

THE MENDED FOUNDATION

England & Wales · Charity number 1202461

Details

Status Registered

Legal form CIO

Registered 2023-03-23

Register [View on the Charity Commission register](#)

Contact

Address 54 Anstridge Road
London
SE9 2LJ

Phone 07861782217

Email jd_akpos@yahoo.co.uk

Activities

Objects: THE OBJECT OF THE CIO IS: TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF PEOPLE LIVING IN ENGLAND, BY: • PROVIDING INFORMATION, ADVICE, SUPPORT AND SIGNPOSTING ABOUT GOOD PHYSICAL AND MENTAL HEALTH AND WELLBEING THROUGHOUT ALL STAGES OF LIFE THROUGH, TRAINING, SEMINARS, WORKSHOPS AND OUTREACH PROJECTS, BOTH ONLINE AND FACE TO FACE; • RAISING AWARENESS OF ISSUES THAT ADVERSELY AFFECT MENTAL HEALTH; • PROVIDING SPECIALIST SUPPORT AND THERAPY FOR PEOPLE EXPERIENCING MENTAL ILL HEALTH, BOTH DIRECTLY AND THROUGH REFERRAL TO SPECIALIST PARTNER ORGANISATIONS; • ADVOCATING FOR INCLUSION OF PEOPLE WITH PHYSICAL DISABILITIES AND IMPAIRMENTS BY COLLABORATING OR PARTNERING WITH OTHER CHARITIES AND ORGANISATIONS.

Activities: Our project addresses the mental health needs of hesitant African women by reducing barriers to care, raising awareness, and providing support. We aim to establish a network of community mental health advocates who will engage with women in community centres, places of worship, and social events. These advocates will offer information, support, and resources to help women overcome their hesitation

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-13	£1,500	£1,350	-	-
2024-01-13	£0	£0	-	-

Trustees

Name	Role	Appointed
Adama Koffi		2023-03-23
Namiruke Jalogoh		2023-03-23
OGHENERURO KODE		2024-04-03

THE MENDED FOUNDATION

England & Wales - Charity number 1202461

Accounts

The Mended Foundation
Trustees' Report and Financial Statement
For the Year ending 13 January 2025

Charity No: 1202461

The Mended Foundation
Trustees' Report and Financial Statement
For the Year ending 13 January 2025

Contents

1. Legal and Administrative Information
2. Report of the Trustees
3. Statement of Financial Activities

The Mended Foundation

Legal and Administrative Information

Charity Name: The Mended Foundation

Charity Registration Number: 1202461

Registered Office and Operational Address:

54 ANSTRIDGE ROAD

LONDON

SE9 2LJ

Trustees:

Ogheneruro Kode

Adama Koffi

Namiruke Jalogoh

Bank Details

Account Holder: The Mended Foundation

Address: 54 Anstridge Road, London, SE9 2LJ, GB

Account Number: 49530161

Sort Code: 23-05-80

Charity Consultant:

Novelty Business Solution

124 Island Business Centre

18-36 Wellington Street

Woolwich

London SE18 6PF

Report of the Trustees for the Year Ending 13 January 2025

The trustees present their report and financial statements for the year ending 13 January 2025.

Our Aims and Objectives

Purposes and Aims

The charity's objectives continue to focus on meeting critical needs within the community. This year, our main purpose was to improve access to mental health support for African women who are often reluctant to seek help. In line with our commitment to public benefit, we have worked to remove barriers, raise awareness, and provide support that is both culturally sensitive and relevant.

A key part of our work has been the development of a network of trained community mental health advocates. These advocates are active in trusted and familiar spaces such as community centres, places of worship, and social gatherings. They provide information, emotional support, and guidance to help women better understand mental health and the services available to them.

Our goal is to reduce stigma, build trust, and encourage women to take care of their mental well-being by seeking help when needed. Through this approach, we aim to empower more women to make informed choices about their mental health and overall wellbeing.

Ensuring Our Work Delivers Our Aims – Annual Return

Each year, we review our aims, objectives, and activities to ensure they remain relevant and effective in meeting our charitable purpose. This year, our review focused on understanding and tackling the specific challenges African women face in accessing mental health support.

