

TRUSTEES'
ANNUAL REPORT
YEAR ENDING OCTOBER 2023

ABOUT NCUK

NCUK's vision is a safer, emotionally healthy community. Our mission is to promote robust and effective safeguarding practices and enhance emotional wellbeing in the UK's Orthodox Jewish community by raising awareness, delivering expert training, and providing specialist clinical case management to institutions, families and individuals.

The charity was founded in March 2023 by community leaders passionate about making a difference via creating a brave, professional and innovative response.

OUR VALUES

- Dignity
- Professionalism
- Safety
- Impartiality
- Jewish values

THE TRUSTEES

Eliyohu Eliezer Rubinstein

Judith Rachel Nemeth

Dr Sholaum Gerson Springer



RABBI SHRAGA FEIVEL ZIMMERMAN
President

Rabbi Zimmerman has served as Rabbi of several prominent communities across America and England. He is recognised as a premier authority on Jewish law for the Orthodox Anglo-Jewish community. Rabbi Zimmerman is the Senior Rabbi and Head of the Beth Din of the Federation of Synagogues.

Rabbi Zimmerman does not shy away from the difficult and challenging issues of the day. Throughout his time in the UK, he has provided strong, effective leadership and regularly demonstrates courageous integrity with far-reaching impact.

Rabbi Zimmerman's vision, and unswerving moral compass, is central to NCUK.



RABBI ELIYOHU E RUBINSTEIN
Chair of Trustees

Rabbi Rubinstein is a highly regarded educator and leader. He has many successful years of teaching and leadership across Orthodox Jewish high schools in Manchester.

Rabbi Rubinstein is a Doctoral Researcher (DL) in the Department of Philosophy and the Department of Global Ethics at The University of Birmingham. He is presently completing the final draft of his PhD thesis in Moral Philosophy. He holds a BA (Hons) in Philosophy & Psychological Studies, MA in Philosophy of Religion & Ethics and received The Royal Institute of Philosophy Postgraduate Researcher Award 2020-21.

Widely recognised as an original thinker and a bold, visionary leader, Rabbi Rubinstein has a wide network of community leaders and professionals across Anglo-Jewry.



MRS JUDITH NEMETH
Trustee

Mrs Nemeth, an Ashdown Fellow, is an educational consultant. She has an astonishing breadth of expertise, from classroom teaching to training, infrastructure and policy work. Judith is Executive Headteacher of The Lubavitch Multi Academy Trust and runs Al Pi Darko, an international consultancy service to schools and parents.

Judith led the establishment of The Values Foundation for Faith and Families in Education. Working in the heart of Westminster, TVF ensures that faith and traditional family values are considered at every stage of education, legislation and policy.



DR SHOLAUM SPRINGER
Trustee

Former Manager of the Business Systems and Operational Research Department of the Bank of England, Dr Springer is a key software systems designer. He holds a BSc in Mathematics from UCL and a Doctorate in Mathematical Physics from Imperial College London.

Dr Springer is a distinguished Torah scholar and a graduate of both Manchester and Gateshead Talmudical Colleges. As well as regular lectures in Jewish philosophy at various schools and seminaries, he is a popular international speaker. Dr Springer has an extensive history of community involvement including holding the position of Director at Hatzolah London and President of the Initiation Society.

ACTIVITIES

NCUK delivers activities in 3 core areas

- 🏠 Awareness, Training & Education
- 🏫 Schools Support
- 👤 Holistic Case Management

2023 IN NUMBERS



ACHIEVEMENTS

In the short time that NCUK has been operational, we have established a professional and robust organisation, created structure and system, and begun to deliver impactful work.

What NCUK has achieved in 6 months is highly impressive; we're delighted to be a partner in this work.

Funding Manager

NCUK is so forward-thinking. What they have created is phenomenal.

School Headteacher

LEADERSHIP STRUCTURE

We have appointed highly qualified and well-regarded individuals to all the key board and advisory roles.

