

# JEEVAN VIGYAN UK

England & Wales · Charity number 1202833

## Details

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|             |                                                         |
|-------------|---------------------------------------------------------|
| Other names | JEEVAN VIGYAN UK CIC                                    |
| Status      | Registered                                              |
| Legal form  | CIO                                                     |
| Registered  | 2023-04-25                                              |
| Register    | <a href="#">View on the Charity Commission register</a> |

## Contact

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|         |                                                                        |
|---------|------------------------------------------------------------------------|
| Address | 48 Plumstead High Street<br>London<br>SE18 1SL                         |
| Phone   | 07810133834                                                            |
| Email   | <a href="mailto:jeevanvigyangb@gmail.com">jeevanvigyangb@gmail.com</a> |
| Website | <a href="http://www.jeevanvigyanuk.org">www.jeevanvigyanuk.org</a>     |

## Activities

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**Objects:** TO PROMOTE AND ADVANCE PUBLIC EDUCATION AND UNDERSTANDING OF THE PHILOSOPHY AND PRACTICE OF YOGA, BY PROVIDING REGULAR YOGA CLASSES THROUGH-OUT THE YEAR, MAINLY VIA ZOOM (BUT NOT LIMITED TO IT), PROVIDING ACCESSIBLE OPPORTUNITIES TO PARTICIPATE AND EXPERIENCE THE PHYSICAL, MENTAL AND SPIRITUAL BENEFITS OF YOGA FOR THE PEOPLE IN THE UNITED KINGDOM AND INTERNATIONALLY, PARTICULARLY THOSE WHO HAVE NEVER MANAGED TO ATTEND EXPENSIVE YOGA CLASSES IN YOGA TEACHING SCHOOLS OR PREMISES.

**Activities:** Jeevan Vigyan UK is committed to promote and advance public education and understanding of the philosophy and practice of yoga, by providing regular yoga classes through-out the year, mainly via ZOOM (but not limited to it), providing accessible opportunities to participate and experience the physical, mental and spiritual benefits of yoga for the people in the United Kingdom.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** The General Public/mankind

## Geography

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- Nepal
- Throughout England

## Finances

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| Period end | Income  | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2024-12-31 | £11,061 | £5,758      | -      | -         |
| 2023-12-31 | £8,931  | £4,858      | -      | -         |

## Trustees

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| Name                               | Role  | Appointed  |
|------------------------------------|-------|------------|
| <b>Sarita SHARMA</b>               | Chair | 2023-01-07 |
| Captain Retired TULASI Paudel FCMI |       | 2023-01-07 |
| Prem Bahadur KHADKA                |       | 2023-01-07 |

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**JEEVAN VIGYAN UK**

England & Wales - Charity number 1202833

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# Accounts

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Charity number  
1202833

Jeevan Vigyan UK  
Report of the Trustees and Unaudited Financial Statements  
for the year ended 31 December 2024

**Jeevan Vigyan UK  
Report and accounts  
Contents**

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**Jeevan Vigyan UK  
Company Information**

**Trustees**

Prem Bahadur Khadka  
Sarita Sharma  
Tulasi Prasad Paudel

**Accountants**

Kanti & Co Ltd  
27 Kingston Road  
South Wimbledon  
London  
SW19 1JX

**Bankers**

NatWest Bank

**Charity Registered office**

92 Plumstead High street  
Plumstead  
London  
SE18 1SL

**Charity Registration number**

1202833

**Jeevan Vigyan UK**

**Registered number: 1202833**

**Trustees' Report**

The Trustees present their report and accounts for the year ended 31 December 2024.

**Principal activities**

The principal activities of the charity are to promote and advance public education and understanding of the philosophy and practice of yoga providing regular yoga classes physically and on online throughout the year and helping people for their physical and mental strength.

**Trustees**

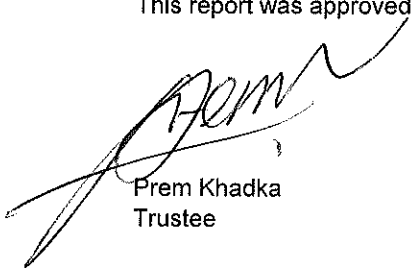
The following persons served as trustee during the year:

Prem Bahadur Khadka  
Sarita Sharma  
Tulasi Prasad Paudel

**Small charity provisions**

This report has been prepared in accordance with the provisions in Section 132 of the Charity Act 2011 applicable to charities subject to the small charities regime.

