



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From **5<sup>th</sup> April 2023**  
Period end date

Period start date To **5<sup>th</sup> April 2024**

**Charity name: Circle of Faith Sisters**

**Charity registration number: 1202756**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The charity exists to support socially and economically disadvantaged individuals particularly girls, women, and young people by building their skills, confidence, and ability to engage fully in society. Its purposes include advancing education and awareness of equality, diversity, and human rights; supporting the personal and social development of children and young people; and promoting the Christian faith through activities that promote social inclusion and well-being.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The charity provides a range of support services designed to improve the well-being and social inclusion of women, young people, and families, in alignment with its charitable purposes. Key activities include emotional support delivered through women's support groups and one-to-one, which address mental health and personal challenges.</p> <p>Family-focused initiatives such as regular community fitness sessions help promote healthy lifestyles and stronger family structures. Children referred by service users also receive tailored support, including mental health sessions and confidence-building activities, with signposting to additional services where needed.</p>

		<p>Weekly women's fellowship sessions provide a safe space for emotional and spiritual support, particularly benefiting those experiencing mental health struggles. The charity also organises workshops on vital topics such as sexual and reproductive health, trauma recovery, healthy relationships, and personal empowerment.</p> <p>Ongoing fitness sessions for both women and young people support physical health, boost confidence, and encourage long-term self-care. Additionally, monthly community lunches and group discussions help reduce isolation, tackle mental health issues, and promote social inclusion.</p> <p>All these activities are provided in accordance with the charity's aims and deliver measurable public benefit, particularly for vulnerable and disadvantaged communities.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm that they have had due regard to the Charity Commission's guidance on public benefit when planning and delivering the charity's activities.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		
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## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>This year, the charity has made a measurable impact on the emotional, social, and physical well-being of the women, young people, and families we support. Women struggling with isolation or mental health issues have reported feeling more confident, connected, and supported through our one-to-one sessions, group support, and weekly fellowships.</p> <p>Our family fitness sessions have not only improved physical health but also created safe, structured environments where families strengthen their bonds and young people gain routine and encouragement. Several women referred their children to us for mental health support a testament to the trust we've built and those children now show greater self-confidence and emotional awareness.</p> <p>Workshops covering trauma, reproductive health, and healthy relationships have helped women take steps toward healing, make informed life decisions, and break cycles of silence or stigma. Our monthly community lunches have supported those experiencing isolation, creating a regular space for social connection and mutual support.</p> <p>Importantly, feedback from participants shows that our services have empowered individuals to seek help, set goals, and re-engage in society. In doing so, the charity has not only transformed individual lives but also contributed to building a more resilient and inclusive community.</p>

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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the reporting period, Circle of Faith Sisters had total receipts of £589 and total payments of £487, leaving a net balance of £102. This amount was carried forward as the closing cash balance. The charity did not hold any assets or reserves at the beginning of the period. All income was generated through small individual donations and fees for charitable activities. The charity continues to operate on a modest scale, with careful financial management ensuring that funds are used efficiently to deliver services. Although we have not received grant funding to build reserves, we have maintained financial stability through prudent budgeting and strong volunteer support.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Circle of Faith Sisters is a newly established charity and currently holds no financial reserves. However, the trustees have adopted a reserves policy that aims to build reserves equivalent to three months. Reserves are intended to provide a financial buffer for emergencies or funding shortfalls to ensure the continuity of essential programs. The charity has not yet received grant funding to build reserves, and much of its work to date has been supported by community volunteers. The trustees will continue to review and update the reserves policy annually in line with the charity's growth and fundraising efforts.
Amount of reserves held	Para 1.22	The charity holds zero reserves.
Reasons for holding zero reserves	Para 1.22	We are a new charity and have not yet received grant funding to establish financial reserves. Many of the activities we deliver are made possible by the generosity and time of community volunteers. This has enabled us to offer services free of charge or at a subsidised rate, while remaining financially responsible without holding formal reserves.
Details of fund materially in deficit	Para 1.24	The charity does not have any funds in deficit
Explanation of any uncertainties about the	Para 1.23	There are no uncertainties about the charity's ability to continue as a going concern. We remain committed to

charity continuing as a going concern		delivering our mission with strong community support and volunteer engagement.
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### **Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are elected by the charity members at the Annual General Meeting (AGM). The constitution allows for the appointment of trustees by the existing board to fill casual vacancies or as co-opted members, subject to confirmation by members. The minimum and maximum number of trustees is defined in the constitution, and terms of office are typically three years, renewable as outlined.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Circle Of Faith Sisters
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Other name the charity uses	No
Registered charity number	1202756
Charity's principal address	396 Limes Avenue Chigwell Essex Ig7 5nd



## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Everlyne Mapanda	Chair		Appointed by the members in accordance with the constitution
2	Tendai Mugwagwa-Ajayi	Secretary		Appointed by the members in accordance with the constitution
3	Ademola Ajayi	Treasurer		Appointed by the members in accordance with the constitution
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17				
18				
19				
20				

## Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

## Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		


## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

## Additional information (optional)

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a
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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Everlyne Mapanda	
Position (eg Secretary, Chair, etc)	Chair	
Date	07/05/2025	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Church of Faith Sisters

No (if any)

## Receipts and payments accounts

CC16a

For the period from	Period start date 5th April 2023	To	Period end date 5th April 2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donation	350	-	-	350	-
Charitable Activities	239	-	-	239	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	589	-	-	589	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	589	-	-	589	-

### A3 Payments

Room Hire	250	-	-	250	-
Charitable Activities	173	-	-	173	-
Telephone and Internet	64	-	-	64	-
	-	-	-	-	-
	-	-	-	-	-

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>487</b>	<b>-</b>	<b>-</b>	<b>487</b>	<b>-</b>

<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

<b>Total payments</b>	<b>487</b>	<b>-</b>	<b>-</b>	<b>487</b>	<b>-</b>
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<b>Net of receipts/(payments)</b>	<b>102</b>	<b>-</b>	<b>-</b>	<b>102</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>102</b>	<b>-</b>	<b>-</b>	<b>102</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>				
		-	-	-
		-	-	-
		-	-	-
<b>Total cash funds</b>		<b>-</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>				
		-	-	-

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

### B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

### B4 Assets retained for the charity's own use


Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

### B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	

		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Everlyne Mapanda	07/05/2025