

MY PERIOD LTD

England & Wales · Charity number 1202656

Details

Status Registered

Legal form Charitable company

Company number [12159738](#)

Registered 2023-04-06

Register [View on the Charity Commission register](#)

Contact

Address My Period
Unit 43
Hopper Way
Diss
Norfolk
IP22 4GT

Phone 07395286780

Email contact@myperiod.org.uk

Website <https://myperiod.org.uk/>

Activities

Objects: THE OBJECTS OF THE CHARITY ARE FOR THE PUBLIC BENEFIT:1) THE PREVENTION OR RELIEF OF PERIOD POVERTY AMONG PEOPLE WHO MENSTRUATE ANYWHERE IN THE UK, IN PARTICULAR BUT NOT EXCLUSIVELY, BY PROVIDING FREE PERIOD PRODUCTS (INCLUDING SUSTAINABLE PADS, TAMPONS, PANTS, CUPS OR OTHER DISPOSABLES WHERE THEY ARE NEEDED) TO ANYONE WHO HAS A PERIOD (NO MATTER HOW THEY IDENTIFY) WHO CANNOT OTHERWISE AFFORD THEM.2) THE ADVANCEMENT OF EDUCATION UK WIDE IN THE SUBJECT OF MENSTRUATION AND PERIOD PROTECTION, CREATING AWARENESS AROUND THE BENEFITS OF IMPROVED PERIOD HEALTH.

Activities: My Period Ltd works on the prevention and relief of period poverty among people who menstruate anywhere in the UK, in particular but not exclusively, by providing free period products to anyone who has a period (no matter how they identify) who cannot otherwise afford them. The charity is also focused on the advancement of education UK wide in the subject of menstruation and period protection.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£18,138	£23,977	-	-

Trustees

Name	Role	Appointed
Celia Hodson	Chair	2019-08-16
Andrew Bryers		2025-09-26
Madeleine Drabble		2023-04-04
Molly Brown		2022-12-21
Patricia Maria O'Callaghan Olivo		2025-10-01