

Registered charity number
1202392

Kingswood United CIO

Report and Accounts

31 March 2024

Kingswood United CIO
Registered charity number: 1202392
Trustees' annual report

The trustees present their report and accounts for the period ended 31 March 2024.

Principal address

The company's principal address is Kinloss Garth, Bransholme, Hull, HU7 4LY.

Objectives and activities

The company's principal activity is to promote physical and mental health, through the fitness of the local community and surrounding area.

Trustees

The following persons served as trustees during the period:

Sarah Weichardt	(Appointed 20 March 2023)
Louise Dyas	(Appointed 20 March 2023)
Chris Joynson	(Appointed 4 December 2023)
Claire Purdue	(Appointed 17 July 2024)
Michael Corlyon	(Appointed 17 July 2024)

Independent examiner

Jonathan Parkin, Parkin Business Services Ltd, 2 Shepherds Lea, Beverley, HU17 8UU.

Governance and management

The charity is operated under the rules of its CIO Association adopted 20 March 2023.

Trustees are voted in at a committee meeting and agree to serve and adopt all company policies.

Public benefit statement

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit, "Charities and Public Benefit".

Summary of the main activities undertaken for the public benefit

During the past twelve months we have undertaken a number of different activities and sessions to help and support the local community. These have included "Sport and talk" sessions which combine sport with discussions to help children and young people with their physical and mental health, "Multi-sport sessions" allowing children to participate in a range of different sports in a safe and relaxed environment, "CPD sessions" offering accredited First Aid and Mental Health First Aid courses to sports coaches and adults within the local community and "School holiday sports camps" offering sports provision to children and young people during school holiday time. All of our sessions have helped children and young people to engage in sports whilst improving their well-being in a safe environment.

Summary of the main achievements during the period

Over the course of the year we have been able to provide over 200 free sports sessions to children and young people in the local area. Alongside this we have provided holiday camps which have seen over 30,000 active minutes of sport taking place (based on numbers attending). Participation in sports from our sessions has increased by 50% over the year with numbers continuing to increase. Our sessions have ensured that there have been more children being active in physical activity as well as fewer children taking part in anti-social activities.

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The charity's policy on reserves

We keep a reserve of three months wages for staff in case we need them.

Signed on behalf of the charity's trustees:

Sarah Weichardt
20 August 2024

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Independent examiner's report to the trustees of
Kingswood United CIO

I report on the accounts of the charity, which are set out on pages 4 to 6.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed:

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- follow the procedures laid down in the general directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements the 2011 Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed
Jonathan Parkin
Employee of Parkin Business Services Ltd
20 August 2024

Kingswood United CIO
Income and expenditure account
for the period from 20 March 2023 to 31 March 2024

	2024
	£
Income	
Grants received	35,150
Kingswood Utd for rent, utilities etc	3,488
Donations	524
Soccer Camp	2,960
Interest	52
	<hr/> 42,174
Administrative expenses	
Employee costs:	
Staff salaries	15,600
Staff training and welfare	3,471
	<hr/> 19,071
Premises costs:	
Rent	1,667
Light and heat	893
Waste disposal	598
	<hr/> 3,158
General administrative expenses:	
Subscriptions	657
Insurance	1,549
Equipment expensed	412
Software	63
Donations	200
	<hr/> 2,881
Legal and professional costs:	
Accountancy fees	750
Legal & professional fees	600
	<hr/> 1,350
	<hr/> 26,460
Net surplus for the period	<hr/> 15,714

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Statement of Assets and Liabilities
as at 31 March 2024

	Notes	2024 £
Current assets		
Current a/c	299	
Deposit a/c	17,045	
	<hr/> 17,344	
Creditors: amounts falling due within one year	3 (1,630)	
Net current assets	<hr/>	15,714
Reserves		<hr/> 15,714
Net surplus for the period		<hr/> 15,714

Kingswood United CIO
Notes to the Accounts
for the period from 20 March 2023 to 31 March 2024

1 Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during a period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2 Grants & donations	2024
	£
National Lottery Community Fund	10,000
The Sir James Reckitt Charity	7,500
The Brelms Trust	6,000
Hull City Council	5,000
The Liz and Terry Bramhall Foundation	5,000
The Alchemy Foundation	1,000
Sundry	650
	<u>35,150</u>

3 Creditors: amounts falling due within one year	2024
	£
Accruals	750
Taxation and social security costs	880
	<u>1,630</u>

4 Trustees' remuneration

Trustees received no expenses, remuneration or benefits in this period.