

# DANCE NETWORK ASSOCIATION

England & Wales · Charity number 1202883

## Details

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Other names	THE DANCE NETWORK ASSOCIATION COMMUNITY INTEREST COMPANY, DNA
Status	Registered
Legal form	CIO
Registered	2023-04-28
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Dance Network Association Sunspot Brooklands Jaywick Sands Essex CO15 2JG
Phone	07490374717
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Website	<a href="https://www.dancenetworkassociation.org.uk">https://www.dancenetworkassociation.org.uk</a>

## Activities

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**Objects:** TO ADVANCE EDUCATION FOR THE PUBLIC BENEFIT BY THE PROMOTION OF THE ART OF DANCE AND MOVEMENT, IN PARTICULAR BUT NOT EXCLUSIVELY, IN ESSEX AND ITS NEIGHBOURING COUNTIES.

**Activities:** Dance Network Association (DNA) is a dance charity that enables people to live more connected, joyful and aspirational lives through dance. DNA provides opportunities for people to improve their confidence and physical well-being, nurtures creativity and independent thinking and enhances friendships through social interaction. DNA provides activity to Essex and its neighbouring counties.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Arts/culture/heritage/science
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

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- Cambridgeshire
- Essex
- Hertfordshire
- Kent
- Suffolk
- Throughout London

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-08-31	£165,666	£164,565	-	-
2024-08-31	£309,336	£250,083	-	-

## Trustees

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Name	Role	Appointed
Elsa Urmston	Chair	2025-04-25
Catherine Stiff		2025-06-04
Lyann Kennedy		2023-01-23
Megan Grace Gasson		2025-10-09
Rashila Chandrakant Nama		2025-09-25
Stephen Paul William Mason		2025-09-25
Stuart Jame Waters		2025-09-25

**DANCE NETWORK ASSOCIATION**

England & Wales - Charity number 1202883

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# Accounts

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# ANNUAL REPORT

12 MONTH PERIOD  
1 SEPTEMBER 2024 - 31 AUGUST 2025

Charity Number 1202883

# CONTENTS

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## PAGE

01 Administration

---

02 Governance Structure

---

03 Policies

---

04 Purpose

---

05 Executive Summary

---

06 Financial Summary

---

07 Staff Structure

---

08 Key Projects Delivered

---

14 Our Direct Reach

---

15 Impact and Outcomes

---

16 Future Goals and  
Acknowledgements

Photo on cover Micaela Jade  
Photography

# ADMINISTRATION

CHARITY NAME: DANCE NETWORK ASSOCIATION (DNA)

CHARITY REGISTRATION NUMBER: 1202883

REGISTERED OFFICE: DANCE NETWORK ASSOCIATION, SUNSPOT,  
JAYWICK SANDS, ESSEX CO15 2JG

TRUSTEES:

ELSA URMSTON CHAIR  
LYANN KENNEDY SECRETARY  
FRANCES MAYNARD

MANAGEMENT:


GEMMA WRIGHT CEO  
KAREN PRATT PROGRAMME MANAGER DANCING FOR JOY JOB  
SHARE  
STEPHANIE TOWNSEND FREELANCE PROJECT MANAGER  
EDUCATION  
FIONA BOOL PROGRAMME MANAGER JOB SHARE DANCING FOR  
JOY

INDEPENDENT EXAMINERS: PETER WATTERS, MCPHERSONS  
23 ST LEONARDS ROAD, EAST SUSSEX TN40 1HH

BANKERS: HSBC, 26 HIGH STREET, COLCHESTER CO1 1DQ



# GOVERNANCE STRUCTURE



## 1. Background

- After eight years as a Community Interest Company, DNA transitioned to a Charitable Incorporated Organisation (CIO) on 28th April 2023.
- The transition aims to strengthen DNA's financial stability, broaden its reach, and better serve diverse communities.

## 2. Governing Document

- DNA operates under the CIO constitution, dated 19th April 2023.
- The constitution outlines the charity's objects, powers, and governance framework.

## 3. Charity Trustees

- **Minimum Requirement:** DNA must have at least three Charity Trustees at all times.
- **Appointment Process:**
  - All trustees (excluding the first set) are appointed through resolutions passed at properly convened trustee meetings.
  - Appointments consider the skills, knowledge, and experience required for effective administration.
- **Responsibilities:**
  - Trustees meet quarterly to set and review strategic goals.
  - Trustees are responsible for policy-making and implementation.

## 4. CEO and Daily Management

- Daily operations are managed by the CEO, who works under a 'Conflict of Interest' policy.
- Other trustees do not receive remuneration, benefits, or expenses for their roles.

# GOVERNANCE & POLICIES

## 5. Risk Management

- Trustees are responsible for identifying, assessing, and mitigating risks to ensure the Charity's objectives are achieved sustainably and responsibly.
- Risk is reviewed quarterly during trustee meetings to address financial, operational, reputational, and compliance risks. The CEO ensures that day-to-day activities align with the risk management policies, and any significant risks are promptly reported to the trustees.

## 6. Induction and Training

- New trustees participate in induction programmes to understand their roles and responsibilities.
- Trustees are encouraged to attend training events provided by organisations such as the National Centre for Voluntary Organisations (NCVO).
- Training and resources help trustees remain updated on policy-making, legislative changes, risk management, and best practices.

This governance structure ensures DNA's activities align with its charitable objectives while maintaining transparency, accountability, and effective risk management.

## POLICIES

All DNA policies are available at:

<https://www.dancenetworkassociation.org.uk/policies>.

All policies undergo review annually in our Summer or Autumn Board meeting.

# PURPOSE

## **Purpose:**

The organisation was founded in 2015 as a Community Interest Company and converted into a Charitable Incorporated Organisation (CIO) charity number 1202883 registered in England and Wales. The governing document is its constitution, dated 19th April 2023, which sets out the organisation's following charitable objectives: To advance education for the public benefit by the promotion of the art of dance and movement, in particular, but not exclusively, in Essex and its neighbouring counties.

## **Our vision:**

Dance Network Association (DNA) is a dance organisation that enables people to live more connected, joyful, and aspirational lives through dance.


## **Our mission:**

Dancing with DNA provides opportunities for people to improve their confidence and physical wellbeing nurtures creativity and independent thinking and enhances friendships through social interaction.

Our objectives are reviewed annually in our end-of-year meeting. During this time, all management participate in appraisals to contribute to our reflections on our objectives. Budgets and business planning are then refocused on the year ahead and beyond, considering staff, participants, and other public data to ensure we are still working towards the charities objectives.



# EXECUTIVE SUMMARY



This has been a year of creativity, compassion, and change for Dance Network Association (DNA).

Between September 2024 and August 2025, we have continued to connect communities through dance, delivering 289 sessions across 29 projects, engaging 5,327 people directly and reaching a further 1,388 participants online and contracting 40 freelance artists for work.

We have celebrated powerful stories of transformation from people living with dementia, Parkinson's, and other conditions; seen friendships blossom; and witnessed renewed confidence through creative movement and connection.

Yet, this has also been a year of transition. Several multi-year funding periods have come to an end, leading us to review and restructure our staffing model to ensure we remain sustainable and future-focused. As part of this, our Dancing for Joy and Education Manager roles concluded in August 2025. We are deeply grateful to Karen Pratt, Fiona Bool, and Steph Townsend for their invaluable contributions. Their creativity, professionalism, and care have shaped DNA's impact immeasurably, and we carry their legacy forward into a new structure designed to strengthen delivery, collaboration, and leadership in the year ahead.

Despite economic pressures on the arts, DNA has remained resilient. With continued support from funders, partners, and our community, we move confidently toward our 10th Anniversary in November 2025, a milestone that will celebrate a decade of movement, connection, and collective joy.

**Gemma Wright**

**Chief Executive Officer, Dance Network Association**

# FINANCIAL SUMMARY

Reporting Period 12 months: 1 September 2024 – 31 August 2025

**£165,666**

Income

**£164,565**

Expenditure

**£32,994**

Committed Project  
Costs

**£24,143**

Expected Income  
(debtors)

**£37,481**

Current Bank  
Balance

**£1486.89**

Reserves

## NOTEWORTHY UPDATES

Multi-Year Grant Success: Funding from Eastlight Community Homes, Braintree District Council, and The Jean and Peter Davey Fund (via Essex Community Foundation) supports monthly Dancing with Dementia sessions in Braintree and Halstead.

