



Trustee annual report 2024-2025

Charity info:

The Pachamama Project CIO

Charity number: 1202834

104 Vicarage Lane, Great Baddow, Chelmsford, CM2 8JD

Trustees:

Chair: Heidi Lambert

Other trustees:

Helen Heard, Ruth Smith, Alice Corrigan, Joy Coisnard

Purpose of The Pachamama Project CIO:

The prevention or relief of poverty globally by providing grants, items, services and reusable sanitary products to individuals in need and/or charities, or other organisations working to prevent or relieve poverty.

Structure:

1 part-time employee, CEO Ella Lambert

5 trustees

The trustees were recruited on the basis of involvement in the project (when a CIC), knowledge of the sector and our aims and objectives and people with the time, expertise and experience to support the project. The trustees have been reappointed for 2025-26.

Activities and objectives 24-25:

Performance highlights and public benefit:

- In the period 2024-2025, 54,908 reusable sanitary pads have been sent to Afghanistan, Lebanon, South Sudan, Uganda, the US and here in the UK, taking 6,864 beneficiaries out of period poverty for the next five years.
- Pass It On Trust, one of our partners in Uganda, is now reporting zero school absenteeism by our school girl beneficiaries due to their periods.
- New partner in Uganda: Successful trial followed by delivery of 12,000 pads and a report showing 98% improvement in school attendance, following pad distribution.
- 2,500 volunteers worldwide: Testimonials evidence what we understood, anecdotally, that being part of the Pachamama volunteer community provides many benefits, including to mental health and allows people with long-term health issues to feel a full part of the project, as it is a no-commitment volunteering activity that can be done from home and in their own time.
- The Chelmsford-based integration sewing group meets once a week, with asylum-seekers meeting to make pads with local volunteers: a social activity which includes learning new skills, English language practice and local integration. Locals provided valuable support to the asylum seeker members of the club during the race riots in the summer of 2024.
- Period poverty committee in Lebanon: This committee was extremely impactful during the recent conflict, enabling us to respond to the emergency menstrual needs of the displaced population, providing pads and water tanks to enable the management of the washable pads.

Partner update:

Afghanistan: We supplied 200 pads to the organisation, Forgotten Women, who were to attempt to get the pads into Afghanistan.

Lebanon – During the recent conflict, we ran an emergency fundraiser which funded distributions of disposable pads in hygiene kits, providing basic supplies to women, girls and people who menstruate sheltering in schools, parks and homes in 14 areas in west and central Bekaa. It was then decided that, by collaborating with the NGO, Jigsaw, to provide water tanks, we could actually provide our Pacha Pads, providing a longer-term solution. This was a good example of how we collaborate with other NGOs in Lebanon to tackle period poverty in both the refugee and local populations. We continue to work closely with The Free Shop Lebanon for distributions and storage of our pads. Our local volunteer, Mariam, handles our distributions and menstrual health workshops.

Container: There were well over 30 people involved, local to HQ, in collecting, sorting, packing and loading a 40ft container that left The Meadows Shopping Centre in Chelmsford on the 12th November 2024. Hundreds of people contributed with donations and businesses and schools around Essex supported us with sorting space, storage and collections.

We collected a total of 75,000 items of pads, clothing, shoes and blankets – including a pallet and a half of hijabs and abayas, donated by Muslim communities in Chelmsford, Birmingham and Bolton. We sent 34,372 Pacha Pads and 4,300 drawstring bags.

The donated items will help 8,000 people over the next six months and the pads will support another 4,000 people out of period poverty for at least the next five years.

<https://www.bbc.co.uk/news/articles/cpdnl57w8qlo>

South Sudan: 432 pads were sent to the NGO, SHOFOH for a trial.

Uganda: Following incredible feedback from our trial with Kigezi high school in Uganda, where 98% of students saw an increase in their attendance, we sent a further 18,000 pads on a large shipment to Uganda to Kigezi High School and to the Pass It On Trust community in Kampala.