We have set up advisory boards to support the below areas:

- ✦ Education
- ✦ Community and social work
- ✦ Clinical excellence
- ✦ Legal and governance
- ✦ Strategy and Development

CLINICAL STRUCTURE

We have appointed clinical leads and supervisors. They are working effectively to triage cases, deliver training in schools, provide community awareness sessions, supervise clinical team members and offer advice and oversight.

Our senior clinical supervisors are **Dr Michael Schauder**, **Mr Jonathan Rabson**, **Dr David Roth** and **Dr James Glass**.

Shloime Bakst, a sought-after psychotherapist and qualified teacher, leads the schools supervision.

Nesivos Chaim UK brings together experienced and forward-thinking community leaders and advocates with our best and most trusted professionals. Collectively, they form a formidable force for good and for improving the safeguarding and wellbeing of the community. Since inception, I have stood at the helm of this unique organisation and can say with confidence that NCUK is just what the community needs and has been waiting for.

Rabbi SF Zimmerman, President

PROFESSIONAL CLINICIAN NETWORKS ESTABLISHED

82% of people surveyed felt it was 'essential' or 'important' to receive support from clinicians who are from the community and are culturally sensitive.¹

We have developed relationships with an **extensive network of clinicians and professionals** from across the UK Orthodox communities. This network enables us to offer suitable, swift signposting for each case. This increases access to support for people who would otherwise struggle to do so. This is a work in progress, which benefits hugely from the existing networks of our senior team.

¹Research by community anchor body, JCCG, 2021-23.

DELIVERED PREVENTATIVE EDUCATION & TRAINING COURSES

We have delivered training sessions across groups of communal leaders and synagogues, a “Big Sister” mentoring organisation and 5 schools. Sessions covered a range of topics relating to safeguarding and mental health.

I found the training really enlightening. The presenters gave me different ideas, tips and skills. It has really taught me how to understand people better, how to be there for someone and how to pick up on the said and unsaid. I felt I learnt more about myself and will be a better listener to everyone I encounter in life.

Perele, Mentor



ESTABLISHED CLOSE PARTNERSHIPS WITH SCHOOLS & ORGANISATIONS

We have **established wellbeing departments** in schools. This includes:

- Training SEHWOs (School Emotional Health & Wellbeing Officers) in each school; a new role for these schools, which we helped design and establish
- Setting up case management structures
- Ongoing supervision.

We engaged with a selection of Manchester schools to pilot our model.

NCUK's reputation has now spread and we have received enquiries from numerous schools across **London, Manchester** and **Gateshead**.

I feel very supported by NCUK. It is making my work within the social and emotional aspect of school much easier. I have a strong support system and someone to go back to; our NCUK supervisor will always follow up. I really appreciate having access to specialists. They work directly with children when needed and also mentor and supervise our own work.

To give just one example, NCUK is helping us with a child with ASD tendencies, who was refusing to attend school. Our CAMHS referral was bounced back; we felt things were hopeless until NCUK stepped in. Their team created specialist plans to help the child feel school was a safe, controlled place. This has not only helped the child to access learning; it has saved the school and the family the huge stress of scrutiny over school attendance by Ofsted and the local authority. The benefits are far-reaching and exponential.

Since NCUK started in our school, the processes have moved faster. Help from CAMHS and NHS takes forever. Our interventions are now more focussed on outcomes and how we can improve the situation. NCUK helps us put things in place immediately. The child will still have a journey - but at least the journey can start immediately.

School Emotional Health and Wellbeing Officer

CREATED CASE MANAGEMENT MODELS

We have brought together the latest CRM technology, clinical expertise and community guidance to create a case management system. A colour coded system (red for the most serious cases) enables us to prioritise and respond to cases according to risk levels.

The model ensures a swift response; usually from referral to assessment in a matter of hours. Treatment or care plans are implemented within days. Speed is critical in complex or serious cases.

In an abuse case, swift response can make the difference between preventing abuse or allowing things to escalate massively whilst waiting for help.

