

ANNUAL REPORT AND ACCOUNTS 2023/24



Report of the Trustees for the Period 16th March 2023 to 30th June 2024

The trustees present their annual report and financial statements of the charity for the period ended **30th June 2024**. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard Applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Reference and Administrative Information

Charitable Incorporated Organisation Name: Moss Bank Foundation

Charitable Incorporated Organisation Number: 1202367

Date Registered: 16th March 2023

Trustees Serving During the Year to 30th June 2024:

- Andrew Kearney (Chair)
- Marcus Howarth (Secretary)
- Craig Hardman (Trustee)

Secretary Contact Details

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Bankers

Bank Name: Lloyds Bank

Sort Code: 30-99-50

Objectives and Activities

Moss Bank Foundation exists to **promote community participation in healthy recreation**, particularly through football and other sports. The Foundation plays a key

role in **providing opportunities for young people up to the age of 25**, offering advice, assistance, and structured programs that foster development and engagement.

The charity's objectives, as outlined by the Charity Commission, include:

1. **Promoting healthy recreation** by offering facilities for football and other sports that encourage well-being and community involvement.
2. **Supporting young people** by organising educational and physical activities aimed at:
 - Developing essential life skills, confidence, and resilience.
 - Providing pathways into employment and further education.
 - Encouraging participation in society as independent and responsible individuals.
3. **Creating inclusive recreational spaces** for disadvantaged groups, ensuring that those affected by financial hardship, disability, or social circumstances can engage in meaningful activities that improve their quality of life.

Moss Bank Foundation aligns these objectives with community needs, ensuring every initiative maximises impact, creates inclusivity, and strengthens grassroots development.

Structure, Governance, and Management

Moss Bank Foundation is a **Charitable Incorporated Organisation** governed by its constitution, registered under the Charity Commission. The Foundation operates under a transparent governance structure, where trustees provide strategic oversight and ensure adherence to ethical and legal responsibilities.

Appointment of Trustees

As outlined in the constitution, trustees are elected annually during the Annual General Meeting. They serve a term of three years and retire by rotation, with the option to stand for re-election.

Trustee Induction and Training

New trustees receive an induction covering governance structures, charity policies, and operational frameworks. Training sessions ensure trustees understand their role in shaping the Foundation's impact and long-term sustainability.

Operational Framework and Community Engagement

Moss Bank Foundation collaborates with local and regional stakeholders to **create inclusive, safe spaces for young people** through football and other structured activities. The Foundation operates through a partnership approach, ensuring shared learning, resource efficiency, and a unified effort in addressing community needs.

Key Partnerships and Collaborations

Moss Bank Foundation works alongside:

- Local schools and educational institutions to provide coaching programs.
- Sports development organisations to improve grassroots football accessibility.
- Mental health and well-being groups to support young people holistically.
- Local businesses and sponsors who contribute to community projects.
- Educational settings to offer learning opportunities via media, media productions, computers, knife crime, themed topic up to date societal awareness sessions.

This partnership model creates **economic sustainability, shared expertise, and a positive impact on disadvantaged groups**, ensuring every initiative contributes to long-term community development.

Achievements from March 2023 to June 2024

During this period, Moss Bank Foundation successfully:

- Secured funding to maintain 12-acre grass facilities and improve the facility.
- Delivered **28 coaching sessions per week**, benefiting over **460 children** in safe and inclusive environments.
- Expanded sponsorship opportunities, including **Naming Rights and shirt sponsorship**, strengthening financial stability.
- Hosted structured CPD sessions to **empower young and female coaches**, reinforcing inclusivity and skill development.
- Celebrated Volunteer and sponsorship appreciation with a recognition night.
- Celebrated young people's achievements with a whole organisation presentation day.

These initiatives directly contribute to the Foundation's mission, creating lasting opportunities for young people and ensuring grassroots football, sport remains accessible to all.

Looking Ahead

Moss Bank Foundation remains committed to **building a sustainable framework for grassroots football multi-sports**, ensuring diversity, inclusivity, and long-term community engagement. Future plans include:

- Further **expansion of coaching programs** to reach underrepresented groups.
- Enhancing **mentorship opportunities** for aspiring coaches.
- Strengthening **fundraising strategies** to support large-scale community projects.
- More opportunities for young people to develop other skills in sports including media, coaching other sports, and other links with supporting organisations.

With continued collaboration, financial support, and dedicated leadership, Moss Bank Foundation will **continue to uplift communities, empower young people, and transform lives through sport**.

VOLUNTEER COACHING CPDS MARCH, MAY, JULY, SEPT, NOVEMBER 2023 – MARCH, MAY 24

Moss Bank Foundation: Empowering Volunteers, Strengthening Community Football

Volunteers are the backbone of grassroots football, and the Moss Bank Foundation is committed to supporting those who dedicate their time and passion to coaching and mentoring young players. Through its comprehensive approach, the foundation ensures that volunteers receive the necessary resources, guidance, and recognition they deserve, all while fostering a safe and inclusive environment for young athletes.

Continuous Professional Development (CPD) in Coaching

The Moss Bank Foundation understands that effective coaching is key to nurturing talent and establishing a love for the game. Volunteer coaches are provided with access to CPD opportunities, equipping them with the latest coaching methodologies, technical skills, and leadership training. Through workshops, mentoring programs, and educational resources, volunteers can enhance their knowledge and refine their coaching abilities, ensuring they provide high-quality guidance to young players.



Creating a Safe and Supportive Environment

Young players thrive in an environment where they feel secure and supported. The foundation places safety at the forefront, ensuring that all volunteer coaches undergo necessary safeguarding measures such as Disclosure and Barring Service (DBS) checks. Additionally, structured coaching frameworks, welfare policies, and access to experienced mentors reinforce a culture of protection, allowing players to develop in a positive and secure atmosphere.

Encouraging Diversity and Inclusion in Coaching

Moss Bank Foundation is committed to widening access to coaching opportunities for individuals from all backgrounds. The foundation actively promotes pathways for female coaches, young aspiring leaders, and those from culturally and ethnically diverse communities, ensuring that everyone has the chance to enhance their learning and participation. By breaking down barriers to entry, the foundation fosters a richer and more inclusive footballing environment where different perspectives and experiences contribute to the development of the game.

Recognising Volunteer Contributions

Acknowledging the dedication of volunteers is central to the foundation's ethos. Coaching is more than delivering training sessions—it's about building confidence, discipline, and teamwork. Moss Bank Foundation ensures that volunteers are valued and celebrated, whether through awards, appreciation events, or community recognition initiatives. Their hard work and commitment play a crucial role in shaping the future of young footballers.

Providing Resources and Support

The foundation actively equips volunteers with the essentials needed to succeed, offering access to coaching kits, mentorship programs, and ongoing CPD opportunities. All volunteer coaches benefit from guidance, safeguarding support, and structured learning pathways designed to help them grow and develop.

