

# HAVERHILL MENS SHED

England & Wales · Charity number 1202465

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2023-03-23

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Samuel Ward Academy  
Chalkstone Way  
Haverhill  
Suffolk  
CB9 0LD

**Phone** 07938017851

**Email** [mens.shed.haverhill@gmail.com](mailto:mens.shed.haverhill@gmail.com)

**Website** [haverhill-shed.org.uk](http://haverhill-shed.org.uk)

## Activities

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**Objects:** TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE PARTICULARLY BUT NOT EXCLUSIVELY MEN AGED 18 OR OVER, WITHIN HAVERHILL AND THE SURROUNDING AREA, FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY THROUGH THE PROVISION OF FACILITIES IN WHICH THEY CAN MEET JOINTLY OR INDIVIDUALLY TO UNDERTAKE CREATIVE, PHYSICAL OR RECREATIONAL ACTIVITIES, LEARN OR PASS ON SKILLS AND KNOWLEDGE AND SUPPORT EACH OTHER SOCIALLY.FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL).

**Activities:** TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE PARTICULARLY BUT NOT EXCLUSIVELY MEN AGED 18 OR OVER, WITHIN HAVERHILL AND THE SURROUNDING AREA, FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY THROUGH THE PROVISION OF FACILITIES IN WHICH THEY CAN MEET JOINTLY OR INDIVIDUALLY TO UNDER

## Classification

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- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

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- Suffolk

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£19,915	£14,953	-	-
2024-03-31	£13,066	£8,057	-	-

## Trustees

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Name	Role	Appointed
<b>Antony Cullup</b>	Chair	2023-04-01
Alan Howard		2026-05-23
David Rawlings		2026-05-23
GEOFFEY COPPING		2025-06-18
Geoffey Whiting		2025-06-18
Kevin Peacock		2025-06-18
Richard Rooke		2024-05-29
Ronald Davis		2024-05-29

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# Accounts

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# TRUSTEES REPORT 2024 - 2025

Registered Charity Number 1202465

## ADDRESS

**Caretakers Bungalow**

**Samuel Ward School**

**Chalkstone Way**

**Haverhill**

**CB9 0LD**

What 3 Words Location [///starter.static.gives](http://starter.static.gives)

[mens.shed.haverhill@gmail.com](mailto:mens.shed.haverhill@gmail.com)

07938017851

[www.haverhill-shed.org.uk](http://www.haverhill-shed.org.uk)

[Face Book](#)

APRIL 2025



Big Thanks to Cllr David Smith as the outgoing Mayor of Haverhill. Mens Shed Haverhill has been his Chosen Charity of the year (with The Link )