- Corporate Support: £10,000 donated by Grove End Housing to sustain our creative health programmes.
- McCarthy Stone Foundation: £7,494 awarded to develop Dancing with Dementia Clacton.
- Awards: CEO Gemma Wright named Compassionate Community Champion for Colchester (Jan 2025).
- Publications & Media: Features in Arts & Health Journal, Chelmsford City Radio, and Braintree & Witham Times.



# STAFF STRUCTURE

This year, DNA brought in new staffing to make one full time post for the Dancing for Joy Programme Manager role - structure changes started to be looked at from January 2025.

2024-2025 Staffing in place:

- Gemma Wright: CEO (working three days per week)
- Karen Pratt: Dancing for Joy Programme Manager (working two days per week)
- Fiona Bool, Dancing for Joy Programme Manager (working two days per week) (November 2024 – August 2025)
- Steph Townsend: Freelance Project Manager Education and Social Communications Officer (working 1.5 days per week, contract ends 31 August 2025)
- Freelance artists contracted on projects 595 sessions (40 individuals)

Note: Dancing for Joy Programme Manager and Education Manager have both been made redundant or contracts ended 15 August 2025.

# PROGRAMME HIGHLIGHTS

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## BESPOKE PROGRAMMES

This year, DNA was commissioned to deliver a range of bespoke creative health programmes designed to meet the unique needs of care providers, local authorities, and educational partners. These tailored projects demonstrate our adaptability as a charity and our ability to co-create meaningful, impactful experiences through dance. Highlights included collaborations with Runwood Care Homes, Care UK, and Anchor Hanover Group, where DNA artists delivered themed reminiscence sessions and staff wellbeing workshops focused on movement for mental health, communication through creativity, and using music to enhance care practice. Each session combined physical warm-ups, gentle choreography, and creative storytelling, leaving staff with practical tools and confidence to continue activities independently.

We also worked in partnership with the University of Essex and Stroll to explore how technology, such as augmented reality, can support balance and coordination for people living with Parkinson's. Additional bespoke commissions with Essex County Council, Namaste Care International, and Orchestras Live provided opportunities to share best practice, deliver artist CPD, and embed creative health principles in new settings.

"You can tell this class is made for us -- It fits exactly what we need."

These commissions continue to strengthen DNA's reputation as a leader in creative health, training, and person-centred dance practice, ensuring that every session – whether in a care home, theatre, or community hall – brings people together through movement, music, and memory.

# HOLIDAY ACTIVITY & FOOD PROGRAMME

DNA organised two major holiday programmes (HAF) funded by the London Borough of Barking and Dagenham:

Winter School (December 2024)  
Easter School (April 2025)

DNA once again partnered and funded by the London Borough of Barking & Dagenham to deliver our Holiday Activity and Food (HAF) programme, offering children and young people a safe, creative and nourishing space during the school holidays.

Across the Winter 2024 and Spring 2025 programmes, over 40 children took part in four days of dance, creative movement, crafts, music, wellbeing, and nutrition sessions. Each day balanced structured activity with free play and outdoor time, ensuring young people could express themselves while staying active and connected. Participants' confidence, teamwork, and wellbeing grew throughout the week – culminating in a joyful sharing performance for family and friends. Supported by nutritious meals from BDTP Catering, and wellbeing sessions with Kathryn Peters, the HAF programme once again showcased DNA's commitment to creativity, community and care for every child.

## MASS DANCE | SWANS TAKE FLIGHT

In partnership with Matthew Bourne's New Adventures, our Mass Dance project united 1,270 young dancers across Essex and London, with over 1,000 audience members engaging through live and online showcases.

This large-scale celebration of dance connected schools, artists, and communities through movement, imagination, and teamwork.

# DANCING WITH DEMENTIA

DNA's Dancing with Dementia programme is a compassionate and innovative initiative designed to support individuals living with dementia and their caregivers. These inclusive dance sessions combine movement, music, and connection to create moments of joy, enhance well-being, and stimulate memory and creativity.

The programme is tailored to meet the needs of participants, whether they prefer to engage seated or standing, ensuring accessibility for all abilities. It provides a welcoming, safe space where participants can express themselves freely, connect with others, and enjoy the therapeutic benefits of dance.

The sessions also support caregivers, offering them a chance to connect, relax, and share meaningful experiences alongside their loved ones. By focusing on creativity, interaction, and community, the programme helps to combat isolation and fosters a sense of belonging for everyone involved. Participants reported improvements in mood, mobility, and social interaction.

Our monthly sessions in Braintree, Halstead, and weekly sessions in Colchester reached over 180 regular participants.

Themes such as Tea Dance, Big Band, Swan Lake, and Around the World sparked joy and reminiscence, with measurable improvements in movement, mood, and memory.

**"Before I came here, I hadn't been out for two years. Now I love coming – it's the best thing I do!"**



# DANCING WITH PARKINSON'S

DNA's Dancing with Parkinson's programme is an essential part of the Dance Network Association's offerings, designed to support individuals living with Parkinson's through dance, movement, and social engagement.

These sessions focus on gentle movement and dance, tailored to the physical and cognitive needs of those living with Parkinson's. Participants work on improving mobility, balance, and coordination while enjoying a supportive space for social interaction and emotional well-being. Artists have also incorporated rhythmical and vocal exercises to address common symptoms like reduced vocal projection, helping participants feel more confident using their voices.

Participants reported feeling more energised and stronger after attending, with many noting improvements in mood, movement, and strength. One participant shared how the programme boosted their confidence and energy levels, while others highlighted its positive impact on overall well-being.

With sessions in Wivenhoe and piloted this year in Chelmsford, this programme combines creative choreography, mobility work, and rhythm exercises to support balance, coordination, and mental wellbeing.

We piloted augmented reality (AR) dance games in collaboration with Stroll and University of Essex, with overwhelmingly positive participant response.

"I've noticed I walk more confidently after class – it's changed how I move day-to-day."



# GOOD GRADUATE COMPANY

The Good Graduate Company continues to be one of DNA's most impactful programmes, blending dance, reminiscence, theatre, music, and social connection to support people living with dementia and their carers. Delivered weekly across multiple locations, including Rayleigh and Brentwood the sessions offer a consistent and creative space where participants move, sing, and share memories together.

This year, the GGC programme reached over 46 participants living with dementia alongside their carers and/companions, with each bespoke block tailored to the abilities and personalities of the group. Artists designed sessions to encourage mobility, coordination, and confidence, while nurturing moments of laughter, reflection, and emotional release.

Alongside the sessions, DNA provided training for care staff and artists, developing skills in creative facilitation, inclusive practice, and dementia awareness. Partnerships with organisations such as Brentwood Borough Council, Rochford District Council, Essex County Council, and independent care homes have been key in sustaining and expanding this work.

The programme's success was reflected in the stories shared – from participants remembering long-forgotten songs and dances, to carers expressing how the sessions strengthened their relationships. GGC continues to embody DNA's belief that everyone deserves the joy and connection of dance, regardless of age or ability.



# COFFEE AND CHOREOGRAPHY

Coffee & Choreography is DNA's newest class and concept for 2024/25 was born from the national 'Let's Dance' movement championed by Angela Rippon, which inspired us to create a welcoming, social space that celebrates movement for everyone.

What began as a pilot has quickly taken off, attracting a growing community of adults who come together each week to move, connect, and share a coffee.

The sessions combine gentle dance with creative expression and conversation, supporting confidence, mobility, and wellbeing in a relaxed, uplifting environment. It's proof that a simple idea dancing, chatting, and sharing joy can create something truly powerful.