Through its unwavering commitment to volunteers and young people, Moss Bank Foundation continues to strengthen grassroots football via Moss Bank Junior Football Club. By supporting those who dedicate their time to coaching, and ensuring inclusivity in all its initiatives, the foundation is not only enhancing the sport but also embracing a sense of belonging and opportunity within the community.



Review 1: The Impact of CPDs on Coaching

Keith – Volunteer Coach

"CPDs have been invaluable in shaping me into a more effective coach at Moss Bank Junior Football Club. The structured courses not only refine my tactical knowledge but also strengthen my understanding of child development, inclusivity, and engagement. Before undertaking CPDs, I focused mainly on drills and techniques, but now, I approach sessions with a deeper understanding of how young players learn and grow."

One of the best aspects of Moss Bank is how CPDs are encouraged to ensure continuous growth among coaches. The club creates an environment where learning never stops, and that directly benefits the children we coach. Every session now feels more impactful, and I feel more confident in my ability to nurture young players beyond just their football skills. CPDs here are more than just training; they're a commitment to giving every child the best experience possible."

Review 2: The Rewarding Journey of Volunteer Coaching

Catherine – Volunteer Coach

“Coaching at Moss Bank Junior Football Club has been one of the most fulfilling experiences of my life. Football is more than just a sport here—it’s a tool for empowerment, personal growth, and community engagement. The club thrives on the energy and dedication of its volunteers, and being a part of this team has been incredibly rewarding.

Working with young players from diverse backgrounds has shown me the importance of structured coaching in building confidence and resilience. The support from CPDs, fellow coaches, and the wider community ensures that every child feels valued and encouraged. Seeing the kids progress, not just in football but in their overall development, makes every moment worth it. Moss Bank isn’t just a football club—it’s a family, and volunteering here is a chance to make a genuine difference.”

HATCHLINGS AND LITTLE GREEN DRAGONS SESSIONS 2023 FUNDED BY SPORTEd UK (BARCLAYS)

Moss Bank Foundation Secures SportsEd Grant to Boost Young Coaches and Female Coaches

Moss Bank Foundation has received a grant from SportsEd to support 26 sessions marking a significant step in its commitment to developing young and female coaches within grassroots football. The funding is set to enhance coaching for the Little Green Dragons and Hatchlings sessions, which focus on ABC—Agility, Balance, and Coordination—along with the fundamental skills needed to enjoy and grow within the sport.



Empowering Coaches, Strengthening the Community

The SportsEd grant has been instrumental in providing essential resources for coach development. Young coaches and female coaches have been given opportunities to expand their knowledge through structured training, mentorship, and practical coaching experience, ensuring they are equipped with the skills necessary to guide young players in a fun and safe environment.

Investing in Grassroots Football

The funding has helped cover the costs of session hire, new equipment purchases, and the delivery of tailored training workshops, all aimed at improving the quality of early football education. By creating an inclusive coaching network, Moss Bank Foundation continues to break down barriers, making football more accessible and welcoming to diverse coaching talent.



Creating a Positive Environment for Young Players

Through the Little Green Dragons and Hatchlings sessions, young footballers are introduced to the game in an enjoyable, structured way, focusing on movement skills, teamwork, and confidence-building. With well-supported coaches leading the way, every child benefits from quality instruction and encouragement, ensuring they develop both on and off the pitch.

The Moss Bank Foundation remains committed to nurturing coaching talent and creating inclusivity within community football. This grant from SportsEd reinforces its dedication to providing development opportunities that will shape the next generation of football leaders and inspire more young people to embrace the sport.



Parent Testimonials

N, Mother of a 4-Year-Old

"The Little Green Dragons sessions have been an absolute joy for my son. He's always been full of energy, but this has given him a structured and fun way to develop his movement skills. The coaches are amazing—so encouraging and patient. I love that he's learning ABC (Agility, Balance, Coordination) while also making new friends. It's been brilliant to see his confidence grow!"

S, Mother of a 3-Year-Old

"I was a little nervous about my daughter joining a football-based session, but it has been wonderful! The coaches make sure every child feels welcome and included, and she comes home excited to show me the new things she's learned. The fact that female coaches and young mentors are involved really reassures me—it's a great environment for all children to thrive."

A, Father of a 5-Year-Old

"My son has never been this excited for an activity before! Every week, he looks forward to the Dragons sessions. The mix of movement, learning, and fun makes it such an engaging experience for the kids. As a parent, I really appreciate how well-structured and safe the program is. Plus, it's fantastic to see local young coaches being supported through the football club—it's truly a community-driven initiative."

Child Testimonials

D, Age 3

"I like the games! We run really fast, and I get to kick the ball. My coach says I'm really good!"

E, Age 5

"I love football! We play lots of fun games, and my coach helps me learn new tricks. I made lots of friends, and I can run super fast now!"

These testimonials reflect the positive impact of the sessions on both children and parents, reinforcing the Moss Bank Foundation's commitment to reaffirming a fun, inclusive, and safe football environment.

MENTAL HEALTH AND ADDICTION PRESENTATION BY BRIAN McDERMOTT - EX ARSENAL PLAYER, READING AND LEEDS MANGAER



Brian McDermott's Talk on Alcoholism and Mental Health: A Powerful Evening of Awareness and Inclusion

On 9th August 2023, Moss Bank Foundation hosted an important and heartfelt discussion on alcoholism and mental health, led by former Reading FC manager Brian McDermott. This event was designed not only to raise awareness but to have an inclusive space where members of the community—particularly those from disadvantaged backgrounds—could engage in meaningful dialogue on addiction and its impact.



A Conversation That Resonated Deeply

McDermott's candid reflection on his struggles with alcoholism and mental health resonated powerfully with the audience, which was made up of adults from some of the most disadvantaged areas in the community. His honesty about the pressures of football management, personal challenges, and the realities of addiction helped break the stigma surrounding these issues.

Attendees listened attentively as he spoke about the importance of seeking help, addressing mental health proactively, and understanding addiction as a societal issue rather than an individual failing. His words sparked deep reflection, reinforcing the need for open conversations about mental well-being.



An Evening of Support and Engagement

To ensure accessibility and inclusivity, Moss Bank Foundation provided food and refreshments for all attendees, creating a welcoming environment for meaningful

discussions. Beyond McDermott's talk, the evening was an opportunity for the Foundation to reaffirm its mission of including every member of the community—especially parents of younger members who might be facing their own challenges but often lack platforms to voice their concerns.

By hosting themed discussions and openly addressing stigma, Moss Bank Foundation continues to provide safe spaces where people feel heard, supported, and empowered to seek help when needed.

