us

Phone

07770 173 552



Email

hi@devonhh.org.uk



Website

devonhh.org.uk





We provide horse-powered interventions for those for whom talk-based therapies and services are not working. We provide well-evidenced equine-assisted services on an individual and group basis. We also conduct workshops in non-verbal strategies for managing emotions.

Financial Statement for the year ended

31st March 2024

Registered Charity Number **1203138**

	This year Unrestricted funds £	This year Restricted funds £	Last year £		This year Unrestricted funds £	This year Restricted funds £	Last Year £
Receipts				Payments			
Grant Income	-	13224.00	-	- 1. Direct Costs			
Donations	2828.23	-	-	- Arena Hire	-	250.00	-
Interest Received	4.96	-	-	- Horse Costs	-	250.00	-
	-	-	-	- Freelance Facilitators	-	625.00	-
	-	-	-	- 2. Expenses			
	-	-	-	- Low Value Equipment	273.27	-	-
	-	-	-	- Telephone	10.00	-	-
	-	-	-	- Office Supplies	60.40	-	-
	-	-	-	- Bank charges	35.00	-	-
	-	-	-	- Business insurance	521.61	-	-
	-	-	-	- Website and software	9.59	-	-
	-	-	-	- Sundry	0.98	-	-
Total Receipts	2833.19	13224.00	0.00	Total payments	910.85	1125.00	0.00
Asset Sales				Asset Purchases			
				Shed	-	1895.00	-
	0.00	0.00	0.00		0.00	1895.00	0.00
Net Receipts	2833.19	13224.00	0.00	Net Payments	910.85	3020.00	0.00
Net Receipts Total		16057.19		Net Payments Total		3930.85	
Total Receipts less Total Payments (Surplus for the year)						12126.34	

Statement of Assets and Liabilities

	£
Assets	
(a) Equipment owned (Shed)	3,032.00 (cost)
(b) Investments (at market value)	-
Liabilities	
Unpaid Bills Owing (total value)	1,895.00
Cash	
1. Petty Cash	-
2. Bank	
Bank Balance as per <i>physical bank statement</i> (current account)	12,126.34
Plus money paid in but not cleared	-
Less cheques written/payments but not cleared	-
Less uncleared cheques from previous year	-
Bank Cash	12,126.34

PTO

M. Whitaker
18.11.24

[Signature]
20/11/24

[Signature]
15/11/24

Financial Statement for the year ended

31st March 2024

Page 2 of 2

Surplus/Deficit for the year - Restricted	£10,204.00
Surplus/Deficit for the year - Unrestricted	£1,922.34
Total Receipts less Total Payments (Surplus/Deficit for the year)	£12,126.34
Balance brought forward at the BEGINNING of the	Balance carried forward at the END of the year
(a) at Bank (Current Account) £0.00	(a) At Bank (Current Account) £12,126.34
(b) In Hand (Petty Cash) £0.00	(b) In Hand (Petty Cash) £0.00
(c) Deposit/ Savings Account £0.00	(c) Deposit/Savings Account £0.00
(d) Other £0.00	(d) Other £0.00
Total brought forward (B) £0.00	Total Carried Forward £12,126.34

Signed by one or more trustees on behalf of all the trustees

Name MARIE WHITAKER
 Address 27 WISWICK ROAD, CHIVERTON
 Post Code KT16 9HZ Date 18/11/24
 I maintain the bank statements and confirm the balances

Name DIANNE HAINES
 Address 27 WISWICK ROAD, CHIVERTON
 Post Code KT16 9HZ Date 20/11/24
 Signed [Signature]

Independent Financial Examiner

Name ALAN JENNINGS
 Address 27 WISWICK ROAD, CHIVERTON
 Post Code KT16 9HZ

Basis of Independent Examiner's statement

My examination was carried out under section 145 of the Charities Act 2011, in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the
 have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Comments: (if a qualified report or feedback if not)

Signed A. Jennings

Date 15/11/24



Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name Devon Healing Horsemanship		
On accounts for the year ended	2024	Charity no (if any)	1203138
Set out on	The attached financial statement with accounting records and supporting documents both held in Pandle.com <small>(remember to include the page numbers of additional sheets)</small>		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2024**

Responsibilities and basis of report As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: **Date:**

Name:

Relevant professional qualification(s) or body (if any):

Address:

