

REFLECTEEN

England & Wales · Charity number 1202454

Details

Status	Registered
Legal form	Charitable company
Company number	10886413
Registered	2023-03-23
Register	View on the Charity Commission register

Contact

Address	Reflecteen Hub 310A Lightbowne Road Manchester M40 0FJ
Phone	01619008083
Email	admin@reflecteen.org.uk
Website	www.reflecteen.org.uk

Activities

Objects: TO ACT AS A RESOURCE FOR YOUNG PEOPLE AGED 8 TO 18 LIVING IN THE CITY OF MANCHESTER AND THE METROPOLITAN BOROUGH OF GREATER MANCHESTER BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:-ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;-ADVANCING EDUCATION;-RELIEVING UNEMPLOYMENT;-PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR YOUNG PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.

Activities: Delivering targeted support through mentoring, arts and sports programmes to local children, young people and families.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Bolton
- Bury
- Manchester City
- Oldham
- Rochdale
- Salford City
- Tameside
- Trafford
- Warrington
- Wigan

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£279,589	£233,354	-	-
2024-07-31	£250,879	£212,877	-	-

Trustees

Name	Role	Appointed
Olayinka Olabampe	Chair	2023-03-01
Elijah A Olla		2023-03-02
Hilma Jordan		2023-03-02
Marcelina Stengert		2023-03-02
Oluwatoyin Orr		2023-03-02

REFLECTEEN

England & Wales - Charity number 1202454

Accounts

Charity No: 1202454

Company No: 10886413

REFLECTEEN

TRUSTEES REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JULY 2025

REFLECTEEN

Report and Accounts for the period ended 31 July 2025

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REFLECTEEN

Charity and Administration Information

Charity Name

Reflecteen

Charity Registration Number

1202454

Registered Number

10886413

Trustees

Yinka Olabampe

Oluwatoyin Orr

Hilma Jordan

Elijah Olla

Marcelina Stengert

Registered Address:

668 Rochdale Road

Manchester

England

M9 5TT

Independent Examiner

Gabriel Christopher & co

Suite 13, Forest House

8 Gainsborough Road

London

E11 1HT

REFLECTEEN

Report of the Trustees for the year ended 31 July 2025

Responsibilities of the Trustees

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable trust as at the balance sheet date and of its incoming resources and applications of resources, including income and expenditure, for the financial year. In preparing those financial statements the Trustees should follow best practice and

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the on- going basis unless it is inappropriate to presume that the charity will continue on that basis.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time financial position of the charity and enables them to ensure that the financial statements comply with Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Board of Trustees

Members of the Board of Trustees, and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with charity law, as trustees, we certify that:

So far as we are aware, there is no relevant information of which the charity's accountants are unaware; and as the trustees of the charity, we have taken all steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the Charity's accountants are aware of that information.

This report has been prepared,
By order of trustees:

Falowo Olabampe

Chairperson, Board of Trustees

Date: 22/08/2025

REFLECTEEN
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ReflecTeen

I report on the accounts of the Trust for the period ended 31 July 2025, which are set out on pages 14 to 19.

RESPECTIVE RESPONSIBILITIES OF THE TRUSTEES AND EXAMINER

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2012 (the 2012 act) and that an independent examination is needed.

It is my responsibility:

- to examine the account under section 145 of the 2012 Act;
- to follow the procedures laid down in the general Direction given by the Charity Commission under section 145(5)(b) of the 2012 Act; and
- to state whether particular matters have come to my attention

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the Accounts presented with those records. It also includes consideration of any unusual items or disclosures in the Accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2012 Act
 - and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2012 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A G Oyewole FCA

Gabriel Christopher & co
Chartered Certified Accountants
Unit 13, Forest House
8 Gainsborough Road
London
E11 1HT

22/08/2025

ReflecTeen

Delivering a wide range of direct social, educational, mentoring, sports coaching & recreational activities to serve the needs of young people and families in Moston Manchester with a focus on beneficiaries from BAME background and other marginalised communities across Greater Manchester.



Reflecteen – End of Year Impact Report August 2024 – July 2025

Reflecteen is a community-rooted, youth-led organisation working predominantly with Black African heritage families in the Moston and Harpurhey areas of Manchester. Founded by and for the community, our mission is to help children, young people, and older residents thrive through prevention-focused, culturally competent, and strengths-based support.

We work across all ages, reaching over 4,700 people this year through direct services, outreach, advocacy, and community events. Children & Young People: 3,200 reached through youth work, mentoring, creative programmes, sports, and advocacy.

For our wider community work, over 1,500 people were reached through parenting workshops, family mediation, advocacy in schools and social services, and community events and supported through health and wellbeing activities, and intergenerational events.

Our Reach

- 4,700+ people engaged in programmes, support sessions, workshops, and events.
- Children & Young People: 3,200 reached through youth work, mentoring, creative programmes, sports, and advocacy.
- Families & Parents reached: 1,000 engaged through parenting workshops, family mediation, advocacy in schools and social services, and community events.
- Older Community Members: 500 supported through health and wellbeing activities, intergenerational events, and peer support.



Youth Mentoring & Leadership

Through our One-to-One and Peer Mentoring Programme, we supported over 500 young people in setting personal goals, building life skills, and improving school engagement. Many of our peer mentors are former service users, offering relatable role models for younger participants. Our Youth



Leadership Programme trained 18 young leaders in 2024, who went on to co-design and deliver workshops, outreach projects, and sports activities. The Youth Advisory Panel, largely composed of former service users, has had a direct influence on programme design and Board decisions.

We extend our thanks to the Henry Smith Foundation and The National Lottery Community Fund for their generous support towards our core costs.