A Lasting Community Impact

The event reinforced the Foundation's ongoing commitment to tackling difficult topics while ensuring that no member of the community feels alone in their struggles. Through powerful discussions like this, the Foundation continues to build an environment where education, awareness, and compassion drive change.

Brian McDermott's presentation left a lasting impression on all in attendance, serving as a reminder that recovery is possible and that communities play a vital role in supporting those who are struggling. Moss Bank Foundation remains at the forefront of this mission, ensuring that every individual—regardless of background—has access to knowledge, support, and a network that truly cares.

CHILDREN'S MENTAL HEALTH AWARENESS WEEK – MARCH 2023

Building Strength from Within: Phenicks Division's Mental Health Workshop for Children

As part of **Children's Mental Health Awareness Week**, **Phenicks Division** delivered an inspiring and action-packed session focused on the importance of **physical health, resilience, and mental well-being** for young people. Led by seasoned professionals with an **ex-army background**, the session incorporated elements of military-style training, designed to instil discipline, teamwork, and inner strength—all while ensuring young participants had fun and felt supported in their journey toward better mental health.



Strength of Body, Strength of Mind

Central to the workshop was the message that **physical health and mental strength go hand in hand**. Through dynamic activities structured around **teamwork, respect, and social interaction**, children engaged in exercises that challenged them physically while reinforcing the importance of a **healthy mindset**. Wearing army-style training gear, participants tackled obstacle courses and teamwork drills that highlighted the **importance of resilience, determination, and mutual support**—key values instilled in military training but equally essential in everyday life.



The Power of Communication and Inner Strength

One of the session's key themes was encouraging young people to recognise their **inner strength** and understand that **it's always good to talk**. Through group discussions and interactive challenges, children learned the significance of **expressing emotions, leaning on trusted friends and mentors, and supporting each other in times of difficulty**. The structured but encouraging environment provided the perfect opportunity for them to **build confidence and self-esteem**, reinforcing the idea that **mental health is just as important as physical well-being**.

Fun, Engagement, and Community

Despite the military-style setup, **the session was filled with energy, excitement, and laughter**, ensuring that participants felt comfortable and motivated to take part. **Phenicks Division successfully blended structure with creativity**, ensuring that young people left not only **physically invigorated** but **mentally empowered**. The interactive drills, alongside strong team encouragement, created an environment where children felt **safe, engaged, and included**—values at the heart of Children's Mental Health Awareness Week.

A Lasting Impact

As the session drew to a close, one thing was clear: **Phenicks Division's approach to mental health awareness goes beyond conversation—it's about action, strength, and positive reinforcement**. By integrating **physical activity, teamwork, resilience-**

building, and open communication, the workshop delivered a **powerful message of self-confidence and well-being** that will stay with participants long after the session.

Moss Bank Foundation's drive to **include all members of the community**, including young people and their families, ensures that mental health remains an open discussion rather than a silent struggle. Initiatives like this reinforce the importance of **support networks, strength, and communication**, proving that when **we work together, we grow stronger—both mentally and physically**.



MOSS BANK FOUNDATION LITTLE GREEN DRAGONS CHRISTMAS PARTY – DEC 2023

Little Green Dragons Christmas Party: A Celebration of Joy and Inclusion

The festive season is a time for magic, laughter, and togetherness, and Moss Bank Foundation ensured that no child was left out of the celebrations with its annual **Little Green Dragons Christmas Party**. Held at a local play centre, this event welcomed **over 60 young children aged 3-6 from disadvantaged backgrounds**, giving them a day filled with **fun, play, and holiday spirit—all completely funded by the Foundation**.

An evening of Pure Joy

The energy at the play centre was **enthusiastic**, as children ran, climbed, and played freely in a space designed to bring them happiness. Whether it was sliding down the indoor slide, exploring obstacle courses, or simply making new friends, the event provided a **safe, inclusive environment for children of all backgrounds, races, and religions to come together** and experience the joy of the season.

Food, Fun, and Festive Cheer

No celebration is complete without food, and Moss Bank Foundation ensured that **every child was provided with refreshments and a meal**, making the day even more special. Laughter and excitement filled the air as little ones enjoyed their food while chatting with friends, sharing stories, and embracing the spirit of community.



A Surprise from the Big Man Himself

The highlight of the day came in **a magical moment** when the **big man himself—Father Christmas—made a grand entrance**, accompanied by his trusted **little helper**. The children’s faces lit up with pure delight as Santa greeted them, spreading festive joy and making each child feel **special and included**. The heartfelt interactions brought smiles and warmth to all in attendance, **reinforcing the Foundation’s commitment to ensuring every child experiences the magic of Christmas**.



A Celebration of Community and Giving

At its core, the **Little Green Dragons Christmas Party** embodies Moss Bank Foundation's mission to support and uplift the most vulnerable members of society. By **funding this celebration** and making it **accessible to all**, the Foundation continues to **break barriers, promote inclusivity, and bring communities together** in meaningful ways.

For many of these young children, the party was more than just a fun event—it was **an opportunity to feel valued, included, and surrounded by kindness**. As the evening came to a close, the smiles, laughter, and joyful memories created served as a reminder that **small acts of generosity can make a lasting impact**.

Through initiatives like this, Moss Bank Foundation continues to **spread hope and happiness**, ensuring that every child—regardless of background—gets to experience the magic of Christmas.



Heartfelt Testimonials from Attendees

Yasmin, 34 (Muslim Community Member):

"This event meant so much to the children in our community. It wasn't just about Christmas—it was about creating a space where all families, no matter their background, felt welcome. My faith teaches the value of kindness and generosity, and that was reflected here in abundance. Seeing children play together, laugh, and enjoy

themselves was heartwarming. Moss Bank has truly brought people together, reminding us that joy and inclusion go hand in hand."

Leo, 5 (Child Attendee):

"I loved playing with my friends and seeing Father Christmas! My favourite part was going down the slide and eating all the yummy food. Father Christmas said I was on the nice list, and that made me so happy!"

L, 29 (Parent Attendee):

"It's incredible to see an event like this being made available for children who might otherwise not get to experience something so special. As a parent, it was heartwarming to watch my little one run around, have fun, and be part of something magical. The club's efforts mean a lot to families like mine, and I can't express enough gratitude for the way they support our community."

Moss Bank Foundation Community Day – July 2023



Moss Bank Foundation Community Day Awards: A Celebration of Achievement and Community Spirit

The Moss Bank Foundation Community Day Awards brought together 1,200 attendees for a day of celebration, recognition, and togetherness. This annual event, held to honour the dedication and achievements of young people, volunteers, and community partners, once again showcased the power of grassroots initiatives in creating unity and social impact.



A Day of Celebration and Recognition

Throughout the day, 650 young people came together to celebrate their successes over the past year. Whether they had excelled in football, community service, or personal development, the event provided a platform to recognise their efforts and inspire future growth. The atmosphere was electric as families, friends, and local supporters cheered on the incredible accomplishments of

these young individuals.

