



ANNUAL REPORT

12 MONTH PERIOD
1 SEPTEMBER 2024 - 31 AUGUST 2025

Charity Number 1202883

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Photo on cover: Mikaela Jade
Photography

ADMINISTRATION

CHARITY NAME: DANCE NETWORK ASSOCIATION (DNA)

CHARITY REGISTRATION NUMBER: 1202883

REGISTERED OFFICE: DANCE NETWORK ASSOCIATION, SUNSPOT,
JAYWICK SANDS, ESSEX CO15 2JG

TRUSTEES:

ELSA URMSTON CHAIR
LYANN KENNEDY SECRETARY
FRANCES MAYNARD

MANAGEMENT:

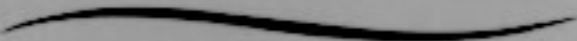
GEMMA WRIGHT CEO
KAREN PRATT PROGRAMME MANAGER DANCING FOR JOY JOB
SHARE
STEPHANIE TOWNSEND FREELANCE PROJECT MANAGER
EDUCATION
FIONA BOOL PROGRAMME MANAGER JOB SHARE DANCING FOR
JOY

INDEPENDENT EXAMINERS: PETER WATTERS, MCPHERSONS
23 ST LEONARDS ROAD, EAST SUSSEX TN40 1HH

BANKERS: HSBC, 26 HIGH STREET, COLCHESTER CO1 1DQ



GOVERNANCE STRUCTURE



1. Background

- After eight years as a Community Interest Company, DNA transitioned to a Charitable Incorporated Organisation (CIO) on 28th April 2023.
- The transition aims to strengthen DNA's financial stability, broaden its reach, and better serve diverse communities.

2. Governing Document

- DNA operates under the CIO constitution, dated 19th April 2023.
- The constitution outlines the charity's objects, powers, and governance framework.

3. Charity Trustees

- Minimum Requirement: DNA must have at least three Charity Trustees at all times.
- Appointment Process:
 - All trustees (excluding the first set) are appointed through resolutions passed at properly convened trustee meetings.
 - Appointments consider the skills, knowledge, and experience required for effective administration.
- Responsibilities:
 - Trustees meet quarterly to set and review strategic goals.
 - Trustees are responsible for policy-making and implementation.

4. CEO and Daily Management

- Daily operations are managed by the CEO, who works under a 'Conflict of Interest' policy.
- Other trustees do not receive remuneration, benefits, or expenses for their roles.

GOVERNANCE & POLICIES



5. Risk Management

- Trustees are responsible for identifying, assessing, and mitigating risks to ensure the Charity's objectives are achieved sustainably and responsibly.
- Risk is reviewed quarterly during trustee meetings to address financial, operational, reputational, and compliance risks. The CEO ensures that day-to-day activities align with the risk management policies, and any significant risks are promptly reported to the trustees.

6. Induction and Training

- New trustees participate in induction programmes to understand their roles and responsibilities.
- Trustees are encouraged to attend training events provided by organisations such as the National Centre for Voluntary Organisations (NCVO).
- Training and resources help trustees remain updated on policy-making, legislative changes, risk management, and best practices.

This governance structure ensures DNA's activities align with its charitable objectives while maintaining transparency, accountability, and effective risk management.

POLICIES

All DNA policies are available at:

<https://www.dancenetworkassociation.org.uk/policies>.

All policies undergo review annually in our Summer or Autumn Board meeting.

PURPOSE

Purpose:

The organisation was founded in 2015 as a Community Interest Company and converted into a Charitable Incorporated Organisation (CIO) charity number 1202883 registered in England and Wales. The governing document is its constitution, dated 19th April 2023, which sets out the organisation's following charitable objectives: To advance education for the public benefit by the promotion of the art of dance and movement, in particular, but not exclusively, in Essex and its neighbouring counties.

Our vision:

Dance Network Association (DNA) is a dance organisation that enables people to live more connected, joyful, and aspirational lives through dance.


Our mission:

Dancing with DNA provides opportunities for people to improve their confidence and physical wellbeing nurtures creativity and independent thinking and enhances friendships through social interaction.

Our objectives are reviewed annually in our end-of-year meeting. During this time, all management participate in appraisals to contribute to our reflections on our objectives. Budgets and business planning are then refocused on the year ahead and beyond, considering staff, participants, and other public data to ensure we are still working towards the charities objectives.