We sent an initial trial to the organisation Rwenzori Women for Health and are now sending about 400 pads per month via St Marys Church, local to HQ, which has been supporting this community for 30 years. Feedback is excellent, both in terms of keeping girls in school and in supporting women with significant health challenges.

UK: We sent 1,200 pads to the charity, Global Relief Trust (GRT) for a UK-based trial with food banks and other NGOs.

USA: US: To date, 6240 pads have been made and distributed in the US and we are hugely grateful to all our US Pachamamas and our Pachamama ambassador, Joy, who makes it all possible. Ella and Heidi met the team at Food Justice DMV during their trip to Washington DC for the .Org awards and held a small focus group with some of the beneficiaries. Feedback was excellent and there is huge demand for our pads.

Awards

The .ORG Global Impact Awards

Back in October 2024, Ella was a finalist in the “Rising Star” category at the Global Impact Awards run by .ORG. Ella and Heidi attended the awards ceremony in Washington DC. It was an incredibly positive and heart-warming experience, in the company of nominees and winners from all over the world doing the most amazing things. Ella did not win but we were awarded a prize of \$2,500.

The Diana Award

In December 2024, Ella was honoured to receive the Diana Award – which she accepted on behalf of everyone. It was great to receive recognition for our work on such a stigmatised and often over-looked issue. The Diana Award was established in memory of Diana, Princess of Wales, and given out by the charity with the support of both her sons, HRH The Prince of Wales and Prince Harry, The Duke of Sussex. The award comes with networking and mentoring opportunities and a valuable badge of credibility that will certainly open doors.

Sunday Times young person of influence

In April 2025, Ella was named on the Sunday Times young power list.

<https://www.thetimes.com/uk/young-power-list/article/most-powerful-people-under-30-2025-r7lc2fnpcp>

Media coverage:

<https://www.ft.com/content/69fcd04e-2a76-4484-b723-3a172c76fdb3>

<https://www.mirror.co.uk/tv/tv-news/channel-4s-go-back-you-35157276>

<https://www.thetimes.com/uk/young-power-list/article/most-powerful-people-under-30-2025-r7lc2fnpcp>

<https://www.bbc.co.uk/news/articles/cpdnl57w8qlo>

Chelmsford integration sewing group, UK - Trustees, Ruth and Helen have been running a sewing group for Chelmsford-based asylum-seekers on Tuesday afternoons to make and prep pads – as a pilot. We have applied for National Lottery community funding and hope to be able to develop this group and run it for at least a year. This is a valuable opportunity for the women to socialise, meet locals, practice their English, develop new skills and build their self-esteem – as well as to add to Pachamama stocks to support our wider beneficiaries. We have so far provided 100 kits for all the current Chelmsford-based asylum-seekers in need of sanitary pads. During the race riots of summer 2024, the local members of the club provided valuable moral and practical support to the asylum-seeker members.

Speaking opportunities

In 2024, Ella was on the panel of a prestigious [Global Citizen](#) event on the intersection between girls' health and education in Parliament in London – an event hosted by Helen Grant MP, Former Prime Minister's Special Envoy for Girls' Education and co-founder of Global Citizen Michael Sheldrick. The keynote speaker was the Rt Hon Patricia Scotland KC, Secretary-General of the Commonwealth and Ella was on a panel moderated by the former Prime Minister of Norway, Erna Solberg. The other panellists were Thoko Elphick-Pooley, Exec Director, Uniting to Combat NTDs and Adrian Dongus, from the Sanitary & Hygiene Fund. This shows that we are starting to have an important impact in terms of raising the profile of period poverty as a barrier to education and gender equality.

Among others, Ella also spoke at Bristol Women's Voice International Women's day event in March, [Plan International](#) UK's Inspiring Youth Action Plan panel in London in July 2024 and Public Interest Registry X Community Boost's event: "Champion Your Cause: Maximizing Impact Through Events" in August 2024.