Alongside them stood 50 dedicated volunteers who played a crucial role in ensuring the day's success. From manning stalls, serving food in the cafeteria and at the BBQ, to overseeing inflatable castles and activities, their contributions exemplified the spirit of giving back. Their efforts extended beyond the celebrations, as many had been involved in setting up and taking down event resources—an essential behind-the-scenes task that made the event possible.





Community Engagement and Partnerships

A highlight of the event was the presence of various community stalls, each representing a partnership that strengthens Moss Bank Foundation's mission.

Morrisons, a longstanding supporter of local initiatives, contributed to the day's festivities, reinforcing its commitment to community welfare. **WhysUp**, known for its advocacy around mental health and addiction recovery, engaged attendees with important conversations, offering guidance and support to those in need. **Dad Matters UK**, an organisation focused on supporting fathers in navigating parenthood, provided a welcoming space for discussions on fatherhood, mental well-being, and family life.



These partnerships exemplify the collective effort required to address societal challenges and build resilient communities. By coming together, organisations, volunteers, and young people demonstrated that real change happens when local stakeholders collaborate to uplift those in need.

A Legacy of Empowerment and Inclusivity

The Moss Bank Foundation Community Day Awards embody the spirit of the Foundation—a commitment to ensuring every individual, regardless of background, has access to opportunities for growth and success. Rooted in the ethos of Moss Bank Junior Football Club, the Foundation continues to champion inclusivity and grassroots empowerment, ensuring that no young person is left behind.

As the event concluded, the echoes of a fun day, shared stories, and well-deserved applause lingered in the air, reinforcing the strength of a community built on shared values and mutual support. Moss Bank Foundation’s legacy continues to grow, proving that when people come together, extraordinary things happen.



ADDICTION PRESENTATION FOR YOUNG PEOPLE – MAY 2023

WhysUp Presentation: Mark and Liam’s Powerful Story of Addiction and Recovery

Addiction remains one of the most pressing issues in today’s society, affecting individuals across all walks of life. To shed light on its impact and raise awareness among young people, **WhysUp** delivered an **interactive and informative** session at Moss Bank Foundation, where **30 young attendees** listened to the moving testimonies of **Mark and Liam**—two individuals who fought and overcame addiction.



A Story of Struggle and Redemption

Mark and Liam are 2 local Bolton lads. Mark and Liam's journey was deeply personal and raw, offering attendees an **unfiltered look** at the devastating grip of addiction. **Liam shared his experience battling drug addiction**, detailing how substance dependence nearly consumed his life, leading to loss, isolation, and a painful road to recovery. **Mark's story focused on gambling addiction**, emphasising the hidden dangers of compulsive betting and how it can spiral into financial and emotional hardship.

Their stories highlighted **the reality of addiction in modern society**, showing how easy it is to fall into destructive habits, often starting with **peer pressure, escapism, or mental health struggles**. Through their testimonies, young people were given a **firsthand account** of how addiction develops and the **long-term consequences** it can bring.

A Growing Concern in the Local Community

Within the local community, addiction remains **a prevalent challenge**, affecting individuals of all ages, particularly young people navigating **difficult social and economic circumstances**. Substance use and gambling addiction can often begin subtly, making early education and intervention crucial. Moss Bank Foundation recognizes the **pressing need** to address these issues and provide **accessible support systems** for those at risk.

Events like this are part of the Foundation's **larger effort to reach out to young people**, ensuring they have the **guidance, education, and resources** to make informed decisions. By encouraging **open discussions** and breaking down **stigma**, the Foundation is helping **young individuals recognise the early warning signs** of addiction while empowering them to seek help when needed.



Breaking the Stigma and Encouraging Open Conversations

One of the key messages of the presentation was the **importance of removing stigma** around addiction. Mark and Liam emphasised that **addiction is not a choice or a failure—it is an illness that requires understanding, support, and structured recovery efforts.**

Attendees were encouraged to **ask questions, engage in conversation, and reflect on their own perspectives on addiction**, making the session **highly interactive and relatable.** The open and honest dialogue reinforced the **importance of speaking up, seeking help, and supporting those who might be struggling.**

A Lasting Impact

This WhysUp presentation was **more than just a discussion—it was an eye-opening experience** that will stay with attendees long after the session. Moss Bank Foundation's commitment to **tackling difficult social topics** ensures that young people in the community are equipped with the **knowledge, support, and resources** to navigate the challenges they may face.

By **breaking down stigma, providing education, and promoting open conversations**, events like this continue to create lasting change, empowering young people to **make informed decisions and support each other** in building healthier futures.



Testimonials from Young People Who Attended the WhysUp Presentation

Charlotte, 14 – "Eye-Opening and Inspiring"

"Listening to Mark and Liam's stories really opened my eyes to the realities of addiction. I knew addiction was serious, but hearing firsthand about how it can take over someone's life made me think differently. What stood out to me was their honesty—there was no sugarcoating, just raw truth. It made me appreciate how important it is to make good choices and surround yourself with people who support you. I left feeling more aware and grateful for the conversation we had."

Jake, 15 – "A Powerful Lesson About Gambling Addiction"

"I never thought much about gambling addiction before Marks talk, but now I realise it can be just as harmful as drug addiction. Hearing about how quickly it can take hold—losing money, lying to family, struggling with mental health—it really made an impact on me. It was powerful to see how both Mark and Liam had turned their lives around, but also scary to think about how easy it is to get caught up in it. This presentation made me think twice about how I see gambling and how important it is to talk about these things."

K, 16 – "I Need Help, and This Made Me Feel Less Alone"

"For a long time, I've felt like I was struggling with things that I couldn't talk about—pressures, stress, and just feeling lost sometimes. When Mark and Liam talked about hitting rock bottom but eventually finding a way out, I saw pieces of my own situation in their stories. Their words made me realise I need to reach out for support instead of

trying to handle everything alone. After the presentation, I spoke to someone from Moss Bank Junior Football Club, and they helped me take the first step toward getting help. Knowing that others have fought through tough times and come out stronger gives me hope."

These testimonials reflect the deep impact the WhysUp presentation had on young attendees, showing how important open conversations about addiction and mental health truly are.

Football Foundation Funding for Pitch & Multi-Sport Facility Maintenance at Moss Bank Foundation August 2023

Introduction

Moss Bank Foundation secured vital funding from the **Football Foundation** to enhance the quality and sustainability of its **football pitches and multi-sport facilities**. This investment contributed to **long-term maintenance**, improving playing conditions, and ensuring that surfaces remain safe and suitable for **football and other sports**. The funding supported a **comprehensive renovation process**, including top dressing, overseeding, vertidrainage, pitch repairs, and restoration of bare patches across all playing areas.

