

WALKING 4 HOPE

England & Wales · Charity number 1202602

Details

Status Registered

Legal form CIO

Registered 2023-04-03

Register [View on the Charity Commission register](#)

Contact

Address 17 Braemar Road
Forest Town
Mansfield
Nottinghamshire
NG19 0LL

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Website www.walking4hope.org.uk

Activities

Objects: TO RELIEVE THE NEEDS OF PEOPLE EXPERIENCING OR AT RISK OF POOR MENTAL HEALTH, IN PARTICULAR BUT NOT EXCLUSIVELY BY:• PROVIDING RECREATIONAL/LEISURE TIME ACTIVITIES PROVIDED IN THE INTEREST OF SOCIAL WELFARE, DESIGNED TO IMPROVE THEIR CONDITIONS OF LIFE;• PRACTICAL ADVICE, SUPPORT AND SIGNPOSTING TO OTHER ORGANISATIONS WHEN REQUIRED;• EDUCATING THE WIDER PUBLIC ON MENTAL HEALTH THROUGH THE DISTRIBUTION OF MATERIAL PRODUCED BY EXPERT ORGANISATIONS.

Activities: Provide a safe space for peer to to peer support, with the objectives to promote good mental health and well-being by building resilience through nature and practicing active listening and develop self worth and empathy and understanding for ourselves and others.

Classification

- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-22		-	-	-
2023-12-22	£37,005	£25,926	-	-

Trustees

Name	Role	Appointed
Andrew James Vessey	Chair	2025-07-09
Dennis Sayles		2025-08-21
Hazel Platts		2025-07-09

WALKING 4 HOPE

England & Wales - Charity number 1202602

Accounts



Trustees' Annual Report for the period

From **03/04/2023** Period start date To **22/12/23** Period end date

Charity name: **Walking4Hope**

Charity registration number: **1202602**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve the needs of people experiencing or at risk of poor mental health.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none">• Providing recreational/leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;• Practical advice, support and signposting to other organisations when required;• Educating the wider public on mental health through the distribution of material produced by expert organisations
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit.	Para 1.18	Trustees have been directed to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Walking4Hope provides opportunities for people who may otherwise spend limited time in the community at large, to feel supported in exploring their environment. Group walks allow participants to develop communication skills, expand social ties, and become more comfortable in social settings. The recent purchase of a charity minibus has enabled us to reach out and support individuals with reduced social mobility, as we know that poor mental health magnifies through isolation.</p> <p>Walking4Hope is not designed to take the place of professional treatment and therapy, our leaders provide practical advice, support and signposting to other organisations when required.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Trustees have reviewed and confirm their approval of the financial position at the end of the period.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	At the end of the charity's first year a strategy is being developed at which time holding reserves may be considered.
Amount of reserves held	Para 1.22	Not applicable.
Reasons for holding zero reserves	Para 1.22	Nominal funding is required to facilitate walks and room hire and does not require reserves at this stage.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties about the charity continuing as a going concern.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<ul style="list-style-type: none"> • general giving through small cash donations; • regular direct support; • donations connected with fund-raising events and campaigns; • business sponsorship; • support from grant making bodies is a growing source now that a full year's accounts are available in support of applications. <p>In all cases, levels of giving are regularly reviewed and recorded at trustees' meetings and development criteria applied.</p>
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	<p>Over committing to activities that become a drain on the finances before the charity is sufficiently well established so recording evidence of successes for bids.</p> <p>Injury/incidents on walks -managed by mountain leader trained Charity director</p> <p>Loss of Charity Director/trustees – recruiting volunteers (according to our Volunteer Selection Policy) and supporters</p> <p>Accusations of improper conduct by the trustees, Charity director and/or volunteers. Appropriate safeguarding policies and procedures are in place with regular reviews to ensure best practice.</p>

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charity Incorporated Organisation
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Walking 4 Hope is a CIO (Charity Incorporated Organisation).
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>A board evaluation is conducted each year to determine whether there is a need to recruit for trustees or to provide additional training to existing Trustees to do their jobs effectively.</p> <p>All new Trustees will follow an induction programme, including:</p> <ul style="list-style-type: none"> • meetings and introductions to other trustees, employees, beneficiaries, service users, and other stakeholders • invitations to events, meetings and presentations • documents for a trustee induction pack
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity has five trustees and a Charity Director, four volunteers and a small number of regular supporters.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Walking4Hope
Other name the charity uses	N/A
Registered charity number	1202602

Charity's principal address	Walking4Hope 16 Clegg Hill Drive Sutton In Ashfield Nottinghamshire NG17 2QA
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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Chris Atkinson	Chair		N/A Founding trustee
2	David Miller	Deputy Chair		N/A Founding trustee
3	Shirley Miller	Secretary		N/A Founding trustee
4	Jennifer Holding	Trustee	9/8/23 to date	Board of Trustees
5	Jo Bell	Trustee		N/A Founding trustee
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
John Bell	Charity Director	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>S Miller</i>	
Full name(s)	Shirley Margaret Miller	
Position (eg Secretary, Chair, etc)	Secretary	
Date	21/10/24	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Walking 4 Hope

1202602

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Receipts and payments accounts

For the period from	Period start date 3 April 2023	To	Period end date 22 December 2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Donations	36,172	-	-	36,172
Grants	833	-	-	833
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	37,005	-	-	37,005
A2 Asset and investment sales, (see table).				
	-	-	-	-
Sub total	-	-	-	-
Total receipts	37,005	-	-	37,005
A3 Payments				
Registration costs	299	-	-	299
Fundraising expenses	725	-	-	725
Sundry expenses	205	-	-	205
Fuel	855	-	-	855
Operational expenses	2,132	-	-	2,132
Promotional expenses	1,494	-	-	1,494
Room hire	1,260	-	-	1,260
Insurance	2,164	-	-	2,164
	-	-	-	-
Sub total	9,132	-	-	9,132
A4 Asset and investment purchases, (see table)				
Asset Purchase - Minibus	16,794	-	-	16,794
	-	-	-	-
Sub total	16,794	-	-	16,794
Total payments	25,926	-	-	25,926
Net of receipts/(payments)	11,079	-	-	11,079
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	11,079	-	-	11,079

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Cash at bank	11,079	-
		-	-
		-	-
	Total cash funds	11,079	-

(agree balances with receipts and payments account(s))

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use	Minibus	Unrestricted	16,794
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>S Miller</i>	SHIRLEY MILLER	30/9/23
<i>D.M. Miller</i>	DAVID M. MILLER	30/9/23

Independent Examiner's Report to the Trustees of Walking 4 Hope - Charity Number 1202602

I report on the accounts of the charity for the shortened period from 3 April 2023 to 22 December 2023, which are set out on the following pages.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility, as Independent Examiner, to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



David Goodwin 1-6D7629 CIMA

30 September 2024