EXECUTIVE SUMMARY



This has been a year of creativity, compassion, and change for Dance Network Association (DNA).

Between September 2024 and August 2025, we have continued to connect communities through dance, delivering 289 sessions across 29 projects, engaging 5,327 people directly and reaching a further 1,388 participants online and contracting 40 freelance artists for work.

We have celebrated powerful stories of transformation from people living with dementia, Parkinson's, and other conditions; seen friendships blossom; and witnessed renewed confidence through creative movement and connection.

Yet, this has also been a year of transition. Several multi-year funding periods have come to an end, leading us to review and restructure our staffing model to ensure we remain sustainable and future-focused. As part of this, our Dancing for Joy and Education Manager roles concluded in August 2025. We are deeply grateful to Karen Pratt, Fiona Bool, and Steph Townsend for their invaluable contributions. Their creativity, professionalism, and care have shaped DNA's impact immeasurably, and we carry their legacy forward into a new structure designed to strengthen delivery, collaboration, and leadership in the year ahead.

Despite economic pressures on the arts, DNA has remained resilient. With continued support from funders, partners, and our community, we move confidently toward our 10th Anniversary in November 2025, a milestone that will celebrate a decade of movement, connection, and collective joy.

Gemma Wright

Chief Executive Officer, Dance Network Association

FINANCIAL SUMMARY

Reporting Period 12 months: 1 September 2024 – 31 August 2025

£165,666

Income

£164,565

Expenditure

£32,994

Committed Project
Costs

£24,143

Expected Income
(debtors)

£37,481

Current Bank
Balance

£1486.89

Reserves

NOTEWORTHY UPDATES

Multi-Year Grant Success: Funding from Eastlight Community Homes, Braintree District Council, and The Jean and Peter Davey Fund (via Essex Community Foundation) supports monthly Dancing with Dementia sessions in Braintree and Halstead.

- Corporate Support: £10,000 donated by Grove End Housing to sustain our creative health programmes.
- McCarthy Stone Foundation: £7,494 awarded to develop Dancing with Dementia Clacton.
- Awards: CEO Gemma Wright named Compassionate Community Champion for Colchester (Jan 2025).
- Publications & Media: Features in Arts & Health Journal, Chelmsford City Radio, and Braintree & Witham Times.



STAFF STRUCTURE

This year, DNA brought in new staffing to make one full time post for the Dancing for Joy Programme Manager role - structure changes started to be looked at from January 2025.

2024-2025 Staffing in place:

- Gemma Wright: CEO (working three days per week)
- Karen Pratt: Dancing for Joy Programme Manager (working two days per week)
- Fiona Bool, Dancing for Joy Programme Manager (working two days per week) (November 2024 – August 2025)
- Steph Townsend: Freelance Project Manager Education and Social Communications Officer (working 1.5 days per week, contract ends 31 August 2025)
- Freelance artists contracted on projects 595 sessions (40 individuals)

Note: Dancing for Joy Programme Manager and Education Manager have both been made redundant or contracts ended 15 August 2025.

PROGRAMME HIGHLIGHTS

BESPOKE PROGRAMMES

This year, DNA was commissioned to deliver a range of bespoke creative health programmes designed to meet the unique needs of care providers, local authorities, and educational partners. These tailored projects demonstrate our adaptability as a charity and our ability to co-create meaningful, impactful experiences through dance. Highlights included collaborations with Runwood Care Homes, Care UK, and Anchor Hanover Group, where DNA artists delivered themed reminiscence sessions and staff wellbeing workshops focused on movement for mental health, communication through creativity, and using music to enhance care practice. Each session combined physical warm-ups, gentle choreography, and creative storytelling, leaving staff with practical tools and confidence to continue activities independently.

We also worked in partnership with the University of Essex and Stroll to explore how technology, such as augmented reality, can support balance and coordination for people living with Parkinson's. Additional bespoke commissions with Essex County Council, Namaste Care International, and Orchestras Live provided opportunities to share best practice, deliver artist CPD, and embed creative health principles in new settings.

"You can tell this class is made for us – It fits exactly what we need."

These commissions continue to strengthen DNA's reputation as a leader in creative health, training, and person-centred dance practice, ensuring that every session – whether in a care home, theatre, or community hall – brings people together through movement, music, and memory.

