



WHOLESOME CHARITY

Registered Charity number 1202784

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2024

Governance

Wholesome Charity was registered with the Charity Commission on 20th March 2023 with a CIO Foundation Model governing document. The objectives of the charity are to relieve poverty for the public benefit by providing advice, practical help and funds in particular but not exclusively for food, fuel, general household items and recreational/social outings which they would not otherwise be able to afford. nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the charities and trustee investment (Scotland) act 2005] and [section 2 of the charities act (Northern Ireland) 2008].

Trustees of the CIO during the year were; -

Michael Till

Donna Antoniou

Jeanette Huizar

Lucy Myers

Wojciech Bien

Ewa Bien

June Crow

The Trustees consider that the Wholesome Charity Centre does meet the public benefit test as stipulated by the Charity Commission.

Activities for the year 2022/23.

The charity directs its primary attention towards relieving the burden of the cost of living, through food and utility support. It works with all demographics of the community in Dunmow and Thaxted and sometimes more widely across Essex. 2023/24 has seen two food support programmes where food packages were given directly to families

identified through the local primary and secondary schools. Those families were either on Free School Meals or identified by the education provider as families in need. Throughout the year during the holiday periods, Family Fun with Lunch programmes have been offered both in Dunmow and Thaxted. These sessions provided entertainment and a two-course nutritious meal. They were open to all age groups although largely attended by families. The charity has provided a Cooking Club aimed at supporting, encouraging and educating adults to cook nutritious recipes on a budget using energy efficient appliances and reducing waste. Two cohorts successfully completed the course which ended with them having to cook a celebration buffet for family, friends and funders and supporters of the charity. Two of the delegates were able to seek employment after doing the course, this changing their financial situation.

Grant funding has been received from several sources including Essex County Council, Uttlesford District Council, Essex Community Foundation and the charity were recipients from a charity ball organised by ARG Group in January 2024.

Accounts for the year 2023/24

Unrestricted funds show £ 19,125 this year

Net income from grants is £ 33,780 this year

Net expenditure from activities £14,655 this year

Risk Areas and Risk Management

Wholesome uses all grants for their allotted request criteria and does not charge for any activities. Trustees will be evaluating the possibility of raising income from some of the activities, to reduce the reliance on grant funding. This would only be where need could not be filled by identified categories.

The trustees are confident that the financial governance are sufficient to meet commitments for the forthcoming year.

Signed: **J. Huizar**

(Chair of Trustees)

Wholesome CIO Income & Expenditure from inception 2022 to 31 March 2024

INCOME - UNITY Trust Bank	£		INCOME UCAN	
Foodbank 0723	480.00		ECC	3,400
Round Table 200723	2,000.00		EALC	3,450
ECC 1023 Com Fund	2,000.00		UCAN	3,400
ECC 1123 Cook Wshp	5,000.00		EALC	410
UDC 1123 J Davey	2,000.00			<u>10,660</u>
EALC 1223 FS&WW	4,780.00		Exp	<u>5,166.96</u>
Foodbank 0124 Hllwn	180.00			
ARG 190224	5,200.00		Balance	5,493.04
Multiply 2024	6,000.00			
180324 Cptn Rays	450.00			
Deposit refunds	100.00			
Interest	94.79			
Top Cashback	2.48			
TOTAL	28,287.27	+ Bal b/f		33,780.31

EXPENDITURE	CIO	CW 1	CW 2	CW 24
Admin				
Staffing	3,588.15			
Office	183.28	16.17		
Hall Hire		180.00	120.00	275.00
Insurance	1,109.00			
Travel & Park		12.00	6.80	19.60
Energy payment				
Clothing & Shoes				
Entertainers				
Consumables	196.89	4.99		
Other	268.01	793.94	7.99	
TOTAL	5,345.33	1,007.10	134.79	294.60
Food				
Groceries		564.93	591.74	404.44
Meat		10.66		109.03
Greengrocery			31.9	0
Bakery	0			0
TOTAL	0	575.59	623.64	513.47
TOTAL per Project	5,345.33	1,582.69	758.43	808.07
TOTAL	14,654.55			
SURPLUS	19,125.76			

Assets	
Microwave	0.00 Donated
Sabatier Knives	239.98 Amazon
Cosori Air Fryer	109.99 UCAN
Pressure Cooker	

Slow Cookers x 3	0.00 Donated
Small equipment	154.00
Food stock	100.00
Laminator	49.99
Company seal	58.83 Stamps4U
Sieves	3.00 Charity
Aprons	16.18 Nisbets
Chopping boards	5.99 Charity
Tower AF & Blend	153.57 Quadrant
Laminator	49.99 Amazon
Utensils AirFryer	27.89 Amazon

FFL 23& 24	Halloween	Winter Warmth	Food vouchers	Multiply 2024
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			720.00	
3.86			90.83	
282.00	120.42			
245.00				
		280.00		
25.43		766.00		
190.00				300.00
312.00				
106.00	40.83			55.00
1,164.29	161.25	1,046.00	810.83	355.00
682.00	358.03			195.63
247.00			410.00	
			145.00	
			585.00	
929.00	358.03	0	1140	195.63
2,093.29	519.28	1,046.00	1,950.83	550.63

TOTALS

4,308.15
294.14
977.42
1,109.00
283.40
280.00
791.43
490.00
513.88
1,271.77

10,319.19

2,796.77
776.69
176.90
585.00
0.00

4,335.36

14,654.55



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
WHOLE SOME

On accounts for the year
ended

31 March 2024

Charity no
(if any)

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2024.

Responsibilities and
basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Alclaphe

Date:

25-5-24

Name:

Ann Caroline Clarke

Relevant professional
qualification(s) or body
(if any):

HND (Bus + finance)

Address:

4	Abercorn Way
	Witham CM8 2UF

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance to examiners).

Give here details of any items that the examiner wishes to disclose.

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