



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From April 2024  
Period end date

Period start date To April 2025

**Charity name:** Circle of Faith Sisters

**Charity registration number:** 1202756

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The charity exists to support socially and economically disadvantaged individuals particularly girls, women, and young people by building their skills, confidence, and ability to engage fully in society. Its purposes include advancing education and awareness of equality, diversity, and human rights; supporting the personal and social development of children and young people; and promoting the Christian faith through activities that promote social inclusion and well-being.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The charity provides a range of activities and support services aimed at improving the well-being, confidence, and social inclusion of women, young people, and families within the community. These activities are delivered in line with the charity's purposes and are designed to address emotional, mental health, and social needs while promoting community engagement and personal development.</p> <p>A key area of the charity's work is providing emotional and wellbeing support. This includes women's support groups and one-to-one sessions where individuals are able to discuss personal challenges in a safe and supportive environment. These sessions offer guidance, encouragement, and practical support to help individuals manage difficult circumstances, improve their mental wellbeing, and build resilience.</p>

		<p>The charity also delivers regular group activities aimed at reducing social isolation and strengthening community connections. Weekly women's fellowship sessions provide a welcoming space for women to meet, share experiences, and support one another. These gatherings promote emotional wellbeing and provide peer support for those experiencing personal or mental health challenges.</p> <p>In addition, the charity runs Therapy Thursday sessions, which provide access to therapeutic-style support and wellbeing discussions for individuals who may benefit from additional guidance. These sessions aim to help participants better understand and manage personal difficulties while encouraging positive coping strategies.</p> <p>Family-focused activities and community events are also organised to promote positive relationships and strengthen family bonds. These activities provide opportunities for families and individuals to spend time together in a supportive environment and encourage stronger connections within the community.</p> <p>The charity also promotes healthy lifestyles through community fitness activities that encourage physical exercise and overall wellbeing. These sessions help participants improve their physical health, boost confidence, and develop positive habits that contribute to long-term wellbeing.</p> <p>Workshops and discussions on topics such as mental health awareness, healthy relationships, personal development, and wellbeing are occasionally organised to provide practical information and support to participants. Where appropriate, individuals are also signposted to other services that may provide additional specialist support.</p> <p>Monthly social gatherings, including community meals and group discussions, further support the charity's aim of reducing loneliness and creating a sense of belonging among participants. These activities provide a relaxed environment where individuals can connect with others</p>
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		<p>and build supportive relationships.</p> <p>All activities are largely delivered with the support of volunteers and are designed to provide a clear public benefit by improving wellbeing, strengthening family relationships, reducing social isolation, and supporting vulnerable individuals within the community.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm that they have had due regard to the Charity Commission's guidance on public benefit when planning and delivering the charity's activities.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

### Achievements and Performance

	SORP reference	
Summary of the main	Para 1.20	This year, Circle of Faith Sisters continued to focus on supporting vulnerable women

achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

and families within the community through emotional, practical, and faith-based support. Our work is primarily delivered by volunteers who give their time to provide guidance, encouragement, and a safe environment for women facing personal and family challenges.

A key achievement during the year was providing intensive one-to-one support to a vulnerable parent experiencing significant family difficulties involving her teenage child. Through regular meetings, counselling-style conversations, prayer, and ongoing encouragement, the charity provided a safe and supportive space where the individual could speak openly about her circumstances. This support helped her to develop strategies for managing her emotions, improving communication, and addressing family conflicts more positively. As a result of the stability and guidance provided, the family situation improved significantly, contributing to a more stable home environment and supporting the safe reunification of the family.

The charity also supported beneficiaries in improving their personal circumstances and independence. Through mentoring and encouragement, individuals were assisted in exploring opportunities for education and employment, including applying for courses and taking steps toward returning to work in order to better support themselves and their families.

Throughout the year, the charity held regular group support sessions, including weekly wellbeing gatherings and prayer meetings. In total, 42 sessions were delivered. These sessions provided a safe, confidential, and non-judgemental environment where women could share their experiences, discuss challenges, and receive encouragement from both volunteers and peers. The sessions helped reduce feelings of isolation and enabled participants to build supportive relationships within the community.