HOLIDAY ACTIVITY & FOOD PROGRAMME

DNA organised two major holiday programmes (HAF) funded by the London Borough of Barking and Dagenham:

Winter School (December 2024)
Easter School (April 2025)

DNA once again partnered and funded by the London Borough of Barking & Dagenham to deliver our Holiday Activity and Food (HAF) programme, offering children and young people a safe, creative and nourishing space during the school holidays.

Across the Winter 2024 and Spring 2025 programmes, over 40 children took part in four days of dance, creative movement, crafts, music, wellbeing, and nutrition sessions. Each day balanced structured activity with free play and outdoor time, ensuring young people could express themselves while staying active and connected. Participants' confidence, teamwork, and wellbeing grew throughout the week – culminating in a joyful sharing performance for family and friends. Supported by nutritious meals from BDTP Catering, and wellbeing sessions with Kathryn Peters, the HAF programme once again showcased DNA's commitment to creativity, community and care for every child.

MASS DANCE | SWANS TAKE FLIGHT

In partnership with Matthew Bourne's New Adventures, our Mass Dance project united 1,270 young dancers across Essex and London, with over 1,000 audience members engaging through live and online showcases.

This large-scale celebration of dance connected schools, artists, and communities through movement, imagination, and teamwork.

DANCING WITH DEMENTIA

DNA's Dancing with Dementia programme is a compassionate and innovative initiative designed to support individuals living with dementia and their caregivers. These inclusive dance sessions combine movement, music, and connection to create moments of joy, enhance well-being, and stimulate memory and creativity.

The programme is tailored to meet the needs of participants, whether they prefer to engage seated or standing, ensuring accessibility for all abilities. It provides a welcoming, safe space where participants can express themselves freely, connect with others, and enjoy the therapeutic benefits of dance.

The sessions also support caregivers, offering them a chance to connect, relax, and share meaningful experiences alongside their loved ones. By focusing on creativity, interaction, and community, the programme helps to combat isolation and fosters a sense of belonging for everyone involved. Participants reported improvements in mood, mobility, and social interaction.

Our monthly sessions in Braintree, Halstead, and weekly sessions in Colchester reached over 180 regular participants.

Themes such as Tea Dance, Big Band, Swan Lake, and Around the World sparked joy and reminiscence, with measurable improvements in movement, mood, and memory.

"Before I came here, I hadn't been out for two years. Now I love coming – it's the best thing I do!"



DANCING WITH PARKINSON'S

DNA's Dancing with Parkinson's programme is an essential part of the Dance Network Association's offerings, designed to support individuals living with Parkinson's through dance, movement, and social engagement.

These sessions focus on gentle movement and dance, tailored to the physical and cognitive needs of those living with Parkinson's. Participants work on improving mobility, balance, and coordination while enjoying a supportive space for social interaction and emotional well-being. Artists have also incorporated rhythmical and vocal exercises to address common symptoms like reduced vocal projection, helping participants feel more confident using their voices.

Participants reported feeling more energised and stronger after attending, with many noting improvements in mood, movement, and strength. One participant shared how the programme boosted their confidence and energy levels, while others highlighted its positive impact on overall well-being.

With sessions in Wivenhoe and piloted this year in Chelmsford, this programme combines creative choreography, mobility work, and rhythm exercises to support balance, coordination, and mental wellbeing.

We piloted augmented reality (AR) dance games in collaboration with Stroll and University of Essex, with overwhelmingly positive participant response.

"I've noticed I walk more confidently after class — it's changed how I move day-to-day."



GOOD GRADUATE COMPANY

The Good Graduate Company continues to be one of DNA's most impactful programmes, blending dance, reminiscence, theatre, music, and social connection to support people living with dementia and their carers. Delivered weekly across multiple locations, including Rayleigh and Brentwood the sessions offer a consistent and creative space where participants move, sing, and share memories together.

This year, the GGC programme reached over 46 participants living with dementia alongside their carers and/companions, with each bespoke block tailored to the abilities and personalities of the group. Artists designed sessions to encourage mobility, coordination, and confidence, while nurturing moments of laughter, reflection, and emotional release.

Alongside the sessions, DNA provided training for care staff and artists, developing skills in creative facilitation, inclusive practice, and dementia awareness. Partnerships with organisations such as Brentwood Borough Council, Rochford District Council, Essex County Council, and independent care homes have been key in sustaining and expanding this work.

The programme's success was reflected in the stories shared – from participants remembering long-forgotten songs and dances, to carers expressing how the sessions strengthened their relationships. GGC continues to embody DNA's belief that everyone deserves the joy and connection of dance, regardless of age or ability.