Finances:

Our turnover was £40,004, made up of a £20,000 grant from the Dalia & Ramzi Foundation towards our work in Lebanon, and other donations from volunteer fundraisers, donations via our GoFundMe page, and Easyfundraising.

We started paying the CEO a part-time salary in August 2023. Ella is working part-time salaried and part-time voluntarily until the charity can afford an appropriate full-time salary.

No debts; no payments to trustees.

Financial reserves agreed.

Volunteers:

We have 2,500 volunteers signed up. Some are more active than others and an objective for next year will be to do more outreach to increase the active volunteer base, to boost stocks.

Outreach

Internal:

Two newsletters were sent to volunteers with project updates.
<https://thepachamamaprojec.wixsite.com/website>

Fundraising

Approach to fundraising activity:

- i) We have a fundraising policy
- ii) We have a strategy that includes corporate and individual fundraising and donations
- iii) Monitoring of fundraising on our behalf: Volunteer fundraisers used the GoFundme platform
- iv) No complaints on fundraising received.

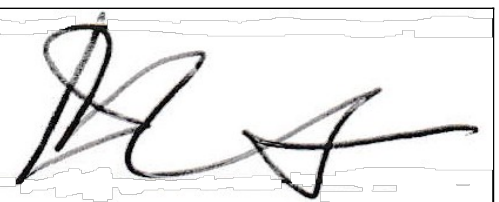
Trustee statement:

We hereby state that we have complied with the duty in section 4 of the 2006 Act to have due regard to guidance on public benefit published by the Commission:
<https://www.gov.uk/guidance/public-benefit-rules-for-charities#:~:text=All%20charity%20trustees%20have%20a,are%20aware%20of%20the%20guidance>

The trustees declare that they have approved the trustees' report above:

Signed on behalf of the charity's trustees/directors

Signature(s) Heidi Lambert

A handwritten signature in black ink, appearing to be 'HLA', written over a horizontal line.

Full name(s)	Heidi Lambert	
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Position (for example Secretary, Chair, etc)	Chair	
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Date	30/12/2025
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THE PACHAMAMA PROJECT CIO

Charity Registration number 1202834

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2025**

THE PACHAMAMA PROJECT CIO

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THE PACHAMAMA PROJECT CIO

LEGAL AND ADMINISTRATION INFORMATION FOR THE YEAR ENDED 30 APRIL 2025

Full name THE PACHAMAMA PROJECT CIO

Registered company number 1202834

Registered address 104 Vicarage Lane
Ggreat Baddow
Chelmsford
Essex
CM2 8JD

Directors Heidi Lambert, Chair
Alice Corrigan
Joy Coisnard
Helen Heard
Ruth Smith

Governing document

As a Charity Incorporated Organisation the organisation is operated under the rules of its Memorandum and Articles of Association

Overall management of the company is the responsibility of the trustee who are elected and co-opted under the terms of the Memorandum and Articles and Association.
Day to day project activity is managed and carried out by paid staff and volunteers.

Bankers The Co-operative Bank

Independent examiner Community360
Winsleys House
High Street
Colchester
Essex, CO1 1UG

THE PACHAMAMA PROJECT CIO

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 30 APRIL 2025

I report on the accounts of The Pachamama Project CIO for the year ended 30 April 2025 which are set out on pages 3 to 7.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Courtier FMAAT AATQB for and on behalf of:

Community360

Winsley's House, High Street, Colchester, Essex



Date 08/01/2026

THE PACHAMAMA PROJECT CIO

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 APRIL 2025

	Note	2025 £	2024 £
Incoming resources			
Donations and legacies		40,004	29,504
Total incoming resources		40,004	29,504
Resources expended			
Charitable activities	2	31,770	28,235
Cost of raising funds		1,546	-
Total resources expended		33,316	28,235
Net incoming (outgoing) resources		6,688	1,269
Merger income		-	5,717
Net movement in funds		6,688	6,986
Total funds brought forward		6,986	-
Total funds carried forward		13,674	6,986

Notes on pages 5 - 7 form an integral part of these accounts.

