

# GLOBAL ALLIANCE FOR MATERNAL MENTAL HEALTH

England & Wales · Charity number 1202652

## Details

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**Other names** GAMMH

**Status** Registered

**Legal form** CIO

**Registered** 2023-04-06

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Knowle House  
The Common  
Woodgreen  
Fordingbridge  
SP6 2BQ

**Phone** 07909099678

**Email** [info@globalalliancematernalmentalhealth.org](mailto:info@globalalliancematernalmentalhealth.org)

**Website** [www.globalalliancematernalmentalhealth.org](http://www.globalalliancematernalmentalhealth.org)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:(1) TO PROMOTE AND PROTECT THE HEALTH OF WOMEN AND THEIR FAMILIES IN PARTICULAR BUT NOT EXCLUSIVELY BY BRINGING TOGETHER ORGANISATIONS FROM ACROSS THE WORLD TO SHARE EXPERTISE AND EXPERIENCE OF MATERNAL MENTAL HEALTH ISSUES, RAISING AWARENESS OF MATERNAL MENTAL HEALTH ISSUES AND SEEKING TO IMPROVE SERVICES FOR WOMEN AND THEIR FAMILIES; AND (2) TO ADVANCE THE EDUCATION OF THE GENERAL PUBLIC IN ALL AREAS RELATING TO MATERNAL MENTAL HEALTH.

## Classification

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- **How:** Makes Grants To Organisations, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

## Geography

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- Australia
- Belgium
- Bhutan
- Canada
- France
- Iceland
- India
- Malawi
- Malta
- Norway
- South Africa
- Spain
- Sweden
- Thailand
- The Gambia
- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£72,126	£10,025	-	-
2024-03-31	£20,000	£0	-	-

## Trustees

Name	Role	Appointed
<b>Dr Alain Jean Pierre Gregoire</b>	Chair	
Dr Annette Bauer		2024-12-01
Dr Clare Maureen Dolman		
Dr Tatiana Taylor Salisbury		

**GLOBAL ALLIANCE FOR MATERNAL MENTAL HEALTH**

England & Wales - Charity number 1202652

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# Accounts

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## Document Details

<b>Filename:</b>	31 March 2025 Accounts and Letter of Representation.pdf
<b>Client of:</b>	P B Syddall & Co

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## Signature Details

<b>Name:</b>	Barbara Jayson
<b>Email:</b>	barbara.jayson@gmail.com
<b>Date &amp; Time:</b>	10/12/2025 14:53:06 PM (GMT)
<b>IP Address:</b>	150.228.9.113
<b>Signing Statement:</b>	Global Alliance For Maternal confirms that the information is correct and complete to the best of their knowledge and belief.

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**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025  
FOR  
GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

P B Syddall & Co  
Chartered Accountants  
Grafton House  
81 Chorley Old Road  
Bolton  
Lancashire  
BL1 3AJ

**GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

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FOR THE YEAR ENDED 31 MARCH 2025**

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**GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

**REFERENCE AND ADMINISTRATIVE DETAILS  
FOR THE YEAR ENDED 31 MARCH 2025**

<b>TRUSTEES</b>	Dr A Gregoire Dr C Dolman Dr T Salisbury Dr A Bauer (appointed 11.12.24) L Lumu (appointed 11.12.24)
<b>PRINCIPAL ADDRESS</b>	Knowle House The Common Woodgreen Fordingbridge SP6 2BQ
<b>REGISTERED CHARITY NUMBER</b>	1202652
<b>INDEPENDENT EXAMINER</b>	P B Syddall & Co Chartered Accountants Grafton House 81 Chorley Old Road Bolton Lancashire BL1 3AJ
<b>BANKERS</b>	Co-operative Bank P O Box 250 Skelmersdale Merseyside WN8 6WT

# GLOBAL ALLIANCE FOR MATERNAL MENTAL HEALTH

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The charity is known by its working name of GAMMH.

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

To promote and protect the health of women and their families in particular but not exclusively by bringing together organisations from across the world to share expertise and experience of maternal mental health issues raising awareness of maternal mental health issues and seeking to improve services for women and their families and to advance the education of the general public in all areas relating to maternal mental health.

#### **Significant activities**

The Global Alliance for Maternal Mental Health (GAMMH) advocates for every country to develop national policies on maternal mental health and to invest in evidence-based services and programmes that improve outcomes for women and their families.

GAMMH is a network of international organisations and national alliances representing a wide range of backgrounds, sectors, and perspectives-all united by the shared aim of improving outcomes for mothers, babies and families through better perinatal mental health. Through this collaboration, GAMMH seeks to translate research into action: increasing awareness, strengthening political commitment, and driving practical improvements in care and conditions worldwide.

