



TRUSTEES REPORT

16 MONTH PERIOD
28 APRIL 2023 - 31 AUGUST 2024

Charity Number 1202883

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Rachel Cherry

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ADMINISTRATION

CHARITY NAME: DANCE NETWORK ASSOCIATION (DNA)

CHARITY REGISTRATION NUMBER: 1202883

REGISTERED OFFICE: C/O MERCURY THEATRE, BALKERNE GATE,
COLCHESTER CO1 1PT

TRUSTEES:

GEMMA WRIGHT CHAIR
ELSA URMSTON VICE CHAIR
LYANN KENNEDY SECRETARY
FRANCES MAYNARD

MANAGEMENT:

GEMMA WRIGHT CEO
KAREN PRATT PROGRAMME MANAGER DANCING FOR JOY
STEPHANIE TOWNSEND FREELANCE PROJECT MANAGER
EDUCATION

INDEPENDENT EXAMINERS: COMMUNITY 360 WINSLEY'S HOUSE,
HIGH STREET, COLCHESTER CO1 1UG

BANKERS: HSBC, 26 HIGH STREET, COLCHESTER CO1 1DQ



GOVERNANCE STRUCTURE



1. Background

- After eight years as a Community Interest Company, DNA transitioned to a Charitable Incorporated Organisation (CIO) on 28th April 2023.
- The transition aims to strengthen DNA's financial stability, broaden its reach, and better serve diverse communities.

2. Governing Document

- DNA operates under the CIO constitution, dated 19th April 2023.
- The constitution outlines the charity's objects, powers, and governance framework.

3. Charity Trustees

- Minimum Requirement: DNA must have at least three Charity Trustees at all times.
- Appointment Process:
 - All trustees (excluding the first set) are appointed through resolutions passed at properly convened trustee meetings.
 - Appointments consider the skills, knowledge, and experience required for effective administration.
- Responsibilities:
 - Trustees meet quarterly to set and review strategic goals.
 - Trustees are responsible for policy-making and implementation.

4. CEO and Daily Management

- Daily operations are managed by the CEO, who works under a 'Conflict of Interest' policy.
- Other trustees do not receive remuneration, benefits, or expenses for their roles.

GOVERNANCE & POLICIES



5. Risk Management

- Trustees are responsible for identifying, assessing, and mitigating risks to ensure the Charity's objectives are achieved sustainably and responsibly.
- Risk is reviewed quarterly during trustee meetings to address financial, operational, reputational, and compliance risks. The CEO ensures that day-to-day activities align with the risk management policies, and any significant risks are promptly reported to the trustees.

6. Induction and Training

- New trustees participate in induction programmes to understand their roles and responsibilities.
- Trustees are encouraged to attend training events provided by organisations such as the National Centre for Voluntary Organisations (NCVO).
- Training and resources help trustees remain updated on policy-making, legislative changes, risk management, and best practices.

This governance structure ensures DNA's activities align with its charitable objectives while maintaining transparency, accountability, and effective risk management.

POLICIES

All DNA policies will undergo a thorough review and update by the board between August and September 2024 to reflect our transition from a CIC to a charity and to incorporate any new legal requirements. Our updated policies are available at:

<https://www.dancenetworkassociation.org.uk/policies>.

PURPOSE

Purpose:

The organisation was founded in 2015 as a Community Interest Company converted into a Charitable Incorporated Organisation (CIO) in England and Wales. The governing document is its constitution, dated 19th April 2023, which sets out the organisation's following charitable objectives: To advance education for the public benefit by the promotion of the art of dance and movement, in particular, but not exclusively, in Essex and its neighbouring counties.

Our vision:

Dance Network Association (DNA) is a dance organisation that enables people to live more connected, joyful, and aspirational lives through dance.

Our mission:

Dancing with DNA provides opportunities for people to improve their confidence and physical wellbeing nurtures creativity and independent thinking and enhances friendships through social interaction.