This report was approved by the board on 2 June 2025 and signed on its behalf.



Prem Khadka  
Trustee

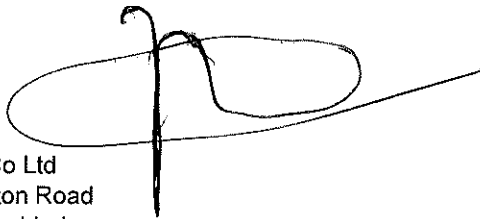
**Jeevan Vigyan UK  
Accountants' Report**

**Accountants' report to the Trustees of  
Jeevan Vigyan UK**

You consider that the charity is exempt from an audit for the year ended 31 December 2024. As the charity Trustees you have acknowledged, on the statement of financial position, your responsibilities for complying with the requirements of the Charity Act 2011 ("The Act"), section 132 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Income statement, the statement of financial position, the Statement of Changes in funds and the related notes from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these reports.



Kanti & Co Ltd  
27 Kingston Road  
South Wimbledon  
London  
SW19 1JX

2 June 2025

**Jeevan Vigyan UK**  
**income and expenditure statement**  
**for the year ended 31 December 2024**

|                                      | <b>2024</b>  | <b>2023</b>  |
|--------------------------------------|--------------|--------------|
|                                      | <b>£</b>     | <b>£</b>     |
| <b>Income generated</b>              | 11,061       | 8,931        |
| Administrative expenses              | (5,758)      | (4,858)      |
| <b>Operating profit</b>              | <u>5,303</u> | <u>4,073</u> |
| <b>Income before taxation</b>        | <u>5,303</u> | <u>4,073</u> |
| Tax on profit                        | -            | -            |
| <b>Income for the financial year</b> | <u>5,303</u> | <u>4,073</u> |

**Jeevan Vigyan UK**  
**Charity Registration number:** 1202833  
**Statement of financial position**  
**as at 31 December 2024**

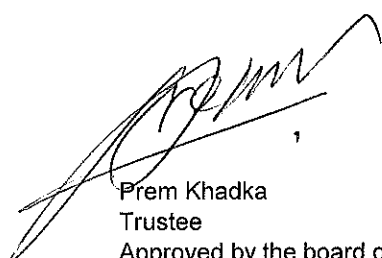
|                                       | Notes | 2024<br>£ | 2023<br>£ |
|---------------------------------------|-------|-----------|-----------|
| <b>Current assets</b>                 |       |           |           |
| Cash at bank and in hand              |       | 9,376     | 4,073     |
| <b>Net current assets</b>             |       | 9,376     | 4,073     |
| <b>Net assets</b>                     |       | 9,376     | 4,073     |
| <b>Surplus/(deficit) and reserves</b> |       |           |           |
| Surplus/ (deficit) accounts           |       | 9,376     | 4,073     |
| <b>Available funds</b>                |       | 9,376     | 4,073     |

The Trustees are satisfied that the charity is entitled to exemption from the requirement to obtain an audit under the Charities Act 2011.

The member has not required the company to obtain an audit in accordance with section 477 of the Act 2011.

The Trustees acknowledge their responsibilities for complying with the requirements of the Charity Act 2011 with respect to accounting records and the preparation of financial statements.

The Financial Statements have been prepared and delivered in accordance with the special provisions applicable to charities subject to the small charities regime.