CASE STUDY

THE PROBLEM	Sara, aged 11, was not performing well in school. Anxious and stressed , she refused to attend lessons and was worried about her parents finding out. Previous therapy sessions hadn't gone well and school/therapist communications with parents were strained.
THE SOLUTION	NCUK led an assessment process involving current & previous schools and parents. Interventions were arranged which included better parent engagement - e.g. meeting with Consultant Clinical Psychologist to outline benefits of anxiety medication.
THE OUTCOME	Both school and parents are better equipped to support. Intervention plan successfully implemented. Sara's anxiety and behaviour is improving already. Issues have been prevented from escalation ; engagement with the family has been established.

COMMUNITY CRISIS MANAGEMENT

In a true demonstration of the best test run being unplanned, we were called to action when tragedy struck at a prominent Manchester school.

Without NCUK, we would not have known where to start.
Senior Leadership

We were able to **orchestrate a comprehensive crisis response**. Our support extended from **supporting staff through the initial shock** to **providing mental health support** months down the line.

Drawing on our bank of communal and clinical expertise, we provided:

- Advice and consultation for school leadership teams
- School crisis response plan created
- Sessions with groups of students
- Group training for teachers
- Therapy and emotional support for teachers and leadership
- Support and attendance at local authority meetings
- Talk for parents by Rabbi SF Zimmerman
- Follow-up mental health support for pupils and teachers
- Coordinated and empathetic support from trusted professionals already respected by the local community

With NCUK at our side, we felt supported from A - Z.
Senior Leadership

A few months down the line, school wellbeing is in a good place. A recent inspector said they would never have known a tragedy such as this, had struck so recently.

Senior Leadership

FUTURE PLANS

Over the next year, we plan to continue to grow the organisation.

COMMUNITY ENGAGEMENT

We plan to engage with further schools and community organisations. At the time of writing, we are in contact with **schools in Gateshead and London** who would like to bring the NCUK services to their school communities.

An encouraging range of social welfare organisations and grassroots groups have already reached out to enquire about NCUK support.

We plan to hold further awareness and training events and parent education for the wider community.

RESOURCE DEVELOPMENT

We plan to develop our website and educational resources, including articles and videos. With the partnership of the Steinberg Family Charitable Trust, we plan to create a culturally sensitive wellbeing curriculum for schools and informal community groups to use.

JOINED UP WORKING

Following successful engagement with local authorities during isolated cases this year, we plan to develop this initiative. We plan to deliver cultural awareness training, and build bridges between the communities we serve and their local authorities.

FUNDRAISING STRATEGY

As the organisation continues to grow, we plan to seek new avenues for funding. As well as continuing existing partnerships and collaborations, we hope to build new relationships with supporters. We also plan to diversify our income streams by renting out spaces in our new premises, including meeting venues and therapy rooms. Offered at affordable rates, these rentals will double as a source of revenue and a service to the local community.

THANK YOU

We are grateful to all of our friends, supporters and funders. We are grateful to enjoy the support of many community professionals, who have provided their advice and mentorship.

We would like to thank our partners, who have substantially supported our work. In particular, there are a couple of trusts who have been true champions of our cause, but have asked not to be publicly acknowledged. They supported NCUK with seed funding, without which we would not be writing this annual report. We gratefully acknowledge the National Lottery Community Fund's grant award this year.

Many of our donors do not want to be named and so we thank them anonymously for their contributions. As a charity which strives to achieve high value for money, we can assure you that every donation - of any size - has been well spent supporting mental health and safeguarding in our community.

We thank everyone who has supported the cause in any way. By reading our report and sharing its ideas with others, you, too, can be an ambassador and raise awareness! Your efforts help us to achieve our vision of a safer, emotionally healthy community.



