



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 6th April 2023 Period start date to 5th April 2024 Period end date

Charity name: Autism's Hidden Voices

Charity registration number: 1203121

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Our activities this year have been aligned with our overall charity objective which is 'to relieve the needs of individuals in Wales (and surrounding counties) with a formal diagnosis of autism spectrum disorder, and their family carers, by the provision of information and support'.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We believe we can achieve this objective by conducting activities related to the following goals: • To provide support for autistic people and/or their family carers living in Wales or surrounding counties • To promote social inclusion of autistic people and family carers. • To promote social awareness and acceptance of autism and to reduce autism stigma and discrimination • To advance the mental and physical health and wellbeing of autistic people and family carers
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have adhered and been mindful of the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The major objective of the Funding was to create activities for Autistic individuals (children and adults) and their families. The funding has been very helpful in educating and building relationships between the families, the social services, and third-party providers.</p> <p>A social network between families has been created and is continuously expanding. We have a private Facebook group page of 381 members and an active WhatsApp group of 47 members as well. Some of our members are not on social media and prefer text or word of mouth so it's important to make sure we are able to capture these families and help them get all information that they would not normally get and not miss out on our activities and support in the community.</p> <p>We executed and delivered a majority of the planned activities (taking into account the impact of the Covid-19 pandemic and the closure of some providers for our program especially for the autistic adult programme) Activities completed so far are listed below.</p> <ul style="list-style-type: none"> • Interactive workshops [via Zoom] covering topics such as Educational Placements, Social Benefits, and entitlements and how to apply for their specific needs, Health and Dietary suggestions, Autism and its related challenges and social issues. • Day Trips for the Families (Hired the 53-seater bus) to Themed Parks e.g. Folly Farm and Oakwood Theme Park [Pembrokeshire]. This is a family favourite as these places are very expensive for families to afford on their own. • Cycling sessions with Pedal Power Cycling Charity [Cardiff]; this activity covers 1 year-membership with an assessment [in order to adapt the Bike to the individual's specific needs] including 10 paid cycling sessions. The 1-year membership serves as an incentive for the families to continue using the Pedal

		<p>Power service after the paid sessions end.</p> <ul style="list-style-type: none"> • Music Therapy sessions with Gwent Music School, Newport. This activity helps to improve self-expression, spontaneous play and stimulate language development and creativity through songs and turn-taking. • Swimming sessions: All attempts to get a place at the leisure centres has proved very difficult due to the backload of activities at the centres and with most pools still shut was almost not going to happen. We managed to get a cancelled slot at a school in Cardiff which hires their place to organisations. <p>Provision of office communication equipment replaces the original plan to hire venues, projector equipment, refreshment for workshops that would have been faced to face. We've had very active and successful workshops with invited experts to talk about sought after topics that have been a source of difficulty with families. During the covid period, we had families reaching us from outside our catchment area and asking for help and advice. We had to organise and adapt our information to comply to what applies in Wales, England, Scotland and Ireland. This created new relationships with groups in these areas so we could signpost such families to their area Service providers, and we got people sent over to us as well.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>The funding has increased awareness and highlighted the challenges facing especially the ethnic and smaller culturally based families e.g. the African, Asian families and the service providers in accessing the essential needed support. These include and are not limited to lack of finances, language barrier and lack of education. There is still a lot of work to be done in the community as information is not that readily available. It has enabled us to create social interaction and engagement between families and their communities dealing with similar challenges.</p>
Performance of fundraising activities against objectives set	Para 1.41	<p>The funding has expanded and improved our organisational capacity to handle the needs of our community though improved interaction and better communication with Service providers, local authority and other organizations to provide specific activities which cater to our families and their needs e.g., Music Therapy was seen by families as just playing music and a waste of time. A</p>

		workshop was held to explain what Music Therapy is and the benefits e.g., communication, creativity, and self-regulation. The Service provider was able to adapt the program to include some cultural instruments like African Drums and songs to the session to make it relatable to the audience they were presenting to. In the long run there will be the need to expand the workforce to better deal with the high number of calls and emails from members of our community- as well as to offer better, holistic signposting services for the community.
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Net Cash funds this financial year was £417. The funds will be used to cover transport fare at the February midterm for the families.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Not applicable for now however in future any funds held will be to cover operational costs in the event of a loss of income and to meet any unforeseen expenditure that may occur.
Amount of reserves held	Para 1.22	-
Reasons for holding zero reserves	Para 1.22	-
Details of fund materially in deficit	Para 1.24	-
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The main financial risk to the charity is loss of funding from the Lottery or other charities that makes funding available for us to apply to.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our main source of funds this year has been grants, entrance and activity fees from families in the award programme. We use the funds to subsidise award activity costs and use the fees given to get the members of the families, the group discounted rates to subsidise award entrance and activity costs for individuals who would otherwise not be able to participate or afford these activities in the awards. The majority of income is applied to main costs such as award entrance fees and activities, transport costs, setting up workshops and marketing materials.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The trustees follow and abide to the Charity's Governing Document which is based on the Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees ('Foundation' model constitution).
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The appointment of new charity trustees follows the following rules: (1) Apart from the first charity trustees, every trustee must be appointed for a term of two years by a resolution passed at a properly convened meeting of the charity trustees. (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	AUTISM'S HIDDEN VOICES
Other name the charity uses	-
Registered charity number	1203121
Charity's principal address	29 ROSSLYN ROAD, NEWPORT NP19 8PD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Izzy Rabey		31 August 2020	
2	Deborah Akiode		31 August 2020	
3	Chika Omoruyi		31 August 2020	
4	Laure Betts		13 December 2023	
5				
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Corporate trustees – names of the directors at the date the report was approved

Corporate trustees – names of the directors at the date the report was approved		
Director name		
Yvonne Odukwe		

Name of trustees holding title to property belonging to the charity – N/A

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Y Odukwe

Full name(s)

Yvonne Odukwe

Position (eg Secretary,
Chair, etc)

Director

Date

30/01/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Autism's Hidden Voices

No (if any)

Receipts and payments accounts

CC16a

For the period
from

01/04/2023

To

31/03/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
GMF Project for AHV	-		-	-	
Comic Relief Funding	-		-	-	
Other Income	-	1,368	-	1,368	
Lottery Grant Funding	-	10,000	-	10,000	
	-	-	-	-	
	-	-	-	-	
	-	-	-	-	
	-	-	-	-	
Sub total (Gross income for AR)	-	11,368	-	11,368	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	11,368	-	11,368	-
A3 Payments					
GMF Project for AHV	-		-	-	
Comic Relief Funding	-		-	-	
Other Expenses	-	1,368	-	1,368	
Lottery Grant Funding	-	9,529	-	9,529	
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	10,897	-	10,897	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	-	10,897	-	10,897	-
Net of receipts/(payments)	-	471	-	471	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	471	-	471	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	471	-
		-	-	-
		-	-	-
	Total cash funds	-	471	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		YOdukwe	Yvonne Odukwe	04/02/2025