Scope of Pitch & Multi-Sport Facility Maintenance Works

1. Top Dressing with 150 Tonnes of Sand

This improved surface quality and drainage, **150 tonnes of sand** was applied across all playing surfaces. This process:

- Enhanced **soil structure** for better water absorption and drainage.
- Promoted **grass growth** and stabilisation across football, and other sporting areas.
- Improved **playing surface durability**, reducing waterlogging and compaction issues that affect multi-sport activities.

2. Overseeding the Entire Area

Overseeding was carried out across **all pitches and multi-sport areas** to strengthen turf density and ensure even coverage. This helped to:

- Improve **grass quality** and reduce patchy areas affecting different sports.

- Enhanced **surface resilience**, accommodating various sporting disciplines such as football, rounders, and athletics.
- Provided a **uniform playing surface**, minimising uneven grass coverage and improving usability for multiple sports.

3. Vertidrainaging the Whole Area

A full **vertidrainaging process** was completed to **aerate the pitches and multi-sport surfaces**, addressing underlying compaction issues. Benefits included:

- Improved **root development** for stronger grass growth across sports fields.
- Reduced **surface hardness**, making the grounds safer for football, rounders, and other outdoor sports.
- Increased **drainage efficiency**, preventing water retention and enhancing playability across all sporting areas.

4. Pitch Repairs & Restoration of Bare Patch Areas

Targeted **pitch repairs** addressed worn-out areas across **football and multi-sport fields**, ensuring surfaces remain **safe and consistent**. This included:

- Application of **50 tonnes of soil sports mix** to restore bare patches across different sporting areas.
- Levelling **uneven playing surfaces** to meet optimal standards for multi-sport use.
- Re-establishing **grass coverage** for long-term facility sustainability, benefiting football, rugby, cricket, and other activities.

Impact on the Community & Grassroots Sports

The **Football Foundation's funding** plays a pivotal role in ensuring that Moss Bank Foundation's facilities remain **accessible, safe, and high-quality** for **players of all sports**. These improvements will:

- Support **community football programmes, rounders, multi-sports days and school sports days sessions**.
- Reduce **match cancellations** due to poor surface conditions across multiple sports.
- Provide a **better training environment** for young athletes and grassroots teams in football, multi sports, and more.
- Encourage **sustained growth** in participation across age groups, ensuring multi-sport engagement for all abilities.

Conclusion

The funding secured from the **Football Foundation** for **pitch and multi-sport facility maintenance** significantly enhanced playing conditions at Moss Bank Foundation. Through **top dressing, overseeding, vertidrainage, and targeted repairs**, the grounds will meet **higher standards of durability, safety, and performance** across various sporting disciplines. This investment not only benefits football teams but also **supports the long-term sustainability of multi-sport participation** within the community.



Report on the Moss Bank Foundation Schools Event – July 2023

Introduction

In July 2023, Moss Bank Foundation hosted a **multi-sport event** for local schools, bringing together children from across the community for a day of **inclusive and engaging activities**. The event featured **5x5 football games**, alongside other sporting challenges such as the **sack race, obstacle race, and sprints**, creating an exciting atmosphere that encouraged teamwork, friendly competition, and physical activity.

As part of its commitment to **supporting grassroots sports**, Moss Bank Foundation also **donated a full football kit** to a local school, ensuring young players have the resources they need to continue their sporting journey.

Event Overview

5x5 Football Tournament

The **5x5 football games** provided a dynamic and fast-paced format that allowed students to **develop their skills, teamwork, and decision-making** in a more intimate playing environment. Small-sided games encouraged greater participation, ensuring every child had the opportunity to **actively engage** throughout the event.

Key outcomes from the football tournament:

- Enhanced **communication and teamwork** among players.
- Increased **engagement**, allowing more students to experience competitive football in a supportive environment.
- Provided an opportunity for **children of varying skill levels** to take part in structured matches.



Multi-Sport Activities

To **diversify participation** and ensure accessibility for all students, the event incorporated **classic school sports**, including:

- **Sack Race** – Encouraged balance, coordination, and laughter in a fun and engaging challenge.

- **Obstacle Race** – Tested agility and endurance while promoting problem-solving and perseverance.
- **Sprint Races** – Allowed students to showcase speed, determination, and competitive spirit.

These activities ensured **every participant had a role to play**, regardless of their primary sporting interest.

Community Support & Football Kit Donation

As part of Moss Bank Foundation's dedication to **grassroots sports development**, the organisation generously **purchased and donated a football kit to a local school**, reinforcing the belief that **every child deserves the opportunity to take part in organised sport**.

This contribution:

- **Strengthened local school football programmes**, ensuring children have proper attire for training and matches.
- Demonstrated Moss Bank Foundation's **commitment to youth development** beyond organised events.
- Provided **long-term support**, helping the recipient school maintain its football activities.



Impact & Success of the Event

The **July 2023 schools event** successfully:

- Engaged **students from multiple local schools**, engaging community spirit through sport.
- Promoted **physical activity, teamwork, and inclusivity** across different sports.
- Created an environment where children felt **encouraged, supported, and inspired** to continue playing sports.
- Strengthened Moss Bank Foundation's **relationship with local schools**, reinforcing its commitment to **grassroots development**.



Conclusion

The **multi-sport event** provided an **exciting, memorable, and impactful experience** for all participating students, demonstrating the **power of sport in bringing communities together**. The donation of a **football kit** further emphasised Moss Bank Foundation's ongoing **support for local schools**, ensuring lasting benefits beyond the event.

Moving forward, Moss Bank Foundation aims to **continue expanding these initiatives**, further strengthening **grassroots football and multi-sport participation across the region**.

Report on Moss Bank Foundation's 3x3 Tournament – September 2023

Introduction

In **September 2023**, Moss Bank Foundation hosted an **exciting 3x3 football tournament**, made possible through a **charity grant from the High Sheriff Trust**. This funding enabled the foundation to acquire **new inflatable pitches**, designed to enhance the experience for players and provide **safe, inclusive sporting opportunities for all abilities**.

The event was a **celebration of community spirit**, bringing together participants from across the region for a day of **football, fun, and friendly competition**.

New Inflatable Pitches & Their Impact

Thanks to the **charity grant from the High Sheriff Trust**, Moss Bank Foundation introduced **inflatable pitches**, offering a dynamic and engaging playing environment. These pitches:

- **Provided a unique small-sided football experience**, increasing enjoyment and participation.
- **Encouraged inclusivity**, ensuring players of all abilities could take part.

- **Created a safe space for young athletes**, reducing injury risks and enhancing accessibility.

The introduction of these inflatable pitches marked a **significant development**, strengthening grassroots sport opportunities and supporting long-term community engagement.



Tournament Overview & Community Engagement

The **3x3 format** ensured **high-energy matches**, allowing players to develop **quick decision-making, teamwork, and technical skills** in a fast-moving environment. The tournament featured **participants of all abilities**, reinforcing Moss Bank Foundation's commitment to **inclusive sports development**.