Activities and interventions Targeted Mentoring

One-to-One Mentoring – Provided over 1,200 hours of tailored support to young people, helping them set and achieve personal goals, build confidence, and improve school engagement. We trained 18 new Youth Leaders, many of whom were former service users, to lead sessions, mentor peers, and serve on our Youth Advisory Panel.

Our Peer Mentoring had more youth champions take on peer mentor roles, co-designing and co-delivering creative workshops, sports activities, and outreach programmes.



Creative & Sports Programmes – Hosted weekly creative arts sessions, football and multi-sport activities, and girls’ empowerment groups, engaging over 1,000 young people.

Family Support & Advocacy

Responded to over 200 requests from local schools seeking help in supporting young people from Black African heritage backgrounds. Delivered parenting workshops on communication, child development, and understanding UK laws around discipline and safeguarding. Supported families in navigating the education system, attending school meetings, and addressing behavioural misunderstandings. Worked closely with Social Services in child protection cases, advocating for families and bridging cultural understanding.

School Holidays club and play schemes

We are delighted that we were able to deliver the Holiday Activities and Food for the fourth year, providing holiday activities with healthy hot meals and trips.



We were also able to run additional holiday playschemes to engage young people who do not get free school meals and provide half-term holiday playschemes during February, April, and October.



Sports for Well-being

This year, we continue to see a significant increase in the number of young people engaging in participatory multi-sports activities and have engaged in 18 Football leagues. While we continue to expand participatory sports, including basketball, boxing, tennis, fitness dance, gym circuits, and football sessions.

Intergenerational & Older People’s Support

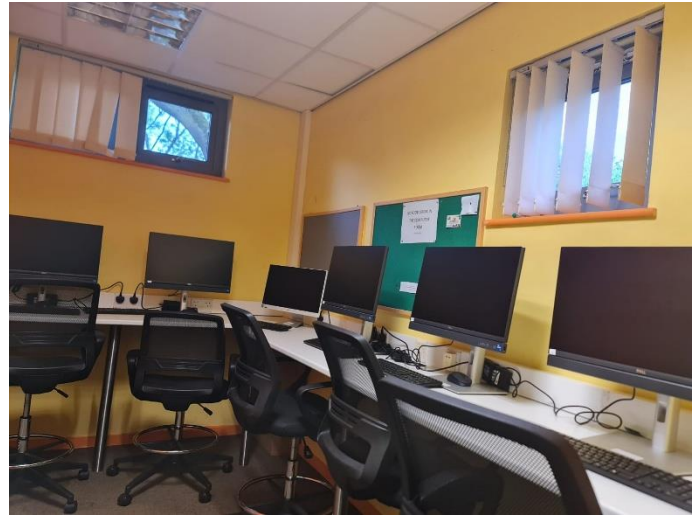
This financial year, ReflecTeen expanded work with older citizens in our community, running Wellbeing walks, and ran intergenerational events bringing young people and older community members together to share skills, traditions, and stories.

Hubs and Facilities

Since taking over the Broadhurst Community Centre, (Surestart building), we continue to seek ways to bring the building to full use. Through support from Access Foundation, ReflecTeen successfully installed an ICT Suite which supports older residents with digital literacy, social connection, and access to health and social services and allows young people to learn digital skills for life and access to technology educational opportunities.



We provided 12 volunteer opportunities for community members to mentor younger people and participate in community leadership.



Youth Voice

ReflecTeen delivers targeted youth and family support through partnerships with local authorities, schools, and community organisations. This year, we engaged over 3,200 children and young people through mentoring, leadership programmes, creative arts, sports, advocacy, and community outreach.

Our work focuses on supporting young people and families facing challenges such as:

- Cultural adjustment and integration into UK systems.
- Communication breakdowns between parents and children.
- School exclusion risks, behavioural misunderstandings, and underachievement.
- Experiences of trauma, safeguarding concerns, or domestic conflict.

We collaborate with partners including local schools, youth justice teams, sports clubs, counselling services, and cultural community groups to improve outcomes and widen access to opportunities. Our Youth Advocacy and Family support service has been especially important this year, providing culturally competent support in school meetings, safeguarding cases, and when liaising with social services. This ensures that both young people and their families are heard, understood, and supported.

Community Connector Outreach

Our Community Connector works closely with families, schools, and community hubs to identify needs early and link young people with relevant opportunities, including sports, creative programmes, and wellbeing support. Over the past year, the Connector has helped more than 200 families access services such as education advocacy, neurodiversity assessments, health support, and benefits advice.



Doorstep detached intervention support had over 92 contacts. We delivered practical support with the provision of family essentials, including culturally appropriate food and clothing, along with Health and well-being workshop advice and counselling sessions.

A residential programme in February 2025, providing a structured retreat for young people to engage in leadership and faith development, physical activity, and peer connection.

Reducing Family Conflict

Through our parenting workshops and mediation sessions, we supported over 150 families to improve communication, understand UK safeguarding laws, and navigate the school system. Our culturally informed approach helps reduce conflict, manage emotions, and create safer, more supportive home environments for young people. This work is delivered in partnership with local schools, family support teams, and specialist services, and has resulted in measurable improvements in school attendance, parental engagement, and family stability. We are grateful to the Henry Smith Foundation and The National Lottery Community Fund for grants towards our core costs.

Positive Parenting Stay and Play

Positive parenting programme has significantly evolved this year as we have extended the service to allow parents with toddlers under 5s to access parent support and explore our other various services and targeted interventions to promote positive family relationships and gain techniques to help their children’s behaviours within school and supports parents to address specific challenges including practical support, developing skills to support mental well-being, improving school attendance, positive parenting training and skills for employment support.