We prioritised raising awareness through targeted workshops, community events, and outreach sessions, helping to increase understanding of mental health and reduce stigma.

We also developed a network of trained mental health advocates who engaged with women in trusted, culturally familiar settings, offering practical support and guidance tailored to their needs.

To reduce barriers further, we worked closely with community leaders and local organisations to challenge misconceptions around mental health and ensure our services were accessible, approachable, and culturally appropriate.

This ongoing evaluation helps us stay true to our charitable objectives and ensure our work continues to serve the public benefit. We regularly refer to the Charity Commission's guidance on public benefit to make sure our programmes have a meaningful and positive impact on the communities we support.

Report of the Trustees for the Year Ending 13 January 2025

Members of the board of trustees

Members of the Board of Trustees, and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with charity law, as trustees, we certify that:

So far as we are aware, there is no relevant information of which the company's accountants are unaware; and as the trustees of the charity we have taken all steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the Charity's accountants are aware of that information.

This report has been prepared,

By order of trustees:

Ogheneruro Kode

Chairman Trustees

Winners Community Group CIC

Statement of Financial Activities (Including Income and Expenditure Account)

Category	Funds 2024 (£)	Funds 2025 (£)
Income		
General Donations	£1,900	£1,500
Total Income	£1,900	£1,500
Expenditure		
Costs of Generating Voluntary Income	£1,200	£800
Volunteer Expenses	£0.00	£250
Charitable Activities	£500	£130
Evaluation	£0.00	£50
Governance Costs	£150	£120
Total Expenditure	£1,850	£1,350
Surplus for the Year	£50	£150

The statement of financial activities includes all gains and losses in the year. All incoming resources and expended derive from continuing activities.

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Our Aims and Objectives

Purposes and Aims

The objects of the charity remain focused on addressing critical community needs. For the public benefit, our primary purpose this year was to improve access to mental health support for hesitant African women. By reducing barriers to care, raising awareness, and providing tailored support, we aim to empower women to seek the help they need.

Central to this goal is the establishment of a network of community mental health advocates who can engage directly with women in trusted, familiar spaces.

These advocates work in community centres, places of worship, and social events to offer vital information, emotional support, and resources. Our objective is to break down stigma and hesitation, encouraging women to prioritise their mental health and access professional care when needed.

Ensuring Our Work Delivers Our Aims

We conduct an annual review of our aims, objectives, and activities to evaluate their effectiveness and relevance. This year, our focus has been on identifying and addressing the specific barriers African women face in accessing mental health services. Our efforts included:

- **Raising Awareness:** Through workshops, seminars, and outreach programmes, we educated communities about the importance of mental health.
- **Building a Support Network:** We trained and deployed mental health advocates to engage directly with women in culturally sensitive ways, addressing their unique concerns and providing relatable support.

- **Reducing Barriers:** Collaborating with community leaders and organisations, we addressed misconceptions about mental health and worked to ensure that resources are accessible and non-intimidating.

This review process ensures our activities remain aligned with our stated purposes, allowing us to maximise our impact on the communities we serve. We continually reference the Charity Commission's general guidance on public benefit to ensure our objectives and planned activities contribute to our mission effectively.

Report of the Trustees for the Year Ending 13 January 2024

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By order of trustees:

Ogheneruro Kode

Chairman Trustees

Statement of Financial Activities (Including Income and Expenditure Account)

Category	Unrestricted Funds (£)	Restricted Funds (£)	Total Funds (£)
Incoming Resources from Generated Funds			
Voluntary Income (Donations)	1,900	0	1,900
Resources Expended			
Costs of Generating Voluntary Income	1,200	0	1,200
Charitable Activities	500	0	500
Governance Costs	150	0	150
Net Incoming Resources Before Other Recognised Gains	50	0	50
Total Funds Carried Forward	50	0	50

The statement of financial activities includes all gains and losses in the year. All incoming resources and expended derive from continuing activities.