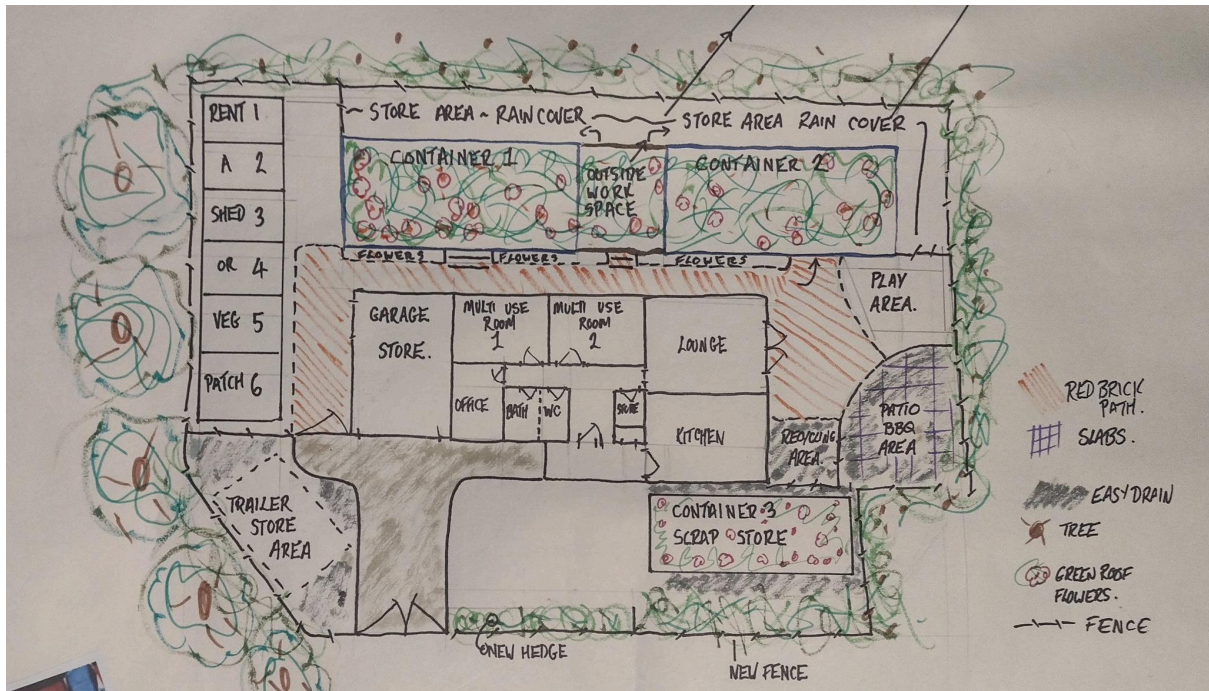
Big Thanks to Cllr David Smith as the outgoing Mayor of Haverhill. Mens Shed Haverhill has been his Chosen Charity of the year (with The Link )



MARCH 2025

Busy day at the Mens Shed Haverhill

The Big Plans for our new shed !



MARCH 2025



Finished Batch for Town Council Swift project.



MARCH 2025

OUTREACH WORK  
3 of our members at a wellbeing event promoting the benefits of our Shed at highpoint prison.



We love using what would be destined for landfill.  
Wood flooring and carpet tiles from [QSF Interiors](#)  
Red brick path made with damaged bricks from Red Row Development.



FEBRUARY 2025

We met with Tracy Tyson  
Social Value Lead, Wates Group  
(Main Contractor at New Build in Highpoint Prison)  
Excellent conversation and Tracy is looking into what they can offer in hours with tradesmen working at the Shed.

## FEB 2025 Green Roof Update



The Bridge roof between containers was completed by "Balloon Dave" Geoff W and Disco Dave helped get the turf. The roof is now covered, seeded (wild flower mixes) over two layers of thermal roof sheeting. Awful time of year to be lugging sodden soil about! But ideal to get this season to bed in. Need to finish all edges. Well done Shedders.

Our lovely new doors.



JANUARY 2025

Thank you

Two weeks ago a member of the Shed collapsed ( he is ok now) passed out, Scary stuff for all. I am so proud of the way all Shed members jumped in and helped And supported R. The ambulance arrived in 8 minutes, he was seen and discharged the same day. Shed Members got his car home, called his wife and checked up on him late into the evening ( he did say can you all stop calling - I'm ok and trying to eat my dinner). We acknowledge that an ambulance can be waited for much longer than this, there is just not enough of them,  
Thanks to All

First cuppa made at the Mens Shed using modern electricity!!! [Mens Shed Haverhill](#) !!



[Mens Shed Haverhill](#) were our guest presenters for the first business networking event of the year last week.

Men's Shed is a global organisation & registered charity, originally set up to help men who were feeling isolated,

The Haverhill Shed is open every Saturday at the caretakers house at [Samuel Ward Academy](#) , but they also hold events throughout

the week, and a drop in session in the town on a Friday.

The group has set up a music band, built bird boxes and toy boats, and learnt how to bake. They also take donations of tools, which they refurbish, and some are sent to projects in Africa.

Membership of the group isn't limited by age or gender - all are welcome!

Their presentation was great for the networking attendees to listen to and they could see the comradery and friendship between the presenters.

Great to have so many new companies and individuals at the event and we look forward to more joining us during the year.

February's networking event is on Wednesday 19th at 9am, with Karen Dennis from The Department of Work & Pensions.