Practical support

The demand for assistance with the rising living crisis, delivering the Cost-of-Living Crisis project, means that we have steadily increased provision of wraparound services, providing practical support, healthy refreshments and food during our provisions as well as hygiene products. We would like to thank the Hygiene Bank and Funding from the OMfunds that enabled us to provide support directly to families in need particularly during the winter months with the provision of family essential parcel during our annual Christmas party, and well-being support programmes helped us to build strong relationships with our elderly local demography to improve their quality of life.

We aim to intervene early to keep children and young people safe and to reduce risk factors to vulnerability at the earliest stage.



ReflecTeen strategic objectives

ReflecTeen aims to be innovative in in-service delivery which is often shaped by the needs of the people that we serve. Our approach to delivery emphasises prevention and early intervention. Our activities are guided by the voice of young people and set out key strategic objectives:

- To be children, youth and family-focused
- Provide positive activities and infrastructure to support the need of young people.
- Improve skills and experiences of young people to improve life chances Be sustainable

Trustees are pleased to record their appreciation for the team’s commitment, hard work and resourcefulness.

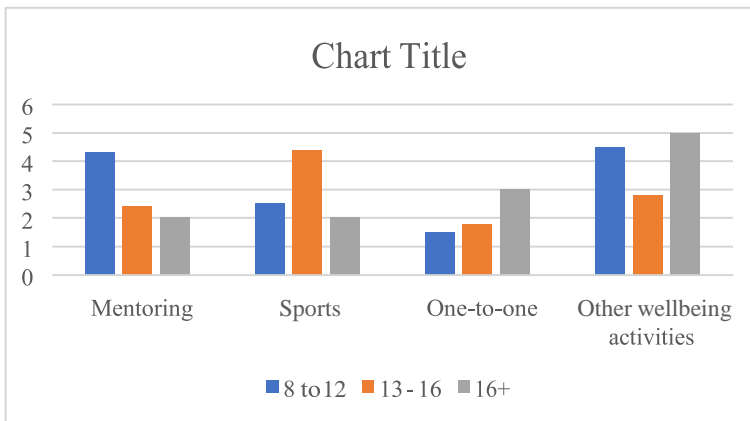
Achievements and Recognitions

- School engagement improved for 78% of young people who received sustained mentoring.
- Increased confidence reported by 85% of participants in our youth leadership programme.
- Stronger family relationships reported by 70% of parents after attending our workshops.
- Cultural awareness increased among local schools and services through our advocacy work.

- Reduced isolation for older members of the community through regular contact and activities.

Learning from 2024/2025

- Cultural competence is not optional – it’s critical for effective support.
- Young people thrive when they have a voice in shaping services.
- Intergenerational connection builds stronger, safer communities.
- Prevention-focused work with families reduces crisis interventions later.



Gender: 64% of young people identified as male, 36% identified as female

Looking Ahead to 2025/2026

- Expand our Youth Leadership Programme to reach 30 more young people.
- Increase advocacy support for families in school and social services settings.
- Develop targeted health workshops tackling mental health stigma and health inequalities.
- Strengthen partnerships with local schools and community organisations to widen our reach.



Challenges

There is a pressing need to expand our workforce to meet the demand and reach our engagement goals with high-risk young people and sustain ambitious programming for vulnerable youth. Our ambition as we have seen firsthand the benefit of having small group sessions helps break barriers to invisibility that young people experience in a large group as small group enable them to be more confident to share ideas and feel heard, we seek to continue to have small groups for our different age groups to explore range subject peculiar to their age group and enable a case of softer indicators being explored further.

Plan for the future

The future of our organisation remains positive. In the coming financial year, we aim to sign the legal document for the asset transfer of the Community Hub to ReflecTeen for 25 years. We are committed to finding new ways to strengthen community safety and create opportunities that can be replicated

REFLECTEEN

Statement of Financial Activities for the year ended 31 July 2025

	Notes	Unrestricted £	Restricted £	2025 Total £	2024 Total £
<u>Incoming Resources</u>					
<i>Incoming resources from generated funds:</i>					
Charitable Activities	2	-	261,301	261,301	240,829
Other income	3	18,288		18,288	10,049
Total Incoming Resources		18,288	261,301	279,589	250,879
<u>Resources Expended</u>					
<i>Charitable expenditure:</i>					
Expenditure on charitable activities	4	-	211,302	211,302	191,145
Administrative and support cost	5	-	19,852	19,852	19,532
Management and governance costs:	6	2,200	-	2,200	2,200
Total Resources expended		2,200	231,154	233,354	212,877
Net Incoming/Outgoing) Resources for the year		16,088	30,147	46,235	38,001
Net Movement in Funds	7	16,088	30,147	46,235	38,001
Total funds brought forward		-	96,574	96,574	58,573
Total funds carried forward		16,088	126,721	142,809	96,574

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

REFLECTEEN
Balance Sheet as at 31 July 2025

	Notes	£	2025 £	£	2024 £
FIXED ASSETS					
Tangible Fixed Assets	8		<u>7,719</u>		<u>2,245</u>
			7,719		2,245
CURRENT ASSETS					
Debtors and prepayment	9	-		-	
Cash at bank and in hand		148,292		103,752	
		<u>148,292</u>		<u>103,752</u>	
CURRENT LIABILITIES					
Creditors: Amount falling due within a year	10	(13,201)		(9,424)	
NET CURRENT ASSETS					
			<u>135,091</u>		<u>94,329</u>
			142,809		96,574
LONG TERM LIABILITIES					
Creditors: Amount falling due: After more than one year- unrestricted	11		-		-
NET ASSETS					
	12		<u>142,809</u>		<u>96,574</u>
Unrestricted	13		16,088		-
Restricted	13		<u>126,721</u>		<u>96,574</u>
TOTAL FUNDS			<u>142,809</u>		<u>96,574</u>

Approved by the Trustees and Signed on their behalf:

Signature: *Falowo Olabampe*

Name: Falowo Olayinka Olabampe

Date: 22/08/2025

REFLECTEEN

Notes to the financial statements for the period ended 31 July 2025

ACCOUNTING POLICIES

The accounts have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005 as modified for smaller charities.

