

Youth Foundation

England & Wales · Charity number 1202802

Details

Other names NADA FOUNDATION

Status Registered

Legal form CIO

Registered 2023-04-21

Register [View on the Charity Commission register](#)

Contact

Address 402 Aidan House
Sunderland Road
Tynegate Precinct
Gateshead
Tyne And Wear
NE8 3HU

Phone 07342465468

Email Info@youthfoundation.org.uk

Website <https://youthfoundation.org.uk/>

Activities

Objects: TO PROMOTE HUMAN RIGHTS, IN PARTICULAR, ARTICLE 16 OF THE UN DECLARATION AND ANY ARTICLE SET OUT UNDER CEDAW (AS SET OUT IN THE UNIVERSAL DECLARATION OF HUMAN RIGHTS AND SUBSEQUENT UNITED NATIONS CONVENTIONS AND DECLARATIONS) THROUGHOUT THE WORLD BY ALL OR ANY OF THE FOLLOWING MEANS: MONITORING ABUSES OF HUMAN RIGHTS; OBTAINING REDRESS FOR THE VICTIMS OF HUMAN RIGHTS ABUSE; RELIEVING NEED AMONG THE VICTIMS OF HUMAN RIGHTS ABUSE; RESEARCH INTO HUMAN RIGHTS ISSUES; PROVIDING TECHNICAL ADVICE TO GOVERNMENT AND OTHERS ON HUMAN RIGHTS MATTERS; CONTRIBUTING TO THE SOUND ADMINISTRATION OF HUMAN RIGHTS LAW; COMMENTING ON PROPOSED HUMAN RIGHTS LEGISLATION; RAISING AWARENESS OF HUMAN RIGHTS ISSUES; PROMOTING PUBLIC SUPPORT FOR HUMAN RIGHTS; PROMOTING RESPECT FOR HUMAN RIGHTS AMONG INDIVIDUALS AND CORPORATIONS; INTERNATIONAL ADVOCACY OF HUMAN RIGHTS; ELIMINATING INFRINGEMENTS OF HUMAN RIGHTS. IN FURTHERANCE OF THAT OBJECT BUT NOT OTHERWISE, THE TRUSTEES SHALL HAVE POWER -TO ENGAGE IN POLITICAL ACTIVITY PROVIDED THAT THE TRUSTEES ARE SATISFIED THAT THE PROPOSED ACTIVITIES WILL FURTHER THE PURPOSES OF THE CHARITY TO AN EXTENT JUSTIFIED BY THE RESOURCES COMMITTED AND THE ACTIVITY IS NOT THE DOMINANT MEANS BY WHICH THE CHARITY CARRIES OUT ITS OBJECTS.

Activities: The objects of the charity are solely for the promotion of equality and human rights by Raising society's awareness of the importance of human rights especially the rights of women and children Ending child marriage Helping victims of human rights abuse to start a new life

Classification

- **How:** Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-20	£22,633	£13,690	-	-
2024-04-20	£36,250	£11,250	-	-

Trustees

Name	Role	Appointed
Abdel Al-ahdal	Chair	2023-04-21
Lobna Maktari		2023-10-14
Shaymaa Ibrahim		2025-06-16

Youth Foundation

England & Wales - Charity number 1202802

Accounts

Youth Foundation
Charity Number: 1202802
Annual Trustees' Report
Period Covered: 21 April 2024 – 20 April 2025

1. Structure, Governance and Management

Youth Foundation, previously operating as Nada Foundation, is a charitable incorporated organisation registered with the Charity Commission under number 1202802. The charity is governed by its Constitution, adopted on 21 April 2023. Oversight is provided by the Board of Trustees, composed of the following individuals during this reporting period:

- Mr. Abdel Alahdal (Chair of Trustees)
- Ms. Lobna Maktari
- Ms. Shaymaa Ibrahim

The trustees are responsible for the governance, strategic direction, and compliance of the charity with legal and regulatory requirements. No trustee received remuneration during this reporting period.

Registered Address:

Youth Foundation
402 Aidan House
Sunderland Road
Gateshead
Tyne and Wear
NE8 3HU

2. Trustee Payments and Benefits

No trustee received any form of payment or personal benefit during the reporting period. All activities were carried out voluntarily. The charity remains fully compliant with Charity Commission guidelines on trustee remuneration and conflict of interest.