Book your free place here 📍

<https://www.epicentrehaverhill.co.uk/.../haverhill.../>



I had the pleasure of meeting one of the founders of the 12th Man this year. I liked them so much I got a T-shirt!

(12th Man is a football term for the supporter - turns up in the cold and rain always faithful winning or losing - always there)

The 12th Man Campaign helps men talk more openly about mental health. It encourages them to be the 12th Man for their families, friends, colleagues and other people in their lives.

<https://12th-man.org.uk/>

Do you know a mate who is struggling this time of year?  
Give him a call—you could even save a life.

DECEMBER 2025



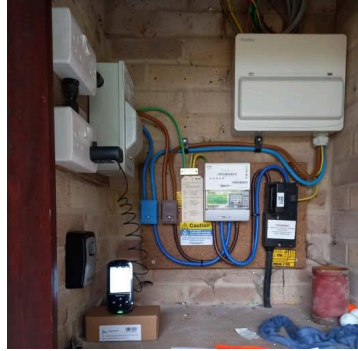
Shedders of the year award was split (literally) between Geoff and Dave





ODDS AND SODS BUSKING IN THE COLD

WE HAVE ELECTRICITY!!!!!!



Here we have a rare example of the Haverhill Shed Men in the wild - waiting patiently for their Pie and Peas -  
Seen at the **Hadleigh Suffolk Shed Fest.**





It's beginning to get a lot like... anyway, another little project completed! There will be more to come for Mens Shed Haverhill stock, now back to my grotto!



Another one from yesterday Mens Shed Haverhill and Rusties.



NOVEMBER 2024

Big Thanks to Cambridge Regional Collage for two VERY heavy Benches and a Pillar drill -

Apparently, we were not good-looking enough for CCTV, so we had to wear balaclavas

## OCTOBER BOYS ON TOUR - Last of the Summer wine??



### Ron's Blog

The Shed has been a ghost town recently, just a few of us oldies not doing much. So where was everyone? It appears that they were at the bungalow, doing formation wheelbarrow dancing and playing pool on an imaginary table!

Whilst they were they did spare some time to get the bungalow ready for all of us to use, the most exciting thing being the delivery of the two site offices which we will use as workshops. I say exciting in Antony's own words, he was like a "six-year-old with a new Tonka toy"

There has been a lot of work put into clearing the site moving slabs and generally starting to get the outside cleared before the winter sets in.

There is some work done inside the building, but I have yet to see what has been done, apart from the imaginary pool table!

I have missed a few sessions recently due to health problems, as a result, I know little of what has been made, repaired, and generally renovated by the few remaining shedders. The time will come soon when we will get up and running.

A longer blog next time, we might have made some sawdust by then, and the members who have worked so hard in the bungalow can have a rest

Since I wrote the above, we had the awful news that there had been a break-in at the bungalow and some of our tools and equipment had been stolen. There was damage to the garage door and some new tools belonging to the shed and some belonging to members were taken.

Apart from my feeble attempts at humour above, the sheer amount of hard work members have put into getting this far with the bungalow should not be underestimated. There have been many manhours put into the bungalow by members, only to see the damage and loss of tools.

It is not all doom and gloom though. We have had many messages of support, along with some practical help from various sources. We will soon have better security and hopefully, the electricity laid on.

It is said that what does not kill you will make you stronger and the reaction when we got the message about the break-in was for everyone to repair the damage and to get on with the job.

The irony is that we now have more support, publicity and offers of help. The people who broke in will be lucky to see a quarter of the retail price of the goods they stole.

Ron Davis

13 October 2024



Cllr Joe Mason

Mens Shed Haverhill

This morning I visited and met with Charity Chairman and leader Anthony Cullop (centre) at their new premises at the old caretakers house at Samuel Ward Academy.

It was lovely to meet a number of the Menshed members.

As most people know Menshed was recently burgled and lost some equipment. The discussion focussed on this but also their ongoing challenges regarding security, lack of electricity, the amount of work that still needs to be done to make the site function as they would like. Currently they have no electricity but they are hopeful this will be sorted soon.