1. INCOMING RESOURCES

These are recognised in full in the Statement of Financial Activities in the period in which they are received. Included are income from tithes, offerings and interest received during the year from investments and accounted for as unrestricted funds.

	Unrestricted Fund 2025 £	Restricted Fund 2025 £	Total Fund 2025 £	Total Fund 2024 £
2. Income				
Charitable Activities- Grants	-	261,301	261,301	240,829
	-	261,301	261,301	240,829

3. Other Income

	Unrestricted Fund 2025 £	Restricted Fund 2025 £	Total Fund 2025 £	Total Fund 2024 £
Other Income	18,026		18,026	9,895
Interest Income	263		263	154
	18,288	-	18,288	10,049

COST OF ACTIVITIES IN FURTHERANCE OF CHARITY'S OBJECTS

This comprises all expenditure directly related to the objects of the charity. It also includes the expenditure in support of that activity where material.

4. Charitable Activities

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Staff cost	-	115,547	115,547	84,371
Employer NI	-	10,775	10,775	6,262
Pension	-	5,481	5,481	4,105
Training and DBS expenses	-	51	51	653
Rent and hire expenses	-	13,698	13,698	15,575
Holiday programmes	-	26,805	26,805	45,340
Activities resources	-	1,914	1,914	7,232
Community events and wellbeing programmes		12,208	12,208	11,424
Practical Support	-	4,560	4,560	708
Youth activities	-	19,462	19,462	14,869
Volunteer' expenses	-	800	800	606
	-	211,302	211,302	191,145

5. Administrative and Support cost

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Repairs and maintenance	-	953	953	8,364
Printing and stationery	-	888	888	660
Advertising/ Promotional and Office Costs	-	2,101	2,101	1,724
Subscriptions	-	-	-	477
Motor expenses	-	-	-	1,608
Travel expenses	-	3,866	3,866	2,796
Software and Web Hosting	-	385	385	700
IT Computer Installation expenses	-	7,167	7,167	-
Telephone & internet charges	-	2,589	2,589	1,517
Insurance	-	193	193	193
Sundry expenses	-	15	15	1,000
Depreciation and armotisation	-	1,694	1,694	493
	-	19,852	19,852	19,532

6. Governance Cost

	2025 £	2025 £	2025 £	2024 £
Accountancy fees	2,200	-	2,200	2,200
	2,200	-	2,200	2,200

7. NET MOVEMENT IN FUNDS FOR THE YEAR

	2025 £	2024 £
The net movement in funds for the year is stated after charging:		
Depreciation & armotisation	1,694	493
Accountancy fees	2,200	2,200
	3,894	2,693

8. FIXED ASSETS

	Computer equipment £	Motor Vehicle £	Furniture & Fittings £	Total £
Cost				
At 1 August 2024	5,992	-	-	5,992
Additions in the year	7,167	-	-	7,167
At 31 July 2025	13,159	-	-	13,159
Depreciation				
At 1 August 2024	3,746	-	-	3,746
Charge for the year	1,694	-	-	1,694
At 31 July 2025	5,440	-	-	5,440
Net Book Value				
At 31 July 2025	7,719	-	-	7,719
At 31 July 2024	2,245	-	-	2,245

9. Debtors: Amounts falling due within one year

	2025	2024
	£	£
Debtors	-	-
	<u>-</u>	<u>-</u>
	<u>-</u>	<u>-</u>

Debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

10. Creditors: Amounts falling due within one year

	2025	2024
	£	£
Accruals	2,182	2,182
Other payables	11,019	7,242
	<u>13,201</u>	<u>9,424</u>

11 Creditors: Amounts falling due after more than one year- unrestricted

	2025	2024
	£	£
Other creditors and accruals	-	-
	<u>-</u>	<u>-</u>

12. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Transfers 2025	Total Funds 2025
	£	£	£	£
Tangible Fixed Assets	-	7,719	-	7,719
Current Assets	-	148,292	-	148,292
Current Liabilities	-	(13,201)	-	(13,201)
Long-term Liabilities	-	-	-	-
	<u>-</u>	<u>142,809</u>	<u>-</u>	<u>142,809</u>

13. Movements in Funds

	At 1 August 2024	Incoming Resources	Outgoing Resources	At 31 July 2025
	£	£	£	£
Restricted Funds:	96,574	279,589	(233,354)	142,809
Total Restricted Funds	<u>96,574</u>	<u>279,589</u>	<u>(233,354)</u>	<u>142,809</u>
Unrestricted Funds:				
General Funds	-	-	-	-
Total Unrestricted Funds	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

13.1 UNRESTRICTED FUNDS

These are grants and donations received or receivable for the objects of the charity without restrictions as to purpose but are available as general funds.

13.2 RESTRICTED FUNDS

Restricted funds are used for the purpose as specified by the donor. Expenditure that meets these criteria are identified.

