

Charity registration number  
1202294

**London Mindfulness Meditation Centre**  
**Trustees' Report and Accounts for the period**  
**from 01 June 2024 to 31 May 2025**

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**London Mindfulness Meditation Centre**  
**Charity Information**

<b>Charity name</b>	London Mindfulness Meditation Centre
<b>Legal status</b>	Charitable incorporated organisation (CIO)
<b>Charity registration number</b>	1202294
<b>Trustee's</b>	Sumana Sramaner, (Chair, trustee) Rajan Bajracharya, FFPM Sunethra Chandrani Gunawardena Mallawa Archchige Nande Sisira Perera Gunawardena
<b>Secretary</b>	Rajan Bajracharya, FFPM
<b>Treasurer</b>	Sunethra Chandrani Gunawardena
<b>Registered office</b>	2 Heath Road Uxbridge UB10 0SL
<b>Independent examiners</b>	Sortax Accountants 124-128 City Road London EC1V 2NX
<b>Bankers</b>	Barclays Bank UK plc HSBC UK Bank plc

**London Mindfulness Meditation Centre**  
**Charity registered number: 1202294 (England and Wales)**  
**Trustee's Report**

The trustees of London Mindfulness Meditation Centre, present their annual report together with the financial statements for the year ended 31 May 2025, which have been prepared to meet the statutory compliance requirements from the trustees' under applicable laws.

**Legal status and constitution**

The charitable incorporated organisation (CIO) incorporated under Charities Act 2011 constitutes a public benefit entity and is governed by its constitution dated 29 October 2022.

The CIO was registered with the Charity Commission for England and Wales on 13 March 2023 and its charity registration number is 1202294.

The CIO is also registered with the HM Revenue and Customs as a charity for Gift Aid Scheme.

**Objectives and Activities**

**Summary of the charity purposes**

Summary of the purposes of the charity as set out in its governing document, as per Para 1.17 of SORP were;  
To advance Theravada Buddhism for the benefit of the Congregation and public through the holding of prayer meeting, meditation, discussions and lectures producing and/or distributing literature to enlighten others about Theravada Buddhism.

**Summary of the main activities**

The Charity serves both local and wider communities with their religious practices and supportive well-being programmes. The provision of services is either by holding small gatherings or making visits to home where family religious and spiritual needs are fulfilled. The beneficiaries are not just from within the local Council but also Brent, Harrow, Enfield, New Ham, Hillingdon, Watford, Amersham, Aylesbury, Letchworth, Chesham, St. Albans, Slough, High Wycombe, Oxford, (and Chelmsford, Kent, Canterbury, Bristol, Cardiff, Birmingham, Norwich, Sheffield, etc.)

The Charity has conducted religious and spiritual programmes including sermons / lectures and classes on meditation, mindfulness sessions etc. making a contribution to the life of supporters.

During the reporting period, the Charity has:

- Daily morning and evening worship, chanting and meditation
- Weekly Sutta (Textual Dhamma) discussion
- Weekly Dhamma and language classes for the young on Sundays
- Monthly sermons by invited monks (on Full Moon days)

- Annual New Year blessing programme – January
- Annual Sri Lankan New Year Celebration and Blessing programmes – April
- Annual Rains Retreat religious observance programmes for the Congregation to participate – Daily worship, meditation and Dhamma reflections (from Full Moon Day of July to Full Moon Day of November)
- Annual Kathina Robe Offering ceremony (following the above Retreat)
- Continue to provide religious and spiritual support to other organisations such as:
  - o Lumbini Nepal Buddha Dharma Society UK by attending meetings and conducting religious Programmes
  - o Magar Buddhist Society UK by conducting religious programmes at invited gatherings
  - o Participating in religious events organised by other Buddhist Temples and Associations in and around London and deliver dhamma talks when requested.

