

Charity No: 1202454

Company No: 10886413

REFLECTEEN

TRUSTEES REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JULY 2025

REFLECTEEN

Report and Accounts for the period ended 31 July 2025

CONTENTS

Charity Information	3
Report of the Trustees	4-7
Independent Examiners' Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to Accounts	16-18
Income and Expenditure Account for the year	19

REFLECTEEN

Charity and Administration Information

Charity Name

Reflecteen

Charity Registration Number

1202454

Registered Number

10886413

Trustees

Yinka Olabampe

Oluwatoyin Orr

Hilma Jordan

Elijah Olla

Marcelina Stengert

Registered Address:

668 Rochdale Road

Manchester

England

M9 5TT

Independent Examiner

Gabriel Christopher & co

Suite 13, Forest House

8 Gainsborough Road

London

E11 1HT

REFLECTEEN

Report of the Trustees for the year ended 31 July 2025

Responsibilities of the Trustees

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable trust as at the balance sheet date and of its incoming resources and applications of resources, including income and expenditure, for the financial year. In preparing those financial statements the Trustees should follow best practice and

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the on- going basis unless it is inappropriate to presume that the charity will continue on that basis.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time financial position of the charity and enables them to ensure that the financial statements comply with Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Board of Trustees

Members of the Board of Trustees, and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with charity law, as trustees, we certify that:

So far as we are aware, there is no relevant information of which the charity's accountants are unaware; and as the trustees of the charity, we have taken all steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the Charity's accountants are aware of that information.

This report has been prepared,
By order of trustees:

Falowo Olabampe

Chairperson, Board of Trustees

Date: 22/08/2025

REFLECTEEN
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ReflecTeen

I report on the accounts of the Trust for the period ended 31 July 2025, which are set out on pages 14 to 19.

RESPECTIVE RESPONSIBILITIES OF THE TRUSTEES AND EXAMINER

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2012 (the 2012 act) and that an independent examination is needed.

It is my responsibility:

- to examine the account under section 145 of the 2012 Act;
- to follow the procedures laid down in the general Direction given by the Charity Commission under section 145(5)(b) of the 2012 Act; and
- to state whether particular matters have come to my attention

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the Accounts presented with those records. It also includes consideration of any unusual items or disclosures in the Accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2012 Act
 - and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2012 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A G Oyewole FCCA

Gabriel Christopher & co
Chartered Certified Accountants
Unit 13, Forest House
8 Gainsborough Road
London
E11 1HT

22/08/2025

ReflecTeen

Delivering a wide range of direct social, educational, mentoring, sports coaching & recreational activities to serve the needs of young people and families in Moston Manchester with a focus on beneficiaries from BAME background and other marginalised communities across Greater Manchester.

Reflecteen – End of Year Impact Report August 2024 – July 2025



Reflecteen is a community-rooted, youth-led organisation working predominantly with Black African heritage families in the Moston and Harpurhey areas of Manchester. Founded by and for the community, our mission is to help children, young people, and older residents thrive through prevention-focused, culturally competent, and strengths-based support.

We work across all ages, reaching over 4,700 people this year through direct services, outreach, advocacy, and community events. Children & Young People: 3,200 reached through youth work, mentoring, creative programmes, sports, and advocacy.

For our wider community work, over 1,500 people were reached through parenting workshops, family mediation, advocacy in schools and social services, and community events and supported through health and wellbeing activities, and intergenerational events.

Our Reach

- 4,700+ people engaged in programmes, support sessions, workshops, and events.
- Children & Young People: 3,200 reached through youth work, mentoring, creative programmes, sports, and advocacy.
- Families & Parents reached: 1,000 engaged through parenting workshops, family mediation, advocacy in schools and social services, and community events.
- Older Community Members: 500 supported through health and wellbeing activities, intergenerational events, and peer support.