Our objectives are reviewed annually in our end-of-year meeting. During this time, all management participate in appraisals to contribute to our reflections on our objectives. Budgets and business planning are then refocused on the year ahead and beyond, considering staff, participants, and other public data to ensure we are still working towards the charities objectives.



EXECUTIVE SUMMARY



The 16-month period has been transformative for the Dance Network Association, marked by growth, creativity, and resilience. We expanded our programmes, particularly within schools and intergenerational projects. Our Bespoke Schools Programmes reached hundreds of students, while our Holiday Activity and Food (HAF) programme, supported by the London Borough of Barking and Dagenham, engaged 146 children in enriching activities. These programmes have fostered creativity, physical activity, and community, with overwhelmingly positive feedback from participants and their families.

The Mass Dance Project during 2024 was a standout achievement, involving over 2,800 participants and culminating in a live performance at the Jim Peters Stadium. Our choice to commission choreographers from Glass House Dance brought new artistic depth and quality to the programme.

Our adult programmes, including Dancing with Dementia, Dancing with Parkinson's, Dance for Older Adults and our new project the Good Graduate Company have provided critical support for participants and their caregivers/companions. Participants reported improvements in mobility, mood, and social engagement. However, we identified areas for improvement, such as the need for more classes for people to really see an increase in their health through dancing and better transportation access for older adults.

Finally, our new intergenerational project, Every Move Counts, was a definite highlight of the year. It clearly demonstrated the immense value of bringing young children and older adults together, using dance as a powerful tool for cognitive development and social connection. The positive impact of this collaboration was significant and truly inspiring one we are keen to roll out in other areas of Essex.

Financially, we generated and merged from the CIC an income of £308,615 in the 16-month period and spent £249,394.

DNA maintains three months in reserves for operational costs in the bank as a safeguard against future turbulence and unforeseen challenges. This reserve fund provides a crucial safety net, allowing us to continue operations smoothly during periods of uncertainty, such as economic downturns or unexpected expenses. By prioritising risk reduction and operational continuity, the reserves enable us to meet our financial obligations, protect essential services, and remain adaptable to new opportunities or emergencies without relying solely on external funding. Regular assessments, transparent monitoring, and a defined usage protocol ensure the reserve is managed responsibly, while a replenishment plan sustains its long-term viability.

This period we secured a multi-year grant from the Carers Community Fund, which will support future growth and enable us to provide additional service for caregivers and companions. Sustained fundraising of this kind remains essential for us.

Challenges included slower recruitment for some programmes, the worry that we may have needed to make redundancies in early 2024 due to limited funds; however this was mitigated with thanks to funding secured. We need to improve our marketing and registration process and communication with participants, caregivers, companions and parents/guardians. Looking ahead, we aim to build on these successes and address these challenges, with a focus on expanding partnerships and enhancing accessibility.

Overall, DNA remains committed to making dance accessible and transformative for people of all ages and abilities.

Gemma Wright

Chief Executive Officer, Dance Network Association

FINANCIAL SUMMARY

Reporting Period 16 months: 28 April 2023 – 31 August 2024

£309,336

Income

£250,083

Expenditure

£48,843

Committed Project
Costs

£44,684

Expected Income
(debtors)

£32,600

Current Bank
Balance

£10,378

Reserves

NOTEWORTHY UPDATES

- We secured a multi-year grant from the Carers Community Fund worth £10,000 each year.
- We are in talks with universities to collaborate on research, which could provide financial and operational support for DNA's work.
- Looking ahead, the Mass Dance 2025 project will involve working with Matthew Bourne's New Adventures company, a significant achievement. Matthew Bourne's New Adventures is celebrated globally for its groundbreaking choreography, innovative storytelling, and commitment to making dance accessible to all. To work alongside such a prestigious company is a testament to the standard of our programmes and the dedication of our team.



