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**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025
FOR
GLOBAL ALLIANCE FOR MATERNAL MENTAL
HEALTH**

P B Syddall & Co
Chartered Accountants
Grafton House
81 Chorley Old Road
Bolton
Lancashire
BL1 3AJ

**GLOBAL ALLIANCE FOR MATERNAL MENTAL
HEALTH**

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FOR THE YEAR ENDED 31 MARCH 2025**

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**GLOBAL ALLIANCE FOR MATERNAL MENTAL
HEALTH**

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2025**

TRUSTEES	Dr A Gregoire Dr C Dolman Dr T Salisbury Dr A Bauer (appointed 11.12.24) L Lumu (appointed 11.12.24)
PRINCIPAL ADDRESS	Knowle House The Common Woodgreen Fordingbridge SP6 2BQ
REGISTERED CHARITY NUMBER	1202652
INDEPENDENT EXAMINER	P B Syddall & Co Chartered Accountants Grafton House 81 Chorley Old Road Bolton Lancashire BL1 3AJ
BANKERS	Co-operative Bank P O Box 250 Skelmersdale Merseyside WN8 6WT

GLOBAL ALLIANCE FOR MATERNAL MENTAL HEALTH

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The charity is known by its working name of GAMMH.

OBJECTIVES AND ACTIVITIES

Objectives and aims

To promote and protect the health of women and their families in particular but not exclusively by bringing together organisations from across the world to share expertise and experience of maternal mental health issues raising awareness of maternal mental health issues and seeking to improve services for women and their families and to advance the education of the general public in all areas relating to maternal mental health.

Significant activities

The Global Alliance for Maternal Mental Health (GAMMH) advocates for every country to develop national policies on maternal mental health and to invest in evidence-based services and programmes that improve outcomes for women and their families.

GAMMH is a network of international organisations and national alliances representing a wide range of backgrounds, sectors, and perspectives-all united by the shared aim of improving outcomes for mothers, babies and families through better perinatal mental health. Through this collaboration, GAMMH seeks to translate research into action: increasing awareness, strengthening political commitment, and driving practical improvements in care and conditions worldwide.

During the past year, GAMMH has continued to focus on supporting the development of regional and national maternal/perinatal mental health alliances, fostering relationships to amplify the voices and impact of local stakeholders.

Public benefit

The trustees review the objectives and activities of the charity to ensure they continue to reflect their aims and provide public benefit. The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when planning future activities and setting expenditure policies for the year.

GLOBAL ALLIANCE FOR MATERNAL MENTAL HEALTH

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

1. Alliance Development and Global Reach

GAMMH has continued to prioritise the establishment and strengthening of national and regional maternal/perinatal mental health alliances. Over the reporting period, six new national alliances were established in Australia, Canada, Indonesia, Malawi, Tunisia, and Zimbabwe.

GAMMH also supported organisations planning to form national/regional alliances in Belgium, Francophone Africa, Germany, Lesotho, New Zealand, Norway, and Thailand, reflecting its growing international reach and influence.

In addition, GAMMH has supported major international events, including:

- Launches of new national and regional alliances, helping countries coordinate advocacy and service development.
- A conference at the London School of Economics, highlighting the intersection of economics, policy, and maternal mental health.
- The International Conference on Maternal Mental Health in Africa (ICAMMHA), which brought together delegates from across Africa and beyond to share learning and strengthen regional collaboration.

2. Global Resources and Knowledge Sharing

To support its expanding network, GAMMH has continued to develop and promote key digital resources:

- The World Policy Map, charting the existence and status of maternal mental health policies across countries.
- The GAMMH website (www.gammh.org), which features a growing library of resources including research papers, policy documents, videos, and practical toolkits on how to establish and sustain national maternal and perinatal mental health alliances.

These tools underpin GAMMH's mission to share learning and support evidence-based policy and service development globally.

3. Global Collaboration and Forums

GAMMH continues to provide regular international online forums where individuals and organisations exchange ideas, share good practice, and discuss innovations in maternal mental health policy, service delivery, and advocacy. These interactive sessions attract participants from a wide range of countries and professional disciplines, helping to build an informed, connected, and effective global movement.

