

BRAWD

England & Wales · Charity number 1202919

Details

Status Registered

Legal form CIO

Registered 2023-05-03

Register [View on the Charity Commission register](#)

Contact

Address 144 St. Fagans Road
Cardiff
CF5 3EU

Phone 07808077644

Email brawd1@outlook.com

Website www.brawd.org.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE:FOR THE PUBLIC BENEFIT, THE RELIEF OF MEN IN NEED IN WALES, WHO MAY BE EXPERIENCING OR AT RISK OF EXPERIENCING POOR MENTAL HEALTH, BY MEANS OF, BUT NOT EXCLUSIVELY: A. INCREASING AWARENESS OF, AND REDUCING THE STIGMA ATTACHED TO, MEN'S MENTAL HEALTH; B. PROVIDING EARLY INTERVENTION OPPORTUNITIES FOR MEN TO WORK ON THEIR MENTAL HEALTH; C. CREATING CONTENT AND EXPERIENCES THAT ENCOURAGE MEN TO SHARE THEIR OWN INNER STRUGGLE IN A FRIENDLY AND SUPPORTIVE ENVIRONMENT.

Activities: Come and sit in on one of our twice weekly sessions and see what we're about. You won't regret it. On Mondays and Thursdays we offer a peer support group. We also meet for a weekly walk and talk session. Whilst we run a twice weekly music group. All sessions are accessible to all and all abilities in any activities are catered for. We are an all inclusive, political and religious neutral group.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Throughout Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31		-	-	-
2023-12-31	£10,943		£40	-

Trustees

Name	Role	Appointed
Neil John Driscoll	Chair	2022-01-23
Adam Craig Virgin		2024-10-25
Nathan James Cox		2023-05-03

BRAWD

England & Wales - Charity number 1202919

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Brawd	1202919
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Receipts and payments accounts

For the period from	03/05/2023	To	31/12/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grant income	10,000	-	-	10,000	-
Fundraising activities	939	-	-	939	-
Interest	4	-	-	4	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	10,943	-	-	10,943	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,943	-	-	10,943	-
A3 Payments					
Bank charges	40	-	-	40	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	40	-	-	40	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	40	-	-	40	-
Net of receipts/(payments)	10,903	-	-	10,903	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	10,903	-	-	10,903	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	10,903	-	-
		-	-	-
		-	-	-
	Total cash funds	10,903	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		N Driscoll	18/08/2025	



Trustees' Annual Report for the period

From 3rd May 2023 to 31st December 2023

Charity name: **Brawd**

Charity registration number: **1202919**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of the charity is to provide relief to men in need in Wales, who may be experiencing or at risk of experiencing poor mental health.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Increasing awareness of, and reducing the stigma attached to, men's mental health; Providing early intervention opportunities for men to work on their mental health; Creating content and experiences that encourage men to share their own inner struggle in a friendly and supportive environment.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the Charity Commission's guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

Contribution made by volunteers	Para 1.38	Whilst there are no financial contribution from the volunteers. We would like to give a special mention to all those that help facilitate each session, also the peer led volunteers that have contributed to the success of the charity by running the additional sessions.
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Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>Main Achievements:</p> <ol style="list-style-type: none"> 1. Community Engagement & Mental Health Support: <ul style="list-style-type: none"> ○ Regular Walk and Talk sessions, sea dips, and family walks encouraged open conversations around mental health. ○ Organised workshops and events during Mental Health Awareness Week and Movember, promoting proactive mental wellbeing. ○ Ran stress workshops and completed talks in colleges and universities. 2. Creative Expression & Awareness Campaigns: <ul style="list-style-type: none"> ○ Launched a music group and collaborated on a charity single with Studio 14 Collective. ○ Maintained an active social media presence, educating audiences on mental health, inclusivity, and key awareness dates. 3. Fundraising & Merchandise Initiatives: <ul style="list-style-type: none"> ○ Ran successful campaigns including raffles and various merchandise launches (cups, bandanas, bobble hats). ○ Participated in high-profile events like the Cardiff City FC shirt competition and raft races, increasing visibility and support. 4. Community Partnerships & Recognition: <ul style="list-style-type: none"> ○ Promoted and collaborated with local small businesses and mental health charities. ○ Nominated for the Cardiff Volunteer Awards, reflecting community impact and recognition.
		<p>Impact on Beneficiaries:</p> <ul style="list-style-type: none"> • Created safe, supportive spaces where men could open up, connect, and support each other. • Empowered individuals through education, creative outlets, physical activity, and skill-building. • Improved confidence, reduced isolation, and encouraged ongoing participation in community and mental health initiatives.

		<p>Wider Societal Benefits:</p> <ul style="list-style-type: none"> • Contributed to normalising conversations around mental health, particularly among men. • Strengthened community cohesion through inclusive events and partnerships. • Inspired youth and new professionals through school and college talks, offering tools for better emotional resilience.
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The majority of the income during the year came from a grant of £10,000.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our aim is to demonstrate a prudent level of security to sustain the charity in the event of difficult circumstances whilst ensuring we do not hold onto funds unnecessarily. We will be utilising our grant over the next financial year to reduce our reserves equivalent to a year's expenditure.
Amount of reserves held	Para 1.22	We closed the year 2023 with a balance of £10,903 in general funds.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties around going concern, suitable funding levels maintained.
A description of the principal risks facing the charity	Para 1.46	<p>Key risks include:</p> <p>A lack of engagement from the attendees.</p> <p>A lack of support from the facilitators that run the weekly groups.</p> <p>The lack of support and time restrictions for the management tasks and engagement opportunities with the national groups and events.</p> <p>A lack of governance and management around the accountancy side of the group.</p>

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Foundation model constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Reference and Administrative details

Charity name	Brawd
Other name the charity uses	
Registered charity number	1202919
Charity's principal address	144 St. Fagans Road Cardiff CF5 3EU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Neil Driscoll			
2	Roberto Simone			
3	Nathan Cox			

Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		


Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	None
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	None

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Neil Driscoll	
Position (eg Secretary, Chair, etc)	Chair	
Date	27/07/2025	