# OUR DIRECT REACH



TOTAL PARTICIPATION

**8976**

Direct Participants

**5327**

Online Participants

**1388**

Providers/staff  
present

**252**

Total  
Volunteers

**38**

Audience  
Members

**1376**

Total Professionals  
Involved

**595**

## PARTICIPANT PROFILE

- Adults over 50: 1,919
- Children and young people (6-19): 1,862
- People with lived conditions (dementia/Parkinson's): 694
- Carers/Companions: 524
- Participants with a declared disability: 848
- BAME participants: 178
- Gender balance: 61% female / 37% male / 2% other| undisclosed



## IMPACT AND OUTCOMES

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- 92% of participants reported improved mood after sessions
- 81% demonstrated greater confidence or engagement over time
- 70% showed improved coordination or range of movement
- 100% of staff reported better connection with residents after taking part

"Two participants said they've become best friends – it brings out good feeling in you."

## COMMUNICATIONS AND ENGAGEMENT

- Social Media: 3,001 total followers (+4%)
- Newsletter Subscribers: 893 (+42%)
- Email open rate: avg. 50%
- New website subscribers: 563 over the year
- Media coverage: local radio, press, and academic publication features

# FUTURE GOALS

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DNA aims to achieve the following goals for 2025-2026:

- Launch a new organisational structure to support long-term sustainability.
- Recruit a new board of trustees.
- Host a Creative Health Conference (November 2025) sharing practice and supporting our profile.
- Expand Dancing with Dementia and Good Graduate Company to new localities.
- Celebrate 10 years of dance through our conference and socials.
- Long-term core funding stability.

# ACKNOWLEDGEMENTS

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With heartfelt thanks to our funders, trustees, artists, staff, participants, and volunteers.

We are especially grateful to Lucy Gill at Brentwood Borough Council, National Lottery Awards for All, Essex Community Foundation, Eastlight Community Homes, Braintree District Council, London Borough of Barking & Dagenham, Grove End Housing, and Orchestras Live for their belief in our mission.

## **DNA Contact Information**

Email: [info@dancenetWORKassociation.org.uk](mailto:info@dancenetWORKassociation.org.uk)

Telephone: 07490 37 47 17

Registered Address: Sunspot, Jaywick Sands, Essex CO15 2JG

Facebook: [Dance Network Association](#)

Instagram: [dancenetWORKassociation](#)

LinkedIn: [Dance Network Association](#)

**DANCE NETWORK ASSOCIATION**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

Ms F Maynard  
Ms L Kennedy  
Ms G L Wright  
Ms E Urmston

**Charity number (England and Wales)**

1202883

**Principal address**

C/O Learning and Participation  
Mercury Theatre  
Balkerne Gate  
Colchester  
Essex  
CO1 1PT

**Independent examiner**

Galloways Accounting (Bexhill) Limited  
23 St Leonards Road  
Bexhill on Sea  
East Sussex  
TN40 1HH

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## CONTENTS

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	<b>Page</b>
Independent examiner's report	1
Statement of financial activities	2
Statement of financial position	3
Notes to the financial statements	4 - 15

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**STATEMENT OF FINANCIAL ACTIVITIES  
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

**FOR THE YEAR ENDED 31 AUGUST 2025**

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
<b>Income and endowments from:</b>							
Donations and legacies	3	2,628	19,999	22,627	2,174	3,001	5,175
Charitable activities	4	32,021	111,018	143,039	31,146	189,347	220,493
Other income	5	-	-	-	21,502	62,167	83,669
<b>Total income</b>		<b>34,649</b>	<b>131,017</b>	<b>165,666</b>	<b>54,822</b>	<b>254,515</b>	<b>309,337</b>
<b>Expenditure on:</b>							
Raising funds	7	-	-	-	3,900	2,340	6,240
Charitable activities	6	31,429	133,136	164,565	38,942	204,901	243,843
<b>Total expenditure</b>		<b>31,429</b>	<b>133,136</b>	<b>164,565</b>	<b>42,842</b>	<b>207,241</b>	<b>250,083</b>
<b>Net income/(expenditure)</b>		<b>3,220</b>	<b>(2,119)</b>	<b>1,101</b>	<b>11,980</b>	<b>47,274</b>	<b>59,254</b>
Transfers between funds		6,332	(6,332)	-	4,243	(4,243)	-
<b>Net movement in funds</b>	9	<b>9,552</b>	<b>(8,451)</b>	<b>1,101</b>	<b>16,223</b>	<b>43,031</b>	<b>59,254</b>
<b>Reconciliation of funds:</b>							
Fund balances at 1 September 2024		16,223	43,031	59,254	-	-	-
<b>Fund balances at 31 August 2025</b>		<b>25,775</b>	<b>34,580</b>	<b>60,355</b>	<b>16,223</b>	<b>43,031</b>	<b>59,254</b>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

**STATEMENT OF FINANCIAL POSITION**  
**AS AT 31 AUGUST 2025**

	Notes	2025		2024	
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	12		174		1,392
<b>Current assets</b>					
Debtors	13	24,143		39,671	
Cash at bank and in hand		37,481		32,600	
		<u>61,624</u>		<u>72,271</u>	
<b>Creditors: amounts falling due within one year</b>	15	<u>(1,443)</u>		<u>(14,409)</u>	
<b>Net current assets</b>			<u>60,181</u>		<u>57,862</u>
<b>Total assets less current liabilities</b>			<u>60,355</u>		<u>59,254</u>
<b>The funds of the charity</b>					
Restricted income funds	16		34,580		43,031
Unrestricted funds	17		25,775		16,223
			<u>60,355</u>		<u>59,254</u>

The financial statements were approved by the trustees on 29/01/2026

  
 Ms G L Wright  
 Trustee

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 AUGUST 2025**

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**1 Accounting policies**

**1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's memorandum and articles of association, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

**1.2 Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

**1.3 Charitable funds**

Unrestricted general funds are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

Restricted funds are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

There are no endowment funds.

**1.4 Income**

Income from donations and grants is included in incoming resources when these are receivable, except as follows:

When donors specify the donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.

When donors specify the donations and grants, including capital grants, are for particular restricted purposes, this income is included in the incoming resources of restricted funds when receivable.

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

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**1 Accounting policies**

(Continued)

**1.5 Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

**1.6 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computer Equipment	20% on reducing balance basis
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

**1.7 Impairment of fixed assets**

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

**1.8 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**1.9 Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025

## 1 Accounting policies

(Continued)

### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

### 1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

## 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

## 3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	2,628	19,999	22,627	2,174	3,001	5,175

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

**4 Income from charitable activities**

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
<b>Total</b>						
Services	11,137	11,331	22,468	25,551	95,925	121,476
Sales	-	-	-	595	1,685	2,280
Grants	20,884	99,687	120,571	5,000	91,737	96,737
	<u>32,021</u>	<u>111,018</u>	<u>143,039</u>	<u>31,146</u>	<u>189,347</u>	<u>220,493</u>

**5 Other income**

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Other income	-	-	-	21,502	62,167	83,669
	<u>-</u>	<u>-</u>	<u>-</u>	<u>21,502</u>	<u>62,167</u>	<u>83,669</u>

**6 Expenditure on charitable activities**

	Total 2025 £	Total 2024 £
<b>Direct costs</b>		
Staff costs		
Dance teachers & music artists	44,915	44,775
Project costs	67,953	83,620
Rent and rates	2,742	23,791
	11,819	14,906
	<u>127,429</u>	<u>167,092</u>
<b>Share of support and governance costs (see note 8)</b>		
Support	32,555	73,561
Governance	4,581	3,190
	<u>164,565</u>	<u>243,843</u>
<b>Analysis by fund</b>		
Unrestricted funds	31,429	38,942
Restricted funds	133,136	204,901
	<u>164,565</u>	<u>243,843</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

**7 Expenditure on raising funds**

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Cost of raising funds	-	-	-	3,900	2,340	6,240

**8 Support costs allocated to activities**

	2025 £	2024 £
Depreciation	1,477	1,518
Administrative team	14,574	53,478
Staff training	994	115
Printing, postage & stationery	1,675	882
Equipment	20	652
Marketing & print	1,552	1,466
Travel & subsistence	6,423	7,928
Insurance & subscriptions	1,817	2,881
Bank charges	109	174
Telephone & computer expenses	1,885	1,394
General and sundry expenses	2,029	3,073
Governance costs	4,581	3,190
	<u>37,136</u>	<u>76,751</u>
<b>Analysed between:</b>		
Total	<u>37,136</u>	<u>76,751</u>

**9 Net movement in funds**

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	1,440	480
Depreciation of owned tangible fixed assets	1,477	1,518

**10 Employees**

The average monthly number of employees during the year was:

2025 Number	2024 Number
<u>2</u>	<u>1</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

**10 Employees**

(Continued)

**Employment costs**

	<b>2025</b>	<b>2024</b>
	£	£
Trustee remunerations	44,915	44,775
	<u>44,915</u>	<u>44,775</u>

Remunerations are paid to the trustee for services provided as part of the charities activities. Their role as a trustee is provided on a voluntary basis with no further remuneration paid for the trustee role.

