

The Mended Foundation
Trustees' Report and Financial Statement
For the Year ending 13 January 2024

Charity No: 1202461

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The Mended Foundation

Legal and Administrative Information

Charity Name: The Mended Foundation

Charity Registration Number: 1202461

Registered Office and Operational Address:

54 ANSTRIDGE ROAD

LONDON

SE9 2LJ

Trustees:

Ogheneruro Kode

Adama Koffi

Namiruke Jalogoh

Bank Details

Account Holder: The Mended Foundation

Address: 54 Anstridge Road, London, SE9 2LJ, GB

Account Number: 49530161

Sort Code: 23-05-80

Accountants:

Novelty Business Solution

124 Island Business Centre

18-36 Wellington Street

Woolwich

London SE18 6PF

Report of the Trustees for the Year Ending 13 January 2024

The trustees present their report and financial statements for the year ending 13 January 2024.

Our Aims and Objectives

Purposes and Aims

The objects of the charity remain focused on addressing critical community needs. For the public benefit, our primary purpose this year was to improve access to mental health support for hesitant African women. By reducing barriers to care, raising awareness, and providing tailored support, we aim to empower women to seek the help they need.

Central to this goal is the establishment of a network of community mental health advocates who can engage directly with women in trusted, familiar spaces.

These advocates work in community centres, places of worship, and social events to offer vital information, emotional support, and resources. Our objective is to break down stigma and hesitation, encouraging women to prioritise their mental health and access professional care when needed.

Ensuring Our Work Delivers Our Aims

We conduct an annual review of our aims, objectives, and activities to evaluate their effectiveness and relevance. This year, our focus has been on identifying and addressing the specific barriers African women face in accessing mental health services. Our efforts included:

- **Raising Awareness:** Through workshops, seminars, and outreach programmes, we educated communities about the importance of mental health.
- **Building a Support Network:** We trained and deployed mental health advocates to engage directly with women in culturally sensitive ways, addressing their unique concerns and providing relatable support.

- **Reducing Barriers:** Collaborating with community leaders and organisations, we addressed misconceptions about mental health and worked to ensure that resources are accessible and non-intimidating.

This review process ensures our activities remain aligned with our stated purposes, allowing us to maximise our impact on the communities we serve. We continually reference the Charity Commission's general guidance on public benefit to ensure our objectives and planned activities contribute to our mission effectively.

Report of the Trustees for the Year Ending 13 January 2024

Members of the board of trustees

Members of the Board of Trustees, and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with charity law, as trustees, we certify that:

So far as we are aware, there is no relevant information of which the company's accountants are unaware; and as the trustees of the charity we have taken all steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the Charity's accountants are aware of that information.

This report has been prepared,

By order of trustees:

Ogheneruro Kode

Chairman Trustees

Statement of Financial Activities (Including Income and Expenditure Account)

Category	Unrestricted Funds (£)	Restricted Funds (£)	Total Funds (£)
Incoming Resources from Generated Funds			
Voluntary Income (Donations)	1,900	0	1,900
Resources Expended			
Costs of Generating Voluntary Income	1,200	0	1,200
Charitable Activities	500	0	500
Governance Costs	150	0	150
Net Incoming Resources Before Other Recognised Gains	50	0	50
Total Funds Carried Forward	50	0	50

The statement of financial activities includes all gains and losses in the year. All incoming resources and expended derive from continuing activities.