Beyond football, the event served as a **community-building experience**, establishing connections between players, families, and local supporters. The atmosphere was **positive, supportive, and celebratory**, strengthening relationships within the local football network.

Key Outcomes & Successes

The **September 2023 3x3 Tournament** successfully:

- Showcased **new inflatable pitches**, demonstrating their value for future events.
- Ensured **every ability was represented**, promoting fairness and inclusivity.
- Strengthened **community cohesion** by bringing together players, families, and volunteers.
- Highlighted the **importance of charitable grants**, enabling **innovative sporting experiences**.



Conclusion

The **charity grant from the High Sheriff Trust** enabled Moss Bank Foundation to **introduce new facilities**, enhance player engagement, and create a **lasting impact on grassroots sport**. The **3x3 tournament** proved to be a **resounding success**, setting a strong precedent for future inclusive events.

Moss Bank Foundation remains committed to **expanding opportunities for grassroots football and multi-sport participation**, ensuring that every child, regardless of ability, can access the **positive benefits of sport**.

Impact Report: The Social & Economic Value of Moss Bank Junior Football Club

Moss Bank Junior Football Club plays a pivotal role in the **social and economic development** of the local community. As a well-established grassroots club, it provides **structured football programmes**, promotes **inclusivity**, and drives **positive engagement**, benefiting young players, families, and the wider community.

A 2023 **impact report**, completed by the **Football Association and Portas Consulting**, has quantified the club's contribution, revealing a **total annual social and economic value of £2.4 million**. This includes **£1.9 million in economic value**, **£145,000 in total**

health benefits, £23,000 in social impact, and £1.3 million in overall well-being value.

Social Value

1. Youth Development & Inclusivity

Moss Bank Junior Football Club offers **accessible football opportunities** for children of all abilities, giving **confidence, teamwork, and discipline**. The club encourages young players to **develop life skills**, promoting values such as **respect, resilience, and leadership** that extend beyond the pitch.

2. Community Cohesion & Well-Being

Football has the power to **bring communities together**, and Moss Bank Junior Football Club with Moss Bank Foundation serves as a **safe space** for young people to engage in **positive social interactions**. Through organised training sessions, matchdays, and events, the club contributes to **mental well-being**, reducing social isolation and providing a **structured environment for personal growth**.

The report highlights the club's **significant impact on community well-being**, estimating its contribution at **£1.3 million annually**.

3. Volunteer & Coaching Opportunities

Moss Bank Foundation as Moss Bank Junior Football Club thrives on **volunteer-led initiatives**, allowing parents, coaches, and local supporters to play an active role in **mentoring young players**. The club offers **CPD opportunities**, enabling volunteers to gain coaching qualifications, **enhancing grassroots football expertise**.

The **social value generated by Moss Bank Foundation is quantified at £23,000 per year**, reflecting the direct impact of **community engagement and participation**.

Economic Value

1. Local Employment & Business Support

The club's operations create **economic opportunities**, supporting **local suppliers, sponsors, and service providers**. From kit suppliers to pitch maintenance teams, Moss Bank Foundation as Moss Bank Junior Football Club contributes to **local employment**, reinforcing economic sustainability within the community.

The report confirms the club's total **economic contribution is £1.9 million annually**, demonstrating the financial impact of grassroots football and associated services.

2. Reducing Social Costs Through Sport

Investing in grassroots football and multi sports **lowers social costs** associated with youth disengagement, crime prevention, and health intervention. By **providing structured activities**, Moss Bank Foundation with Moss Bank Junior Football Club helps steer young people towards **positive pathways**, reducing strain on public services.

The foundation generates **£145,000 per year in health-related benefits**, reinforcing the importance of **physical activity in community well-being**.

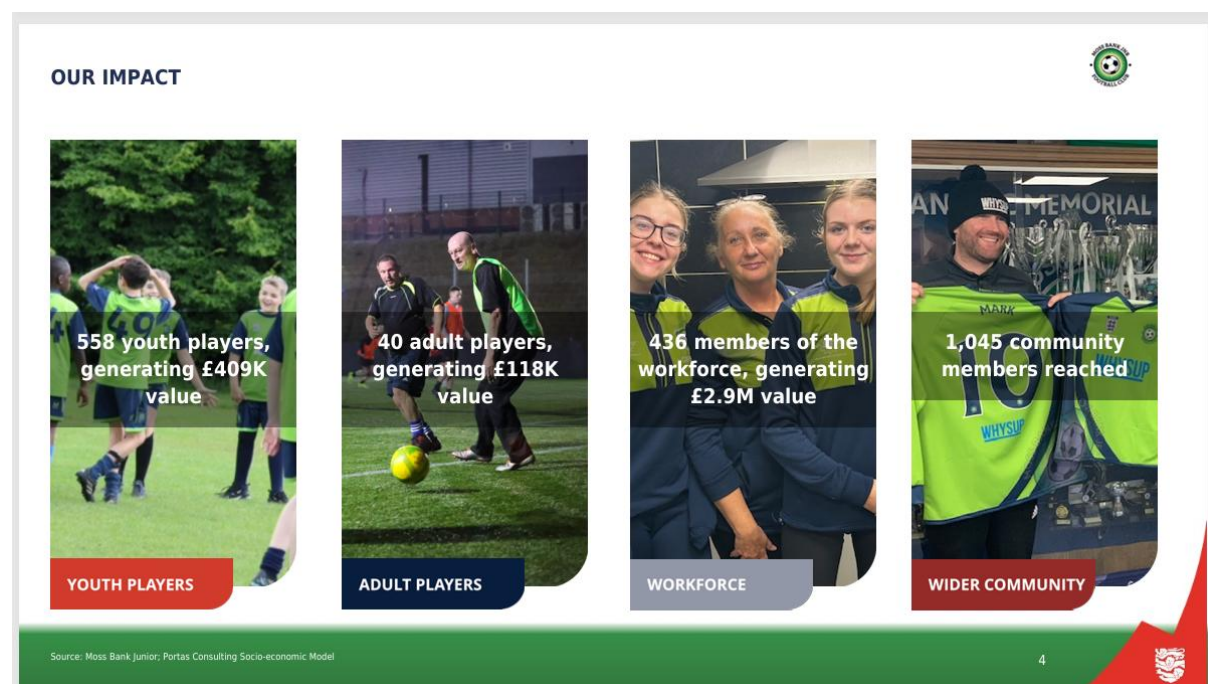
3. Sponsorship & Funding Growth

Moss Bank Foundation attracts **sponsorships and grants**, driving **financial investment into grassroots sport**. The club's partnerships with businesses and organisations **strengthen local networks**, ensuring long-term sustainability and increased community investment.