It was really endearing to hear how generous people from the community have been and I know that some of what has been lost has been replaced through donations. Thank you to all those who have given support to Menshed. They really are a fantastic charity that does really important work in our community and around the area.

We agreed that Security was a priority and I am working with them on a grant application using some of my county council locality funding. Hopefully we can get this done and installed as soon as possible.

I cannot speak highly enough of this organisation and they need support to get this new home really up and running.

#### SEPTEMBER 2024

A sad fact is that members pass away, we have our "No longer here - But always near Memorial - a tool owned by the member has there name carved / written on it (front or back) and hung forever alongside other lost members - lets hope it stays empty for a long time.



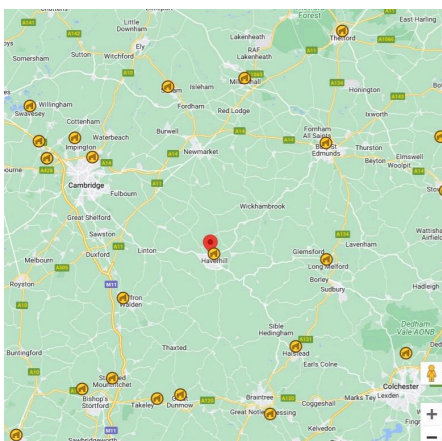
#### BURGLARY AT [Mens Shed Haverhill](#)

LAST NIGHT THE GARAGE DOOR WAS FORCED OPEN AND OVER £1000 OF TOOLS STOLEN - PICTURES BELOW - WE DIDNT EVEN GET TO USE LATHE / DRILL / TABLE SAW - we are still checking what went missing.

Some of the tools stolen belonged to members - I cant begin to say how upset we all are.

Please no racial slurs or hatred this day has been

bad enough..



**Mens Shed Haverhill -**  
Below is the official register of Sheds, HMS serves a large rural area.



Some of the wonderful work done by member Ron, All wood saved from burning or being turned into hamster bedding. A lifetime of skill, passion and dedication - Ron is one of our Shed teachers, we are setting up Ron's corner in the new workshop so the teaching can continue...



Life is not a drill - Ever thought about joining? We have an Autumn special taking part this Super September Shed Month. Our motto - We are a bunch of friends you haven't met yet. Just come along any Saturday 10- 12 and say Hello £2 Month Membership.

3 Rookwood way at the centre workshops.  
Caretakers Bungalow Samuel Ward School





It has been a great year with many laughs along the way

Current paid membership is 42 As of 17/9/25

Of which we have

10 members who are 80 years or above.

The youngest is 33.

7 members are female

6 are recent widowers (12- 18 months)

2 with Dementia

3 Unable to read

1 Learning Disability

We have an average of 55 points of contact per week, approximately 2500 a year currently.

## **OUR VALUE**

A member was asked if he could say 15 minutes to help me finish something - he said yes, of course. I haven't any family, I'm just going back to an empty house - The Shed is my family, I feel at home here.

I have spoken to 4 men in the last few months who were in tears, telling me how they miss their wives.

D a female member of "odds and sods," was off work due to depression, anxiety, and lack of confidence (due to an abusive relationship) D has slowly built herself back up by learning to play with the group and regularly sings in front of groups. now sings in front of groups / has travelled to India - and has returned to work -

The Shed aims to be a vehicle/conduit to new experiences and friendships that are based on common interests and locations.

We aim to grow. and be well known as a place of safety and fun. When we started, I thought 20 members was a massive achievement; now we have 40 and are heading to 50 by the end of the financial year.

We have an average of 55 points of contact per week, approximately 2500 a year currently.

Antony Cullup  
Chair of Trustees





**HAVERHILL MENS SHED**

England & Wales - Charity number 1202465

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# Accounts

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Haverhill Mens Shed  
3 rookwood way  
Haverhill  
Suffolk  
CB9 8PB

[mens.shed.haverhill@gmail.com](mailto:mens.shed.haverhill@gmail.com)

0793017851

[www.haverhill-shed.org.uk](http://www.haverhill-shed.org.uk)

Registered Charity Number 1202465

Date 19/9/24

Dear Member / Interested party.  
Haverhill Mens Shed informal annual report.