Mikaela Jade Photography

STAFF STRUCTURE

This year, DNA experienced both stability and challenges in staffing:

- Gemma Wright: CEO (working three days per week)
- Karen Pratt: Dancing for Joy Programme Manager (working two days per week)
- Kelly Anne Chambers: Support Officer (August 2023 – January 2024)
- Steph Townsend: Freelance Project Manager Education and Social Communications Officer (working 2-2.5 days per week contract ends 31 August 2024)
- Katie Harwood: Freelance Participant Relationship Officer (working one day per week, April – August 2024)

Note: The role of Dancing for Joy Programme Manager nearly faced redundancy in April 2024 due to financial difficulties but continued thanks to additional funding.

KEY PROJECTS DELIVERED

BESPOKE PROGRAMMES

DNA ran successful school programmes and training for care staff and wellbeing leads across the year, reaching many participants:

- John Bunyan Primary School & Nursery (Braintree): 115 sessions for various year groups, with an average of 23-25 students per session.
- Lyons Hall Primary School (Braintree): 71 sessions, with an average of 29 students per session.
- 4 x Activities for Care Home Staff Training = total of 86 participants trained.

HOLIDAY ACTIVITY & FOOD PROGRAMME

DNA organised two major holiday programmes (HAF) funded by the London Borough of Barking and Dagenham:

- Easter School (April 2024): 57 children aged 8-11 participated, averaging 14 children per day.
- Summer Holiday Programme (July-August 2024): A total of 89 participants aged 5-16 attended over two weeks.

MASS DANCE | DANCE MATTERS

This large-scale project, supported by the London Borough of Barking and Dagenham, reached 2,858 participants. A major highlight was the live performance at the Jim Peters Stadium on 06 June 2024, with 482 dancers, 52 staff, and 380 audience members. DNA commissioned professional dance artists to create the choreography *Glass House Dance* musically accompanied by East Angles Brass Band.

DANCING WITH DEMENTIA

DNA's Dancing with Dementia programme is a compassionate and innovative initiative designed to support individuals living with dementia and their caregivers. These inclusive dance sessions combine movement, music, and connection to create moments of joy, enhance well-being, and stimulate memory and creativity.

The programme is tailored to meet the needs of participants, whether they prefer to engage seated or standing, ensuring accessibility for all abilities. It provides a welcoming, safe space where participants can express themselves freely, connect with others, and enjoy the therapeutic benefits of dance.

The sessions also support caregivers, offering them a chance to connect, relax, and share meaningful experiences alongside their loved ones. By focusing on creativity, interaction, and community, the programme helps to combat isolation and fosters a sense of belonging for everyone involved. Participants reported improvements in mood, mobility, and social interaction.

Dancing with Dementia is more than a class—it's a lifeline remarked by one participant; that brings movement, joy, and connection to those living with dementia, their families, and caregivers, making a lasting impact on lives and communities.

Over the past 16 months this programme has continued to make a strong impact in new geographic locations including Braintree and Halstead as well as delivering in sustained areas of Witham, and Colchester:

- **Colchester** An average of 8 participants per session.
- **Braintree:** An average of 13 participants per session.
- **Halstead:** An average of 18 participants per session.
- **Witham:** An average of 5 participants per session.

Looking ahead we would like to continue to develop these projects in new geographical locations to ensure higher participant reach and engagement.

DANCING WITH PARKINSON'S

DNA's Dancing with Parkinson's programme is an essential part of Dance Network Association's offerings, designed to support individuals living with Parkinson's through dance, movement, and social engagement. Funded in this period by Age Well and the National Lottery Awards for All.

Throughout the period, the programme delivered 48 sessions, with an average of 8 participants attending each class. Our class sizes are intentionally kept small to ensure a personalised, supportive environment where participants receive individual attention and can fully engage in a safe and meaningful way.

These sessions focus on gentle movement and dance, tailored to the physical and cognitive needs of those living with Parkinson's. Participants work on improving mobility, balance, and coordination while enjoying a supportive space for social interaction and emotional well-being. Artists have also incorporated rhythmical and vocal exercises to address common symptoms like reduced vocal projection, helping participants feel more confident using their voices.