There were no employees whose annual remuneration was more than £60,000.

**11 Taxation**

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

**12 Tangible fixed assets**

	<b>Computer Equipment</b>
	£
<b>Cost</b>	
At 1 September 2024	
Additions	4,666
	<u>259</u>
At 31 August 2025	4,925
<b>Depreciation and impairment</b>	
At 1 September 2024	
Depreciation charged in the year	3,274
	<u>1,477</u>
At 31 August 2025	4,751
<b>Carrying amount</b>	
At 31 August 2025	174
At 31 August 2024	<u>1,392</u>

**13 Debtors**

**Amounts falling due within one year:**

	<b>2025</b>	<b>2024</b>
	£	£
Trade debtors	24,143	38,165
Prepayments and accrued income	-	1,506
	<u>24,143</u>	<u>39,671</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

<b>14 Loans and overdrafts</b>		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
Bank overdrafts		3	-
		<u>3</u>	<u>-</u>
Payable within one year		3	-
		<u>3</u>	<u>-</u>
<b>15 Creditors: amounts falling due within one year</b>			
	<b>Notes</b>	<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
Bank overdrafts	14	3	-
Corporation tax payable		-	85
Other taxation and social security		-	2,688
Trade creditors		-	11,432
Other creditors		-	204
Accruals and deferred income		1,440	-
		<u>1,443</u>	<u>14,409</u>
		<u>1,443</u>	<u>14,409</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

**16 Restricted funds**

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 September 2024	Incoming resources	Resources expended	Transfers	At 31 August 2025
	£	£	£	£	£
Colchester Voluntary Welfare Grant	-	-	-	-	-
Age Well	280	-	(228)	(52)	-
Dancing for Joy	873	-	-	(873)	-
Fowler Smith Jones	56	-	(56)	-	-
Arts Council Recovery Grant	653	-	-	(653)	-
Arts Council Reserves	2,048	-	-	(2,048)	-
DWD Tendring income	6,983	-	-	(6,983)	-
MCCarthy Stone	-	7,494	-	-	7,494
Barking & Dagenham Mass Dance	1,252	-	(924)	(328)	-
Good Graduate Brentwood	-	26,877	(22,624)	(4,253)	-
HAF Provision	11,511	42,257	(68,881)	15,112	-
Carers Community Fund	10,000	10,000	(12,293)	(7,707)	-
Dance on Prescription	974	-	-	(974)	-
Braintree Dancing for Joy	2,313	8,389	(10,110)	-	592
Colchester Catalyst	562	-	(562)	-	-
Co-op Community Fund	(555)	-	-	555	-
Essex Ed & Adult Social Care Fund	(1,872)	-	-	1,872	-
Good Company of Graduates	909	16,000	(9,889)	-	7,020
National Lottery	7,044	19,999	(7,569)	-	19,474
	<u>43,031</u>	<u>131,017</u>	<u>(133,136)</u>	<u>(6,332)</u>	<u>34,580</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

**16 Restricted funds**

**(Continued)**

Previous year:	At 1 September 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 August 2024 £
Colchester Voluntary Welfare Grant	9,664	500	(9,884)	-	280
Age Well	-	25,000	(24,127)	-	873
Dancing for Joy	-	600	(544)	-	56
Fowler Smith Jones	-	2,000	(1,347)	-	653
Arts Council Recovery Grant	3,345	-	(1,297)	-	2,048
Arts Council Reserves	7,365	-	(382)	-	6,983
Barking & Dagenham Active Start	-	480	-	(480)	-
Barking & Dagenham Mass Dance	14,768	31,736	(45,252)	-	1,252
Barking & Dagenham Early Years	8,482	-	(4,719)	(3,763)	-
HAF Provision	7,520	58,395	(54,404)	-	11,511
Essex County Council Babies in the Barn	101	-	(101)	-	-
Dance on Prescription	1,499	974	(1,499)	-	974
Braintree Dancing for Joy	-	3,163	(850)	-	2,313
Colchester Catalyst	7,588	-	(7,026)	-	562
Co-op Community Fund	1,835	-	(2,390)	-	(555)
Essex Ed & Adult Social Care Fund	-	17,000	(18,872)	-	(1,872)
Good Company of Graduates	-	22,500	(21,591)	-	909
National Lottery	-	20,000	(12,956)	-	7,044
Carers Community Fund	-	10,000	-	-	10,000
	<u>62,167</u>	<u>254,515</u>	<u>(207,241)</u>	<u>(4,243)</u>	<u>43,031</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

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**16 Restricted funds**

**(Continued)**

- Colchester Voluntary Welfare Grant - relates to Dancing for Joy Activity in Colchester spent on overheads and salary.
- Age Well Grant - relates to Dancing with Dementia Colchester Programmes spent on overheads and salary.
- Dancing for Joy Grant - relates to Colchester based activity.
- Barking & Dagenham Mass Dance - This is restricted to deliver work for the benefit of London Borough of B&D children and young people.
- DWD Tendring income McCarthy Stone - This is restricted to delivering a new project for Dementia in Tendring - yet to start.
- Braintree Dancing for Joy - This is restricted to delivering Braintree and Halstead Dancing with Dementia programmes spent on overheads and salary.
- Colchester Catalyst - This is restricted for delivery of Dancing with Parkinsons.
- Co-op Community Fund - This is money given during Covid to be spent on all DNA activity to support adults in the winter.
- Essex Ed & Adult Social Care Fund - This is restricted to be spent on a school and care home programme x 2 in Tendring.
- Good Company of Graduates - This is for activity for those living with Dementia and their carers and companions spent on overheads and salary.
- National Lottery - This is restricted core funds to be spent on activity for older adults (all activity).
- Good Graduate Brentwood - This is restricted to be spent on activity in Brentwood for those living with Dementia and their carers and companions including overheads and salary.
- Carers Community Fund - This is restricted to support activity for those living with Dementia at their Carers Companions.

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 AUGUST 2025**

**17 Unrestricted funds**

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 September 2024	Incoming resources	Resources expended	Transfers	At 31 August 2025
	£	£	£	£	£
General funds	(1,768)	28,085	(13,495)	2,769	15,591
Bespoke Schools Programmes	8,481	9,485	(8,720)	-	9,246
Essex Summer Activity	571	-	(577)	6	-
Dance for care homes	4,821	(3,945)	(2,775)	1,899	-
Dance on prescription	100	-	(135)	974	939
Dance with Dementia	(298)	805	(507)	-	-
Dancing with Lived Conditions	5,000	-	(5,000)	-	-
Regeneration Colchester	(684)	-	-	684	-
Dance with Parkinsons	-	220	(220)	-	-
	<u>16,223</u>	<u>34,649</u>	<u>(31,429)</u>	<u>6,332</u>	<u>25,775</u>
<b>Previous year:</b>					
	At 1 September 2023	Incoming resources	Resources expended	Transfers	At 31 August 2024
	£	£	£	£	£
General funds	(2,400)	4,324	(7,935)	4,243	(1,768)
Bespoke Schools Programmes	15,497	20,236	(27,252)	-	8,481
Essex Summer Activity	-	975	(404)	-	571
Dance for care homes	4,535	3,318	(3,032)	-	4,821
Dance on prescription	100	-	-	-	100
Dance with Dementia	1,116	200	(1,614)	-	(298)
Dancing with Lived Conditions	-	5,000	-	-	5,000
Regeneration Colchester	121	-	(805)	-	(684)
Fusion	1,800	-	(1,800)	-	-
	<u>20,769</u>	<u>54,822</u>	<u>(42,842)</u>	<u>4,243</u>	<u>16,223</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

**18 Analysis of net assets between funds**

	<b>Unrestricted funds 2025 £</b>	<b>Restricted funds 2025 £</b>	<b>Total 2025 £</b>
<b>At 31 August 2025:</b>			
Tangible assets	174	-	174
Current assets/(liabilities)	25,601	34,580	60,181
	<u>25,775</u>	<u>34,580</u>	<u>60,355</u>
	<b>Unrestricted funds 2024 £</b>	<b>Restricted funds 2024 £</b>	<b>Total 2024 £</b>
<b>At 31 August 2024:</b>			
Tangible assets	1,392	-	1,392
Current assets/(liabilities)	14,831	43,031	57,862
	<u>16,223</u>	<u>43,031</u>	<u>59,254</u>

**19 Related party transactions**

There were no disclosable related party transactions during the year (2024 - none).