During the past year, GAMMH has continued to focus on supporting the development of regional and national maternal/perinatal mental health alliances, fostering relationships to amplify the voices and impact of local stakeholders.

#### **Public benefit**

The trustees review the objectives and activities of the charity to ensure they continue to reflect their aims and provide public benefit. The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when planning future activities and setting expenditure policies for the year.

# GLOBAL ALLIANCE FOR MATERNAL MENTAL HEALTH

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

### ACHIEVEMENTS AND PERFORMANCE

#### Charitable activities

##### 1. Alliance Development and Global Reach

GAMMH has continued to prioritise the establishment and strengthening of national and regional maternal/perinatal mental health alliances. Over the reporting period, six new national alliances were established in Australia, Canada, Indonesia, Malawi, Tunisia, and Zimbabwe.

GAMMH also supported organisations planning to form national/regional alliances in Belgium, Francophone Africa, Germany, Lesotho, New Zealand, Norway, and Thailand, reflecting its growing international reach and influence.

In addition, GAMMH has supported major international events, including:

- Launches of new national and regional alliances, helping countries coordinate advocacy and service development.
- A conference at the London School of Economics, highlighting the intersection of economics, policy, and maternal mental health.
- The International Conference on Maternal Mental Health in Africa (ICAMMHA), which brought together delegates from across Africa and beyond to share learning and strengthen regional collaboration.

##### 2. Global Resources and Knowledge Sharing

To support its expanding network, GAMMH has continued to develop and promote key digital resources:

- The World Policy Map, charting the existence and status of maternal mental health policies across countries.
- The GAMMH website ([www.gammh.org](http://www.gammh.org)), which features a growing library of resources including research papers, policy documents, videos, and practical toolkits on how to establish and sustain national maternal and perinatal mental health alliances.

These tools underpin GAMMH's mission to share learning and support evidence-based policy and service development globally.

##### 3. Global Collaboration and Forums

GAMMH continues to provide regular international online forums where individuals and organisations exchange ideas, share good practice, and discuss innovations in maternal mental health policy, service delivery, and advocacy. These interactive sessions attract participants from a wide range of countries and professional disciplines, helping to build an informed, connected, and effective global movement.

#### Summary of the impact of membership

Membership of GAMMH provides opportunities to achieve tangible improvements for women and their families by:

- Promoting shared global goals and a unified vision on maternal/perinatal mental health.
- Facilitating international collaboration and exchange of expertise.
- Achieving greater collective impact than any single organisation could achieve alone.
- Fostering mutual learning, shared capacity-building, and the ability to anticipate and respond to emerging opportunities.
- Recognising organisations formally through inclusion in GAMMH's official membership list.

#### Communications and Outreach

GAMMH continues to work closely with member alliances, international NGOs, researchers, policymakers, and lived-experience advocates. Through online forums, workshops, and participation in global events, GAMMH amplifies diverse voices to advocate for maternal mental health as an essential component of public health, gender equity, and sustainable development.

The Alliance's communications channels and website continue to expand their reach, offering accessible information and supporting collaborative international action.

### FINANCIAL REVIEW

#### Financial position

At the balance sheet date the charity had £82,101 funds held on deposit which the trustees believe is adequate for the forthcoming year.

**GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

**FINANCIAL REVIEW**

**Reserves policy**

**Purpose**

The trustees of GAMMH aim to maintain a prudent level of unrestricted reserves to ensure financial stability and protect the charity's work against unexpected events.

**Target Level**

The charity will hold reserves equivalent to around 3-4 months of core running costs, currently estimated at £4000.00. This is considered enough to cover shortfalls in income or unexpected expenditure.

**Use of Reserves**

Reserves may be used, with trustee approval, to:

- Cover temporary income shortfalls.
- Meet unexpected essential costs.
- Provide time to secure new funding.

**Review**

Reserves will be reviewed annually as part of the budget and year-end process and reported in the Trustees' Annual Report. If reserves are above or below target, Trustees will agree an action plan.

**FUTURE PLANS**

**Plans for the Year Ahead (2025-2026)**

Looking forward, GAMMH intends to:

- Continue expanding its network of national and regional alliances, with particular focus on low- and middle-income countries.
- Strengthen partnerships with global agencies, academic institutions, and professional bodies to embed maternal mental health within broader health and social policy frameworks.
- Develop online training, advocacy, and policy materials to support alliance leaders and practitioners worldwide.
- Further enhance its data and policy resources to inform evidence-based advocacy and investment.
- Support and co-host regional conferences and collaborative events to strengthen knowledge exchange and visibility for maternal mental health globally.

Existing grant funding will maintain our current level of activity until February 2027. We are actively seeking further grants to expand the number of countries we can work with and improve our online resources.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable Incorporated Organisation (CIO). The constitution was registered with the Charity Commission on 6th April 2023.

**GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Organisational structure**

There must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.

The maximum number of trustees is 12. The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Any decision may be taken either:

- at a meeting of the charity trustees; or
- by resolution in writing or electronic form agreed by a majority of all the charity trustees, which may comprise either a single document or several documents containing the text of the resolution in like form to each of which one or more charity trustees has signified their agreement. Such resolution shall be effective provided that
- a copy of the proposed resolution has been sent, at or as near as reasonably practicable to the same time, to all of the charity trustees; and
- the majority of all of the charity trustees has signified agreement to the resolution in a document or documents which has or have been authenticated by their signature, by a statement of their identity accompanying the document or documents, or in such other manner as the charity trustees have previously resolved, and delivered to the CIO at its principal office or such other place as the trustees may resolve within 28 days of the circulation date.

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Approved by order of the board of trustees on 24 November 2025 and signed on its behalf by:

Dr A Gregoire - Trustee

**GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

**STATEMENT OF TRUSTEES' RESPONSIBILITIES  
FOR THE YEAR ENDED 31 MARCH 2025**

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under charity law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011 and The Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

**Independent examiner's report to the trustees of Global Alliance For Maternal Mental Health**

I report to the charity trustees on my examination of the accounts of Global Alliance For Maternal Mental Health (the Trust) for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A J Syddall M.A., F.C.A.

P B Syddall & Co  
Chartered Accountants  
Grafton House  
81 Chorley Old Road  
Bolton  
Lancashire  
BL1 3AJ

24 November 2025

**GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	<b>Year ended 31.3.25 Unrestricted fund £</b>	Period 6.4.23 to 31.3.24 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		<b>71,937</b>	20,000
Investment income	2	<b>189</b>	-
<b>Total</b>		<b><u>72,126</u></b>	<u>20,000</u>
 <b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities		<b><u>10,025</u></b>	<u>-</u>
<b>NET INCOME</b>		<b>62,101</b>	20,000
 <b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		<b>20,000</b>	-
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u><u>82,101</u></u></b>	<u><u>20,000</u></u>

The notes form part of these financial statements

**GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

**BALANCE SHEET  
31 MARCH 2025**

	Notes	<b>2025 Unrestricted fund £</b>	<b>2024 Total funds £</b>
<b>CURRENT ASSETS</b>			
Cash at bank		<b>82,101</b>	20,000
<b>NET CURRENT ASSETS</b>		<u><b>82,101</b></u>	<u>20,000</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>82,101</b>	20,000
<b>NET ASSETS</b>		<u><b>82,101</b></u>	<u>20,000</u>
<b>FUNDS</b>			
Unrestricted funds		<u><b>82,101</b></u>	<u>20,000</u>
<b>TOTAL FUNDS</b>		<u><b>82,101</b></u>	<u>20,000</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 24 November 2025 and were signed on its behalf by:

A Gregoire - Trustee

The notes form part of these financial statements

**GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**TAXATION**

The charity is exempt from tax on its charitable activities.

**FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**2. INVESTMENT INCOME**

	<b>Year ended</b>	Period
	<b>31.3.25</b>	6.4.23
	£	to
		31.3.24
	£	£
Deposit account interest	<b>189</b>	-
	<u>          </u>	<u>          </u>

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the period ended 31 March 2024.

**TRUSTEES' EXPENSES**

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the period ended 31 March 2024.

**GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**4. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2025.

**GLOBAL ALLIANCE FOR MATERNAL MENTAL  
HEALTH**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025**

	Year ended 31.3.25 £	Period 6.4.23 to 31.3.24 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	<b>71,937</b>	20,000
<b>Investment income</b>		
Deposit account interest	<b>189</b>	-
<b>Total incoming resources</b>	<b>72,126</b>	20,000
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Administration services	<b>9,850</b>	-
Website development	<b>175</b>	-
	<b>10,025</b>	-
Total resources expended	<b>10,025</b>	-
<b>Net income</b>	<b>62,101</b>	20,000

This page does not form part of the statutory financial statements

*Global Alliance For Mental Health  
Knowle House  
The Common  
Woodgreen  
Fordingbridge  
SP6 2QB*

P B Syddall & Co  
Chartered Accountants  
Grafton House  
81 Chorley Old Road  
Bolton  
BL1 3AJ

Dear Sirs,

**GLOBAL ALLIANCE FOR MATERNAL MENTAL HEALTH**

We confirm to the best of our knowledge and belief, and having made appropriate enquiries of other trustees and staff of the charity, the following representations given to you in connection with your review of the charity's accounts for the year ended 31 March 2025