Prem Khadka  
Trustee  
Approved by the board on 2 June 2025

**Jeevan Vigyan UK  
Movement of Funds  
for the year ended 31 December 2024**

|                                | <b>Surplus<br/>and (deficit)<br/>account</b> | <b>Total</b> |
|--------------------------------|----------------------------------------------|--------------|
|                                | £                                            | £            |
| <b>At 25 April 2023</b>        | -                                            | -            |
| Surplus for the period         | 4,073                                        | 4,073        |
| <b>At 31 December 2023</b>     | <u>4,073</u>                                 | <u>4,073</u> |
| <b>At 1 January 2024</b>       | 4,073                                        | 4,073        |
| Surplus for the financial year | 5,303                                        | 5,303        |
| <b>At 31 December 2024</b>     | <u>9,376</u>                                 | <u>9,376</u> |

**Jeevan Vigyan UK**  
**Notes to the Income and Expenditure Statements**  
**for the year ended 31 December 2024**

**1 Accounting policies**

***Basis of preparation***

The financial statements have been prepared in accordance with statement of recommended practice (SORP). Accounting and Reporting by charity preparing their accounts in accordance with FRS 102, the Financial Reporting Standard applicable in the UK and Republic of Ireland and accounting and reporting by the Charities Act 2011.

***Incoming Resources***

All Incoming Resources are included on the Statement of Financial Activities when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy and measured at the fair value of the consideration received.

***Resources Expended***

Expenditure is accounted for an accruals basis and has been classified under headings that aggregate all cost related to the category, where costs cannot be directly attributed to headings, they have been allocated to activities on a basis consistent with the use of resources.

***Allocation and Apportionment of Costs***

All costs relate to each single activity of the charity are recognised accordingly and allocated in separate heading where possible. Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees. Restricted funds can only be used for restricted purposes within the objectives of the charity. Restriction arise when it is specified by the donor or when funds are raised for restricted purposes. Funds are used in accordance with its purposes.

***Stocks***

Stocks of souvenirs items are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first in first out method. The carrying amount of stock sold is recognised as an expense in the period in which the related revenue is recognised. During the year there was no stocks.

**Jeevan Vigyan UK**  
**Notes to the Income and Expenditure Statements**  
**for the year ended 31 December 2024**

***Taxation***

Jeevan Vigyan UK is a charity and its tax exemption is granted by HMRC.

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

**2 Other information**

Jeevan Vigyan UK is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission for England and Wales on 25th April 2023 . Its registered office is:  
92 Plumstead High street  
Plumstead  
London  
SE18 1SL

**Jeevan Vigyan UK**  
**Detailed Statement of Income and Expenditure Accounts**  
**for the year ended 31 December 2024**

*This schedule does not form part of the statutory accounts*

|                          | <b>2024</b>  | <b>2023</b>  |
|--------------------------|--------------|--------------|
|                          | £            | £            |
| <b>Generated Income</b>  | 11,061       | 8,931        |
| Administrative expenses  | (5,758)      | (4,858)      |
| <b>Operating Income</b>  | <u>5,303</u> | <u>4,073</u> |
| <b>Income before tax</b> | <u>5,303</u> | <u>4,073</u> |

**Jeevan Vigyan UK**  
**Detailed Statement of Income and Expenditure Accounts**  
**for the year ended 31 December 2024**

*This schedule does not form part of the statutory accounts*

|                                   | 2024          | 2023         |
|-----------------------------------|---------------|--------------|
|                                   | £             | £            |
| <b>Incoming resources</b>         |               |              |
| Non Restricted Membership fees    | 1,212         | 4,946        |
| Non Restricted Members' Donations | 1,549         | 3,985        |
| Other Donations                   | 8,000         | -            |
| Sale of souvenirs                 | 300           | -            |
|                                   | <u>11,061</u> | <u>8,931</u> |
| <b>Administrative expenses</b>    |               |              |
| Employee costs:                   |               |              |
| Travel and subsistence            | -             | 320          |
|                                   | <u>-</u>      | <u>320</u>   |
| Premises costs:                   |               |              |
| Venue Hire                        | 1,530         | 345          |
|                                   | <u>1,530</u>  | <u>345</u>   |
| General administrative expenses:  |               |              |
| Telephone and internet            | 1,019         | 852          |
| Foods and drinks                  | 383           | 46           |
| Teaching Volunteer                | 1,350         | 2,320        |
| Volunteers expenses               | -             | 335          |
| Stationery and printing           | 177           | 171          |
| Bank charges                      | -             | 72           |
| Insurance                         | -             | 96           |
| Equipment expensed                | 299           | 301          |
|                                   | <u>3,228</u>  | <u>4,193</u> |
| Legal and professional costs:     |               |              |
| Other legal and professional      | 1,000         | -            |
|                                   | <u>1,000</u>  | <u>-</u>     |
|                                   | <u>5,758</u>  | <u>4,858</u> |