Participants reported feeling more energised and stronger after attending, with many noting improvements in mood, movement, and strength. One participant shared how the programme boosted their confidence and energy levels, while others highlighted its positive impact on overall well-being.

Looking ahead, Dance Network Association is committed to expanding the Dancing with Parkinson's programme, ensuring even more individuals can benefit from this transformative initiative.



Rachel Cherry

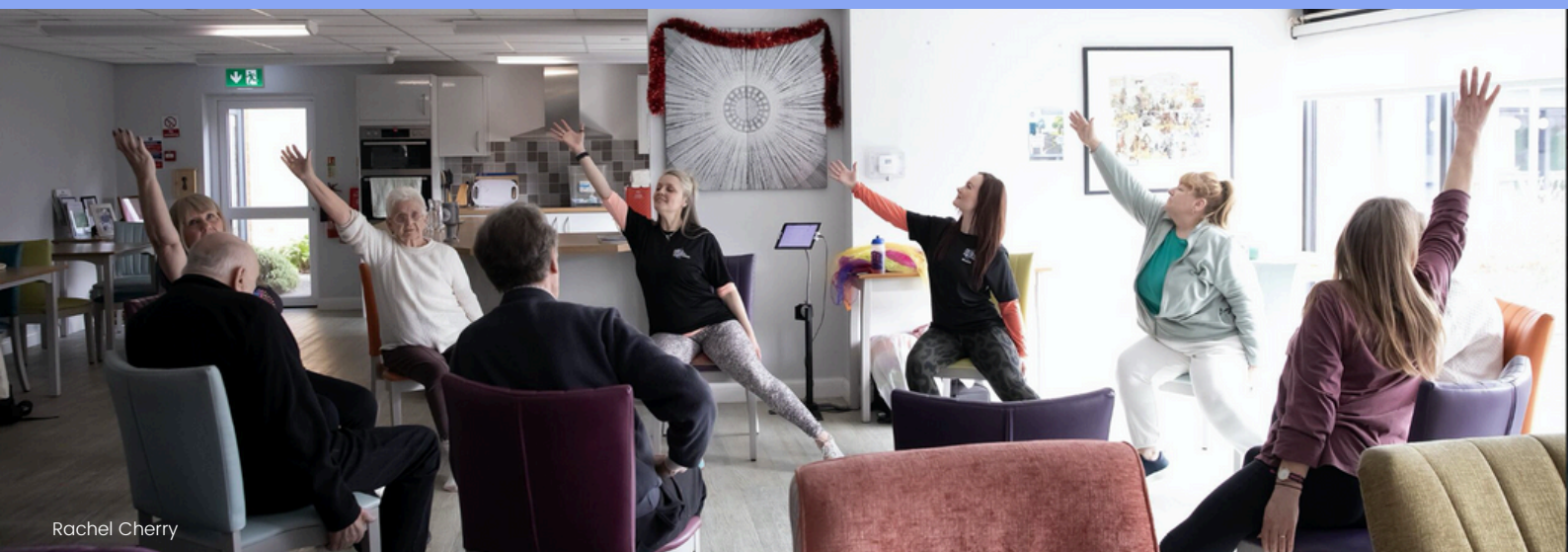
DANCE FOR OLDER ADULTS

Dance for Older Adults is one of Dance Network Association's most impactful programmes, designed to support physical and emotional well-being for older adults. Running from May 2023 to August 2024, this programme has provided participants with regular opportunities for gentle movement, social interaction, and creative expression.

Funded initially by Age Well and later supported by the National Lottery Awards, the programme offered consistent weekly sessions across several locations, including Colchester. The feedback from participants has been overwhelmingly positive, with many reporting improvements in mobility, balance, and overall energy levels. The inclusive nature of the sessions ensures that everyone, regardless of ability, can participate, with options for both standing and seated exercises.