COFFEE AND CHOREOGRAPHY

Coffee & Choreography is DNA's newest class and concept for 2024/25 was born from the national 'Let's Dance' movement championed by Angela Rippon, which inspired us to create a welcoming, social space that celebrates movement for everyone.

What began as a pilot has quickly taken off, attracting a growing community of adults who come together each week to move, connect, and share a coffee.

The sessions combine gentle dance with creative expression and conversation, supporting confidence, mobility, and wellbeing in a relaxed, uplifting environment. It's proof that a simple idea dancing, chatting, and sharing joy can create something truly powerful.



OUR DIRECT REACH



TOTAL PARTICIPATION

8976

Direct Participants

5327

Online Participants

1388

Providers/staff
present

252

Total
Volunteers

38

Audience
Members

1376

Total Professionals
Involved

595

PARTICIPANT PROFILE

- Adults over 50: 1,919
- Children and young people (6–19): 1,862
- People with lived conditions (dementia/Parkinson's): 694
- Carers/Companions: 524
- Participants with a declared disability: 848
- BAME participants: 178
- Gender balance: 61% female / 37% male / 2% other| undisclosed



IMPACT AND OUTCOMES

- 92% of participants reported improved mood after sessions
- 81% demonstrated greater confidence or engagement over time
- 70% showed improved coordination or range of movement
- 100% of staff reported better connection with residents after taking part

"Two participants said they've become best friends — it brings out good feeling in you."

COMMUNICATIONS AND ENGAGEMENT

- Social Media: 3,001 total followers (+4%)
- Newsletter Subscribers: 893 (+42%)
- Email open rate: avg. 50%
- New website subscribers: 563 over the year
- Media coverage: local radio, press, and academic publication features

FUTURE GOALS

DNA aims to achieve the following goals for 2025-2026:

- Launch a new organisational structure to support long-term sustainability.
- Recruit a new board of trustees.
- Host a Creative Health Conference (November 2025) sharing practice and supporting our profile.
- Expand Dancing with Dementia and Good Graduate Company to new localities.
- Celebrate 10 years of dance through our conference and socials.
- Long-term core funding stability.

ACKNOWLEDGEMENTS

With heartfelt thanks to our funders, trustees, artists, staff, participants, and volunteers.

We are especially grateful to Lucy Gill at Brentwood Borough Council, National Lottery Awards for All, Essex Community Foundation, Eastlight Community Homes, Braintree District Council, London Borough of Barking & Dagenham, Grove End Housing, and Orchestras Live for their belief in our mission.

DNA Contact Information

Email: info@dancenetworkassociation.org.uk

Telephone: 07490 37 47 17

Registered Address: Sunspot, Jaywick Sands, Essex CO15 2JG

Facebook: [Dance Network Association](#)

Instagram: [dancenetworkassociation](#)

LinkedIn: [Dance Network Association](#)

DANCE NETWORK ASSOCIATION
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2025

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees
Ms F Maynard
Ms L Kennedy
Ms G L Wright
Ms E Urmston

Charity number (England and Wales) 1202883

Principal address
C/O Learning and Participation
Mercury Theatre
Balkerne Gate
Colchester
Essex
CO1 1PT

Independent examiner
Galloways Accounting (Bexhill) Limited
23 St Leonards Road
Bexhill on Sea
East Sussex
TN40 1HH

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INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF DANCE NETWORK ASSOCIATION

I report to the trustees on my examination of the financial statements of Dance Network Association (the charity) for the year ended 31 August 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Galloways Accounting (Bexhill) Limited
23 St Leonards Road
Bexhill on Sea
East Sussex
TN40 1HH
Date: 29/01/2026