**JEEVAN VIGYAN UK**

England & Wales - Charity number 1202833

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# Accounts

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Charity Registration number: 1202833

Jeevan Vigyan UK

Report of the Trustees and Unaudited Financial Statements

for the period from 25 April 2023 to 31 December 2023

**Jeevan Vigyan UK  
Report and Financial Statements  
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**Jeevan Vigyan UK  
Charity Information**

**Trustees**

Prem Bahadur Khadka  
Sarita Sharma  
Tulasi Prasad Paudel

**Accountants**

Kanti & Co Ltd  
27 Kingston Road  
South Wimbledon  
London  
SW19 1JX

**Bankers**

NatWest Bank

**Charity Registered office**

92 Plumstead High Street  
Plumstead  
London  
SE18 1SL

**Charity Registration number**

1202833

**Jeevan Vigyan UK  
Accountants' Report**

**Accountants' report to the Trustees of  
Jeevan Vigyan UK**

You consider that the Charity is exempt from an audit for the period ended 31 December 2023. As the Charity Trustees you have acknowledged, on the balance sheet, that your responsibilities for complying with the requirements of the Charities Act 2011 ('The Act') in respect to the accounting records and the preparation of financial statement. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the Charity at the end of the financial period and of its surplus or deficit for the financial period.

In accordance with your instructions, we have prepared the financial statement which comprise the Income Statement and Statement of Financial Position, the Balance Sheet, the Statement of Changes in funds and the related notes from the accounting records of the Charity and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these reports.



Kanti & Co Ltd  
27 Kingston Road  
South Wimbledon  
London  
SW19 1JX

24 May 2024

**Jeevan Vigyan UK**  
**Income statement**  
**for the period from 25 April 2023 to 31 December 2023**

|                                             | <b>Unrestricted<br/>Funds<br/>2023<br/>£</b> |
|---------------------------------------------|----------------------------------------------|
| <b>Income from generated funds</b>          |                                              |
| Unrestricted generated funds                | 8,931                                        |
| <b>Costs of generating funds</b>            |                                              |
| Expenses on charitable activities           | (4,858)                                      |
|                                             | <hr/>                                        |
| <b>Gains (Losses) on general activities</b> | 4,073                                        |
| Net gains/(loss) on investments             | -                                            |
|                                             | <hr/>                                        |
| Net surplus/(deficit)                       | <u>4,073</u>                                 |
| <b>Net movement in funds</b>                |                                              |
| Net income for the year                     | 4,073                                        |
| Net funds carried forward                   | -                                            |
|                                             | <hr/>                                        |
| Total funds available                       | <u>4,073</u>                                 |

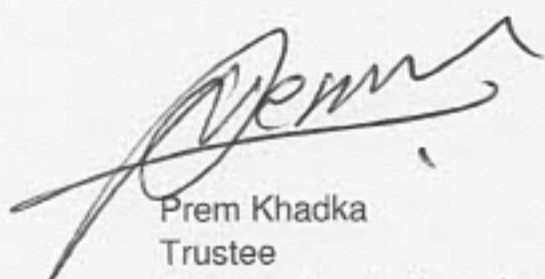
**Jeevan Vigyan UK**  
**Registered number:** 1202833  
**Statement of Financial Position**  
**as at 31 December 2023**

|                                | Notes | 2023<br>£          |
|--------------------------------|-------|--------------------|
| <b>Current assets</b>          |       |                    |
| Cash at bank and in hand       | 4,073 |                    |
| <b>Net current assets</b>      | <hr/> | 4,073              |
| <b>Net assets</b>              |       | <hr/> <u>4,073</u> |
| <b>Capital and reserves</b>    |       |                    |
| Surplus/(deficit) for the year |       | 4,073              |
| Reserved carried forward       |       | -                  |
| <b>Unrestricted funds</b>      |       | <hr/> <u>4,073</u> |

The Trustees are satisfied that the charity is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and Charity Act 2011.