Income and Expenditure Account for the year ended 31 July 2025

	£	£	2025 £	£	£	2024 £
Income and endowments from:						
Charitable Activities			261,301			240,829
Other Income			<u>18,288</u>			<u>10,049</u>
			279,589			250,879
Less: Overheads						
Premises Costs						
Repairs and maintenance	953			8,364		
		953			8,364	
Administrative expenses-General						
Printing and stationery	888			660		
Advertising/ Promotional and Office Costs	2,101			1,724		
Subscriptions	-			477		
Motor expenses	-			1,608		
Travel expenses	3,866			2,796		
Software and Web Hosting	385			700		
IT Computer installation expenses	7,167			-		
Telephone & internet charges	2,589			1,517		
Insurance	193			193		
Other admin expenses	15			1,000		
		17,205			10,675	
Charitable Activities						
Staff cost	115,547			84,371		
Employer NI	10,775			6,262		
Pension	5,481			4,105		
Training and DBS expenses	51			653		
Rent and hire expenses	13,698			15,575		
Holiday programmes	26,805			45,340		
Activities resources	1,914			7,232		
Community events and wellbeing programmes	12,208			11,424		
Practical Support	4,560			708		
Youth activities	19,462			14,869		
Volunteer' expenses	800			606		
		211,302			191,145	
Professional Fees						
Accountancy fees	2,200			2,200		
		2,200			2,200	
Support Costs						
Depreciation & amortisation	1,694			493		
		1,694			493	
			233,354			212,877
Net income/(expenditure)			<u>65,235</u>			<u>38,001</u>
Total funds brought forward			<u>96,574</u>			<u>58,573</u>
Surplus/(deficit) carried forward			<u>142,809</u>			<u>96,574</u>

REFLECTEEN

England & Wales - Charity number 1202454

Accounts

Charity No: 1202454

Company No: 10886413

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TRUSTEES REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JULY 2024

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Report and Accounts for the period ended 31 July 2024

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Charity and Administration Information

Charity Name

Reflecteen

Charity Registration Number

1202454

Registered Number

10886413

Trustees

Yinka Olabampe

Oluwatoyin Orr

Hilma Jordan

Elijah Olla

Marcelina Stengert

Registered Address:

668 Rochdale Road

Manchester

England

M9 5TT

Independent Examiner

Gabriel Christopher & co

Suite 13, Forest House

8 Gainsborough Road

London

E11 1HT

Report of the Trustees for the year ended 31 July 2024

ReflecTeen

Delivering a wide range of direct social, educational, mentoring, sports coaching & recreational activities to serve the needs of young people and families in Moston Manchester with a focus on beneficiaries from BAME background and other marginalised communities across Greater Manchester.



This financial year, we delivered more wrap around services compared to the previous year, running youth provision for separate age groups - juniors aged 8 to 12 and seniors aged 13 to 18, four days a week. We saw an increase in targeted family support beneficiaries and targeted diversionary work. We intensify more on our doorstep-detached outreach to meet young people who will ordinarily not engage in place-based services. Our transitional youth clubs had newer intakes accessing various Sports, Homework clubs, Reading clubs, Art clubs, Nature Active Gardening club, Group Mentoring, Fitness and Gym. Our after-school club has found its new rhythm this year, and we have reached capacity of 40 participants in each sessions on offer throughout the week. We are delighted to see more parents gaining positive parenting skills with increased attendees at our Positive Parenting Stay and Play sessions.



We have worked with over 206 young people aged 8 to 18 and have indirectly impacted over 3620 wider members of the community through a range of activities throughout the year.

Developing life skills through boxing, multisport, mentoring and gym circuits.

Activities and interventions Targeted Mentoring



Throughout the year ReflecTeen intensified on the provision of diversionary and personal developmental activities in small group mentoring, peer-to-peer and one-on-one mentoring and intensive group activities aimed at those most on the verge of offending, anti-social behaviour or disengagement from learning. Referrals are mainly through local schools, the Early help team and self-referrals.

Our services have been available to young people at times and days when schools and other provisions are closed, this puts us in a unique position to cater for their wellbeing, health and safe space to connect with positive activities and responsible adults.

We continue to extend targeted Skills programmes to young adults who are not in education, training or employment and support for parents and economically inactive young adults aged 18 and over.



Breaking Barriers Together

Having piloted work with the second-tier young people exposed to the impact of youth violence, through funding from the Laureus Sport for Good, we have been able to build on this work expanding our work with a network of 5 local schools working with 34 young people both in Year 6 primary and Yr 7/8 secondary schools in our immediate area around the hub.

We currently are seeking opportunities on how we can sustain this intervention support in the coming year.

School Holidays club and playschemes

We are delighted that we were able to deliver the Holiday Activities and Food scheme (HAF) funded by Manchester City Council McrActive aimed at young people in receipt of free school meals, during Christmas, Easter and Summer breaks. This has enabled us to deliver for a third year providing holiday activities with healthy hot meals and trips. We were also able to run additional holiday playschemes to engage young people who do not get free school meals and provide half- term holiday playschemes during February, April, June and October



Community Safety (Keeping Young People, Women & Girls Safe Project)

This year, ReflecTeen expanded its activities delivering girls and young women only project. Further to our core mentoring support, the launch of our Keeping Women and Girls safe project in partnership with Manchester Youth Zone with three other partners has enabled us to deliver girls only sessions. We are grateful for the Core cost funding from Henry Smith Charity and National Lottery Community Fund highest income since inception which afforded us a three-year grant, which has enabled us the opportunity to sustain our organisational core cost over the past two years. We are now at the third year of the funding; our organisation is now looking to attract longer-term financial support.

Doorstep detached intervention support had over 86 contacts. We delivered practical support with the provision of family essentials including culturally appropriate food, and clothing along with Health, and well- being workshop advice and counselling session.



