

Charity Number 1203020

Rajo Mental Health Education And Support

**FINANCIAL STATEMENTS
YEAR ENDED 22nd NOVEMBER 2023**

Rajo Mental Health Education And Support

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Rajo Mental Health Education And Support

TRUSTEE'S ANNUAL REPORT FOR THE YEAR ENDED 22ND NOVEMBER 2023

The trustees present their report with financial statements for the year ended 22ND NOVEMBER 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name	Rajo Mental Health Education And Support
Charity registered Number	1203020
Registered Office and Operational Office	7 Green Lane Close Leicester Leicestershire LE5 4NJ
Trustees	
Dr Abdirashid Takar	Chairman
Mr Abdirahman Nur	Trustee
Sahra Ashkir	Trustee
Principal Administrator	
Dr Abdirashid Takar	
Sahra Ashkir	
Bankers	Lloyds Bank 98 Victoria Street London SW1E 5JL
Independent Examiner	East Midlands Accountancy Limited 19 Brunswick Street Leicester LE1 2LP

**Rajo Mental Health Education And Support
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 22ND NOVEMBER 2023**

The Trustees present their report as well as the financial statements of the charity for the year that ended 22ND NOVEMBER 2023.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Rajo Mental Health Education And Support was established on 11 May 2023 and was registered as a charity on 11 May 2023.

Recruitment and appointment of Trustees

The trustees are charity trustees and are established in accordance with the charity law and the constitution of the charity. Trustees are elected for a three-year term and can be re-elected for 3 consecutive terms at the annual meeting of the charity. The election process ensures that the members of trustee body are knowledgeable and possess a reasonable amount of experience for the charity to achieve its set objectives. The charity ensures that open and transparent election process is undertaken after which the new trustees are nominated.

Trustee induction and Training

The charity ensures that all staff are adequately trained to be acquainted with charity laws and regulations, charity policies and procedures. New trustees are given an induction, following their appointment. In selecting new trustees, we seek to identify people who are willing to attend events and functions organised by the charity on voluntary bases and without expecting remuneration or benefits of any form.

Organisational structure

The day to day running of the charity rests with the senior team and any volunteers delegated to certain roles. The board of trustees, which contain three members and meet quarterly, are responsible in setting the direction and the policies of the charity. The executive manager has the ultimate responsibility of monitoring, inspecting, management and the sound running of the charity work as well as reporting back to the trustees.

Rajo Mental Health Education And Support

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 22ND NOVEMBER 2023
Volunteers**

Rajo Mental Health Education and Support relies heavily on volunteers. Volunteers are great asset for the charity, they selflessly donate their time and expertise. The charity ensures that volunteers are thoroughly vetted. Volunteers contribute to raising awareness of mental health in the community, destigmatising mental health issues and raising funds for the charity work.

**Rajo Mental Health Education And Support
Trustee Annual Report
For the year ending 22nd November**

OBJECTIVES AND ACTIVITIES

The objects of the charity are set out in the charity's constitution and are summarised here:

1. That mental health patient in the Somali community can access high quality mental health care by removing any cultural barriers that might exist.
2. To combat stigma around mental health issues. Raise awareness and the knowledge of mental health issues within the community. Families, staff, managers, community activists of social hubs such as mosques and community centres are particularly targeted.
3. Bridging the gap between mental health patients in the Somali community in UK and care providers by fostering conducive atmosphere through fostering cultural competence of mental health providers.

ACHIEVEMENTS AND PERFORMANCE

The charity undertakes wide range of activities in pursuance of its charitable aims. Seminars and workshops to promote awareness and knowledge of mental health are held within the community. Families of mental health patients are supported and advised in accessing mental health care.

Activities in progress and Financial Investment

Most of our current activities revolve around supporting families and individuals who are struggling with mental health issues. We liaise with mental health providers. Furthermore, establishing connections and networking with other mental health charity is important part of ongoing work. Workshops and seminars involving external expertise and agents are held for the community.