The Trustees acknowledge their responsibilities for complying with the requirements of the Charity Act 2011 with respect to accounting records and the preparation of financial statements.

The Financial Statements have been prepared and delivered in accordance with the special provisions applicable to Charities and companies Act subject to the small companies regime.



Prem Khadka  
Trustee

Approved by the board on 24 May 2024

**Jeevan Vigyan UK  
Movement of Funds  
for the period from 25 April 2023 to 31 December 2023**

|                               | Unrestricted<br>funds | Restricted<br>funds | Outgoing<br>funds | Total<br>Surplus/(Deficit)<br>for the year |
|-------------------------------|-----------------------|---------------------|-------------------|--------------------------------------------|
|                               | £                     | £                   | £                 | £                                          |
| <b>At 25 April 2023</b>       | -                     | -                   | -                 | -                                          |
| Incoming/(Outgoing) Resources | 8,931                 | -                   | (4,858)           | 4,073                                      |
| <b>At 31 December 2023</b>    | <u>8,931</u>          | <u>-</u>            | <u>(4,858)</u>    | <u>4,073</u>                               |

**Jeevan Vigyan UK**  
**Notes to the financial statements**  
**for the period from 25 April 2023 to 31 December 2023**

**1 Accounting policies**

***Basis of preparation***

The financial statements have been prepared in accordance with statement of recommended accounting practice. Accounting and Reporting by charity preparing their accounts in accordance with the financial Reporting Standard, applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 and accounting and reporting by the Charities Act 2011.

***Incoming Resources***

All Incoming Resources are included on the Statement of Financial Activities when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy and measured at the fair value of the consideration received.

***Resources Expended***

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category, where costs cannot be directly attributed to headings, they have been allocated to activities on a basis consistent with the use of resources.

***Allocation and Apportionment of Costs***

All costs relate to each single activity of the charity are recognised accordingly and allocated in separate heading where possible. Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees. Restricted funds can only be used for restricted purposes within the objectives of the charity. Restrictions arise when it is specified by the donor or when funds are raised for restricted purposes. Funds are used in accordance with their purposes.

***Taxation***

Jeevan Vigyan UK is a charity and its tax exemption is granted by HMRC.

**2 Other information**

Jeevan Vigyan UK is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission for England and Wales on 25th April 2023. Its registered office is:  
92 Plumstead High Street  
Plumstead  
London  
SE18 1SL

**Jeevan Vigyan UK**  
**Detailed Statement of Income and Expenditure Accounts**  
**for the period from 25 April 2023 to 31 December 2023**

|                                    | <b>2023</b>         |
|------------------------------------|---------------------|
|                                    | <b>£</b>            |
| <b>Incoming Resources</b>          | 8,931               |
| Resources expended                 | (4,858)             |
| Surplus/(Deficit) funds            | <u>4,073</u>        |
| Other resources                    | -                   |
| <b>Net surplus/(Deficit) funds</b> | <u><u>4,073</u></u> |

**Jeevan Vigyan UK**  
**Detailed Statement of Income and Expenditure Accounts**  
**for the period from 25 April 2023 to 31 December 2023**

|                                         | 2023<br>£    |
|-----------------------------------------|--------------|
| <b>Incoming Resources</b>               |              |
| Unrestricted-Membership fees            | 4,946        |
| Unrestricted - Donations                | 3,985        |
| Restricted - Donations                  | -            |
| Other Resources                         | -            |
|                                         | <u>8,931</u> |
| <b>Administrative expenses</b>          |              |
| Volunteers costs:                       |              |
| Yoga Volunteers' Expenses               | 2,320        |
| Other volunteers' expenses              | 335          |
| Travelling and subsistence              | 320          |
|                                         | <u>2,975</u> |
| Premises costs:                         |              |
| Venue Hire                              | 345          |
|                                         | <u>345</u>   |
| <b>General administrative expenses:</b> |              |
| Telephone, Internet and fax             | 852          |
| Foods and drinks                        | 46           |
| Stationery and printing                 | 171          |
| Bank charges                            | 72           |
| Insurance                               | 96           |
| Equipment expensed                      | 301          |
|                                         | <u>1,538</u> |
|                                         | <u>4,858</u> |