Conclusion

Moss Bank Foundation/TA Moss Bank Junior Football Club **positively impacts the community**, embedding **youth development, social inclusion, and economic growth**. The independent assessment by the **Football Association and Portas Consulting** confirms the club's **total annual impact of £3.4 million**, showcasing its importance in **local sport, well-being, and economic development**.

Through **structured football, multi-sports programmes, volunteering, and local business engagement**, the foundation continues to be a **key driver of positive change**, shaping futures both on and off the pitch.



Overall, our club generates £3.4M in social value every year



558 youth players



436 volunteers and paid staff



40 adult players



1,045 community programme participants

Engagement with Moss Bank Junior provides a range of benefits to different individuals

177K

Hours of social interaction

£68K

Player wellbeing value

£1.6M

Value generated from club volunteering hours

This translates to value generated for society



£1.9M

Total economic value



£145K

Total health value



£23K

Total social value



£1.3M

Total wellbeing value

Source: Moss Bank Junior; Portas Consulting Socio-economic Model

1

WORKFORCE

Volunteers see improved wellbeing and sense of community from their club



Volunteering benefits peoples' wellbeing in a variety of ways:

9% higher satisfaction with their lives for volunteers than those who don't volunteer

People who volunteer are **8% happier** than those who don't volunteer

4x higher social trust levels for people who volunteer in sport compared to those who do not volunteer in sport

111K positive social interaction hours are generated by volunteers at our club



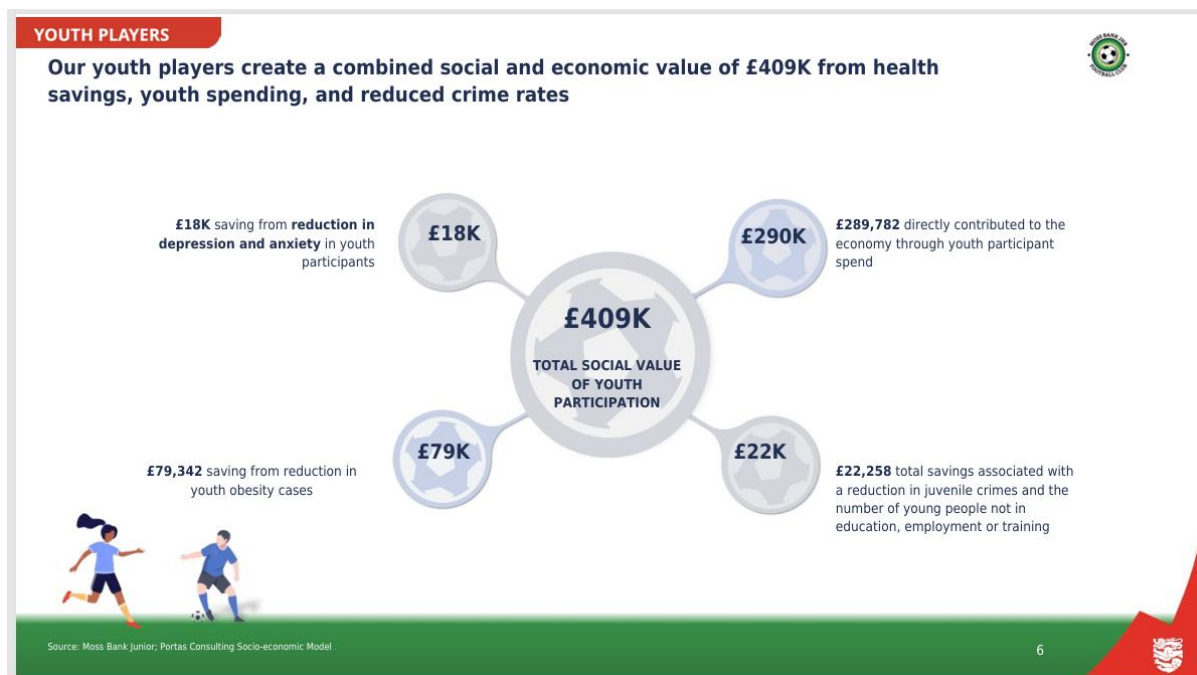
8% higher confidence in people that volunteer than those who do not volunteer

Resilience, leadership and communication are employability skills developed by volunteering

People who volunteer are **15% more connected** to their local community than those who do not volunteer

Source: 1. Volunteering: Supporting Transitions, Gaskin, K; Moss Bank Junior; Portas Consulting Socio-economic Model

10



Consultation with Users

Moss Bank Foundation actively engages with **local residents and volunteers** to assess both their **immediate needs** and long-term aspirations for community initiatives. Regular consultations take place at **events, activities, and wellbeing**, ensuring we understand the priorities of those we serve.

In **January 2024**, Moss Bank Foundation conducted the **Big Survey**, gathering insights into the **most pressing issues facing the community**. The survey identified **key areas of concern**, ranked by importance, including:

- **Crime & Anti-Social Behaviour** (195 respondents)
- **Children's Mental Health** (194 respondents)
- **Activities for Young People** (191 respondents)
- **Sports Activities** (183 respondents)
- **Parental Mental Health** (174 respondents)
- **Education, Positive Parenting, Food Poverty, and Life Skills Development**, among others

The community also provided **valuable feedback** on projects and activities they would like to see implemented locally. The most frequently requested initiatives included:

- **Youth Clubs & Structured Activities** (Football, youth groups, social programmes)
- **Sports Development & Community Engagement** (Increased access to football and other sporting opportunities)

- **Mental Health & Wellbeing Support** (Mindfulness sessions, affordable CBT access)
- **Support Groups for Families Facing Hardship** (Financial aid, parenting support)
- **Crime Prevention & Safer Streets Initiatives** (Community safety programmes, stronger police presence)
- **Food Banks & Free Meal Services** (Expanding food poverty relief efforts)

A total of **99.7% of respondents expressed strong support** for these initiatives, confirming the **critical role** Moss Bank Foundation plays in ensuring **accessible and impactful community services**.

Volunteers also engage in **continuous dialogue**, discussing **training needs, improvements to their roles**, and ways to **enhance the volunteering experience**. This feedback informs the **Training and Development Coordinator**, who works to provide **opportunities for skill-building and personal growth** that benefit both individuals and the wider community.

Coming Soon

In 2025, while continuing to deliver **core programmes** such as **Hatchlings/Dragons sessions, Volunteer recognition, Community celebrations, tournaments**, and pop-up events throughout the year, plans are underway to **introduce a media set up with young people involving themselves at grassroots level**.

A key initiative in development and using **sports journalism as a learning tool**, the programme engages children in **reading, writing, and editing, computer editing skills, interviewing** giving them a hands-on experience inside the **dynamic world of sports reporting, filming, production**.