On average, each session saw 10 participants, with a total of 58 sessions delivered over the 16 months. Beyond the physical benefits, participants also appreciated the social aspects of the programme, often noting that it helped reduce feelings of isolation and provided a regular routine that they looked forward to.

Moving forward, we aim to expand the programme's reach, address transportation challenges, and offer more varied dance styles to keep participants engaged and excited.



Rachel Cherry

GOOD GRADUATE COMPANY

The Good Graduate Company is a new initiative within Dance Network Association's portfolio, offering weekly activities for the 'Good Company,' an Arts and Dementia programme in Brentwood. Funded by Brentwood Borough Council, the project ran from February to July 2024, providing arts sessions to improve the health and well-being of individuals living with dementia and their caregivers.

The programme engaged 141 participants across 17 sessions, with an average of 8 participants per session.

In addition to supporting participants, the project offered local emerging artists invaluable experience in teaching, choreography, and leadership, working alongside established organisations such as Age Exchange, Green Candle Dance Company, and Orchestra's Live. This hands-on training boosted their confidence and prepared them for future roles in the arts industry and dementia care.

Feedback highlighted the programme's positive impact:

- **Physical Well-being:** Participants reported feeling more energised and flexible, with one noting they "felt much looser after the session."
- **Mental Well-being:** Sessions provided relaxation and stress relief, with one participant describing a "huge boost going into the weekend."
- **Social Engagement:** Participants enjoyed a sense of friendship and togetherness, enhancing their social well-being.

The Good Graduate Company has proven to be a meaningful initiative, enriching lives through arts, movement, and connection.



EVERY MOVE COUNTS

Every Move Counts is one of DNA's most heartfelt programmes of the year. This was a bespoke intergenerational project, funded by Essex County Council's Adult Social Care. It brings together older adults, including those living with dementia, and school-aged children to participate in shared dance activities that foster physical movement, cognitive engagement, and community connection.

This year, the project delivered 29 sessions across two care settings and two primary schools in Clacton-on-Sea and Harwich. The programme reached 823 participants, with an average of 28 people per session. The sessions focused on creative movement and mathematics, encouraging both young people and older adults to develop skills in these areas through dance.

Participants, particularly those living with dementia, reported increased engagement, confidence, and social interaction. Children also benefited from the project, gaining a deeper understanding of age-related conditions like dementia and breaking down barriers between generations. Teachers and caregivers praised the sessions for their fun, inclusive approach and their ability to enhance physical and cognitive abilities in a supportive environment.

Moving forward, DNA plans to expand the Every Move Counts project to reach more care homes and schools, with the goal of deepening intergenerational bonds and continuing to use dance as a tool for physical and cognitive improvement.



Rachel Cherry

OUR DIRECT REACH



TOTAL PARTICIPATION

21530

Direct Participants

16,461

Online Participants

39

School and other
Staff Present

690

Total
Volunteers

109

Audience
Members

510

Total Professionals
Involved

932

DEMOGRAPHICS

- Age: 6% aged 0-5, 75% aged 6-12, 2% aged 13-19, 3% aged 20-49, and 14% aged over 50.
- Gender: 43% male, 57% female.
- Ethnicity: 29% identified as Black, Asian, and Minority Ethnic (BAME).



IMPACT AND FEEDBACK

DNA's programmes have made a clear positive impact on participants' physical, mental, and emotional well-being. Feedback from a survey conducted in March 2024 revealed:

- **Energy Levels:** Many participants reported feeling more energized after attending classes.
- **Confidence:** Participants noted increased self-confidence, particularly in engaging with dance and social activities.
- **Strength and Mobility:** Improvements in muscle strength and mobility were reported, especially by those managing long-term conditions like Parkinson's disease.

Participants in all age groups consistently expressed how dance helped improve their well-being, providing opportunities for socialising, staying active, and enhancing their mental health.

