

# Trustees' Annual Report for the period

		Period start date			Period end date		
From	Day	Month	Year	To	Day	Month	Year
	06	April	2023		31	March	2024

## Section A Reference and administration details

**Charity name** Global Alliance for Maternal Mental Health

**Other names charity is known by** GAMMH

**Registered charity number (if any)** 1202652

**Charity's principal address** Knowle House

The Common, Woodgreen

Fordingbridge

**Postcode** SP6 2BQ

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Alain Gregoire	Chair		
2	Clare Dolman	Trustee		
3	Tatiana Salisbury	Trustee		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	CIO Foundation Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	By appointment

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

To promote and protect the health of women and their families in particular but not exclusively by bringing together organisations from across the world to share expertise and experience of maternal mental health issues, raising awareness of maternal mental health issues and seeking to improve services for women and their families; and  
(2) To advance the education of the general public in all areas relating to maternal mental health.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

GAMMH advocates for all countries to develop national policies on maternal mental health and seeks to inspire investment in evidence-based services and programmes.

The membership of GAMMH is made up of global or regional/continental international organisations and of single nation alliances of organisations and people, from a range of backgrounds, sectors and perspectives, all with a shared common interest in improving maternal and parental mental health for the benefit of mothers, fathers, their children, communities and society. Through the alliance of its member organisations, GAMMH aims to foster the translation of research in perinatal and maternal mental health into raised awareness, stronger political commitment and better care and outcomes for women and their families wherever they live worldwide.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

This year GAMMH has focused primarily on the development of regional and national maternal mental health alliances in areas where major gaps exist. It has initiated the formation of a members database and developed a world policy map. A global maternal mental health website has been developed showcasing key policy papers, resources, a maternal mental health policy map and personal testimonies from women and families around the world. The website has been designed to inform and support national alliances and provide support for the development of national alliances.

GAMMH has encouraged and informed the development of national and regional maternal mental health alliances through the provision of international online forums where individuals and organisations can exchange and promote ideas related to the improvement of maternal mental health in countries around the world.

Joining GAMMH provides an opportunity to produce change on the ground for women and their families through:

- Promotion of shared goals and vision on maternal mental health
- Easier international collaborative work at all levels
- Ensuring greater impact together than the sum of individual organisational efforts
- Mutual learning and capacity to predict and respond to opportunities
- Inclusion of organisations in an official list of members



## Section E Financial review

Brief statement of the charity's policy on reserves

Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Barbara Jayson

Full name(s)

BARBARA JAYSON

Position (eg Secretary, Chair, etc)

Secretary

Date

30/1/25



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Global Alliance for Maternal Mental health

1202652

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
6.4.2023

To

Period end date  
31.3.2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	20 000	-	-	20 000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	20 000	-	-	20 000	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	20 000	-	-	20 000	-
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-
<b>Net of receipts/(payments)</b>	20 000	-	-	20 000	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	20 000	-	-	20 000	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	20 000	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature

*Alain Gregoire*

Print Name

Alain gregoire

Date of approval

29.1.2025