**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 AUGUST 2025

| | | Unrestricted funds 2025 £ | Restricted funds 2025 £ | Total 2025 £ | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total 2024 £ |
|--|-------|------------------------------------|----------------------------------|--------------------|------------------------------------|----------------------------------|--------------------|
| | Notes | | | | | | |
| Income and endowments from: | | | | | | | |
| Donations and legacies | 3 | 2,628 | 19,999 | 22,627 | 2,174 | 3,001 | 5,175 |
| Charitable activities | 4 | 32,021 | 111,018 | 143,039 | 31,146 | 189,347 | 220,493 |
| Other income | 5 | - | - | - | 21,502 | 62,167 | 83,669 |
| Total income | | 34,649 | 131,017 | 165,666 | 54,822 | 254,515 | 309,337 |
| Expenditure on: | | | | | | | |
| Raising funds | 7 | - | - | - | 3,900 | 2,340 | 6,240 |
| Charitable activities | 6 | 31,429 | 133,136 | 164,565 | 38,942 | 204,901 | 243,843 |
| Total expenditure | | 31,429 | 133,136 | 164,565 | 42,842 | 207,241 | 250,083 |
| Net income/(expenditure) | | 3,220 | (2,119) | 1,101 | 11,980 | 47,274 | 59,254 |
| Transfers between funds | | | | | | | |
| | | 6,332 | (6,332) | - | 4,243 | (4,243) | - |
| Net movement in funds | 9 | 9,552 | (8,451) | 1,101 | 16,223 | 43,031 | 59,254 |
| Reconciliation of funds: | | | | | | | |
| Fund balances at 1 September 2024 | | 16,223 | 43,031 | 59,254 | - | - | - |
| Fund balances at 31 August 2025 | | 25,775 | 34,580 | 60,355 | 16,223 | 43,031 | 59,254 |

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

STATEMENT OF FINANCIAL POSITION
AS AT 31 AUGUST 2025

| | Notes | 2025 £ | £ | 2024 £ | £ |
|---|-------|-----------|--------|-----------|--------|
| Fixed assets | | | | | |
| Tangible assets | 12 | | 174 | | 1,392 |
| Current assets | | | | | |
| Debtors | 13 | 24,143 | | 39,671 | |
| Cash at bank and in hand | | 37,481 | | 32,600 | |
| | | 61,624 | | 72,271 | |
| Creditors: amounts falling due within one year | 15 | (1,443) | | (14,409) | |
| Net current assets | | | 60,181 | | 57,862 |
| Total assets less current liabilities | | | 60,355 | | 59,254 |
| The funds of the charity | | | | | |
| Restricted income funds | 16 | | 34,580 | | 43,031 |
| Unrestricted funds | 17 | | 25,775 | | 16,223 |
| | | | 60,355 | | 59,254 |

The financial statements were approved by the trustees on 29/01/2026


Ms G L Wright
Trustee

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2025

1 Accounting policies

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's memorandum and articles of association, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted general funds are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

Restricted funds are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

There are no endowment funds.

1.4 Income

Income from donations and grants is included in incoming resources when these are receivable, except as follows:

When donors specify the donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.

When donors specify the donations and grants, including capital grants, are for particular restricted purposes, this income is included in the incoming resources of restricted funds when receivable.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

| | |
|--------------------|-------------------------------|
| Computer Equipment | 20% on reducing balance basis |
|--------------------|-------------------------------|

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025

1

Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3

Income from donations and legacies

| | Unrestricted funds | Restricted funds | Total | Unrestricted funds | Restricted funds | Total |
|---------------------|--------------------|------------------|--------|--------------------|------------------|-------|
| | 2025 | 2025 | 2025 | 2024 | 2024 | 2024 |
| | £ | £ | £ | £ | £ | £ |
| Donations and gifts | 2,628 | 19,999 | 22,627 | 2,174 | 3,001 | 5,175 |

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025

4 Income from charitable activities

| | Unrestricted funds 2025 £ | Restricted funds 2025 £ | Total 2025 £ | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total 2024 £ |
|--------------|------------------------------------|----------------------------------|--------------------|------------------------------------|----------------------------------|--------------------|
| Total | | | | | | |
| Services | 11,137 | 11,331 | 22,468 | 25,551 | 95,925 | 121,476 |
| Sales | - | - | - | 595 | 1,685 | 2,280 |
| Grants | 20,884 | 99,687 | 120,571 | 5,000 | 91,737 | 96,737 |
| | <u>32,021</u> | <u>111,018</u> | <u>143,039</u> | <u>31,146</u> | <u>189,347</u> | <u>220,493</u> |

5 Other income

| | Unrestricted funds 2025 £ | Restricted funds 2025 £ | Total 2025 £ | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total 2024 £ |
|--------------|------------------------------------|----------------------------------|--------------------|------------------------------------|----------------------------------|--------------------|
| Other income | - | - | - | 21,502 | 62,167 | 83,669 |
| | <u>-</u> | <u>-</u> | <u>-</u> | <u>21,502</u> | <u>62,167</u> | <u>83,669</u> |

