



NIALL STRINGER FOUNDATION

1202781

2023 Annual Report

1st January 2023 to 31st December 2023

Objectives & Activities

Summary of the purposes of the charity as set out in its governing document

The Niall Stringer Foundation was founded from the sadness of a young man taking his own life and because his family, friends and community of volunteers wanted to do their part in creating a lasting legacy in honour of Niall Stringer.

For the public benefit, to promote and protect the physical and mental health of young people engaged in sports clubs and sporting environments at all levels, with a focus on club rugby through:

- making grants to support mental health work related issues and initiatives
- working with other organisations and partners to raise awareness of mental health
- provide insight and support improvement.

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.

As a new charity we have spent our first 12 months ensuring that our infrastructure is fit for purpose, from a group of well-meaning volunteers with a limited bandwidth, to a national charity that is passionately fundraising to support teenagers, affected by poor mental health in the UK, with the appropriate controls to ensure modest but consistent fund-raising growth.

We have provided several 'Introduction to mental health' sessions at several sporting clubs by a qualified mental health trainer and followed this up by supporting two of the sports club's members to become qualified mental health first aid trained. In addition to this we have provided several modest bursaries for teenagers who have been diagnosed with suffering from poor mental health, who have been unable to access therapy for over 6 months due to the long NHS mental health waiting lists.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit

As a Charity we can confirm that we have full regard for the for guidance issued by the Charity Commission.

Grant making policy

The Charity has a policy on grant making and this is reviewed annually by the Trustees.

Contribution made by volunteers

We have had another 15 volunteers who have supported us on a local level. The contribution has been greatly appreciated and has been largely confined to fund raising tasks, such as sponsored walks etc.

Achievements & Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Making mental health a discussion topic has been a key achievement. Supporting sports clubs to give us the maximum bandwidth has been key to this, whilst supporting a small number of teenagers with private therapy has been massively rewarding.

We have also been able to support our larger 'Partner Charity', Sane UK, via matched funding. They have a much larger infrastructure and experience of putting together best value services on a large scale.

Achievements against objectives set

Establish the Chairty as a registered entity for charitable purposes	Achieved
Build brand recognition and awareness of the Charity	Achieved
Create a platform for fundraising and charitable activities	Achieved
Establish a grant making policy and begin to make our first awards	Achieved

Performance of fundraising activities against objectives set

Raise £30,000 to establish the charity	Exceeded
Initiate long term donation plan to support Sane	Achieved
Develop a range of smaller fundraising activities for the Charity	Achieved

Financial Review

Review of the charity's financial position at the end of the period

After a full year since the charity was established the financial footing of the company is secure and with ambitious plans in 2024, we expect the position to only further improve.

Statement explaining the policy for holding reserves stating why they are held

The charity has set a minimum level of reserves of £10,000 each year.

Amount of reserves held

The current reserves held are £22,295.82

Details of fund materially in deficit

There are no funds which are materially in deficit by the company

The charity's principal sources of funds

The principal source of funds for the charity was the proceeds from the Niall Stringer Memorial Match which raised in excess of £20,000.

Structure, Governance & Management

Governing Document

During the later months of 2022 the NS10 Working Group began to undertake the work to formally launch The Niall Stringer Foundation. The formal constitution of The Niall Stringer Foundation was approved on 5th January 2023 and later amended on 5th April 2023. It is established as an unincorporated association.

Trustee Selection Method

The initial Trustees were drawn from key members of the NS10 Working Group. The NS10 Working Group was established to deliver the plans associated with NS10 and it comprised of key family, friend and local volunteers, drawing together different expertise. These individuals were in place until the formal establishment of The Niall Stringer Foundation.

The Charity is committed to ensuring a minimum of three Trustees and any new Trustees must bring benefit to the growth and evolution of the charity.

Policies and procedures adopted for the charity

We have a wide breadth of approved policies and procedures in place to support our activity, these can be seen below:

- Bullying and harassment policy and procedures
- Complaints handling
- Complaints policy and procedures
- Financial reserves policy and procedures
- Internal charity financial controls policy and procedures
- Internal risk management policy and procedures
- Safeguarding policy and procedures
- Safeguarding vulnerable beneficiaries
- Social media policy and procedures
- Trustee conflicts of interest policy and procedures
- Trustee expenses policy and procedures
- Volunteer management

Reference & Administrative Details

Key administrative information

Charity name	Niall Stringer Foundation
Other name the charity uses	NS10 Foundation, NS10
Registered charity number	1202781
Charity's principal address	62 Picketts Avenue, Leigh-On-Sea, Essex, SS9 4HW

Record of Trustee information

	Trustee Name	Office	Dates acted for
1	Philip Stringer		20 th April 2023 to 31 st December 2023
2	Stefano Aylott	Chairman	20 th April 2023 to 31 st December 2023
3	Robert Jupp		20 th April 2023 to 31 st December 2023
4	Gary Christopher	Secretary	20 th April 2023 to 31 st December 2023
5	Mark Elliott	Treasurer	20 th April 2023 to 31 st December 2023
6	Kim Parker		20 th April 2023 to 31 st December 2023

Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature:



Full name: Robert Paul Jupp

Position: Trustee

Date: 28th October 2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Niall Stringer Foundation

1202781

Receipts and payments accounts

CC16a

For the period
from

01/02/2023

To

31/12/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations, Legacies and Grants	12,261	-	-	12,261	-
Fundraising Events	21,239	-	-	21,239	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	33,500	-	-	33,500	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	33,500	-	-	33,500	-
A3 Payments					
Grants and Donations Paid	10,770	-	-	10,770	-
Website Costs	151	-	-	151	-
Cost of Charitable Activities	283	-	-	283	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	11,204	-	-	11,204	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	11,204	-	-	11,204	-
Net of receipts/(payments)	22,296	-	-	22,296	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	22,296	-	-	22,296	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	22,296	-	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	22,296	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

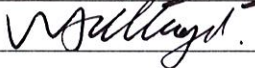
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Robert Jupp	17/12/2024
	William Lloyd	17/12/2024

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE NIAL STRINGER FOUNDATION
1202781**

We report to the charity trustees on our examination of the accounts of The Niall Stringer Foundation ("the charity") for the period ended 31 December 2023 ("the period").

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

We report in respect of our examination of the charity's accounts carried out under section 145 of the Act and in carrying out our examination we have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners' statement

We have completed our examination. We confirm that no material matters have come to our attention in connection with the examination giving us cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeffrey Stanley for and on behalf of Mudd Partners LLP

Address:
Lakeview House
4 Woodbrook Crescent
Billericay
Essex
CM12 0EQ

Date: 17 December 2024