Sports for Well-being

This year has seen a significant increase in the number of young people engaging in participatory multi-sports activities. We are proud to have been affiliated to the Football Association expanding our football offers while expanding the skills of our young people. We have successfully engaged 164 participants in sports activities such as basketball, boxing, tennis, fitness dance, gym circuits, and football sessions.



Youth Voice

ReflecTeen continue to expand the leadership skill delivering and working closely through activities with aim to expand positive relationships. So far this year we have 8 young leaders in our Youth Advisory Board who have gone through our mentoring support who now influence other young people experiencing the same problems and challenges. Young people are able to express their worries anonymously through the worry jar which further forms the basis of our session planning as we value young peoples' contribution and youth voice to lead and direct our area of delivery.

Positive Parenting Stay and Play

Positive parenting programme has significantly evolved this year as we have extended the service to allow parents with toddlers under 5s to access parent support and explore our other various services and targeted interventions to promote positive family relationships and gain techniques to help their children's behaviours within school and supports parents to address specific challenges including practical support, developing skills to support mental well-being, improving school attendance, positive parenting training and skills for employment

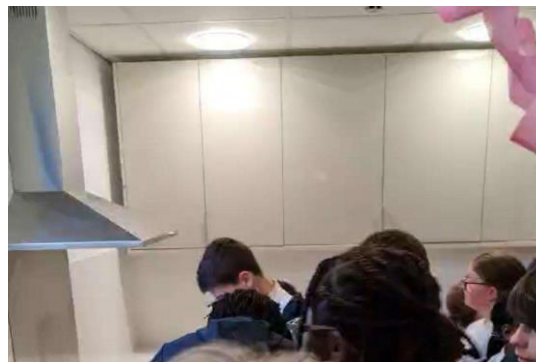
support. Throughout the year, ReflecTeen actively works in partnership and has made new partnership networks to ensure that we continue to serve more young people and families, and also to provide services that draw on the skills of different organisations within the youth sector.

Practical support

The demand for assistance with the rising living crisis, delivering the Cost-of-Living Crisis project means that we have steadily increased provision of wraparound services, providing practical support and hot healthy refreshments and food during our provisions. We constantly require donations of hygiene products and food would like to thank the Hygiene Bank and Funding from the MCC CHEM that enabled us to provide support directly to families in need particularly during the winter months with the provision of family essential parcel during our annual Christmas party and wellbeing support programmes helped us to build strong relationships with our elderly local demography to improve their quality of life.



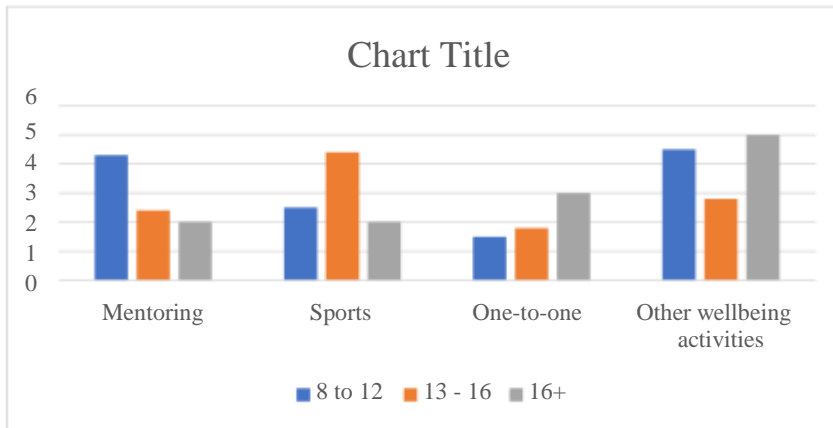
Nature active gardening



Launch of a new Kitchen

Target population

We aim to intervene early to keep children and young people safe and to reduce risk factors to vulnerability at the earliest stage.



Gender: 64% of young people identified as male, 36% identified as female

Hubs and Facilities

Since taking over the Broadhurst Community Centre, a disused Surestart building, we have been able to bring the building to full use. Moreso, updating the building through renovation of the building walls throughout and installation of a New kitchen through funding and support from B&Q Foundation. This has enabled us to provide meals during all our sessions to young people and families in poverty.

ReflecTeen strategic objectives

ReflecTeen aims to be innovative in in-service delivery which is often shaped by the needs of the people that we serve. Our approach to delivery emphasizes prevention and early intervention. Our activities are guided by the voice of young people and set out key strategic objectives:

- To be children, youth and family-focused
- Provide positive activities and infrastructure to support the need of young people.
- Improve skills and experiences of young people to improve life chances
- Be sustainable

Trustees are pleased to record their appreciation for the team’s commitment, hard work and resourcefulness.

Achievements and Recognitions

- Our upmost achievement this year is that we have been able to significantly contribute to an increase in the number of children and young people living healthy, active lives and reducing youth criminal exploitation.
- We have been able to contribute to the social, economic inclusion of children and young people.
- This year, we were featured in BBC Children in Need One Show
- We had visits from numerous Funders including hosting Tim Hollingworth the CEO Sport England, Postcode Lottery, BBCin Grant Team, Laureus & Foot Locker among others.
- We had the BBC crew filmed our project featured on the Backpack Campaign with ReflecTeen young people and staff as the main face of the campaign.
- We won the Streetgames Regional and National award for Doorstep Project

Challenges

There is a pressing need to expand our workforce to meet the demand and reach our engagement goals with high-risk young people and sustain ambitious programming for vulnerable youth. Our ambition as we have seen firsthand the benefit of having small group sessions helps break barriers to invisibility that young people experience in a large group as small group enable them to be more confident to share ideas and feel heard, we seek to continue to have small groups for our different age groups to explore range subject peculiar to their age group and enable a case of softer indicators being explored further.