Summary of the impact of membership

Membership of GAMMH provides opportunities to achieve tangible improvements for women and their families by:

- Promoting shared global goals and a unified vision on maternal/perinatal mental health.
- Facilitating international collaboration and exchange of expertise.
- Achieving greater collective impact than any single organisation could achieve alone.
- Fostering mutual learning, shared capacity-building, and the ability to anticipate and respond to emerging opportunities.
- Recognising organisations formally through inclusion in GAMMH's official membership list.

Communications and Outreach

GAMMH continues to work closely with member alliances, international NGOs, researchers, policymakers, and lived-experience advocates. Through online forums, workshops, and participation in global events, GAMMH amplifies diverse voices to advocate for maternal mental health as an essential component of public health, gender equity, and sustainable development.

The Alliance's communications channels and website continue to expand their reach, offering accessible information and supporting collaborative international action.

FINANCIAL REVIEW

Financial position

At the balance sheet date the charity had £82,101 funds held on deposit which the trustees believe is adequate for the forthcoming year.

GLOBAL ALLIANCE FOR MATERNAL MENTAL HEALTH

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

FINANCIAL REVIEW

Reserves policy

Purpose

The trustees of GAMMH aim to maintain a prudent level of unrestricted reserves to ensure financial stability and protect the charity's work against unexpected events.

Target Level

The charity will hold reserves equivalent to around 3-4 months of core running costs, currently estimated at £4000.00. This is considered enough to cover shortfalls in income or unexpected expenditure.

Use of Reserves

Reserves may be used, with trustee approval, to:

- Cover temporary income shortfalls.
- Meet unexpected essential costs.
- Provide time to secure new funding.

Review

Reserves will be reviewed annually as part of the budget and year-end process and reported in the Trustees' Annual Report. If reserves are above or below target, Trustees will agree an action plan.

FUTURE PLANS

Plans for the Year Ahead (2025-2026)

Looking forward, GAMMH intends to:

- Continue expanding its network of national and regional alliances, with particular focus on low- and middle-income countries.
- Strengthen partnerships with global agencies, academic institutions, and professional bodies to embed maternal mental health within broader health and social policy frameworks.
- Develop online training, advocacy, and policy materials to support alliance leaders and practitioners worldwide.
- Further enhance its data and policy resources to inform evidence-based advocacy and investment.
- Support and co-host regional conferences and collaborative events to strengthen knowledge exchange and visibility for maternal mental health globally.

Existing grant funding will maintain our current level of activity until February 2027. We are actively seeking further grants to expand the number of countries we can work with and improve our online resources.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable Incorporated Organisation (CIO). The constitution was registered with the Charity Commission on 6th April 2023.

**GLOBAL ALLIANCE FOR MATERNAL MENTAL
HEALTH**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

There must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.

The maximum number of trustees is 12. The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Any decision may be taken either:

- at a meeting of the charity trustees; or
- by resolution in writing or electronic form agreed by a majority of all the charity trustees, which may comprise either a single document or several documents containing the text of the resolution in like form to each of which one or more charity trustees has signified their agreement. Such resolution shall be effective provided that
- a copy of the proposed resolution has been sent, at or as near as reasonably practicable to the same time, to all of the charity trustees; and
- the majority of all of the charity trustees has signified agreement to the resolution in a document or documents which has or have been authenticated by their signature, by a statement of their identity accompanying the document or documents, or in such other manner as the charity trustees have previously resolved, and delivered to the CIO at its principal office or such other place as the trustees may resolve within 28 days of the circulation date.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Approved by order of the board of trustees on 24 November 2025 and signed on its behalf by:

Dr A Gregoire - Trustee

**GLOBAL ALLIANCE FOR MATERNAL MENTAL
HEALTH**

**STATEMENT OF TRUSTEES' RESPONSIBILITIES
FOR THE YEAR ENDED 31 MARCH 2025**

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under charity law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011 and The Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
GLOBAL ALLIANCE FOR MATERNAL MENTAL
HEALTH**

Independent examiner's report to the trustees of Global Alliance For Maternal Mental Health

I report to the charity trustees on my examination of the accounts of Global Alliance For Maternal Mental Health (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A J Syddall M.A., F.C.A.

