



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From **May 2023** To **December 2023**

**Charity name: The Neuro Kinetic Club**

**Charity registration number: 1202750**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>For the public benefit, to relieve the needs of people with Parkinson's Disease, Multiple Sclerosis or other neurological health conditions through the provision of physical activity sessions.</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>The main activities are exercise classes for men and women as well as fund raising to finance the classes and trainers.</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>The Trustees have had regard to said guidance issued by the Charity Commission. The services offered are to the public in general, limited only by the requirement of having any of the conditions referred to above.</b>

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>We do not make any grants.</b>
Policy on social investment including program related investment	Para 1.38	<b>N/A</b>
Contribution made by volunteers	Para 1.38	<b>The only contribution made by volunteers is time.</b>

Other		
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## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>The Charity has only been in existence for the last 8 months of this reporting period.</b></p> <p><b>The numbers attending our classes has steadily increased over the 8 months and into the current period.</b></p> <p><b>The classes have given confidence and psychological help to the attendees.</b></p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<b>The Charity has exceeded its original objectives on the number of attendees expected. So much so, that we are now fundraising to create extra sessions.</b>
Performance of fundraising activities against objectives set	Para 1.41	<p><b>The first year has been very successful in terms of fund raising especially as a National Lottery Grant application was successful.</b></p> <p><b>However after the initial spark, we feel that specific fund raising events will take over from random voluntary donations</b></p>
Investment performance against objectives	Para 1.41	<b>N/A</b>
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>The Trustees are very pleased with the financial performance, given that we started late into 2023, the bank balance is very healthy.</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>Restricted reserves are held only when a donor donates for a specific purpose.</b>
Amount of reserves held	Para 1.22	<b>£2,280 Restricted £15,570 in Unrestricted Reserves.</b>
Reasons for holding zero reserves	Para 1.22	<b>N/A</b>
Details of fund materially in deficit	Para 1.24	<b>None</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>None</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>The main source of funds are:- Attendees donations, General donations from the public and other Charities.</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	<b>N/A</b>
A description of the principal risks facing the charity	Para 1.46	<b>The Trustees see two risks:- A lack of attendees to the classes – in which cases the Charity will cease; and as substantial decrease in donations.</b>
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	<b>Trust Deed</b>
How is the charity constituted? (e.g. <a href="#">unincorporated association</a> , <a href="#">CIO</a> )	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Initial Trustees were the founders of the Charity. Only like minded individuals will be considered as Trustees if they wish to become one.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<b>Potential Trustees will initially be required to understand the role of a Trustee, followed by more specific training about the neurological conditions the Charity is set up to help.</b>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<b>The Charity has three Trustees and a management committee who look after fund raising, accounting, and training.</b>
Relationship with any related parties	Para 1.51	<b>None</b>
Other		

## Reference and Administrative details

Charity name	The Neuro Kinetic Club
Other name the charity uses	
Registered charity number	1202750
Charity's principal address	

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Harris Frazer	Chairman	May 2023 to Dec 2023	
2	Debra Frazer	Secretary	May 2023 to Dec 2023	
3	Stephen Woolfe	Treasurer	May 2023 to Dec 2023	
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**Corporate trustees – names of the directors at the date the report was approved**

Director name		
None		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	
None		

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A
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## Other optional information

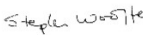
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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)


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Full name(s)

Stephen Woolfe	
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Position (eg Secretary,  
Chair, etc)

Treasurer	
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Date

26 Sept 2024
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## INCOME AND EXPENDITURE ACCOUNT

ACCOUNTS FOR 8 MONTHS TO 31st DECEMBER 2023

Dec-23

## INCOME

SUBS	4,510
DONATIONS	23,589
	0
	<u>0</u>

<b>TOTAL INCOME</b>	28,099
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## EXPENDITURE

ADVERTISING	690
TRAINERS	6,950
CHARGES	56
COMMISSION	750
SUNDRY	0
RENT	3,690
VOLUNTEER COURSES	218
PRINTING	<u>175</u>

<b>TOTAL EXPENDITURE</b>	12,529
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<b>SURPLUS/(DEFICIT) OF INCOME OVER EXPENDITURE</b>	15,570
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<b>SURPLUS FOR THE YEAR</b>	<u>15,570</u>
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## NEURO KINETIC CLUB

BALANCE SHEET AS AT 31st DECEMBER 2023

Dec-23

## CURRENT ASSETS

BANK ACCOUNT	<u>18,875</u>	18,875
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## CURRENT LIABILITIES

CREDITORS - RACHEL DAVIES	1,025	
	<u>1,025</u>	

<b>NET ASSETS</b>		<u>17,850</u>
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## ACCUMULATED FUNDS

AS AT APRIL 2023	0	
RESTRICTED FUNDS - TRAINING EQUIPMENT	2,280	
UNRESTRICTED FUNDS	<u>15,570</u>	
		<u>17,850</u>

# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

**Report to the trustees/ members of**

Charity Name

Neuro Kinetic Club

**On accounts for the year ended**

31 December 2023

**Charity no (if any)**

1202750

**Set out on pages**

1

(remember to include the page numbers of additional sheets)

### Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

12/12/2024

**Name:**

Robert Miller

**Relevant professional qualification(s) or body (if any):**

IER

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October 2018

FCA

**Address:**

86 Park Lane

Whitefield

Manchester, M457PL

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**