CHALLENGES AND IMPROVEMENTS



While the year was mostly successful, there were a few areas to improve:

Educational programmes:

- **Shorter Days for Younger Participants:** Younger children (aged 5-7) found the full day tiring, which impacted on their focus towards the end of the day.
- **Parent Involvement for Older Children:** Some parents of the older children (aged 12-16) wished for more opportunities to observe their children's progress through informal sharing sessions.
- **Better Registration Process:** Staggering the arrival times for different age groups could improve the registration process by reducing wait times.

Dancing for Joy programmes:

- **Improved Transportation Access for Older Adults:** Many participants face difficulties in attending classes regularly due to a lack of accessible transportation. This was noted particularly in the Dancing with Dementia sessions, where several attendees came from nearby areas but relied heavily on others for transportation . A partnership with local transport services could increase attendance and ensure that more participants can benefit from the programme.
- **Increased Social Engagement Opportunities:** While many of the classes focus on movement and physical well-being, adult participants, particularly those in the Dancing with Dementia sessions, expressed that the social aspect was equally important . Organising post-class social gatherings or structured discussion groups could further enhance the sense of community and help foster deeper connections.
- **Expanded Programme Frequency and Duration:** Participants in the Dancing with Parkinson's programme have expressed a desire for more frequent and longer sessions . Some felt that while the current structure was beneficial, having more frequent opportunities to dance would further help with their physical health and mental well-being.

- **Integration of Mental Well-being and Cognitive Support:** While physical movement is the primary focus, including more structured mental exercises or activities that stimulate cognitive functions, such as memory challenges or mindfulness exercises, could benefit those with dementia or other cognitive challenges . This could be integrated into existing classes to provide a more holistic approach to well-being.
- **Feedback Mechanism for Continuous Improvement:** Adult participants could benefit from more regular opportunities to provide feedback, perhaps through simple surveys or informal discussions with instructors. This could help DNA identify specific needs, allowing for more immediate adjustments to the programme. For example, several participants mentioned a desire for more flexibility in the timing of sessions or a greater variety of dance styles.
- **Enhanced Focus on Music as a Tool for Engagement:** Music has been consistently highlighted as a key factor in the enjoyment and effectiveness of the sessions, particularly in the dementia and Parkinson's programmes . Expanding the variety of music and incorporating more opportunities for participants to engage with rhythm and musical activities could further enhance the physical and emotional benefits of the programmes.



Rachel Cherry

FUTURE GOALS



DNA aims to achieve the following goals for 2024-2025:

- **Expand Intergenerational Programmes:** Building on the success of intergenerational projects like Tendring Every Move Counts, DNA plans to increase these offerings.
- **Strengthen University Partnerships:** Potential collaborations with universities could provide research and financial opportunities to further DNA's work.
- **Mass Dance 2025:** Building on the success of previous years, DNA will work with Matthew Bourne's New Adventures to deliver an even bigger mass dance event in 2025.
- **Celebrate our 10-year anniversary.**

CONCLUSION



2023-2024 has been a period of growth, creativity, and success for Dance Network Association. With increased participation, new partnerships, and innovative programming, DNA continues to deliver on its mission of bringing joy and connections through dance and making it accessible to all. The year's achievements in fostering physical, mental, and emotional well-being through dance were profound.

As DNA moves forward, we remain committed to growing our impact, reaching more people, and using dance as a tool for well-being, social connection, and creativity. We are optimistic about the future and the opportunities ahead in 2024-2025.

This report outlines the periods progress, challenges, and successes, setting the stage for continued growth and impact as we enter a new year of programming and community engagement.