FUTURE PLANS

We plan to speed the efficiency, effectiveness and the impact of the charity, especially now, that mental health well being is on the public domain. One of our immediate goal is to train mental health first aiders within the community to intervene cases that takes place in their vicinity. We plan to target community hubs including community centres and mosques. Long plans include to create mental sanctuary centre in the community.

PERSONNEL

Trustees who served during the year were:

**Dr Abdirashid Takar
Mr Abdirahman Nur
Sahra Ashkir**

Principal funding sources

The trustees present their annual report for the year that ended 22nd November 2023.

The board of trustees are pleased with the progress made and targets achieved for the year. The charity's finances are sound and healthy, and the charity can propel its activities for the coming year with strong growth and confidence. The charity will accelerate its efforts in raising funds in the future.

RESERVE POLICY

The charity's reserves policy is maintaining adequate funds with can cover expenses during at least a period of twelve months. The charity should be in place to cover running costs in administration, managing day to day running costs and any support that might be needed.

RISK MANAGEMENT

The charity maintains meticulous risk assessments procedures and policies that are regularly updated. Enough funds are reserved in times of adversities. The charity is confident that exposure of any serious risks will be mitigated effectively in accordance with the systems in place.

Accounting and reporting responsibilities

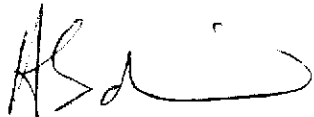
Based on Charities Act 1993, the trustees are obliged to produce a financial statement which depicts reliable image of charity's finances during and the end of the year.

In adopting the financial statement, the trustees should apply the best practice and follow suitable accounting procedures, they should make sure to apply the procedures in accordance with the regulations.

- Follow meticulous accounting standards and charities SORP, any departures from procedures should be
- State whether applicable accounting standards and statement of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.
- Make judgments, estimation and approximations that are reasonable and judicious.

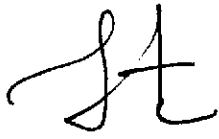
The trustees are responsible for carrying out sound and accurate accounting records of the charity. Any irregularities, discrepancies should be disclosed. The trustees are responsible the accounting and record keeping, following Charities Act 1993, the Charity Regulations 2008 and provisions of trust deed. Furthermore, trustees are responsible for the management and safekeeping of the assets of the charities. Steps should be taken in detecting, preventing irregularities and risk of fraud.

The trustees declare that they have approved the trustee report above and signed on its behalf by:



Dr Abdirashid Takar
Chairman

Date: 2/11/24



Sahra Ashkir
Treasurer

Date: 1/11/24

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF Rajo Mental Health Education And Support

I report on the accounts for the year ended 22ND NOVEMBER 2023, which are set out on pages 7 to 12.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- . examine the accounts under section 145 of the Charities Act;
- . to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- . to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts presents a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

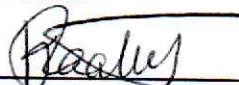
In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirement:

- to keep accounting records in accordance with section 130 of the Charities Act;
- to prepare accounts which accord with accounting records and comply with the accounting requirements of the Charities Act.

have not been met;

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Abdiwali Omar Warsame ACCA Dip MBA

East Midlands Accountancy Limited
Office 1, 19 Brunswick Street
LEICESTER
LE1 2LP

Rajo Mental Health Education And Support

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 22ND NOVEMBER 2023

	Notes	Unrestricted Funds	Restricted Funds	Total Fund 2023	Total Funds 2022
Incoming resources					
<i>Incoming resources from generated funds</i>					
Voluntary income:					
Donations and grants	2	4,237	-	-	
Total incoming resources		4,237	-	-	-
Resources expended					
<i>Costs of generating funds</i>					
Charitable activities	3	464	-	-	
Governance costs	3	300	-	-	
Total resources expended		764	-	-	-
Net incoming resources for the period		3,473	-	-	-
Net movement in funds		3,473	-	-	-
Balance brought forward			-		
Total funds carried forward		3,473	-	-	-


The notes on pages 10 to 12 form part of these financial statements

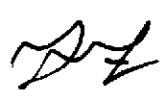
Rajo Mental Health Education And Support