# DANCE NETWORK ASSOCIATION

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF DANCE NETWORK ASSOCIATION

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I report to the trustees on my examination of the financial statements of Dance Network Association (the charity) for the year ended 31 August 2025.

#### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



#### **Galloways Accounting (Bexhill) Limited**

23 St Leonards Road

Bexhill on Sea

East Sussex

TN40 1HH

Date: 29/01/2026

**DANCE NETWORK ASSOCIATION**

England & Wales - Charity number 1202883

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# Accounts

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Rachel Cherry

# TRUSTEES REPORT

16 MONTH PERIOD  
28 APRIL 2023 - 31 AUGUST 2024

Charity Number 1202883

# CONTENTS



Rachel Cherry

## PAGE

01 Administration

---

02 Governance Structure

---

03 Policies

---

04 Purpose

---

05 Executive Summary

---

07 Financial Summary

---

08 Staff Structure

---

09 Key Projects Delivered

---

15 Our Direct Reach

---

16 Impact and Feedback

---

17 Challenges and Improvements

---

19 Future Goals and Conclusion

# ADMINISTRATION

CHARITY NAME: DANCE NETWORK ASSOCIATION (DNA)

CHARITY REGISTRATION NUMBER: 1202883

REGISTERED OFFICE: C/O MERCURY THEATRE, BALKERNE GATE,  
COLCHESTER CO1 1PT

TRUSTEES:

GEMMA WRIGHT CHAIR  
ELSA URMSTON VICE CHAIR  
LYANN KENNEDY SECRETARY  
FRANCES MAYNARD

MANAGEMENT:

GEMMA WRIGHT CEO  
KAREN PRATT PROGRAMME MANAGER DANCING FOR JOY  
STEPHANIE TOWNSEND FREELANCE PROJECT MANAGER  
EDUCATION

INDEPENDENT EXAMINERS: COMMUNITY 360 WINSLEY'S HOUSE,  
HIGH STREET, COLCHESTER CO1 1UG

BANKERS: HSBC, 26 HIGH STREET, COLCHESTER CO1 1DQ



# GOVERNANCE STRUCTURE



## 1. Background

- After eight years as a Community Interest Company, DNA transitioned to a Charitable Incorporated Organisation (CIO) on 28th April 2023.
- The transition aims to strengthen DNA's financial stability, broaden its reach, and better serve diverse communities.

## 2. Governing Document

- DNA operates under the CIO constitution, dated 19th April 2023.
- The constitution outlines the charity's objects, powers, and governance framework.

## 3. Charity Trustees

- Minimum Requirement: DNA must have at least three Charity Trustees at all times.
- Appointment Process:
  - All trustees (excluding the first set) are appointed through resolutions passed at properly convened trustee meetings.
  - Appointments consider the skills, knowledge, and experience required for effective administration.
- Responsibilities:
  - Trustees meet quarterly to set and review strategic goals.
  - Trustees are responsible for policy-making and implementation.

## 4. CEO and Daily Management

- Daily operations are managed by the CEO, who works under a 'Conflict of Interest' policy.
- Other trustees do not receive remuneration, benefits, or expenses for their roles.

# GOVERNANCE & POLICIES



## 5. Risk Management

- Trustees are responsible for identifying, assessing, and mitigating risks to ensure the Charity's objectives are achieved sustainably and responsibly.
- Risk is reviewed quarterly during trustee meetings to address financial, operational, reputational, and compliance risks. The CEO ensures that day-to-day activities align with the risk management policies, and any significant risks are promptly reported to the trustees.

## 6. Induction and Training

- New trustees participate in induction programmes to understand their roles and responsibilities.
- Trustees are encouraged to attend training events provided by organisations such as the National Centre for Voluntary Organisations (NCVO).
- Training and resources help trustees remain updated on policy-making, legislative changes, risk management, and best practices.

This governance structure ensures DNA's activities align with its charitable objectives while maintaining transparency, accountability, and effective risk management.

# POLICIES

All DNA policies will undergo a thorough review and update by the board between August and September 2024 to reflect our transition from a CIC to a charity and to incorporate any new legal requirements. Our updated policies are available at:

<https://www.dancenetworkassociation.org.uk/policies>.

# PURPOSE

## Purpose:

The organisation was founded in 2015 as a Community Interest Company converted into a Charitable Incorporated Organisation (CIO) in England and Wales. The governing document is its constitution, dated 19th April 2023, which sets out the organisation's following charitable objectives: To advance education for the public benefit by the promotion of the art of dance and movement, in particular, but not exclusively, in Essex and its neighbouring counties.

## Our vision:

Dance Network Association (DNA) is a dance organisation that enables people to live more connected, joyful, and aspirational lives through dance.

## Our mission:

Dancing with DNA provides opportunities for people to improve their confidence and physical wellbeing nurtures creativity and independent thinking and enhances friendships through social interaction.

Our objectives are reviewed annually in our end-of-year meeting. During this time, all management participate in appraisals to contribute to our reflections on our objectives. Budgets and business planning are then refocused on the year ahead and beyond, considering staff, participants, and other public data to ensure we are still working towards the charities objectives.



Rachel Cherry

# EXECUTIVE SUMMARY



The 16-month period has been transformative for the Dance Network Association, marked by growth, creativity, and resilience. We expanded our programmes, particularly within schools and intergenerational projects. Our Bespoke Schools Programmes reached hundreds of students, while our Holiday Activity and Food (HAF) programme, supported by the London Borough of Barking and Dagenham, engaged 146 children in enriching activities. These programmes have fostered creativity, physical activity, and community, with overwhelmingly positive feedback from participants and their families.

The Mass Dance Project during 2024 was a standout achievement, involving over 2,800 participants and culminating in a live performance at the Jim Peters Stadium. Our choice to commission choreographers from Glass House Dance brought new artistic depth and quality to the programme.

Our adult programmes, including Dancing with Dementia, Dancing with Parkinson's, Dance for Older Adults and our new project the Good Graduate Company have provided critical support for participants and their caregivers/companions. Participants reported improvements in mobility, mood, and social engagement. However, we identified areas for improvement, such as the need for more classes for people to really see an increase in their health through dancing and better transportation access for older adults.

Finally, our new intergenerational project, Every Move Counts, was a definite highlight of the year. It clearly demonstrated the immense value of bringing young children and older adults together, using dance as a powerful tool for cognitive development and social connection. The positive impact of this collaboration was significant and truly inspiring one we are keen to roll out in other areas of Essex.

Financially, we generated and merged from the CIC an income of £308,615 in the 16-month period and spent £249,394.

DNA maintains three months in reserves for operational costs in the bank as a safeguard against future turbulence and unforeseen challenges. This reserve fund provides a crucial safety net, allowing us to continue operations smoothly during periods of uncertainty, such as economic downturns or unexpected expenses. By prioritising risk reduction and operational continuity, the reserves enable us to meet our financial obligations, protect essential services, and remain adaptable to new opportunities or emergencies without relying solely on external funding. Regular assessments, transparent monitoring, and a defined usage protocol ensure the reserve is managed responsibly, while a replenishment plan sustains its long-term viability.

This period we secured a multi-year grant from the Carers Community Fund, which will support future growth and enable us to provide additional service for caregivers and companions. Sustained fundraising of this kind remains essential for us.