- We acknowledge as trustees our responsibility for the accounts, which you have prepared for the charity. All the accounting records have been made available to you for the purpose of your review and all the transactions undertaken by the charity have been properly reflected and recorded in the accounting records.
- We confirm that there have been no changes in the accounting policies.  
In our opinion, the accounting policies are appropriate to the charity and conform with generally accepted accounting principles. We confirm that all transactions and balances have been accounted for in accordance with these accounting policies.
- We confirm that all assets have been included in the balance sheet.
- We confirm that all assets included in the balance sheet exist.
- We confirm that the charity owns all the assets included in the balance sheet, unless otherwise stated in the accounts.
- We confirm that the cost (or value) of all the assets in the balance sheet are fairly stated.
- We confirm that at the Balance Sheet date the charity did not have any liabilities.

- We confirm that there has been no netting off of assets and liabilities.
- We confirm that all income has been fully recorded and correctly classified.
- The charity has not at any time during the year had any transactions with trustees and connected parties.
- The charity has no contingent liabilities.
- There has been no event since the balance sheet date which requires disclosing or which would materially affect the amounts in the accounts.
- The charity has not entered into any charitable commitments.

Yours sincerely

Signed on behalf of the board

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A Gregoire - Trustee

Date 24 November 2025



**GLOBAL ALLIANCE FOR MATERNAL MENTAL HEALTH**

England & Wales - Charity number 1202652

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# Accounts

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# Trustees' Annual Report for the period

	Period start date			Period end date			
<b>From</b>	Day 06	Month April	Year 2023	<b>To</b>	Day 31	Month March	Year 2024

## Section A Reference and administration details

**Charity name** Global Alliance for Maternal Mental Health

**Other names charity is known by** GAMMH

**Registered charity number (if any)** 1202652

**Charity's principal address**

Knowle House	
The Common, Woodgreen	
Fordingbridge	
<b>Postcode</b>	<b>SP6 2BQ</b>

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Alain Gregoire	Chair		
2	Clare Dolman	Trustee		
3	Tatiana Salisbury	Trustee		
4				
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17				
18				
19				
20				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document  
*(eg. trust deed, constitution)*

CIO Foundation Constitution

How the charity is constituted  
*(eg. trust, association, company)*

Charitable Incorporated Organisation (CIO)

Trustee selection methods  
*(eg. appointed by, elected by)*

By appointment

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

To promote and protect the health of women and their families in particular but not exclusively by bringing together organisations from across the world to share expertise and experience of maternal mental health issues, raising awareness of maternal mental health issues and seeking to improve services for women and their families; and  
(2) To advance the education of the general public in all areas relating to maternal mental health.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

GAMMH advocates for all countries to develop national policies on maternal mental health and seeks to inspire investment in evidence-based services and programmes.

The membership of GAMMH is made up of global or regional/continental international organisations and of single nation alliances of organisations and people, from a range of backgrounds, sectors and perspectives, all with a shared common interest in improving maternal and parental mental health for the benefit of mothers, fathers, their children, communities and society. Through the alliance of its member organisations, GAMMH aims to foster the translation of research in perinatal and maternal mental health into raised awareness, stronger political commitment and better care and outcomes for women and their families wherever they live worldwide.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

This year GAMMH has focused primarily on the development of regional and national maternal mental health alliances in areas where major gaps exist. It has initiated the formation of a members database and developed a world policy map. A global maternal mental health website has been developed showcasing key policy papers, resources, a maternal mental health policy map and personal testimonies from women and families around the world. The website has been designed to inform and support national alliances and provide support for the development of national alliances.

GAMMH has encouraged and informed the development of national and regional maternal mental health alliances through the provision of international online forums where individuals and organisations can exchange and promote ideas related to the improvement of maternal mental health in countries around the world.

Joining GAMMH provides an opportunity to produce change on the ground for women and their families through:

- Promotion of shared goals and vision on maternal mental health
- Easier international collaborative work at all levels
- Ensuring greater impact together than the sum of individual organisational efforts
- Mutual learning and capacity to predict and respond to opportunities
- Inclusion of organisations in an official list of members

## Section E Financial review

Brief statement of the charity's policy on reserves

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Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

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## Section F Other optional information

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## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Barbara Jayson	
Full name(s)	BARBARA JAYSON	
Position (eg Secretary, Chair, etc)	Secretary	
Date	30/1/25	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Global Alliance for Maternal Mental health

1202652

## Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	6.4.2023		31.3.2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	20 000	-	-	20 000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	20 000	-	-	20 000	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	20 000	-	-	20 000	-
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-
<b>Net of receipts/(payments)</b>	20 000	-	-	20 000	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	20 000	-	-	20 000	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>20 000</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name Alain gregoire	Date of approval 29.1.2025
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