P B Syddall & Co
Chartered Accountants
Grafton House
81 Chorley Old Road
Bolton
Lancashire
BL1 3AJ

24 November 2025

**GLOBAL ALLIANCE FOR MATERNAL MENTAL
HEALTH**

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

		Year ended 31.3.25 Unrestricted fund £	Period 6.4.23 to 31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		71,937	20,000
Investment income	2	189	-
Total		72,126	20,000
 EXPENDITURE ON			
Charitable activities			
Charitable activities		10,025	-
 NET INCOME		62,101	20,000
 RECONCILIATION OF FUNDS			
Total funds brought forward		20,000	-
 TOTAL FUNDS CARRIED FORWARD		82,101	20,000

The notes form part of these financial statements

**GLOBAL ALLIANCE FOR MATERNAL MENTAL
HEALTH**

**BALANCE SHEET
31 MARCH 2025**

	Notes	2025 Unrestricted fund £	2024 Total funds £
CURRENT ASSETS			
Cash at bank		82,101	20,000
NET CURRENT ASSETS		<u>82,101</u>	<u>20,000</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>82,101</u>	<u>20,000</u>
NET ASSETS		<u>82,101</u>	<u>20,000</u>
FUNDS			
Unrestricted funds		<u>82,101</u>	<u>20,000</u>
TOTAL FUNDS		<u>82,101</u>	<u>20,000</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 24 November 2025 and were signed on its behalf by:

A Gregoire - Trustee

The notes form part of these financial statements

**GLOBAL ALLIANCE FOR MATERNAL MENTAL
HEALTH**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TAXATION

The charity is exempt from tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. INVESTMENT INCOME

	Year ended 31.3.25 £	Period 6.4.23 to 31.3.24 £
Deposit account interest	189	-

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the period ended 31 March 2024.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the period ended 31 March 2024.

**GLOBAL ALLIANCE FOR MATERNAL MENTAL
HEALTH**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

4. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

**GLOBAL ALLIANCE FOR MATERNAL MENTAL
HEALTH**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	Year ended 31.3.25 £	Period 6.4.23 to 31.3.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	71,937	20,000
Investment income		
Deposit account interest	189	-
Total incoming resources	72,126	20,000
EXPENDITURE		
Charitable activities		
Administration services	9,850	-
Website development	175	-
	10,025	-
Total resources expended	10,025	-
Net income	62,101	20,000

This page does not form part of the statutory financial statements

Global Alliance For Mental Health
Knowle House
The Common
Woodgreen
Fordingbridge
SP6 2QB

P B Syddall & Co
Chartered Accountants
Grafton House
81 Chorley Old Road
Bolton
BL1 3AJ

Dear Sirs,

GLOBAL ALLIANCE FOR MATERNAL MENTAL HEALTH

We confirm to the best of our knowledge and belief, and having made appropriate enquiries of other trustees and staff of the charity, the following representations given to you in connection with your review of the charity's accounts for the year ended 31 March 2025

- We acknowledge as trustees our responsibility for the accounts, which you have prepared for the charity. All the accounting records have been made available to you for the purpose of your review and all the transactions undertaken by the charity have been properly reflected and recorded in the accounting records.
- We confirm that there have been no changes in the accounting policies.
In our opinion, the accounting policies are appropriate to the charity and conform with generally accepted accounting principles. We confirm that all transactions and balances have been accounted for in accordance with these accounting policies.
- We confirm that all assets have been included in the balance sheet.
- We confirm that all assets included in the balance sheet exist.
- We confirm that the charity owns all the assets included in the balance sheet, unless otherwise stated in the accounts.
- We confirm that the cost (or value) of all the assets in the balance sheet are fairly stated.
- We confirm that at the Balance Sheet date the charity did not have any liabilities.

- We confirm that there has been no netting off of assets and liabilities.
- We confirm that all income has been fully recorded and correctly classified.
- The charity has not at any time during the year had any transactions with trustees and connected parties.
- The charity has no contingent liabilities.
- There has been no event since the balance sheet date which requires disclosing or which would materially affect the amounts in the accounts.
- The charity has not entered into any charitable commitments.

Yours sincerely

Signed on behalf of the board

A Gregoire - Trustee

Date 24 November 2025