Plan for the future

The future of our organisation remains positive, but as always, we are reliant on funding and donations. We want to continue to find ways to build community safety and provision of opportunities which can be replicable with other organisations and implemented in various communities. Recruiting high-calibre frontline staff to uphold the quality standards in youth work and operations.

Reserves Policy

The Trustees are keen to move towards holding reserves of 6 months of our organisational turnover in the coming financial year.

ReflecTeen is profoundly appreciative to its funders and partners:



ReflecTeen on BBC One Show



ReflecTeen at Sport Award 2023



Funders Visit at ReflecTeen Hub

REFLECTEEN

Report of the Trustees for the year ended 31 July 2024

Responsibilities of the Trustees

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable trust as at the balance sheet date and of its incoming resources and applications of resources, including income and expenditure, for the financial year. In preparing those financial statements the Trustees should follow best practice and

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the on- going basis unless it is inappropriate to presume that the charity will continue on that basis.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time financial position of the charity and enables them to ensure that the financial statements comply with Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Board of Trustees

Members of the Board of Trustees, and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with charity law, as trustees, we certify that:

So far as we are aware, there is no relevant information of which the charity's accountants are unaware; and as the trustees of the charity, we have taken all steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the Charity's accountants are aware of that information.

This report has been prepared,

By order of trustees:

FalowoOlabampe
Chairperson, Board of Trustees

Date: 12/09/2024

REFLECTEEN INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF

I report on the accounts of the Trust for the period ended 31 July 2024, which are set out on pages 11 to 15.

RESPECTIVE RESPONSIBILITIES OF THE TRUSTEES AND EXAMINER

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2012 (the 2012 act) and that an independent examination is needed.

It is my responsibility:

- to examine the account under section 145 of the 2012 Act;
- to follow the procedures laid down in the general Direction given by the Charity Commission under section 145(5)(b) of the 2012 Act; and
- to state whether particular matters have come to my attention

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the Accounts presented with those records. It also includes consideration of any unusual items or disclosures in the Accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2012 Act
 - and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2012 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A G Oyewole FCCA
Gabriel Christopher & co
Chartered Certified Accountants
Unit 13, Forest House
8 Gainsborough Road
London
E11 1HT

12 Sept 2024

REFLECTEEN

Statement of Financial Activities for the year ended 31 July 2024

	Notes	Unrestricted £	Restricted £	2024 Total £	2023 Total £
<u>Incoming Resources</u>					
<i>Incoming resources from generated funds:</i>					
Charitable Activities	2	240,829	-	240,829	217,530
Other income	3	10,049	-	10,049	
<i>Total Incoming Resources</i>		250,879	-	250,879	217,530
<u>Resources Expended</u>					
<i>Charitable expenditure:</i>					
Expenditure on charitable activities	4	191,145	-	191,145	148,668
Administrative and support cost	5	19,532	-	19,532	9,689
Management and governance costs:	6	2,200	-	2,200	600
<i>Total Resources expended</i>		212,877	-	212,877	158,957
Net Incoming/(Outgoing) Resources for the year		38,001	-	38,001	58,573
<i>Net Movement in Funds</i>	7	38,001	-	38,001	58,573
Total funds brought forward		58,573	-	58,573	
Total funds carried forward		96,574	-	96,574	58,573

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

REFLECTEEN

Balance Sheet as at 31 July 2024

	Notes	£	2024 £	£	2023 £
FIXED ASSETS					
Tangible Fixed Assets	10		2,246		2,738
			2,246		2,738
CURRENT ASSETS					
Debtors and prepayment	11	-		2,038	
Cash at bank and in hand		103,752		57,326	
			103,752	59,364	
CURRENT LIABILITIES					
Creditors: Amount falling due within a year	12	(9,424)		(3,529)	
NET CURRENT ASSETS			94,329		55,835
			96,574		58,573
LONG TERM LIABILITIES					
Creditors: Amount falling due: After more than one year- unrestricted	13		-		-
NET ASSETS	14		96,574		58,573
Unrestricted	15		96,574		58,573
Restricted	15		-		-
TOTAL FUNDS			96,574		58,573

Approved by the Trustees and Signed on their behalf:

Signature: *Falowo Olabampe*

Name: Falowo Olabampe

Date: 12/09/2024

REFLECTEEN

Notes to the financial statements for the period ended 31 July 2024

ACCOUNTING POLICIES

The accounts have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005 as modified for smaller charities.

1. INCOMING RESOURCES

These are recognised in full in the Statement of Financial Activities in the period in which they are received. Included are income from tithes, offerings and interest received during the year from investments and accounted for as unrestricted-funds.

	Unrestricted Fund 2024 £	Restricted Fund 2024 £	Total Fund 2024 £	Total Fund 2023 £
2. Income				
Charitable Activities- Grants	240,829	-	240,829	217,530
	<u>240,829</u>	<u>-</u>	<u>240,829</u>	<u>217,530</u>

3. Other Income

	Unrestricted Fund 2024 £	Restricted Fund 2024 £	Total Fund 2024 £	Total Fund 2023 £
Other Income	9,895	-	9,895	-
Interest Income	154	-	154	-
	<u>10,049</u>	<u>-</u>	<u>10,049</u>	<u>-</u>

COST OF ACTIVITIES IN FURTHERANCE OF CHARITY'S OBJECTS

This comprises all expenditure directly related to the objects of the charity. It also includes the expenditure in support of that activity where material.