Youth Mentoring & Leadership

Through our One-to-One and Peer Mentoring Programme, we supported over 500 young people in setting personal goals, building life skills, and improving school engagement. Many of our peer mentors are former service users, offering relatable role models for younger participants. Our Youth



Leadership Programme trained 18 young leaders in 2024, who went on to co-design and deliver workshops, outreach projects, and sports activities. The Youth Advisory Panel, largely composed of former service users, has had a direct influence on programme design and Board decisions.

We extend our thanks to the Henry Smith Foundation and The National Lottery Community Fund for their generous support towards our core costs.

Activities and interventions Targeted Mentoring

One-to-One Mentoring – Provided over 1,200 hours of tailored support to young people, helping them set and achieve personal goals, build confidence, and improve school engagement. We trained 18 new Youth Leaders, many of whom were former service users, to lead sessions, mentor peers, and serve on our Youth Advisory Panel.

Our Peer Mentoring had more youth champions take on peer mentor roles, co-designing and co-delivering creative workshops, sports activities, and outreach programmes.



Creative & Sports Programmes – Hosted weekly creative arts sessions, football and multi-sport activities, and girls' empowerment groups, engaging over 1,000 young people.

Family Support & Advocacy

Responded to over 200 requests from local schools seeking help in supporting young people from Black African heritage backgrounds. Delivered parenting workshops on communication, child development, and understanding UK laws around discipline and safeguarding. Supported families in navigating the education system, attending school meetings, and addressing behavioural misunderstandings. Worked closely with Social Services in child protection cases, advocating for families and bridging cultural understanding.

School Holidays club and play schemes

We are delighted that we were able to deliver the Holiday Activities and Food for the fourth year, providing holiday activities with healthy hot meals and trips.

We were also able to run additional holiday playschemes to engage young people who do not get free school meals and provide half-term holiday playschemes during February, April, and October.



Sports for Well-being

This year, we continue to see a significant increase in the number of young people engaging in participatory multi-sports activities and have engaged in 18 Football leagues. While we continue to expand participatory sports, including basketball, boxing, tennis, fitness dance, gym circuits, and football sessions.

Intergenerational & Older People's Support

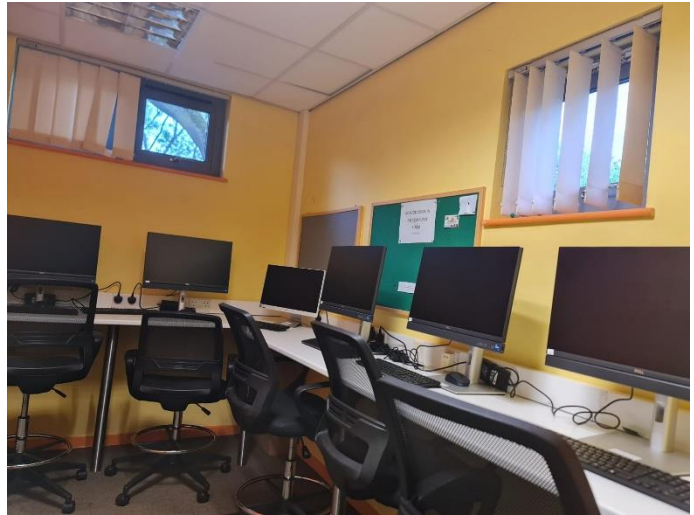
This financial year, ReflecTeen expanded work with older citizens in our community, running Wellbeing walks, and ran intergenerational events bringing young people and older community members together to share skills, traditions, and stories.

Hubs and Facilities

Since taking over the Broadhurst Community Centre, (Surestart building), we continue to seek ways to bring the building to full use. Through support from Access Foundation, ReflecTeen successfully installed an ICT Suite which supports older residents with digital literacy, social connection, and access to health and social services and allows young people to learn digital skills for life and access to technology educational opportunities.



We provided 12 volunteer opportunities for community members to mentor younger people and participate in community leadership.