Membership News

### **Membership News**

Membership stands at 49 current paid up members (estimate 40 to "re up")  
Points of attendance is just over 150 Month 1800 Year

### **Membership runs from 1st April to 31st March.**

We have as always endeavoured to keep membership and attendance costs to a minimum.

Trustees test sampled members about cost and all were clear that an increase to £24 (year) was acceptable. All membership fees go towards insurance and then to the supply of PPE / general fund.

Therefore membership for 1st April 2024 - 31st March 2025 will be £24 payable in one part £24 (due in April 2024) or two parts (April and September) of £12.

New members pay Pro Rata.

Donations towards tea / coffee per session are welcomed.

### **- AGM- Management Committee**

The Haverhill Mens Shed will be holding an AGM on the 3rd of April 2024.

At the meeting the Trustees have agreed to devolve day to day running of the Shed to a Management Committee MC (to be selected at AGM) Membership will be for one year and election / reelection each April.

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The Trustees retain legal / final say / financial oversight until said MC is able / fit to replace current Trustees.

In the transition time (expected to be 18 Months) all functions and support will be supported by existing Trustees.

Monthly Committee Meetings 1st Wed of the Month 630pm (at Shed)

### **Plans for year ahead.**

- Continued search for a permanent place for HMS (we want to be able to open 7 days a week).
- Set up a Management Committee.
- 2nd accessible daytime social.
- Goods for sale / one off builds (insurance allowing)
- Members Training - Emergency aid / Mental Health awareness / Suicide awareness / woodturning for beginners / Basic Diy ...+++
- Tool Kit loan scheme (6 available)



- Richard Rooke

### **Tools With a Mission (TWAM)**

HMS is committed to save 1000kg (1 Ton) of tools from going to landfill by collecting / grading / sorting and clean ready for TWAM to distribute to persons / areas of need in the third world - we have currently in a month got 170Kg ready to be collected.

Xmass Awards  
MOST SESSIONS ATTENDED -  
David Ingram  
NOISY GIT  
- Nigel Oxford  
MOST RELIABLE  
- Jim Green  
MOST IMPROVED



### **SHEDDER OF THE YEAR Ron Davis**



### **STROKE SUPPORT**

Quite a few of our member have suffered a stroke (or close family member)  
Simple\* and easily made card and domino holders can make engaging socially much easier. We have orders for 20!

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*\*Rons says Easy for Antony he doesn't have to make em!*

**TRAINING** - We joined in with safeguard and first aid training

I'll let you decide which picture is from what course!



## **Shedfest**

Great day held by CAS - Chips were great - Antony's talk helped with settling in for the post lunch Nap



## **What our Shedders say.**

Bacon Butties at events are great!

Pete's Recipes

Learning from other members

Making friends and Learning to play Ukulele (we loan them out)

Cakes and Donuts.

Nigel's Jokes

Mix with own generation

Feeling welcomed and Comoradary

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Warm and Fuzzy  
A reason to get up  
Getting a lift in  
No question is silly  
Getting away from the Mrs  
Helping Community  
Proud to be part of Mens Shed Haverhill  
My dad is happy  
I drive 30 miles to get here because I feel that I am welcomed and belong.  
I have PTSD / OCD / ADHD - here I am accepted as me.

### **STATS**

4 sessions a week  
Attendance is average of 166 Monthly

As of the 31st march we have 49 paid up members.

5 Members define themselves as survivors of domestic abuse  
8 Members are widows.  
4 are full time carers  
20% are ex uniformed service  
1 Open about suicide attempt  
8 have lost somebody to suicide  
30% Have issues with alcohol  
4 Are women

### Case Studies

BB was a young parent in the 60s and as he was not Married to the mother, the child was taken away from them. BB and CC married and he joined the Navy spending long periods away at sea. BB and his wife CC had two more children. BB retired from the navy after 22 years and struggled with the civilian way of doing things, money issues, alcohol dependency and homeless followed BB daughter took her own life leaving two boys behind about 9 years ago, The father of the Grandchildren remarried and there is no contact with Grandchildren. BB son has no children and lives abroad.  
BB Joined the shed last year shortly after his wife CC and companion of 49 years passed away after a short illness.