6 Expenditure on charitable activities

| | Total 2025 £ | Total 2024 £ |
|---|--------------------|--------------------|
| Direct costs | | |
| Staff costs | | |
| Dance teachers & music artists | 44,915 | 44,775 |
| Project costs | 67,953 | 83,620 |
| Rent and rates | 2,742 | 23,791 |
| | <u>11,819</u> | <u>14,906</u> |
| | 127,429 | 167,092 |
| Share of support and governance costs (see note 8) | | |
| Support | 32,555 | 73,561 |
| Governance | 4,581 | 3,190 |
| | <u>164,565</u> | <u>243,843</u> |
| Analysis by fund | | |
| Unrestricted funds | 31,429 | 38,942 |
| Restricted funds | 133,136 | 204,901 |
| | <u>164,565</u> | <u>243,843</u> |

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025

7 Expenditure on raising funds

| | Unrestricted funds | Restricted funds | Total | Unrestricted funds | Restricted funds | Total |
|-----------------------|--------------------|------------------|-------|--------------------|------------------|-------|
| | 2025 | 2025 | 2025 | 2024 | 2024 | 2024 |
| | £ | £ | £ | £ | £ | £ |
| Cost of raising funds | - | - | - | 3,900 | 2,340 | 6,240 |

8 Support costs allocated to activities

| | 2025 | 2024 |
|--------------------------------|--------|--------|
| | £ | £ |
| Depreciation | 1,477 | 1,518 |
| Administrative team | 14,574 | 53,478 |
| Staff training | 994 | 115 |
| Printing, postage & stationery | 1,675 | 882 |
| Equipment | 20 | 652 |
| Marketing & print | 1,552 | 1,466 |
| Travel & subsistence | 6,423 | 7,928 |
| Insurance & subscriptions | 1,817 | 2,881 |
| Bank charges | 109 | 174 |
| Telephone & computer expenses | 1,885 | 1,394 |
| General and sundry expenses | 2,029 | 3,073 |
| Governance costs | 4,581 | 3,190 |
| | 37,136 | 76,751 |
| Analysed between: | | |
| Total | 37,136 | 76,751 |

9 Net movement in funds

| | 2025 | 2024 |
|--|-------|-------|
| | £ | £ |
| The net movement in funds is stated after charging/(crediting): | | |
| Fees payable for the independent examination of the charity's financial statements | 1,440 | 480 |
| Depreciation of owned tangible fixed assets | 1,477 | 1,518 |

10 Employees

The average monthly number of employees during the year was:

| 2025 | 2024 |
|--------|--------|
| Number | Number |
| 2 | 1 |

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025

10 Employees

(Continued)

Employment costs

| | 2025 | 2024 |
|-----------------------|-------------|-------------|
| | £ | £ |
| Trustee remunerations | 44,915 | 44,775 |

Remunerations are paid to the trustee for services provided as part of the charities activities. Their role as a trustee is provided on a voluntary basis with no further remuneration paid for the trustee role.

There were no employees whose annual remuneration was more than £60,000.

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Tangible fixed assets

| | Computer Equipment £ |
|------------------------------------|-------------------------------------|
| Cost | |
| At 1 September 2024 | |
| Additions | 4,666 |
| | 259 |
| At 31 August 2025 | 4,925 |
| Depreciation and impairment | |
| At 1 September 2024 | |
| Depreciation charged in the year | 3,274 |
| | 1,477 |
| At 31 August 2025 | 4,751 |
| Carrying amount | |
| At 31 August 2025 | 174 |
| At 31 August 2024 | 1,392 |

13 Debtors

| | | |
|---|-------------|-------------|
| Amounts falling due within one year: | 2025 | 2024 |
| | £ | £ |
| Trade debtors | 24,143 | 38,165 |
| Prepayments and accrued income | - | 1,506 |
| | 24,143 | 39,671 |

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025

| 14 Loans and overdrafts | | 2025 | 2024 |
|--|-------|-------------------|-------------------|
| | | £ | £ |
| Bank overdrafts | | 3 | - |
| | | <u> </u> | <u> </u> |
| Payable within one year | | 3 | - |
| | | <u> </u> | <u> </u> |
| 15 Creditors: amounts falling due within one year | | 2025 | 2024 |
| | Notes | £ | £ |
| Bank overdrafts | 14 | 3 | - |
| Corporation tax payable | | - | 85 |
| Other taxation and social security | | - | 2,688 |
| Trade creditors | | - | 11,432 |
| Other creditors | | - | 204 |
| Accruals and deferred income | | 1,440 | - |
| | | <u> </u> | <u> </u> |
| | | 1,443 | 14,409 |
| | | <u> </u> | <u> </u> |