Youth Voice

ReflecTeen delivers targeted youth and family support through partnerships with local authorities, schools, and community organisations. This year, we engaged over 3,200 children and young people through mentoring, leadership programmes, creative arts, sports, advocacy, and community outreach. Our work focuses on supporting young people and families facing challenges such as:

- Cultural adjustment and integration into UK systems.
- Communication breakdowns between parents and children.
- School exclusion risks, behavioural misunderstandings, and underachievement.
- Experiences of trauma, safeguarding concerns, or domestic conflict.

We collaborate with partners including local schools, youth justice teams, sports clubs, counselling services, and cultural community groups to improve outcomes and widen access to opportunities. Our Youth Advocacy and Family support service has been especially important this year, providing culturally competent support in school meetings, safeguarding cases, and when liaising with social services. This ensures that both young people and their families are heard, understood, and supported.

Community Connector Outreach

Our Community Connector works closely with families, schools, and community hubs to identify needs early and link young people with relevant opportunities, including sports, creative programmes, and wellbeing support. Over the past year, the Connector has helped more than 200 families access services such as education advocacy, neurodiversity assessments, health support, and benefits advice.



Doorstep detached intervention support had over 92 contacts. We delivered practical support with the provision of family essentials, including culturally appropriate food and clothing, along with Health and well-being workshop advice and counselling sessions.

A residential programme in February 2025, providing a structured retreat for young people to engage in leadership and faith development, physical activity, and peer connection.

Reducing Family Conflict

Through our parenting workshops and mediation sessions, we supported over 150 families to improve communication, understand UK safeguarding laws, and navigate the school system. Our culturally informed approach helps reduce conflict, manage emotions, and create safer, more supportive home environments for young people. This work is delivered in partnership with local schools, family support teams, and specialist services, and has resulted in measurable improvements in school attendance, parental engagement, and family stability. We are grateful to the Henry Smith Foundation and The National Lottery Community Fund for grants towards our core costs.

Positive Parenting Stay and Play

Positive parenting programme has significantly evolved this year as we have extended the service to allow parents with toddlers under 5s to access parent support and explore our other various services and targeted interventions to promote positive family relationships and gain techniques to help their children's behaviours within school and supports parents to address specific challenges including practical support, developing skills to support mental well-being, improving school attendance, positive parenting training and skills for employment support.

Practical support

The demand for assistance with the rising living crisis, delivering the Cost-of-Living Crisis project, means that we have steadily increased provision of wraparound services, providing practical support, healthy refreshments and food during our provisions as well as hygiene products. We would like to thank the Hygiene Bank and Funding from the OMfunds that enabled us to provide support directly to families in need particularly during the winter months with the provision of family essential parcel during our annual Christmas party, and well-being support programmes helped us to build strong relationships with our elderly local demography to improve their quality of life.



We aim to intervene early to keep children and young people safe and to reduce risk factors to vulnerability at the earliest stage.



ReflecTeen strategic objectives

ReflecTeen aims to be innovative in in-service delivery which is often shaped by the needs of the people that we serve. Our approach to delivery emphasises prevention and early intervention. Our activities are guided by the voice of young people and set out key strategic objectives:

- To be children, youth and family-focused
- Provide positive activities and infrastructure to support the need of young people.
- Improve skills and experiences of young people to improve life chances Be sustainable

Trustees are pleased to record their appreciation for the team's commitment, hard work and resourcefulness.