Additionally, we are to resurface a MUGA surface at a local school in partnership to a 3G surface at a 7x7 size which will support the school, local community and Moss Bank Foundation/Moss Bank Junior Football Club. Fundraising for the project is underway as we hope to raise £40,000. We hope to have this up and running for September 2025.

Acknowledgement & Gratitude for Funding & Sponsorship

Moss Bank Foundation extends its **sincere gratitude** to the **Football Foundation, SportsEd, and the High Sheriff Trust** for their **generous grant funding**, which has been instrumental in supporting our projects and improving our facilities. Their contributions enable us to continue delivering **high-quality sports and community programmes**, ensuring lasting benefits for local residents.

We also **wholeheartedly thank** our incredible **sponsors**, whose unwavering support allows us to **sustain and grow our grassroots initiatives**. Their commitment to the

club helps us **create safe, engaging spaces** for young players and the wider community.

Our Valued Sponsors

- Leasing Options
- Toughsheet Building Products
- SBT Engineering
- Nam Ploy
- Dermalift Silhouette
- Whysup
- DADs Matters UK
- Mitchell & Davies
- RopeSource
- Orlando Carpets
- Blue Orange IT
- Abstract Flooring
- Adam Lawson Joinery
- H&S Electrical
- DBT Build
- Under Pressure Power Washing
- ForwardRole
- DMS Digital
- Sull Systems
- SignTech
- Colquit Decorators
- Bolton Roofing & Cladding
- PMJ Capital
- EDU Lettings
- Bright Leaders
- Essential Employment
- Bed Centre
- Price & Co
- Chris Ashton Brickwork
- Pennant Ltd
- Harrisons Estate Agents
- Jenna Salmon Mortgage
- Locksafe
- RSD Transportation
- Tower Roofing
- RRG Toyota
- 365 Engines
- Kenwood Builders

Together, with the backing of **our funders and sponsors**, Moss Bank Foundation continues to **drive positive change**, ensuring that **grassroots football and community projects** remain accessible, inclusive, and impactful.

We truly appreciate the **ongoing commitment and belief in our vision**, and we look forward to achieving even greater successes together.

Trustees' Responsibilities in Relation to Financial Statements

The charity trustees are responsible for preparing an **annual report and financial statements** in accordance with **applicable laws** and **United Kingdom Accounting Standards (UK GAAP)**. These statements provide a **true and fair view** of the charity's **financial position, income, and expenditure**.

In preparing the financial statements, trustees are required to:

- **Select appropriate accounting principles** and apply them consistently.
- **Adhere to Charities SORP** methods and principles.
- **Make reasonable and prudent judgements** and estimates.
- **Ensure compliance with applicable accounting standards**, disclosing any necessary material departures.
- **Prepare financial statements on a going concern basis**, unless it is deemed inappropriate.

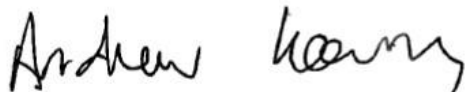
Trustees are also responsible for maintaining **accurate accounting records**, safeguarding the charity's assets, and taking reasonable steps to **prevent and detect fraud and other irregularities**.

By order of the trustees

Andrew Kearney

Chairman

Date: 29th April 2024



Registered Charity Number: 1147347

MOSS BANK FOUNDATION

Statement of net expenditure for the Period Ended

31 May 2024

MOSS BANK FOUNDATION
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MOSS BANK FOUNDATION
Business Information

Charity Name	Moss Bank Foundation	
Charity Registration Number	1202367	
Principle Office	BELOW 436 CHURCH ROAD BOLTON BL1 5RP	
Chair	Andrew Kearney	(Appointed 16/03/2023)
Trustees	Craig Edward Hardman	(Appointed 16/03/2023)
	Marcus Howarth	(Appointed 16/03/2023)
Bankers	LLOYDS Bank PLC	
Accountants	Certax Accounting Bolton Limited Chartered Certified Accountants 268 Deane Road Bolton BL3 5HP	

**Independent Examiner's Report to the Trustees of
MOSS BANK FOUNDATION**

I report to the trustees on my examination of the financial statements for Moss Bank Foundation (the charity) for the Period Ended 31 May 2024

Respective Responsibilities of Trustees and Examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 (2) of the charities act 2011 (the 2011 Act) and that an independent examination is needed

Having Satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission Under Section 145 (5) (b) of the 2011 Act; and
- State whether particular matters have come to my attention

Basis of independent examiner's Report

My Examination was carried out in accordance with the General Directions given by the Charity Commission. An Examination includes a review of the accounting kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement


In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006: and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Yunus Mulla FCCA

Certax Accounting Bolton Limited
Chartered Certified Accountants
268 Deane Road
Bolton
BL3 5HP

Date: 24/04/2025

MOSS BANK FOUNDATION
Profit and Loss Account
for the period from 15 May 2023 to 31 May 2024

	Unrestricted Funds 2024 £	Total Funds 2024 £	2023 £
Sales	-	-	-
Donations	3,000	3,000	-
Fundraising Activities	382	382	-
Members Subscriptions	99,687	99,687	-
Other business income	-	-	-
	103,069	103,069	-
Total Incoming Resources	103,069	- 103,069	-
Resources Expenses			
Accountancy, legal and other professional fees	500		-
Bank Charges	130		-
Coaching Fees	2,010		-
Consultancy Fees	1,301		-
Equipment Expensed	8,403		-
Governance Cost	3,392		-
Kitchen Supplies	175		-
League & Cup Fees	972		-
Light & Heat	20		-
Pitch Fees	847		-
Pitch Hire Rent	35,212		-
Pitch Maintenance Cost	19,671		-
Players & Coaches Kit	16,332		-
Presentation Night Expenses	4,365		-
Referee Fees	1,361		-
Repairs & Maintenance	739		-
Software	558		-
Staff Training & Welfare	50		-
Subscriptions	23		-
Sundry	3		-
Telephone & Internet	846		-
Website & Mobile App	750		-
Winter Training Cost	1,452		-
	99,112		-
Net Income Resources	3,957		-
Fund Balance B/F	-		-
Fund Balance C/F	3,957		-

MOSS BANK FOUNDATION
Balance Sheet
as at 31 May 2024

	2,024 £	2,023 £
Assets		
Bank/building society balances	4,456	-
	<u>4,456</u>	<u>-</u>
Liabilities		
Other liabilities and accruals	499	-
	<u>499</u>	<u>-</u>
	<u>3,957</u>	<u>-</u>
Net business assets represented by		
Capital account:		
Net profit	3,957	-
	<u>3,957</u>	<u>-</u>

The Financial Statements were approved by the **Trustees** on 24 April 2024

Mr Craig Edward Hardman
Mr Marcus Howarth

Registered Charity Number: 1147347

MOSS BANK FOUNDATION

Statement of net expenditure for the Period Ended

31 May 2024

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