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025

16 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

| | At 1 September 2024 | Incoming resources | Resources expended | Transfers | At 31 August 2025 |
|------------------------------------|---------------------------|-----------------------|-----------------------|----------------|----------------------|
| | £ | £ | £ | £ | £ |
| Colchester Voluntary Welfare Grant | - | - | - | - | - |
| Age Well | 280 | - | (228) | (52) | - |
| Dancing for Joy | 873 | - | - | (873) | - |
| Fowler Smith Jones | 56 | - | (56) | - | - |
| Arts Council Recovery Grant | 653 | - | - | (653) | - |
| Arts Council Reserves | 2,048 | - | - | (2,048) | - |
| DWD Tendring income | 6,983 | - | - | (6,983) | - |
| MCCarthy Stone | - | 7,494 | - | - | 7,494 |
| Barking & Dagenham Mass Dance | 1,252 | - | (924) | (328) | - |
| Good Graduate Brentwood | - | 26,877 | (22,624) | (4,253) | - |
| HAF Provision | 11,511 | 42,257 | (68,881) | 15,112 | - |
| Carers Community Fund | 10,000 | 10,000 | (12,293) | (7,707) | - |
| Dance on Prescription | 974 | - | - | (974) | - |
| Braintree Dancing for Joy | 2,313 | 8,389 | (10,110) | - | 592 |
| Colchester Catalyst | 562 | - | (562) | - | - |
| Co-op Community Fund | (555) | - | - | 555 | - |
| Essex Ed & Adult Social Care Fund | (1,872) | - | - | 1,872 | - |
| Good Company of Graduates | 909 | 16,000 | (9,889) | - | 7,020 |
| National Lottery | 7,044 | 19,999 | (7,569) | - | 19,474 |
| | <u>43,031</u> | <u>131,017</u> | <u>(133,136)</u> | <u>(6,332)</u> | <u>34,580</u> |

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025

16 Restricted funds (Continued)

| Previous year: | At 1 September 2023 | Incoming resources | Resources expended | Transfers | At 31 August 2024 |
|---|---------------------------|-----------------------|-----------------------|----------------|----------------------|
| | £ | £ | £ | £ | £ |
| Colchester Voluntary Welfare Grant | 9,664 | 500 | (9,884) | - | 280 |
| Age Well | - | 25,000 | (24,127) | - | 873 |
| Dancing for Joy | - | 600 | (544) | - | 56 |
| Fowler Smith Jones | - | 2,000 | (1,347) | - | 653 |
| Arts Council Recovery Grant | 3,345 | - | (1,297) | - | 2,048 |
| Arts Council Reserves | 7,365 | - | (382) | - | 6,983 |
| Barking & Dagenham Active Start | - | 480 | - | (480) | - |
| Barking & Dagenham Mass Dance | 14,768 | 31,736 | (45,252) | - | 1,252 |
| Barking & Dagenham Early Years | 8,482 | - | (4,719) | (3,763) | - |
| HAF Provision | 7,520 | 58,395 | (54,404) | - | 11,511 |
| Essex County Council Babies in the Barn | 101 | - | (101) | - | - |
| Dance on Prescription | 1,499 | 974 | (1,499) | - | 974 |
| Braintree Dancing for Joy | - | 3,163 | (850) | - | 2,313 |
| Colchester Catalyst | 7,588 | - | (7,026) | - | 562 |
| Co-op Community Fund | 1,835 | - | (2,390) | - | (555) |
| Essex Ed & Adult Social Care Fund | - | 17,000 | (18,872) | - | (1,872) |
| Good Company of Graduates | - | 22,500 | (21,591) | - | 909 |
| National Lottery | - | 20,000 | (12,956) | - | 7,044 |
| Carers Community Fund | - | 10,000 | - | - | 10,000 |
| | <u>62,167</u> | <u>254,515</u> | <u>(207,241)</u> | <u>(4,243)</u> | <u>43,031</u> |

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025

16 Restricted funds

(Continued)