Other, ad hoc, but regular services provided upon request are;

- Provide pastoral care
- Hospital and Care Home visits
- Responding to requests to attend hospitals or devotees' houses to give blessings and comfort in times of sickness
- Conduct funeral services
- Provide bereavement support
- Remembrance / Thanks giving services (almost weekly)
- Attend and give blessings for weddings, birthdays and anniversaries
- Coaching and Counselling

### **Statement of compliance on public benefit for future activities**

The trustees confirm, as required under Para 1.18 of SORP, that they have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives, in planning future activities.

### **Achievements and Performance**

The main aims and purposes of the Charity are the provision of a place for meeting for Buddhist religious practices, celebration of the key events in the Buddhist calendar, and promotion of Theravada Buddhism. However, the Charity has an open-door policy, promoting integration and diversity, where any members of the society with any background are welcome to learn meditation and receive support for well-being.

### **Financial Review**

The Charity entirely relies on donations from the Congregation. The primary expenditures of the Charity are that of day to day running costs, maintenance of the rented premises and the direct costs incurred for the organised religious events.

The charity managed to meet the expenses comfortably and carry forward a surplus. At the end of the reporting period, the Charity had accumulated retained funds of **£84,302.75** (2024 - £153,181.27).

There were no uncertainties for the charity to continue as a going concern in the foreseeable future.

### **Structure, Governance and Management**

The governing document for the charity is 'Foundation' model Constitution dated 29 October 2022.

The charity is constituted as a charitable incorporated organisation (CIO) under the Charities Act 2011 by the Charity Commission for England and Wales since 13 March 2023. The Charity registration number is 1202294.

The trustee's of the CIO are elected by the members, as per Constitution Para 9 - 10.

The CIO is registered with the HM Revenue and Customs for Gift Aid Scheme.

### **Trustees**

The following person(s) served as trustees during the year:

Ven. Sumana Sramaner

Mr Mallawa Archchige Nande Sisira Perera Gunawardena

Dr Rajan Bajracharya, FFPM

Mrs Sunethra Chandrani Gunawardena

### **Financial Statements**

The trustees acknowledge their responsibilities for preparing the CIO financial statements in accordance with the Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (Charity SORP (FRS 102)) effective 01 January 2015 and the Charities Act 2011.

### **Declaration**

This report was approved by the trustees' board on 24 March 2026 and signed on its behalf by;



Sumana Sramaner  
Chair, trustee

**London Mindfulness Meditation Centre**  
**Independent Examiners' Report**

**Independent examiners' report to the trustees of**  
**London Mindfulness Meditation Centre**

As the trustees of the charity, it is your responsibility to complying with the Charities Act 2011 and the statement of recommended Practice ('SORP') applicable to charities preparing their accounts in accordance with Financial Reporting Standards applicable in the UK (FRS102) effective 01 January 2015 (Charity SORP).

These responsibilities include preparing financial statements that give a true and fair view of the state of charity's affairs at the end of the financial year.

In accordance with charity laws, we have reviewed accounting records kept and whether the accounts were prepared properly from these accounting records and that the correct format was followed. We have no reason to believe that these accounts have any matter of concern that needs to be reported.

We are satisfied that the charity is eligible for independent examination as per Charity Commission guidance, and consequently we have not carried out an audit or any other review.