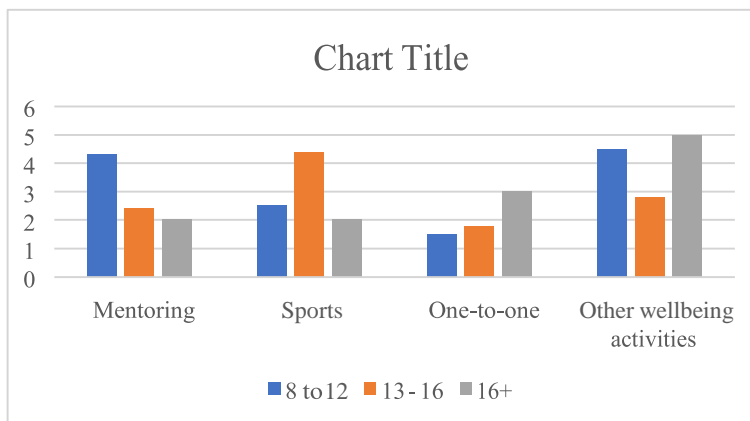
Achievements and Recognitions

- School engagement improved for 78% of young people who received sustained mentoring.
- Increased confidence reported by 85% of participants in our youth leadership programme.
- Stronger family relationships reported by 70% of parents after attending our workshops.
- Cultural awareness increased among local schools and services through our advocacy work.

- Reduced isolation for older members of the community through regular contact and activities.

Learning from 2024/2025

- Cultural competence is not optional – it's critical for effective support.
- Young people thrive when they have a voice in shaping services.
- Intergenerational connection builds stronger, safer communities.
- Prevention-focused work with families reduces crisis interventions later.



Gender: 64% of young people identified as male, 36% identified as female

Looking Ahead to 2025/2026

- Expand our Youth Leadership Programme to reach 30 more young people.
- Increase advocacy support for families in school and social services settings.
- Develop targeted health workshops tackling mental health stigma and health inequalities.
- Strengthen partnerships with local schools and community organisations to widen our reach.

Challenges

There is a pressing need to expand our workforce to meet the demand and reach our engagement goals with high-risk young people and sustain ambitious programming for vulnerable youth. Our ambition as we have seen firsthand the benefit of having small group sessions helps break barriers to invisibility that young people experience in a large group as small group enable them to be more confident to share ideas and feel heard, we seek to continue to have small groups for our different age groups to explore range subject peculiar to their age group and enable a case of softer indicators being explored further.

Plan for the future

The future of our organisation remains positive. In the coming financial year, we aim to sign the legal document for the asset transfer of the Community Hub to ReflecTeen for 25 years. We are committed to finding new ways to strengthen community safety and create opportunities that can be replicated



by other organisations and implemented in diverse communities. Additionally, we will continue to prioritise the recruitment of high-caliber frontline staff to uphold the highest standards in youth work and operations.

Reserves Policy

The Trustees are keen to move towards holding reserves of 6 months of our organisational turnover in the coming financial year.

ReflecTeen is profoundly appreciative to its funders and partners:

Grants & Donations Year Ended 31 July 2025

ACCESS FOUNDATION	37,500.00
BAUER RADIO'S CASH FOR KIDS CHARITIES	950.00
BBC	20,000.00
ESC LOTTERY FUND	15,000.00
GRANT FROM THE ERIC WRIGHT	2,500.00
TLN COMMUNITY FUND MAIN GRANTS.	74,839.00
MANCHESTER ACTIVE, MCRACTIVE PAYMENT	19,770.00
MCC OMFUNDS	15,000.00
MYZ SLA KYWGS	5,250.00
STREETGAMES UK	2,000.00
THE HENRY SMITH	51,600.00
THE MANCHESTER YOUTH ZONE LIMITED	16,561.68
OTHERS	<u>330.00</u>
	261,300.68
	<u><u> </u></u>

REFLECTEEN

Statement of Financial Activities for the year ended 31 July 2025

	Notes	Unrestricted £	Restricted £	2025 Total £	2024 Total £
<u>Incoming Resources</u>					
<i>Incoming resources from generated funds:</i>					
Charitable Activities	2	-	261,301	261,301	240,829
Other income	3	18,288		18,288	10,049
Total Incoming Resources		18,288	261,301	279,589	250,879
<u>Resources Expended</u>					
<i>Charitable expenditure:</i>					
Expenditure on charitable activities	4	-	211,302	211,302	191,145
Administrative and support cost	5	-	19,852	19,852	19,532
Management and governance costs:	6	2,200	-	2,200	2,200
Total Resources expended		2,200	231,154	233,354	212,877
Net Incoming/Outgoing) Resources for the year		16,088	30,147	46,235	38,001
Net Movement in Funds	7	16,088	30,147	46,235	38,001
Total funds brought forward		-	96,574	96,574	58,573
Total funds carried forward		16,088	126,721	142,809	96,574