Challenges included slower recruitment for some programmes, the worry that we may have needed to make redundancies in early 2024 due to limited funds; however this was mitigated with thanks to funding secured. We need to improve our marketing and registration process and communication with participants, caregivers, companions and parents/guardians. Looking ahead, we aim to build on these successes and address these challenges, with a focus on expanding partnerships and enhancing accessibility.

Overall, DNA remains committed to making dance accessible and transformative for people of all ages and abilities.

**Gemma Wright**

**Chief Executive Officer, Dance Network Association**

# FINANCIAL SUMMARY

Reporting Period 16 months: 28 April 2023 – 31 August 2024

**£309,336**

Income

**£250,083**

Expenditure

**£48,843**

Committed Project  
Costs

**£44,684**

Expected Income  
(debtors)

**£32,600**

Current Bank  
Balance

**£10,378**

Reserves

## NOTEWORTHY UPDATES

- We secured a multi-year grant from the Carers Community Fund worth £10,000 each year.
- We are in talks with universities to collaborate on research, which could provide financial and operational support for DNA's work.
- Looking ahead, the Mass Dance 2025 project will involve working with Matthew Bourne's New Adventures company, a significant achievement. Matthew Bourne's New Adventures is celebrated globally for its groundbreaking choreography, innovative storytelling, and commitment to making dance accessible to all. To work alongside such a prestigious company is a testament to the standard of our programmes and the dedication of our team.



Mikaela Jade Photography

# STAFF STRUCTURE

This year, DNA experienced both stability and challenges in staffing:

- Gemma Wright: CEO (working three days per week)
- Karen Pratt: Dancing for Joy Programme Manager (working two days per week)
- Kelly Anne Chambers: Support Officer (August 2023 – January 2024)
- Steph Townsend: Freelance Project Manager Education and Social Communications Officer (working 2-2.5 days per week contract ends 31 August 2024)
- Katie Harwood: Freelance Participant Relationship Officer (working one day per week, April – August 2024)

Note: The role of Dancing for Joy Programme Manager nearly faced redundancy in April 2024 due to financial difficulties but continued thanks to additional funding.

# KEY PROJECTS DELIVERED

## BESPOKE PROGRAMMES

DNA ran successful school programmes and training for care staff and wellbeing leads across the year, reaching many participants:

- John Bunyan Primary School & Nursery (Braintree): 115 sessions for various year groups, with an average of 23-25 students per session.
- Lyons Hall Primary School (Braintree): 71 sessions, with an average of 29 students per session.
- 4 x Activities for Care Home Staff Training = total of 86 participants trained.

## HOLIDAY ACTIVITY & FOOD PROGRAMME

DNA organised two major holiday programmes (HAF) funded by the London Borough of Barking and Dagenham:

- Easter School (April 2024): 57 children aged 8-11 participated, averaging 14 children per day.
- Summer Holiday Programme (July-August 2024): A total of 89 participants aged 5-16 attended over two weeks.

## MASS DANCE | DANCE MATTERS

This large-scale project, supported by the London Borough of Barking and Dagenham, reached 2,858 participants. A major highlight was the live performance at the Jim Peters Stadium on 06 June 2024, with 482 dancers, 52 staff, and 380 audience members. DNA commissioned professional dance artists to create the choreography *Glass House Dance* musically accompanied by East Angles Brass Band.

# DANCING WITH DEMENTIA

DNA's Dancing with Dementia programme is a compassionate and innovative initiative designed to support individuals living with dementia and their caregivers. These inclusive dance sessions combine movement, music, and connection to create moments of joy, enhance well-being, and stimulate memory and creativity.

The programme is tailored to meet the needs of participants, whether they prefer to engage seated or standing, ensuring accessibility for all abilities. It provides a welcoming, safe space where participants can express themselves freely, connect with others, and enjoy the therapeutic benefits of dance.

The sessions also support caregivers, offering them a chance to connect, relax, and share meaningful experiences alongside their loved ones. By focusing on creativity, interaction, and community, the programme helps to combat isolation and fosters a sense of belonging for everyone involved. Participants reported improvements in mood, mobility, and social interaction.

Dancing with Dementia is more than a class—it's a lifeline remarked by one participant; that brings movement, joy, and connection to those living with dementia, their families, and caregivers, making a lasting impact on lives and communities.

Over the past 16 months this programme has continued to make a strong impact in new geographic locations including Braintree and Halstead as well as delivering in sustained areas of Witham, and Colchester:

- **Colchester** An average of 8 participants per session.
- **Braintree:** An average of 13 participants per session.
- **Halstead:** An average of 18 participants per session.
- **Witham:** An average of 5 participants per session.

Looking ahead we would like to continue to develop these projects in new geographical locations to ensure higher participant reach and engagement.

# DANCING WITH PARKINSON'S

DNA's Dancing with Parkinson's programme is an essential part of Dance Network Association's offerings, designed to support individuals living with Parkinson's through dance, movement, and social engagement. Funded in this period by Age Well and the National Lottery Awards for All.

Throughout the period, the programme delivered 48 sessions, with an average of 8 participants attending each class. Our class sizes are intentionally kept small to ensure a personalised, supportive environment where participants receive individual attention and can fully engage in a safe and meaningful way.

These sessions focus on gentle movement and dance, tailored to the physical and cognitive needs of those living with Parkinson's. Participants work on improving mobility, balance, and coordination while enjoying a supportive space for social interaction and emotional well-being. Artists have also incorporated rhythmical and vocal exercises to address common symptoms like reduced vocal projection, helping participants feel more confident using their voices.

Participants reported feeling more energised and stronger after attending, with many noting improvements in mood, movement, and strength. One participant shared how the programme boosted their confidence and energy levels, while others highlighted its positive impact on overall well-being.

Looking ahead, Dance Network Association is committed to expanding the Dancing with Parkinson's programme, ensuring even more individuals can benefit from this transformative initiative.



Rachel Cherry

# DANCE FOR OLDER ADULTS

Dance for Older Adults is one of Dance Network Association's most impactful programmes, designed to support physical and emotional well-being for older adults. Running from May 2023 to August 2024, this programme has provided participants with regular opportunities for gentle movement, social interaction, and creative expression.

Funded initially by Age Well and later supported by the National Lottery Awards, the programme offered consistent weekly sessions across several locations, including Colchester. The feedback from participants has been overwhelmingly positive, with many reporting improvements in mobility, balance, and overall energy levels. The inclusive nature of the sessions ensures that everyone, regardless of ability, can participate, with options for both standing and seated exercises.

On average, each session saw 10 participants, with a total of 58 sessions delivered over the 16 months. Beyond the physical benefits, participants also appreciated the social aspects of the programme, often noting that it helped reduce feelings of isolation and provided a regular routine that they looked forward to.

Moving forward, we aim to expand the programme's reach, address transportation challenges, and offer more varied dance styles to keep participants engaged and excited.



Rachel Cherry

# GOOD GRADUATE COMPANY

The Good Graduate Company is a new initiative within Dance Network Association's portfolio, offering weekly activities for the 'Good Company,' an Arts and Dementia programme in Brentwood. Funded by Brentwood Borough Council, the project ran from February to July 2024, providing arts sessions to improve the health and well-being of individuals living with dementia and their caregivers.

The programme engaged 141 participants across 17 sessions, with an average of 8 participants per session.

In addition to supporting participants, the project offered local emerging artists invaluable experience in teaching, choreography, and leadership, working alongside established organisations such as Age Exchange, Green Candle Dance Company, and Orchestra's Live. This hands-on training boosted their confidence and prepared them for future roles in the arts industry and dementia care.

Feedback highlighted the programme's positive impact:

- **Physical Well-being:** Participants reported feeling more energised and flexible, with one noting they "felt much looser after the session."
- **Mental Well-being:** Sessions provided relaxation and stress relief, with one participant describing a "huge boost going into the weekend."
- **Social Engagement:** Participants enjoyed a sense of friendship and togetherness, enhancing their social well-being.

The Good Graduate Company has proven to be a meaningful initiative, enriching lives through arts, movement, and connection.