BALANCE SHEET AT 22ND NOVEMBER 2023

	Notes	2023		2022	
		£	£	£	£
Current assets					
Debtors	7	-	-	-	-
Cash at bank and in hand		3,437			
		<u>3,437</u>			
Creditors: amounts falling due within one year	8	-	-	-	-
Net Current assets			3,437		-
Net assets			<u>3,437</u>		<u>-</u>
Funds					
Restricted	9	-	-	-	-
Unrestricted	9		3,437		
Total Funds	9		<u>3,437</u>		<u>-</u>

The financial statements were approved by the Board of Trustees on 31/10/2024 and were signed on its behalf by:


 Dr Abdishid Takar


 Sahra Ashkir

The notes on pages 10 to 12 form part of these financial statements

Rajo Mental Health Education And Support

NOTES TO THE ACCOUNTS - 22ND NOVEMBER 2023

1 . Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in preceding year.

(a) Basis of accounting

The financial statements are prepared under the historic cost convention and in accordance with the Financial Reporting Standards for Smaller Entities (effective 2007). In preparing the financial statements, the charity follows best practice as laid down in the Statement of Recommended Practice " Accounting and Reporting by Charities" [SORP 2005] issued March 2005 and the Charities Act 1993

(b) Tangible Fixed Assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is calculated to write off the cost less any residual value over the estimated useful life of the asset, as follow:

Office equipment	25% per annum straight line basis
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The costs of minor additions or those costing below £500 are not capitalised.

(c) Fund accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objective of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the granting body.

(d) Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

(e) Resources expended

All expenditure is recognised on an accrual basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Rajo Mental Health Education And Support

NOTES TO THE ACCOUNTS - 22ND NOVEMBER 2023

2 . Incoming Resources from Activities in furtherance of the Charity's objectives

	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
General Donations	4,237		4,237	
Interest received			-	
	4,237	-	4,237	-

3. Resources expended

Audit and accountancy	300		300	
Bank charges	-		-	
Heating and lighting	-		-	
Insurance			-	
Refreshments	114		114	
Rent and rates	-		-	
Repairs and renewals			-	
Stationery	50		50	
Telephone and internet	-		-	
Training	300		300	
Travelling and subsistence			-	
Wages and NIC			-	
Total resources expended	764		764	
Net Income	3,473	-	3,473	-

Rajo Mental Health Education And Support

NOTES TO THE ACCOUNTS - 22ND NOVEMBER 2023

	2023 £	2022 £
4. Staff Costs and numbers		
Salaries and wages	-	-
Social security costs	-	-
	<u>-</u>	<u>-</u>

No employees received emoluments of more than £60,000.

The average number of employees during the year, calculated on the basis of the full time equivalents was as

Administration and support	3	-
	<u>3</u>	<u>-</u>

5. Trustee Remuneration and Related Party Transactions

No members of the Management Committee received any remuneration during the year.

No Trustee or other person related to the Charity had any personal interest in any contract or transaction entered

6. Taxation

As a charity, Rajo Mental Health Education And Support is exempt from tax on income and gains falling

No tax charges have arisen in the Charity.

7. Debtors

	2023 £	2022 £
Trade debtors - grant income receivable	-	-
Other debtors and prepayments	-	-
	<u>-</u>	<u>-</u>

8. Creditors: amounts falling due within one year

	2023 £	2022 £
Taxation and social security	-	-
Other creditors and accruals	-	-
	<u>-</u>	<u>-</u>

Rajo Mental Health Education And Support

NOTES TO THE ACCOUNTS - 22ND NOVEMBER 2023

9. Movements In Funds

	Balance at 1 December 2022	Incoming resources	Outgoing resources	Balance at NOVEMBER 2023
Restricted funds				
Grants	-	-	-	-
Total restricted funds	-	-	-	-
Unrestricted funds				
General funds	-	4,237	764	3,473
Total unrestricted funds	-	4,237	764	3,473
Total Funds	-	4,237	764	3,473