DNA Contact Information

Email: info@dancenetworkassociation.org.uk

Telephone: 07490 37 47 17

Registered Address: c/o Mercury Theatre, Balkerne Gate, Colchester CO1 1PT

Facebook: [Dance Network Association](#)

Instagram: [dancenetworkassociation](#)

LinkedIn: [Dance Network Association](#)

DANCE NETWORK ASSOCIATION

Charity number: 1202883

FINANCIAL STATEMENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024



DANCE NETWORK ASSOCIATION

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DANCE NETWORK ASSOCIATION

LEGAL AND ADMINISTRATIVE INFORMATION FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

Charity Number	1202883
Date of Incorporation	28th April 2023
Registered Address	Mercury Theatre, Balkerne Gate Colchester Essex CO1 1PT
Trustees	Gemma Wright Frances May Maynard Lyann Kennedy Elsa Urmston
Bankers	HSBC 26 High Street Colchester Essex CO1 1DQ
Independent Examiner	Community360 Winsley's House Colchester Essex CO1 1UG

DANCE NETWORK ASSOCIATION

INDEPENDENT EXAMINER'S REPORT FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

I report on the accounts of Dance Network Association for the year ended 31st August 2024 which are set out on pages 3 to 9.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed. The charities gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Accounting Technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of
Community360

Winsley's House, High Street, Colchester, Essex



Date

24/01/2025

DANCE NETWORK ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITY FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

	Note	Unrestricted Fund £	Restricted Fund £	2024 Total £
Incoming resources				
Donations and legacies	2	2,174	3,001	5,175
Charitable activities	3	31,146	189,347	220,493
Other income		733	-	733
Merger income		20,769	62,167	82,936
Total incoming resources		54,821	254,515	309,336
Resources expended				
Charitable activities	4	38,942	204,901	243,843
Cost of raising funds		3,900	2,340	6,240
Total resources expended		42,842	207,241	250,083
Net income for the year		11,979	47,274	59,254
Transfer between funds		4,243	(4,243)	-
Net income after transfers		16,222	43,031	59,254
Total funds brought forward		-	-	-
Total funds carried forward		16,222	43,031	59,254

DANCE NETWORK ASSOCIATION

BALANCE SHEET AS AT 31 AUGUST 2024

	Note	2024 Total £	2024 Total £
Fixed assets			
Tangible fixed assets	5		1,392
Current assets			
Debtors	6	44,684	
Cash at bank and in hand		32,600	
		<u>77,284</u>	
Current liabilities			
Creditors, amounts falling due within one year	7	19,421	
Net current assets			<u>57,863</u>
Totals assets less current liabilities			<u>59,254</u>
Net assets			<u><u>59,254</u></u>
Funds			
Unrestricted funds	9		16,222
Restricted funds	9		43,031
			<u><u>59,254</u></u>

Signed


Gemma Wright

Date

22/01/2025

DANCE NETWORK ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

1. Accounting policies

1.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

1.2 Accounting convention

The financial statements are prepared on a going concern basis, under the historical cost convention.

1.3 Incoming resources

Income from donations and grants is included in incoming resources when these are receivable, except as follows:

When donors specify the donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.

When donors specify the donations and grants, including capital grants, are for particular restricted purposes, this income is included in the incoming resources of restricted funds when receivable.

Interest is included when received by the charity .

1.4 Resources expended and recognition of liabilities.

Liabilities are recognised on the accruals basis in accordance with normal accounting principles.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of percentage of budget allocation, or time spent by staff on those activities.

1.5 Fund accounting

Funds held by the charity are either:

Unrestricted general funds

These are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

Restricted funds

These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

There are no endowment funds.

1.6 Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company and is, therefore, included in the relevant costs in the Statement Of Financial Activities.

DANCE NETWORK ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

2. Donations and legacies

	Unrestricted	Restricted	2024
	£	£	£
Donations	2,174	3,001	5,175
	2,174	3,001	5,175

3. Income from Charitable activities

	Unrestricted	Restricted	2024
	£	£	£
Grants	5,000	91,737	96,737
Services	25,551	95,925	121,476
Sales	595	1,685	2,280
	31,146	189,347	220,493

4. Expenditure on Charitable activities

	Unrestricted	Restricted	2024
	£	£	£
Dance teachers & music artists	23,916	59,704	83,619
Project costs	2,634	21,157	23,791
Direct wages	-	44,775	44,775
Rent and rates	957	13,949	14,906
Support costs	11,436	65,316	76,751
	38,942	204,901	243,843