Sortax Accountants  
124-128 City Road  
London  
EC1V 2NX

24 March 2026

**London Mindfulness Meditation Centre**  
**Statement of Financial Activities**  
**For the year ended 31 May 2025**

		<b>Unrestricted Funds 2025 £</b>	<b>Restricted Funds 2025 £</b>	<b>Total Funds 2025 £</b>	<b>Total Funds 2024 £</b>
	<b><u>Note</u></b>				
<b>Funds generated</b>					
Donations and legacies	<b>5</b>	70,399.46	95,946.97	166,346.43	189,352.20
<b>Cost of generating funds</b>					
Cost of generating funds	<b>6</b>	5,685.08	-	5,685.08	9,346.27
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Net funds generated</b>		64,714.38	95,946.97	160,661.35	180,005.93
<b>Expenditures on charitable activities</b>					
Premises costs	<b>7</b>	22,092.60	-	22,092.60	39,663.66
Other administrative costs	<b>8</b>	2,878.08	-	2,878.08	2,344.79
Finance costs		16,769.17	-	16,769.17	-
		<hr/>	<hr/>	<hr/>	<hr/>
Total expenditures		41,739.85	-	41,739.85	42,008.45
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Net movement in funds</b>		<b>22,974.53</b>	<b>95,946.97</b>	<b>118,921.50</b>	<b>137,997.48</b>
		<hr/>	<hr/>	<hr/>	<hr/>
Accumulated funds brought forward		60,499.33	92,681.94	153,181.27	15,183.79
		<hr/>	<hr/>	<hr/>	<hr/>
		83,473.86	188,628.91	272,102.77	153,181.27
		<hr/>	<hr/>	<hr/>	<hr/>
Transfers and allocations of funds	<b>15</b>	-	(187,800.02)	(187,800.02)	-
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Accumulated funds carried forward</b>		<b>83,473.86</b>	<b>828.89</b>	<b>84,302.75</b>	<b>153,181.27</b>
		<hr/>	<hr/>	<hr/>	<hr/>

The notes on pages 10 to 13 form part of these financial statements.

The statement of financial activities contains all recognised gains and losses for the financial period.

The results for the period all relates to continuing activities.



**London Mindfulness Meditation Centre**  
**Balance Sheet**  
**As on 31 May 2025**

	<u>Note</u>	<u>2025</u> £	<u>2024</u> £
<b>Fixed Assets;</b>			
Tangible assets	9	614,746.40	-
<b>Current Assets;</b>			
Accounts receivables	10	150.00	150.00
Other receivables		25,000.00	7,200.00
Cash in hand & at bank		51,219.74	150,381.27
		76,369.74	157,731.27
<b>Current Liabilities: amounts falling due in one year</b>	11	1,850.00	4,550.00
<b>Net current assets</b>		74,519.74	153,181.27
<b>Long-term Liabilities: amounts falling due after one year</b>			
Bank loans	12	424,096.97	-
<b>Net assets</b>		<u>265,169.17</u>	<u>153,181.27</u>
<b>Equity;</b>			
Restricted funds	13	828.89	92,681.94
Unrestricted funds	14	83,473.86	60,499.33
Retained equity	15	180,866.42	-
<b>Net equity and retained funds</b>		<u>265,169.17</u>	<u>153,181.27</u>

Approved by the trustees' board on 24 March 2026 and signed on its behalf by;



.....  
Sumana Sramaner  
Chair, trustee

**London Mindfulness Meditation Centre**  
**For the year ended 31 May 2025**  
**Notes to the financial statements**

**1- General information**

The charity is a charitable incorporated organization registered with the Charity Commission for England and Wales.

**2- Statement of compliance**

The charity constitutes a public benefit entity as defined by the Charities Act 2011 and the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS102) effective 01 January 2015 (Charity SORP (FRS 102)).

These financial statements have been prepared in compliance with the Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS102) effective 01 January 2015 (Charity SORP (FRS 102)) and the Charities Act 2011.

Advantage has been taken of the exemption provided under Charities SORP (FRS 102) for smaller charities from preparing the statement of cash flow.

**3- Principal accounting policies**

**Basis of preparation**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless stated otherwise.

The financial information is reported in sterling, which is the functional currency of the charity.

**Income**

Donations, sponsorships and legacies income is recognised in the year in which the charity is entitled to receipt and the amount can be measured with reasonable certainty.

**Expenditure**

Costs and obligations are recognised as expenditures or liabilities as soon as there is a legal or constructive obligation committing the charity to that expense or liability, and when it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

**Fixed assets**

All fixed assets are initially recorded at cost.