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

REFLECTEEN

Balance Sheet as at 31 July 2025

	Notes	£	2025 £	£	2024 £
FIXED ASSETS					
Tangible Fixed Assets	8		7,719		2,245
			7,719		2,245
CURRENT ASSETS					
Debtors and prepayment	9	-	-	-	-
Cash at bank and in hand		148,292		103,752	
		<u>148,292</u>		<u>103,752</u>	
CURRENT LIABILITIES					
Creditors: Amount falling due within a year	10	(13,201)		(9,424)	
NET CURRENT ASSETS			<u>135,091</u>		<u>94,329</u>
			142,809		96,574
LONG TERM LIABILITIES					
Creditors: Amount falling due: After more than one year- unrestricted	11		-		-
NET ASSETS	12		<u>142,809</u>		<u>96,574</u>
Unrestricted	13		16,088		-
Restricted	13		<u>126,721</u>		<u>96,574</u>
TOTAL FUNDS			<u>142,809</u>		<u>96,574</u>

Approved by the Trustees and Signed on their behalf:

Signature: *Falowo Olabampe*

Name: Falowo Olayinka Olabampe

Date: 22/08/2025

REFLECTEEN

Notes to the financial statements for the period ended 31 July 2025

ACCOUNTING POLICIES

The accounts have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005 as modified for smaller charities.

1. INCOMING RESOURCES

These are recognised in full in the Statement of Financial Activities in the period in which they are received. Included are income from tithes, offerings and interest received during the year from investments and accounted for as unrestricted funds.

	Unrestricted Fund 2025 £	Restricted Fund 2025 £	Total Fund 2025 £	Total Fund 2024 £
2. Income				
Charitable Activities- Grants	-	261,301	261,301	240,829
	-	261,301	261,301	240,829

3. Other Income

	Unrestricted Fund 2025 £	Restricted Fund 2025 £	Total Fund 2025 £	Total Fund 2024 £
Other Income	18,026		18,026	9,895
Interest Income	263		263	154
	18,288	-	18,288	10,049

COST OF ACTIVITIES IN FURTHERANCE OF CHARITY'S OBJECTS

This comprises all expenditure directly related to the objects of the charity. It also includes the expenditure in support of that activity where material.

4. Charitable Activities

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Staff cost	-	115,547	115,547	84,371
Employer NI	-	10,775	10,775	6,262
Pension	-	5,481	5,481	4,105
Training and DBS expenses	-	51	51	653
Rent and hire expenses	-	13,698	13,698	15,575
Holiday programmes	-	26,805	26,805	45,340
Activities resources	-	1,914	1,914	7,232
Community events and wellbeing programmes		12,208	12,208	11,424
Practical Support	-	4,560	4,560	708
Youth activities	-	19,462	19,462	14,869
Volunteer' expenses	-	800	800	606
	-	211,302	211,302	191,145

5. Administrative and Support cost

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Repairs and maintenance	-	953	953	8,364
Printing and stationery	-	888	888	660
Advertising/ Promotional and Office Costs	-	2,101	2,101	1,724
Subscriptions	-	-	-	477
Motor expenses	-	-	-	1,608
Travel expenses	-	3,866	3,866	2,796
Software and Web Hosting	-	385	385	700
IT Computer Installation expenses	-	7,167	7,167	-
Telephone & internet charges	-	2,589	2,589	1,517
Insurance	-	193	193	193
Sundry expenses	-	15	15	1,000
Depreciation and armotisation	-	1,694	1,694	493
	-	19,852	19,852	19,532

6. Governance Cost

	2025 £	2025 £	2025 £	2024 £
Accountancy fees	2,200	-	2,200	2,200
	2,200	-	2,200	2,200