# EVERY MOVE COUNTS

Every Move Counts is one of DNA's most heartfelt programmes of the year. This was a bespoke intergenerational project, funded by Essex County Council's Adult Social Care. It brings together older adults, including those living with dementia, and school-aged children to participate in shared dance activities that foster physical movement, cognitive engagement, and community connection.

This year, the project delivered 29 sessions across two care settings and two primary schools in Clacton-on-Sea and Harwich. The programme reached 823 participants, with an average of 28 people per session. The sessions focused on creative movement and mathematics, encouraging both young people and older adults to develop skills in these areas through dance.

Participants, particularly those living with dementia, reported increased engagement, confidence, and social interaction. Children also benefited from the project, gaining a deeper understanding of age-related conditions like dementia and breaking down barriers between generations. Teachers and caregivers praised the sessions for their fun, inclusive approach and their ability to enhance physical and cognitive abilities in a supportive environment.

Moving forward, DNA plans to expand the Every Move Counts project to reach more care homes and schools, with the goal of deepening intergenerational bonds and continuing to use dance as a tool for physical and cognitive improvement.



Rachel Cherry

# OUR DIRECT REACH



TOTAL PARTICIPATION

**21530**

Direct Participants

**16,461**

Online Participants

**39**

School and other  
Staff Present

**690**

Total  
Volunteers

**109**

Audience  
Members

**510**

Total Professionals  
Involved

**932**

## DEMOGRAPHICS

- Age: 6% aged 0-5, 75% aged 6-12, 2% aged 13-19, 3% aged 20-49, and 14% aged over 50.
- Gender: 43% male, 57% female.
- Ethnicity: 29% identified as Black, Asian, and Minority Ethnic (BAME).



# IMPACT AND FEEDBACK

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DNA's programmes have made a clear positive impact on participants' physical, mental, and emotional well-being. Feedback from a survey conducted in March 2024 revealed:

- **Energy Levels:** Many participants reported feeling more energized after attending classes.
- **Confidence:** Participants noted increased self-confidence, particularly in engaging with dance and social activities.
- **Strength and Mobility:** Improvements in muscle strength and mobility were reported, especially by those managing long-term conditions like Parkinson's disease.

Participants in all age groups consistently expressed how dance helped improve their well-being, providing opportunities for socialising, staying active, and enhancing their mental health.

# CHALLENGES AND IMPROVEMENTS

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While the year was mostly successful, there were a few areas to improve:

## Educational programmes:

- **Shorter Days for Younger Participants:** Younger children (aged 5-7) found the full day tiring, which impacted on their focus towards the end of the day.
- **Parent Involvement for Older Children:** Some parents of the older children (aged 12-16) wished for more opportunities to observe their children's progress through informal sharing sessions.
- **Better Registration Process:** Staggering the arrival times for different age groups could improve the registration process by reducing wait times.

## Dancing for Joy programmes:

- **Improved Transportation Access for Older Adults:** Many participants face difficulties in attending classes regularly due to a lack of accessible transportation. This was noted particularly in the Dancing with Dementia sessions, where several attendees came from nearby areas but relied heavily on others for transportation. A partnership with local transport services could increase attendance and ensure that more participants can benefit from the programme.
- **Increased Social Engagement Opportunities:** While many of the classes focus on movement and physical well-being, adult participants, particularly those in the Dancing with Dementia sessions, expressed that the social aspect was equally important. Organising post-class social gatherings or structured discussion groups could further enhance the sense of community and help foster deeper connections.
- **Expanded Programme Frequency and Duration:** Participants in the Dancing with Parkinson's programme have expressed a desire for more frequent and longer sessions. Some felt that while the current structure was beneficial, having more frequent opportunities to dance would further help with their physical health and mental well-being.

- **Integration of Mental Well-being and Cognitive Support:** While physical movement is the primary focus, including more structured mental exercises or activities that stimulate cognitive functions, such as memory challenges or mindfulness exercises, could benefit those with dementia or other cognitive challenges . This could be integrated into existing classes to provide a more holistic approach to well-being.
- **Feedback Mechanism for Continuous Improvement:** Adult participants could benefit from more regular opportunities to provide feedback, perhaps through simple surveys or informal discussions with instructors. This could help DNA identify specific needs, allowing for more immediate adjustments to the programme. For example, several participants mentioned a desire for more flexibility in the timing of sessions or a greater variety of dance styles.
- **Enhanced Focus on Music as a Tool for Engagement:** Music has been consistently highlighted as a key factor in the enjoyment and effectiveness of the sessions, particularly in the dementia and Parkinson's programmes . Expanding the variety of music and incorporating more opportunities for participants to engage with rhythm and musical activities could further enhance the physical and emotional benefits of the programmes.



Rachel Cherry

# FUTURE GOALS



DNA aims to achieve the following goals for 2024-2025:

- **Expand Intergenerational Programmes:** Building on the success of intergenerational projects like Tendring Every Move Counts, DNA plans to increase these offerings.
- **Strengthen University Partnerships:** Potential collaborations with universities could provide research and financial opportunities to further DNA's work.
- **Mass Dance 2025:** Building on the success of previous years, DNA will work with Matthew Bourne's New Adventures to deliver an even bigger mass dance event in 2025.
- **Celebrate our 10-year anniversary.**

# CONCLUSION



2023-2024 has been a period of growth, creativity, and success for Dance Network Association. With increased participation, new partnerships, and innovative programming, DNA continues to deliver on its mission of bringing joy and connections through dance and making it accessible to all. The year's achievements in fostering physical, mental, and emotional well-being through dance were profound.

As DNA moves forward, we remain committed to growing our impact, reaching more people, and using dance as a tool for well-being, social connection, and creativity. We are optimistic about the future and the opportunities ahead in 2024-2025.

This report outlines the periods progress, challenges, and successes, setting the stage for continued growth and impact as we enter a new year of programming and community engagement.

# DNA Contact Information

Email: [info@dancenetworkassociation.org.uk](mailto:info@dancenetworkassociation.org.uk)

Telephone: 07490 37 47 17

Registered Address: c/o Mercury Theatre, Balkerne Gate, Colchester CO1  
1PT

Facebook: [Dance Network Association](#)

Instagram: [dancenetworkassociation](#)

LinkedIn: [Dance Network Association](#)

# **DANCE NETWORK ASSOCIATION**

Charity number: 1202883

**FINANCIAL STATEMENTS  
FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024**



# DANCE NETWORK ASSOCIATION

## CONTENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

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	Page
Legal and Administrative information	1
Independent Examiners Report	2
Statement of Financial Activity	3
Balance Sheet	4
Notes to the Accounts	5 - 9

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# DANCE NETWORK ASSOCIATION

## LEGAL AND ADMINISTRATIVE INFORMATION FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

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<b>Charity Number</b>	1202883
<b>Date of Incorporation</b>	28th April 2023
<b>Registered Address</b>	Mercury Theatre, Balkerne Gate Colchester Essex CO1 1PT
<b>Trustees</b>	Gemma Wright Frances May Maynard Lyann Kennedy Elsa Urmston
<b>Bankers</b>	HSBC 26 High Street Colchester Essex CO1 1DQ
<b>Independent Examiner</b>	Community360 Winsley's House Colchester Essex CO1 1UG

# DANCE NETWORK ASSOCIATION

## INDEPENDENT EXAMINER'S REPORT FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

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I report on the accounts of Dance Network Association for the year ended 31st August 2024 which are set out on pages 3 to 9.