- Colchester Voluntary Welfare Grant - relates to Dancing for Joy Activity in Colchester spent on overheads and salary.
- Age Well Grant - relates to Dancing with Dementia Colchester Programmes spent on overheads and salary.
- Dancing for Joy Grant - relates to Colchester based activity.
- Barking & Dagenham Mass Dance - This is restricted to deliver work for the benefit of London Borough of B&D children and young people.
- DWD Tendring income McCarthy Stone - This is restricted to delivering a new project for Dementia in Tendring - yet to start.
- Braintree Dancing for Joy - This is restricted to delivering Braintree and Halstead Dancing with Dementia programmes spent on overheads and salary.
- Colchester Catalyst - This is restricted for delivery of Dancing with Parkinsons.
- Co-op Community Fund - This is money given during Covid to be spent on all DNA activity to support adults in the winter.
- Essex Ed & Adult Social Care Fund - This is restricted to be spent on a school and care home programme x 2 in Tendring.
- Good Company of Graduates - This is for activity for those living with Dementia and their carers and companions spent on overheads and salary.
- National Lottery - This is restricted core funds to be spent on activity for older adults (all activity).
- Good Graduate Brentwood - This is restricted to be spent on activity in Brentwood for those living with Dementia and their carers and companions including overheads and salary.
- Carers Community Fund - This is restricted to support activity for those living with Dementia at their Carers Companions.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025

17 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

| | At 1 September 2024 | Incoming resources | Resources expended | Transfers | At 31 August 2025 |
|-------------------------------|---------------------------|-----------------------|-----------------------|--------------|----------------------|
| | £ | £ | £ | £ | £ |
| General funds | (1,768) | 28,085 | (13,495) | 2,769 | 15,591 |
| Bespoke Schools Programmes | 8,481 | 9,485 | (8,720) | - | 9,246 |
| Essex Summer Activity | 571 | - | (577) | 6 | - |
| Dance for care homes | 4,821 | (3,945) | (2,775) | 1,899 | - |
| Dance on prescription | 100 | - | (135) | 974 | 939 |
| Dance with Dementia | (298) | 805 | (507) | - | - |
| Dancing with Lived Conditions | 5,000 | - | (5,000) | - | - |
| Regeneration Colchester | (684) | - | - | 684 | - |
| Dance with Parkinsons | - | 220 | (220) | - | - |
| | <u>16,223</u> | <u>34,649</u> | <u>(31,429)</u> | <u>6,332</u> | <u>25,775</u> |
| | | | | | |
| Previous year: | At 1 September 2023 | Incoming resources | Resources expended | Transfers | At 31 August 2024 |
| | £ | £ | £ | £ | £ |
| General funds | (2,400) | 4,324 | (7,935) | 4,243 | (1,768) |
| Bespoke Schools Programmes | 15,497 | 20,236 | (27,252) | - | 8,481 |
| Essex Summer Activity | - | 975 | (404) | - | 571 |
| Dance for care homes | 4,535 | 3,318 | (3,032) | - | 4,821 |
| Dance on prescription | 100 | - | - | - | 100 |
| Dance with Dementia | 1,116 | 200 | (1,614) | - | (298) |
| Dancing with Lived Conditions | - | 5,000 | - | - | 5,000 |
| Regeneration Colchester | 121 | - | (805) | - | (684) |
| Fusion | 1,800 | - | (1,800) | - | - |
| | <u>20,769</u> | <u>54,822</u> | <u>(42,842)</u> | <u>4,243</u> | <u>16,223</u> |

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025

18 Analysis of net assets between funds

| | Unrestricted funds 2025 £ | Restricted funds 2025 £ | Total 2025 £ |
|------------------------------|------------------------------------|----------------------------------|--------------------|
| At 31 August 2025: | | | |
| Tangible assets | 174 | - | 174 |
| Current assets/(liabilities) | 25,601 | 34,580 | 60,181 |
| | <u>25,775</u> | <u>34,580</u> | <u>60,355</u> |
| | | | |
| | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total 2024 £ |
| At 31 August 2024: | | | |
| Tangible assets | 1,392 | - | 1,392 |
| Current assets/(liabilities) | 14,831 | 43,031 | 57,862 |
| | <u>16,223</u> | <u>43,031</u> | <u>59,254</u> |

19 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

DANCE NETWORK ASSOCIATION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF DANCE NETWORK ASSOCIATION

I report to the trustees on my examination of the financial statements of Dance Network Association (the charity) for the year ended 31 August 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Galloways Accounting (Bexhill) Limited

23 St Leonards Road

Bexhill on Sea

East Sussex

TN40 1HH

Date: 29/01/2026