3. Objectives and Activities

Youth Foundation's primary mission is to support women and girls, particularly from vulnerable and marginalised backgrounds, through empowerment programmes, psychological support, education, and capacity-building.

Our key charitable objectives are: - To advance the education and empowerment of women and girls. - To relieve the distress and suffering of survivors of violence. - To support integration, wellbeing, and economic participation of women in local communities.

4. Summary of Activities and Achievements (2024/2025)

During the reporting period, Youth Foundation successfully delivered the following direct service projects:

Project	Funded By	Income (£)	Expenditure (£)	Beneficiaries
Brighter Futures for Women	The National Lottery Community Fund	20,000.00	8,422.17	117
Emergency and Logistical Support	Noor Web Limited	1,306.00	814.41	10
Empowering Women - Pilot Initiative	Joicey Trust	1,000.00	166.79	3

Total direct beneficiaries across all service projects: **130 women and girls**

5. Financial Review

Income: - The National Lottery Community Fund: £20,000.00

- Noor Web Limited: £1,306.00

- Joicey Trust: £1,000.00

- Unrestricted Donations: £327.00

Total Income: £22,633.00

Expenditure: - Total Charitable Project Costs: £9,403.37

- Administrative, Rent, Utilities, and Overheads: £4,286.63

Total Expenditure: £13,690.00

Bank Position (as of 20 April 2025): £13,954.00

No outstanding liabilities or debt instruments are held.

6. Public Benefit Statement

The trustees confirm that they have referred to the guidance issued by the Charity Commission on public benefit when reviewing the charity's aims and objectives and in planning its future activities.

Youth Foundation has clearly demonstrated public benefit by: - Delivering free services to over 130 women and girls - Reducing isolation and trauma through therapeutic and social engagement - Supporting economic empowerment and employability through education and digital training

7. Reserves and Risk Management

The charity holds minimal reserves due to its size and nature but maintains strict controls on spending and project reporting. Any unrestricted funds are prioritised for emergency needs or essential running costs.

Trustees regularly assess financial risk, safeguarding, and project delivery risk to ensure operational stability.

8. Declaration

This report was approved by the Board of Trustees on **27 July 2025** and signed on their behalf by:

Abdel Alahdal
Chair of Trustees
Youth Foundation



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Youth Foundation

**On accounts for the period
ended**

20th April 2025

**Charity no
(if any)**

1202802

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended **20 / 04 / 2025**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Robert Couser

Date:

26/07/2025

Name:

Robert Couser

**Relevant professional
qualification(s) or body
(if any):**

ICAEW - ACA

Address:

162 Kingsquarter

Maidenhead

SL6 1AW

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Charity Name Youth Foundation	No (if any) 1202802
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CC16a

Receipts and payments accounts

For the period from	Period start date 21/04/2024	To	Period end date 20/04/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
PAYPAL GIVING FUND	36	-	-	36	
DONATIONS	2,561	-	-	2,561	
OTHER INCOME	35	-	-	35	
GRANTS	20,000	-	-	20,000	
	-	-	-	-	
	-	-	-	-	
	-	-	-	-	
Sub total (Gross income for AR)	22,633	-	-	22,633	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total receipts	22,633	-	-	22,633	-
A3 Payments					
SUBSCRIPTIONS	1,709	-	-	1,709	
CONSULTANCY	511	-	-	511	
PRINTING, POSTAGE & STATIONERY	165	-	-	165	
SUNDRY	3,514	-	-	3,514	
TRAVEL	2,174	-	-	2,174	
RECRUITMENT	69	-	-	69	
MARKETING	653	-	-	653	
BANK FEES	105	-	-	105	
CONSULTANTS	370	-	-	370	
INSURANCE	1,290	-	-	1,290	
LIGHT & HEAT	440	-	-	440	
RENT	2,150	-	-	2,150	
LEGAL	115	-	-	115	
TELEPHONE	417	-	-	417	
REPAIRS	9	-	-	9	
Sub total	13,690	-	-	13,690	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	13,690	-	-	13,690	-
Net of receipts/(payments)	8,943	-	-	8,943	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,011	-	-	5,011	-
Cash funds this year end	13,954	-	-	13,954	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	CHARITY BANK ACCOUNT	13,954	-	-
		-	-	-
		-	-	-
	Total cash funds	13,954	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval

Youth Foundation

England & Wales - Charity number 1202802

Accounts

Nada Foundation Annual Accounts Report
Charity Name: Nada Foundation
Charity Registration Number: 1202802



Project: Future Girls
Funding Support: With and for Girls Fund
Project Period: 14/05/2023 to 25/02/2024
Total Project Cost: \$15,000

Objectives and Activities

Summary of the purposes of the charity:

The Nada Foundation aims to prevent child marriage, protect girls from violence, and educate society on human rights, promoting justice and equality. The charity supports girls' economic independence and educates communities on respecting human rights.

Main activities in relation to those purposes:

The "Future Girls" project aimed at helping abused girls online, supported by the With and for Girls Fund. The project focused on training girls subjected to early marriage to manage their lives, enter the labor market, and become financially independent.

Public benefit statement:

The trustees confirm they have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

Summary of the main achievements:

- **Training:** Provided electronic devices and financial incentives, benefiting numerous girls by enhancing their skills and financial independence.
- **Support:** Offered continuous support and follow-up to ensure effective implementation of the training.
- **Community Impact:** Raised awareness about the importance of girls' education and economic independence.

Financial Review

Review of the charity's financial position at the end of the period:

Income	Amount
With and for Girls Fund	\$15,000
Donation from Value Retail	£5,000
Grant from The Community Fund	£20,000
Total Income (USD)	\$41,500

Note: Conversion rates applied as necessary for financial reporting.

Expenditure for Future Girls Project

Description	Amount
Training Girls to Work Online	\$4,000
- Electronic Devices	\$2,500
- Financial Incentives	\$1,500
Trainers' Wages	\$4,600
Purchasing Services & Applications	\$300
Internet & Transportation Costs	\$900
Administrative Costs	\$2,000
Coordination and Follow-Up	\$1,300
Paper, Cards, and Meals	\$1,200
Electricity, Water, and Emergency Costs	\$700
Total Expenditure	\$15,000

Additional Income and Allocation

Description	Amount
Donation from Value Retail	£5,000
- Operating Budget, Salary Payment, Office Rent, and Logistics Services	
Grant from The Community Fund for "Brighter Futures for Women" project	£20,000

Summary Statement

Description	Amount
Total Income (converted to USD)	\$41,500
Total Expenditure (Future Girls Project)	\$15,000
Net Movement in Funds	\$26,500
Reconciliation of Funds	
Total Funds Brought Forward	\$0
Total Funds Carried Forward	\$26,500

Training Details:

- **Data Collection:** Identify and collect data on girls affected by early marriage.
- **Life Management Skills:** Equip girls with skills to manage their lives independently.
- **Online Work Training:** Provide job opportunities enabling financial independence.
- **Outcome:** Transform girls from victims of domestic labor and sexual services into financially independent individuals.

Free Reserves Verification

- **Total Unrestricted Funds:** £25,000
- **Designated Funds:** £5,000 (Value Retail donation for specific uses)
- **Restricted Funds:** £20,000 (Community Fund grant for a specific project)
- **Free Reserves:** £0 (No free reserves as all funds are designated/restricted)

Structure, Governance, and Management

Governing Document:

The charity is constituted as a CIO, registered on 21 April 2023.

Trustee selection methods:

Trustees are selected through announcements and evaluation of candidates' CVs.

Reference and Administrative Details

Principal Address: 402 Aidan House, Sunderland Road, Gateshead, Tyne and Wear, NE83HU

Trustees:

Name	Office	Dates Acted
Abdel Al-ahdal	Chair	Whole Year
Lobna Maktari	Trustee	Whole Year
Jashpal Singh	Trustee	Whole Year
Nada Al-ahdal	Trustee	Whole Year

Declarations:

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature:

Full name: Abdel Al-ahdal

Position: Chair

Date: 25/03/2024