DD Was in the military for 25 years serving in some of the most hostile environments. Two marriages, Financial difficulties, losing "home and family"  
DD has a new partner, rents has contact with children and grandchildren after a gap of a decade.

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Father is in a care home with dementia - and has no recollection of his son.  
Sister took her own life after battling with addiction.  
DD has PTSD several times over.  
He has his own shed now where he finds a sense of peace - and makes wooden toy trains for grandchildren.

HMS Oddsnsods report to the AGM  
Haverhill Men's Shed  
Weds 3 rd April 2024

Having given a few renditions on the Ukulele at various events during the summer of '23 then some members of the Shed said they'd be interested in learning to play music. So, in September '23 a proposal was put to the Committee and some musical instruments were brought to form a music group. The group decided that we should be collectively known as HMS Oddsnsods.

The group now consists of Steve, a bass player, Jason a guitarist, 3 regular Ukulele players Geoff C, Geoff W and Kim. We have recently been joined by Pete C who is learning Uke.

The main practice session is on a Tuesday evening 19.30 to 21.30 at Geoff W's house. Thanks for the wonderful hospitality, Geoff. We have a beginner's session at Rookwood Way 19.00 to 20.00 on Wednesdays, and we have an informal jam session at The Link, in the High St, from 10.30 to 12.30 on Fridays.

Remarkable progress has been made and confidence among the members has grown to the point now where we are considering offering entertainment to local community groups such as Day Care Centres. If the community groups have an entertainment's budget then a donation of £40 for Men's Shed funds may be suggested.

Jason and I did a slot at the Open Mic night at Haverhill Arts Centre on Thurs 28 th March which seemed to be well received and, hopefully, spread the word about the Men's Shed.

We look forward to playing at any events that the Shed attends this year and we will be playing at The Old Riverport Ukulele Festival, St Ives on Sat October 10 th which is on a steampunk theme.

Our mantra is that it doesn't matter whether anyone is good or not, it only matters that everyone enjoys themselves.

So, if you've always fancied learning to play an instrument, or just want to learn something new or you're an experienced musician then please come and join us, even just singing along or shaking a maraca, it's all about a universal language that is music.

We have instruments that can be loaned out for a small deposit.

Geoff Copping  
HMS Oddsnsods

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Link report to  
Haverhill Men's Shed  
AGM 2024

It was recognised that some people may find it difficult to get to the Men's Shed HQ at the unit in Rookwood Way. So that people could have a point of contact in the town centre then negotiations were carried out through Jim Green for the Men's Shed members to be at The Link, which is a Salvation Army information facility, from 10.30 to 12.30 on Friday mornings.

Since this began there's been numerous enquiries about the Men's Shed as well as useful contacts being made with the local constabulary and other organisations in the town.

Offers have been made by members of the public of tools and equipment to be used by the Men's Shed or go to the Tools for Africa project.

Members of the Shed can come in for a chat, play some music or have a game of cards, usually accompanied by coffee and doughnuts. There's usually 3-5 members attending regularly with others dropping in on an ad-hoc basis.

This seems to be a valuable point of contact for the Men's Shed with a positive response from members of the public who drop in.

Geoff Copping

Obo The Link Friday group.



The shed gives companionship, Shared experiences (of good and bad in life) Advice / support + help.

A sense of belonging and a reason to switch the telly off and go out.

A place where people know you and accept you for the grumpy old bostard that you are. and importantly pleased to see you, even if they say hello you old winkr I thought you was dead.

From all the Shedders old, new and passed we wish you a safe and fun year ahead.

Antony Cullup

In memory of Bill Hubbuck.

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Signature: *Richard Cooke*  
 Print Name: RICHARD COOKE  
 Date of approval: 19/9/24

Signed by one or two trustees on behalf of all the trustees

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	
		-	
		-	
		-	
		-	
		-	
		-	

B5 Liabilities

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Total cash funds	1,134	3,875	-
	-	-	-

(Agree balances with receipts and payments account(s))