### **Respective responsibilities of trustees and examiner**

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed. The charities gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Accounting Technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

### **Basis of independent examiner's Statement**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

### **Independent examiner's statement**

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of  
Community360  
Winsley's House, High Street, Colchester, Essex



Date

24/01/2025

# DANCE NETWORK ASSOCIATION

## STATEMENT OF FINANCIAL ACTIVITY FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

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	Note	Unrestricted Fund £	Restricted Fund £	2024 Total £
<b>Incoming resources</b>				
Donations and legacies	2	2,174	3,001	5,175
Charitable activities	3	31,146	189,347	220,493
Other income		733	-	733
Merger income		20,769	62,167	82,936
<b>Total incoming resources</b>		<u>54,821</u>	<u>254,515</u>	<u>309,336</u>
<b>Resources expended</b>				
Charitable activities	4	38,942	204,901	243,843
Cost of raising funds		3,900	2,340	6,240
<b>Total resources expended</b>		<u>42,842</u>	<u>207,241</u>	<u>250,083</u>
<b>Net income for the year</b>		<u>11,979</u>	<u>47,274</u>	<u>59,254</u>
Transfer between funds		4,243	(4,243)	-
<b>Net income after transfers</b>		<u>16,222</u>	<u>43,031</u>	<u>59,254</u>
Total funds brought forward		-	-	-
<b>Total funds carried forward</b>		<u><u>16,222</u></u>	<u><u>43,031</u></u>	<u><u>59,254</u></u>

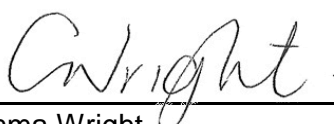
# DANCE NETWORK ASSOCIATION

## BALANCE SHEET AS AT 31 AUGUST 2024

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	Note	2024 Total £	2024 Total £
<b>Fixed assets</b>			
Tangible fixed assets	5		1,392
<b>Current assets</b>			
Debtors	6	44,684	
Cash at bank and in hand		32,600	
		<u>77,284</u>	
<b>Current liabilities</b>			
Creditors, amounts falling due within one year	7	19,421	
<b>Net current assets</b>			<u>57,863</u>
<b>Totals assets less current liabilities</b>			<u>59,254</u>
<b>Net assets</b>			<u><u>59,254</u></u>
<b>Funds</b>			
Unrestricted funds	9		16,222
Restricted funds	9		43,031
			<u>59,254</u>

Signed

  
Gemma Wright

Date

22/01/2025

# DANCE NETWORK ASSOCIATION

## NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

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### 1. Accounting policies

#### 1.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### 1.2 Accounting convention

The financial statements are prepared on a going concern basis, under the historical cost convention.

#### 1.3 Incoming resources

Income from donations and grants is included in incoming resources when these are receivable, except as follows:

When donors specify the donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.

When donors specify the donations and grants, including capital grants, are for particular restricted purposes, this income is included in the incoming resources of restricted funds when receivable.

Interest is included when received by the charity .

#### 1.4 Resources expended and recognition of liabilities.

Liabilities are recognised on the accruals basis in accordance with normal accounting principles.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of percentage of budget allocation, or time spent by staff on those activities.

#### 1.5 Fund accounting

Funds held by the charity are either:

Unrestricted general funds

These are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

Restricted funds

These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

There are no endowment funds.

#### 1.6 Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company and is, therefore, included in the relevant costs in the Statement Of Financial Activities.

# DANCE NETWORK ASSOCIATION

## NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

2. Donations and legacies	Unrestricted	Restricted	2024
	£	£	£
Donations	2,174	3,001	5,175
	<b>2,174</b>	<b>3,001</b>	<b>5,175</b>
3. Income from Charitable activities	Unrestricted	Restricted	2024
	£	£	£
Grants	5,000	91,737	96,737
Services	25,551	95,925	121,476
Sales	595	1,685	2,280
	<b>31,146</b>	<b>189,347</b>	<b>220,493</b>
4. Expenditure on Charitable activities	Unrestricted	Restricted	2024
	£	£	£
Dance teachers & music artists	23,916	59,704	83,619
Project costs	2,634	21,157	23,791
Direct wages	-	44,775	44,775
Rent and rates	957	13,949	14,906
Support costs	11,436	65,316	76,751
	<b>38,942</b>	<b>204,901</b>	<b>243,843</b>
Analysis of support costs	Unrestricted	Restricted	2024
	£	£	£
Administrative team	4,425	49,053	53,478
Staff training	90	25	115
Printing, postage & stationary	348	534	882
Equipment	-	652	652
Marketing & print	149	1,317	1,466
Travel & subsistence	1,678	6,250	7,928
Insurance	-	1,035	1,035
Bank charges	34	140	174
Phone	345	60	405
Computer	632	357	989
General expenses	449	2,055	2,504
Legal & professional	1,037	2,153	3,190
Subscriptions	1,730	116	1,846
Depreciation	221	1,297	1,518
Sundry	298	272	570
	<b>11,436</b>	<b>65,316</b>	<b>10,617</b>

# DANCE NETWORK ASSOCIATION

## NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

5. Tangible fixed assets	Restricted	Computer	Total
	Computer	Computer	
	Equipment	Equipment	
	£	£	£
Cost as at 28/04/2023	3,242	1,424	4,666
Additions	-	-	-
<b>Total Cost</b>	<b>3,242</b>	<b>1,424</b>	<b>4,666</b>
Depreciation as at 28/04/2023	976	780	1,756
Depreciation charge for year	1,297	221	1,518
<b>Total Depreciation</b>	<b>2,273</b>	<b>1,001</b>	<b>3,274</b>
<b>Net Book Value as at 31 August 2024</b>	<b>969</b>	<b>423</b>	<b>1,392</b>
<b>Net Book Value as at 28 April 2023</b>	<b>2,266</b>	<b>644</b>	<b>2,910</b>

### 6. Debtors

	2024
	£
Debtors	44,684
	<b>44,684</b>

### 7. Creditors; amounts falling due within one year

	2024
	£
Creditors	11,431
Other creditors and accruals	7,989
	<b>19,421</b>

### 8. Trustee remuneration

	2024
	£
Trustee remunerations	44,775
	<b>44,775</b>

Remunerations are paid to the trustee for services provided as part of the charities activities. Their role as a trustee is provided on a voluntary basis with no further remuneration paid for the trustee role.

# DANCE NETWORK ASSOCIATION

## NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

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9. Analysis of funds	As at 28/04/23	Income	Expenses	Transfers	As at 31/08/24
	£	£	£	£	£
<b>Unrestricted</b>					
General funds	(2,400)	4,324	(7,935)	4,243	(1,768)
Bespoke Schools Programmes	15,498	20,235	(27,252)	-	8,481
Essex Summer Activity	-	975	(404)	-	571
Dance for care homes	4,535	3,318	(3,032)	-	4,821
Dance on prescription	100	-	-	-	100
Dance with Dementia	1,116	200	(1,614)	-	(298)
Dancing with Lived Conditions	-	5,000	-	-	5,000
Regeneration Colchester	121	-	(805)	-	(684)
Fusion	1,800	-	(1,800)	-	-
	<b>20,769</b>	<b>34,052</b>	<b>(42,842)</b>	<b>4,243</b>	<b>16,222</b>

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# DANCE NETWORK ASSOCIATION

## NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTH PERIOD ENDED 31 AUGUST 2024

### 6. Analysis of funds (continued)

#### Restricted

Colchester Voluntary Welfare Grant	9,664	500	(9,884)	-	280
Age Well	-	25,000	(24,127)	-	873
Carers Community Fund	-	10,000	-	-	10,000
Dancing for Joy	-	600	(544)	-	56
Fowler Smith Jones	-	2,000	(1,347)	-	653
Arts Council Recovery Grant	3,345	-	(1,297)	-	2,048
Arts Council Reserves	7,365	-	(382)	-	6,983
Barking & Dagenham Active Start	-	480	-	(480)	-
Barking & Dagenham Mass Dance	14,768	31,736	(45,252)	-	1,252
Barking & Dagenham Early Years	8,482	-	(4,719)	(3,763)	-
HAF Provision	7,520	58,395	(54,404)	-	11,511
Essex County Council					
Babies in the Barn	101	-	(101)	-	-
Dance on Prescription	1,499	974	(1,499)	-	974
Braintree Dancing for Joy	-	3,163	(850)	-	2,313
Colchester Catalyst	7,587	-	(7,026)	-	561
Co-op Community Fund	1,835	-	(2,390)	-	(555)
Essex Ed & Adult Social Care Fund	-	17,000	(18,872)	-	(1,872)
Good Company of Graduates	-	22,500	(21,591)	-	909
National Lottery	-	20,000	(12,956)	-	7,044
	<b>62,167</b>	<b>192,348</b>	<b>(207,241)</b>	<b>(4,243)</b>	<b>43,031</b>