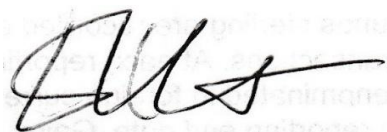
THE PACHAMAMA PROJECT CIO

BALANCE SHEET AS AT 30 APRIL 2024

	Note	2025 £	2024 £
Current assets			
Debtors	4	50	-
Cash at bank and in hand		14,103	7,596
Total current assets		14,153	7,596
Current liabilities			
Creditors: Amounts falling due within one year	5	479	610
Total current liabilities		479	610
Net current assets/(liabilities)		13,674	6,986
Net assets		13,674	6,986
Funds of the charity			
Unrestricted funds		13,674	6,986
Total funds		13,674	6,986

Approved by the trustees on the 30th December 2025 and signed on their behalf by:

Signed



H Lambert - Trustee

Date 30th December 2025

THE PACHAMAMA PROJECT CIO

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 APRIL 2025

1. Accounting Policies

Basis of the preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Cash Flow

The financial statements do not include a cash flow statement because the charity, as a small reporting entity, is exempt from the requirement to prepare such a statement under Financial Reporting Standard 1 "Cash flow statements".

Income and expenditure

Income and expenses are included in the financial statements as they become receivable or due.

Expenses include VAT where applicable as the charity cannot reclaim it.

Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks.

Financial instruments

Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost. Financial assets comprise cash at bank and in hand, together with other debtors if applicable. Cash at bank and in hand is defined as all cash held in instant access bank accounts and used as working capital. Financial liabilities held at amortised cost comprise all creditors except social security and other taxes.

Foreign exchange

Transactions in currencies other than pounds sterling are recorded at the rates of exchange prevailing at the dates of the transactions. At each reporting end date, monetary assets and liabilities that are denominated in foreign currencies are retranslated at the rates prevailing on the reporting end date. Gains and losses arising on translation in the period are included in the profit and loss.

THE PACHAMAMA PROJECT CIO

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 APRIL 2025

2. Costs of charitable activities	2025	2024
	£	£
Materials	8,440	7,281
Postage	5,910	5,759
Insurance	573	1,124
Sundries	545	122
Office expenses	992	3,420
Staff training and resources	-	1,085
Wages	10,878	7,807
Volunteer expenses (inc.stipend)	399	63
Stipend	3,380	-
Travel	-	1,060
	31,117	27,721
Governance costs:		
Other professional fees	35	236
Audit and accountancy	618	278
	653	514
	31,770	28,235

The stipend costs were related to living costs for a volunteer placed in Lebanon, who supports the charity activities in Lebanon. They were also refunded for out of pocket volunteer expenses.

3. Employees

The average monthly number of persons (including directors) employed by the company was:

	2025	2024
	No.	No.
Total	1	1
	1	1

4. Debtors

	2025	2024
	£	£
Other debtors	50	-
	50	-

5. Creditors

	2025	2024
	£	£
Other creditors	479	610
	479	610

THE PACHAMAMA PROJECT CIO

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 APRIL 2025

6. Going concern

The trustee believe the charity has sufficient liquid reserves to continue trading for the foreseeable future.

7. Trustee expenses

No trustees were reimbursed for expenses during the financial year 2025.

8. Related party transactions

The member of staff employed by the organisation is the daughter of the Trustee Heidi Lambert.

THE PACHAMAMA PROJECT CIO

Charity Registration number 1202834

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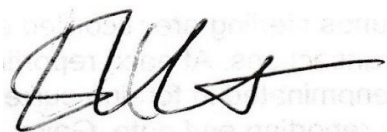
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