4. Charitable Activities

	2024 Unrestricted Funds £	2024 Restricted Funds £	2024 Total Funds £	2023 Total Funds £
Staff cost	84,371		84,371	55,492
Employer NI	6,262		6,262	-
Pension	4,105		4,105	-
Training and DBS expenses	653		653	256
Rent and hire expenses	15,575		15,575	13,604
Holiday programmes	45,340		45,340	36,092
Activities resources	7,232		7,232	8,272
Community events and wellbeing programmes	11,424		11,424	7,329
Practical Support	708		708	3,850
Youth activities	14,869		14,869	23,252
Volunteer' expenses	606		606	521
	<u>191,145</u>	<u>-</u>	<u>191,145</u>	<u>148,668</u>

5. Administrative and Support cost

	2024 Unrestricted Funds £	2024 Restricted Funds £	2024 Total Funds £	2023 Total Funds £
Repairs and maintenance	8,364		8,364	538
Printing and stationery	660	-	660	365
Advertising/ Promotional and Office Costs	1,724	-	1,724	90
Subscriptions	477		477	-
Motor expenses	1,608		1,608	-
Travel expenses	2,796	-	2,796	271
Software and Web Hosting	700		700	1,221
Telephone & internet charges	1,517	-	1,517	1,518
Insurance	193		193	2,185
United UTI	-	-	-	872
Other employment costs	-	-	-	1,202
Sundry expenses	1,000	-	1,000	742
Depreciation and amortisation	493	-	493	685
	19,532	-	19,532	9,689

6. Governance Cost

	2024 £	2024 £	2024 £	2023 £
Accountancy fees	2,200	-	2,200	600
	2,200	-	2,200	600

7. NET MOVEMENT IN FUNDS FOR THE YEAR

The net movement in funds for the year is stated after charging:

	2024£	2023£
Depreciation & amortisation	493	685
Accountancy fees	2,200	600
	2,693	1,285

10. FIXED ASSETS

	Computer equipment £	Motor Vehicle £	Furniture & Fittings £	Total £
Cost				
At 1 August 2023	5,992	-	-	5,992
Additions in the year	-	-	-	-
At 31 July 2024	5,992	-	-	5,992
Depreciation				
At 1 August 2023	3,253	-	-	3,253
Charge for the year	493	-	-	493
At 31 July 2024	3,746	-	-	3,746
Net Book Value				
At 31 July 2024	2,245	-	-	2,245
At 31 July 2023	2,738	-	-	2,738

11. Debtors: Amounts falling due within one year

	2024	2023
	£	£
Debtors	-	2,038
	-	2,038

Debtors' are recognised at the settlement amount. Prepayments are values at the amount prepaid.

12. Creditors: Amounts falling due within one year

	2024	2023
	£	£
Accruals	2,182	582
Other payables	7,242	2,947
	9,424	3,529

13 Creditors: Amounts falling due after more than one year- unrestricted

	2024	2023
	£	£
Other creditors and accruals	-	-
	-	-

14. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Transfers 2024	Total Funds 2024
	£	£	£	£
Tangible Fixed Assets	2,245	-	-	2,245
Current Assets	103,752	-	-	103,752
Current Liabilities	(9,424)	-	-	(9,424)
Long-term Liabilities	-	-	-	-
	96,574	-	-	96,574

15. Movements in Funds

	At 1 August 2023	Incoming Resources	Outgoing Resources	At 31 July 2024
	£	£	£	£
Restricted Funds:	-	-	-	-
Total Restricted Funds	-	-	-	-
Unrestricted Funds:				
General Funds	58,573	250,879	(212,877)	96,574
Total Unrestricted Funds	58,573	250,879	(212,877)	96,574

15.1 UNRESTRICTED FUNDS

These are grants and donations received or receivable for the objects of the charity without restrictions as to purpose but are available as general funds.

15.2 RESTRICTED FUNDS

Restricted funds are used for the purpose as specified by the donor. Expenditure that meets these criteria is identified to the fund.

Income and Expenditure Account for the year ended 31 July 2024

	£	£	2024 £	£	£	2023 £
Income and endowments from:						
Charitable Activities			240,829			217,530
Other Income			<u>10,049</u>			-
			250,879			217,530
Less: Overheads						
Premises Costs						
Repairs and maintenance	8,364			<u>538</u>		
		8,364			538	
Administrative expenses-General						
Printing and stationery	660			365		
Advertising/ Promotional and Office Costs	1,724			90		
Subscriptions	477			-		
Motor expenses	1,608			-		
Travel expenses	2,796			271		
Software and Web Hosting	700			1,221		
Telephone & internet charges	1,517			1,518		
Insurance	193			2,185		
United UTI	-			872		
Other employment costs	-			1,202		
Sundry expenses	1,000			742		
		<u>10,675</u>			<u>8,466</u>	
Charitable Activities						
Staff cost	84,371			55,492		
Employer NI	6,262			-		
Pension	4,105			-		
Training and DBS expenses	653			256		
Rent and hire expenses	15,575			13,604		
Holiday programmes	45,340			36,092		
Activities resources	7,232			8,272		
Community events and wellbeing programmes	11,424			7,329		
Practical Support	708			3,850		
Youth activities	14,869			23,252		
Volunteer' expenses	606			521		
		191,145			148,668	
Professional Fees						
Accountancy fees	2,200			<u>600</u>		
		2,200			600	
Support Costs						
Depreciation & amortisation	493			<u>685</u>		
		493			685	
			<u>212,877</u>			<u>158,957</u>
Net income/(expenditure)			38,001			58,573
Total funds brought forward			<u>58,573</u>			-
Surplus/(deficit) carried forward			<u>96,574</u>			<u>58,573</u>



Our youth can be exceptionally great - knowing them is key