Analysis of support costs

	Unrestricted	Restricted	2024
	£	£	£
Administrative team	4,425	49,053	53,478
Staff training	90	25	115
Printing, postage & stationary	348	534	882
Equipment	-	652	652
Marketing & print	149	1,317	1,466
Travel & subsistence	1,678	6,250	7,928
Insurance	-	1,035	1,035
Bank charges	34	140	174
Phone	345	60	405
Computer	632	357	989
General expenses	449	2,055	2,504
Legal & professional	1,037	2,153	3,190
Subscriptions	1,730	116	1,846
Depreciation	221	1,297	1,518
Sundry	298	272	570
	11,436	65,316	10,617

DANCE NETWORK ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

5. Tangible fixed assets	Restricted Computer Equipment £	Computer Equipment £	Total £
Cost as at 28/04/2023	3,242	1,424	4,666
Additions	-	-	-
Total Cost	3,242	1,424	4,666
Depreciation as at 28/04/2023	976	780	1,756
Depreciation charge for year	1,297	221	1,518
Total Depreciation	2,273	1,001	3,274
Net Book Value as at 31 August 2024	969	423	1,392
Net Book Value as at 28 April 2023	2,266	644	2,910

6. Debtors

	2024 £
Debtors	44,684
	44,684

7. Creditors; amounts falling due within one year

	2024 £
Creditors	11,431
Other creditors and accruals	7,989
	19,421

8. Trustee remuneration

	2024 £
Trustee remunerations	44,775
	44,775

Remunerations are paid to the trustee for services provided as part of the charities activities. Their role as a trustee is provided on a voluntary basis with no further remuneration paid for the trustee role.

DANCE NETWORK ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

9. Analysis of funds	As at 28/04/23	Income	Expenses	Transfers	As at 31/08/24
	£	£	£	£	£
Unrestricted					
General funds	(2,400)	4,324	(7,935)	4,243	(1,768)
Bespoke Schools Programmes	15,498	20,235	(27,252)	-	8,481
Essex Summer Activity	-	975	(404)	-	571
Dance for care homes	4,535	3,318	(3,032)	-	4,821
Dance on prescription	100	-	-	-	100
Dance with Dementia	1,116	200	(1,614)	-	(298)
Dancing with Lived Conditions	-	5,000	-	-	5,000
Regeneration Colchester	121	-	(805)	-	(684)
Fusion	1,800	-	(1,800)	-	-
	20,769	34,052	(42,842)	4,243	16,222

DANCE NETWORK ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

6. Analysis of funds (continued)

Restricted

Colchester Voluntary Welfare Grant	9,664	500	(9,884)	-	280
Age Well	-	25,000	(24,127)	-	873
Carers Community Fund	-	10,000	-	-	10,000
Dancing for Joy	-	600	(544)	-	56
Fowler Smith Jones	-	2,000	(1,347)	-	653
Arts Council Recovery Grant	3,345	-	(1,297)	-	2,048
Arts Council Reserves	7,365	-	(382)	-	6,983
Barking & Dagenham Active Start	-	480	-	(480)	-
Barking & Dagenham Mass Dance	14,768	31,736	(45,252)	-	1,252
Barking & Dagenham Early Years	8,482	-	(4,719)	(3,763)	-
HAF Provision	7,520	58,395	(54,404)	-	11,511
Essex County Council					
Babies in the Barn	101	-	(101)	-	-
Dance on Prescription	1,499	974	(1,499)	-	974
Braintree Dancing for Joy	-	3,163	(850)	-	2,313
Colchester Catalyst	7,587	-	(7,026)	-	561
Co-op Community Fund	1,835	-	(2,390)	-	(555)
Essex Ed & Adult Social Care Fund	-	17,000	(18,872)	-	(1,872)
Good Company of Graduates	-	22,500	(21,591)	-	909
National Lottery	-	20,000	(12,956)	-	7,044
	62,167	192,348	(207,241)	(4,243)	43,031