<b>7- Premises costs:</b>		<b><u>2025</u></b>	<b><u>2024</u></b>
		<b><u>£</u></b>	<b><u>£</u></b>
Rent, rates and charges		17,437.41	36,694.73
Light and heating		2,795.60	2,768.42
Repairs and maintenance		958.27	-
Insurance and renewals		901.32	200.51
		<u>22,092.60</u>	<u>39,663.66</u>
<b>8- Other administrative costs:</b>		<b><u>2025</u></b>	<b><u>2024</u></b>
		<b><u>£</u></b>	<b><u>£</u></b>
Telecommunications and internet		534.51	614.79
Printing and stationery		46.95	-
Professional fee		1,250.00	900.00
Bank and card charges		510.96	564.48
Miscellaneous expenses		535.66	265.52
		<u>2,878.08</u>	<u>2,344.79</u>
<b>9- Tangible fixed assets:</b>		<b>Land &amp; building</b>	<b>Other fixed assets</b>
		<b><u>building</u></b>	<b><u>assets</u></b>
			<b><u>Total</u></b>
<b>Cost</b>			
At the beginning of the period	-	-	-
Additions during the year	621,680.00	-	621,680.00
	<u>621,680.00</u>	<u>-</u>	<u>621,680.00</u>
<b>Depreciation:</b>			
At the beginning of the period	-	-	-
Charge for the year	6,933.60	-	6,933.60
	<u>6,933.60</u>	<u>-</u>	<u>6,933.60</u>
<b>Net book value:</b>			
<b>At 31 May 2025</b>	<b><u>614,746.40</u></b>	<b><u>-</u></b>	<b><u>614,746.40</u></b>
At the beginning of the period	-	-	-
<b>10- Other debtors:</b>		<b><u>2025</u></b>	<b><u>2024</u></b>
		<b><u>£</u></b>	<b><u>£</u></b>
Secure deposit		25,000.00	7,200.00
Other debtors		-	-
		<u>25,000.00</u>	<u>7,200.00</u>
<b>11- Creditors: amounts falling due within one year</b>		<b><u>2025</u></b>	<b><u>2024</u></b>
		<b><u>£</u></b>	<b><u>£</u></b>
Accruals		1,250.00	1,950.00
Other creditors		600.00	2,600.00
		<u>1,850.00</u>	<u>4,550.00</u>

<b>12- Bank loans</b>	<b><u>2025</u></b>	<b><u>2024</u></b>
	<b><u>£</u></b>	<b><u>£</u></b>
Bank loans and mortgages	424,096.97	-
Other long-term liabilities	-	-
	<u>424,096.97</u>	<u>-</u>

<b>13- Restricted funds</b>	<b><u>2025</u></b>	<b><u>2024</u></b>
	<b><u>£</u></b>	<b><u>£</u></b>
Balance at begening of the year	92,681.94	500.00
Receipts during the year	95,946.97	92,181.94
	<u>188,628.91</u>	<u>92,681.94</u>
Expended during the year	(187,800.02)	-
Balance at the end of the year	<u>828.89</u>	<u>92,681.94</u>

The purpose of restricted funds was to acquire the Temple property for the advancement of Charity objectives.

<b>14- Unrestricted funds</b>	<b><u>2025</u></b>	<b><u>2024</u></b>
	<b><u>£</u></b>	<b><u>£</u></b>
Balance at begening of the year	60,499.33	14,683.79
Receipts during the year	70,399.46	97,170.26
	<u>130,898.79</u>	<u>111,854.05</u>
Expended during the year	(47,424.93)	(51,354.72)
Balance at the end of the year	<u>83,473.86</u>	<u>60,499.33</u>

<b>15- Retained equity</b>	<b><u>2025</u></b>	<b><u>2024</u></b>
	<b><u>£</u></b>	<b><u>£</u></b>
Balance at begening of the year	-	-
Transfers and allocations during the year	187,800.02	-
	<u>187,800.02</u>	<u>-</u>
Expended during the year	(6,933.60)	-
Balance at the end of the year	<u>180,866.42</u>	<u>-</u>

#### **16- Related party transactions:**

There were no transactions with related parties undertaken this year such as are required to be disclosed under the Charities SORP (FRS 102) or the Charities Act 2011.

#### **17- Public benefit entity concessionary loans**

There were no concessionary loans made or received with related parties this year such as are required to be disclosed under the Charities SORP (FRS 102) or the Charities Act 2011.