7. NET MOVEMENT IN FUNDS FOR THE YEAR

	2025 £	2024 £
The net movement in funds for the year is stated after charging:		
Depreciation & armotisation	1,694	493
Accountancy fees	2,200	2,200
	3,894	2,693

8. FIXED ASSETS

	Computer equipment £	Motor Vehicle £	Furniture & Fittings £	Total £
Cost				
At 1 August 2024	5,992	-	-	5,992
Additions in the year	7,167	-	-	7,167
At 31 July 2025	13,159	-	-	13,159
Depreciation				
At 1 August 2024	3,746	-	-	3,746
Charge for the year	1,694	-	-	1,694
At 31 July 2025	5,440	-	-	5,440
Net Book Value				
At 31 July 2025	7,719	-	-	7,719
At 31 July 2024	2,245	-	-	2,245

9. Debtors: Amounts falling due within one year

	2025	2024
	£	£
Debtors	-	-
	-	-

Debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

10. Creditors: Amounts falling due within one year

	2025	2024
	£	£
Accruals	2,182	2,182
Other payables	11,019	7,242
	13,201	9,424

11 Creditors: Amounts falling due after more than one year- unrestricted

	2025	2024
	£	£
Other creditors and accruals	-	-
	-	-

12. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Transfers 2025	Total Funds 2025
	£	£	£	£
Tangible Fixed Assets	-	7,719	-	7,719
Current Assets	-	148,292	-	148,292
Current Liabilities	-	(13,201)	-	(13,201)
Long-term Liabilities	-	-	-	-
	-	142,809	-	142,809

13. Movements in Funds

	At 1 August 2024	Incoming Resources	Outgoing Resources	At 31 July 2025
	£	£	£	£
Restricted Funds:	96,574	279,589	(233,354)	142,809
Total Restricted Funds	96,574	279,589	(233,354)	142,809
Unrestricted Funds:				
General Funds	-	-	-	-
Total Unrestricted Funds	-	-	-	-

13.1 UNRESTRICTED FUNDS

These are grants and donations received or receivable for the objects of the charity without restrictions as to purpose but are available as general funds.

13.2 RESTRICTED FUNDS

Restricted funds are used for the purpose as specified by the donor. Expenditure that meets these criteria are identified.

Income and Expenditure Account for the year ended 31 July 2025

	£	£	2025 £	£	£	2024 £
Income and endowments from:						
Charitable Activities			261,301			240,829
Other Income			<u>18,288</u>			<u>10,049</u>
			279,589			250,879
Less: Overheads						
Premises Costs						
Repairs and maintenance	953			8,364		
		953			8,364	
Administrative expenses-General						
Printing and stationery	888			660		
Advertising/ Promotional and Office Costs	2,101			1,724		
Subscriptions	-			477		
Motor expenses	-			1,608		
Travel expenses	3,866			2,796		
Software and Web Hosting	385			700		
IT Computer installation expenses	7,167			-		
Telephone & internet charges	2,589			1,517		
Insurance	193			193		
Other admin expenses	15			1,000		
		17,205			10,675	
Charitable Activities						
Staff cost	115,547			84,371		
Employer NI	10,775			6,262		
Pension	5,481			4,105		
Training and DBS expenses	51			653		
Rent and hire expenses	13,698			15,575		
Holiday programmes	26,805			45,340		
Activities resources	1,914			7,232		
Community events and wellbeing programmes	12,208			11,424		
Practical Support	4,560			708		
Youth activities	19,462			14,869		
Volunteer' expenses	800			606		
		211,302			191,145	
Professional Fees						
Accountancy fees	2,200			2,200		
		2,200			2,200	
Support Costs						
Depreciation & amortisation	1,694			493		
		1,694			493	
			233,354			212,877
Net income/(expenditure)			<u>65,235</u>			<u>38,001</u>
Total funds brought forward			<u>96,574</u>			<u>58,573</u>
Surplus/(deficit) carried forward			<u>142,809</u>			<u>96,574</u>