In addition to structured support sessions, the charity organised social and wellbeing activities designed to strengthen community

		<p>connections and improve emotional wellbeing. One such event was a social gathering for women, which provided a relaxed and supportive environment where participants could enjoy conversation, shared activities, and mutual encouragement. Feedback from attendees indicated that the event helped strengthen friendships and foster a sense of belonging within the group.</p> <p>The charity also organised regular community brunch gatherings, which provided an opportunity for individuals experiencing isolation to connect with others in a welcoming and supportive setting. These events helped participants feel less alone and gave them something positive to look forward to each month.</p> <p>Overall, the charity's work has made a meaningful difference to the lives of its beneficiaries by improving emotional wellbeing, strengthening family relationships, and reducing social isolation. By supporting individuals to develop confidence, access opportunities, and build stronger support networks, the charity contributes to the wider benefit of creating a more supportive and resilient community.</p> <p>Looking ahead, Circle of Faith Sisters aims to continue developing its volunteer-led programmes so that more women and families can benefit from the personalised support, encouragement, and community connections that the charity provides.</p>
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#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

## Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>At the end of the reporting period, Circle of Faith Sisters maintained a modest but stable financial position, with a small balance of approximately £31 carried forward to the next financial year. The charity operates on a very small scale and does not currently maintain formal financial reserves.</p> <p>Our activities are largely delivered through the dedication and support of volunteers who generously give their time to plan and run programmes for the community. This volunteer support significantly reduces operational costs and enables the charity to continue providing activities despite limited financial resources.</p> <p>Where a fee is charged for certain activities, it is set at a subsidised rate to ensure that participation remains accessible and inclusive for members of the community. The charity's income during the year consisted mainly of small donations and modest contributions towards activities.</p> <p>Although the charity has not received any grant funding to build financial reserves, careful financial management has ensured that all income has been used responsibly and directly in support of the charity's aims and activities. Through prudent spending, volunteer support, and community goodwill, Circle of Faith Sisters has been able to continue delivering its charitable work while maintaining a positive balance at the end of the reporting period.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>Circle of Faith Sisters currently holds no financial reserves. However, the trustees have adopted a reserves policy that aims to build reserves equivalent to three months. Reserves are intended to provide a financial buffer for emergencies or funding shortfalls to ensure the continuity of essential programs. The charity has not yet received grant funding to build reserves, and much of its work to date has been supported by community volunteers. The trustees will continue to review and update the reserves policy annually in line with the charity's growth and fundraising efforts.</p>

Amount of reserves held	Para 1.22	The charity holds zero reserves.
Reasons for holding zero reserves	Para 1.22	We have not yet received adequate funding to establish financial reserves. Many of the activities we deliver are made possible by the generosity and time of community volunteers. This has enabled us to offer services free of charge or at a subsidised rate, while remaining financially responsible without holding formal reserves.
Details of fund materially in deficit	Para 1.24	The charity does not have any funds in deficit
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties about the charity's ability to continue as a going concern. We remain committed to delivering our mission with strong community support and volunteer engagement.

### **Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		



## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are elected by the charity members at the Annual General Meeting (AGM). The constitution allows for the appointment of trustees by the existing board to fill casual vacancies or as co-opted members, subject to confirmation by members. The minimum and maximum number of trustees is defined in the constitution, and terms of office are typically three years, renewable as outlined.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Circle Of Faith Sisters
Other name the charity uses	No

Registered charity number	1202756
Charity's principal address	396 Limes Avenue Chigwell Essex Ig7 5nd

### Names of the charity trustees who manage the charity

		Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
	1	Everlyne Mapanda	Chair	n/a	Appointed by the members in accordance with the constitution
	2	Tendayi Ajayi	Secretary	n/a	Appointed by the members in accordance with the constitution
	3	Ade Ajayi	Treasurer	n/a	Appointed by the members in accordance with the constitution
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	18				
	19				
	20				

### Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

## Additional information (optional)

### Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

## Other optional information

## Declarations

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

		<b>Signature(s)</b>		
		<b>Full name(s)</b>	Everlyne Mapanda	
		<b>Position (eg Secretary, Chair, etc)</b>	Chair	
		<b>Date</b>		



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Church of Faith Sisters

No (if any)

## Receipts and payments accounts

CC16a

For the period from	Period start date 5th April 2024	To	Period end date 5th April 2025
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donation	50	-	-	50	-
Charitable Activities	105	-	-	105	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	155	-	-	155	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	155	-	-	155	-

### A3 Payments

Charitable Activities	120	-	-	120	-
Operational cost	106	-	-	106	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>226</b>	<b>-</b>	<b>-</b>	<b>226</b>	<b>-</b>

<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

<b>Total payments</b>	<b>226</b>	<b>-</b>	<b>-</b>	<b>226</b>	<b>-</b>
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<b>Net of receipts/(payments)</b>	<b>- 71</b>	<b>-</b>	<b>-</b>	<b>- 71</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>102</b>	<b>-</b>	<b>-</b>	<b>102</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>31</b>	<b>-</b>	<b>-</b>	<b>31</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	End of the Year	31	-	-
	End of the Year		-	-
		-	-	-
	<b>Total cash funds</b>	<b>31</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-



	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

### B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

### B4 Assets retained for the charity's own use


Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

### B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	

		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Everlyne Mapanda	1/2/2026