Eliyohu E Rubinstein
Chair of Trustees

CHARITY REGISTRATION NUMBER: 1202254

NESIVOS CHAIM UK

TRUSTEES' REPORT AND UNAUDITED ACCOUNTS

31 OCTOBER 2023

NESIVOS CHAIM UK
CHARITABLE INCORPORATED ORGANISATION (CIO)
FINANCIAL STATEMENTS
31 OCTOBER 2023

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NESIVOS CHAIM UK TRUSTEES ANNUAL REPORT

The trustees present their report with the unaudited financial statements of the charity for the period ended 31 October 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1202254

Principal and Registered Office

464 Lower Broughton Road
Salford
M7 2FG

Trustees

The following trustees served during the year:

E E Rubinstein
J R Nemeth
S G Springer

Accountants

Brookheim Limited
35 Mayfield Gardens
London
NW4 2PY

OBJECTIVES AND ACTIVITIES

The charity's objectives as set out in its governing document is for the public benefit: the relief of sickness and suffering amongst persons, of the Orthodox Jewish community, who have or are suffering from mental health issues, addiction or the effects of abuse, and by extension their families and carers, in particular but not exclusively by: a) financial and practical support and assistance to attend established therapies focused on relieving their condition and oversee and manage the various aspects of any treatment provided; b) the provision of education, guidance and information to medical professionals and the wider community more generally on the subject of warning signs and appropriate next steps for anyone who may be suffering from mental health issues, addiction or the effects of abuse.

The trustees confirm their compliance with the duty to have due regard to the public benefit guidance published by the Charity Commission when reviewing the charity's aims and objectives in planning future events.

ACHIEVEMENTS AND PERFORMANCE

The organisation employs its funds and resources to promote robust and effective safeguarding practices and enhance emotional wellbeing in the UK's Orthodox Jewish community by raising awareness, delivering expert training and providing specialist clinical case management to institutions, families and individuals.

The financial results for the period to 31 October 2023 are fully reflected in the attached Financial Statements and the Notes thereon.

FINANCIAL REVIEW

Reserves Policy

The charity's policy is to maintain funds at a level which the trustees deem appropriate after considering future commitments and the likely costs for the next year.

As at 31 October 2023 the charity held a surplus of £82,273 of Restricted Funds.

PRINCIPAL RISKS AND UNCERTAINTIES

Risk Management

The trustees have identified and reviewed the major risks to which the charity is exposed, in particular operational and financial risks and are satisfied that appropriate systems are in place to manage and mitigate these risks.

PLANS FOR FUTURE PERIODS

The charity intends to continue its current activities and actively pursue further ways in which it can expend its activities for the benefit of its beneficiaries.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a registered charity (charity number 1202254) and is governed by a CIO Foundation Constitution dated 9 March 2023.

The trustees administer the day-to-day affairs of the charity. None of the Trustees have beneficial interest in the charity.

STATEMENT OF COMPLIANCE

The charity is a public benefit entity, a registered charity in England and Wales and is unincorporated. The address of the principal office is 464 Lower Broughton Road, Salford, M7 2FG.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees

E E Rubinstein

Trustee

19 April 2024

NESIVOS CHAIM UK
INDEPENDENT EXAMINERS REPORT

Independent Examiner's Report to the trustees of NESIVOS CHAIM UK

I report to the trustees on my examination of the financial statements of NESIVOS CHAIM UK for the period ended 31 October 2023 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011('the Act'). The trustees consider that an audit is not required for this year under the Charities Act 2011, s.144(2) (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of the financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Pini Shebson ACA
Brookheim Limited
35 Mayfield Gardens
London
NW4 2PY
19 April 2024

NESIVOS CHAIM UK
STATEMENT OF FINANCIAL ACTIVITIES

FOR THE PERIOD ENDED 31 OCTOBER 2023

	Notes	Restricted funds 2023 £
Income and endowments from:		
Donations and legacies	2	175,000
Other	3	6
Total		175,006
Expenditure on:		
Raising funds	4	5,211
Charitable activities	5	76,090
Other	6	6,432
Total		87,733
Net movement in funds		87,273
Reconciliation of funds:		
Total funds brought forward		-
Total funds carried forward		87,273

**NESIVOS CHAIM UK
BALANCE SHEET**

AS AT 31 OCTOBER 2023

Charity No. 1202254 **2023**
£

Fixed assets

Tangible assets	10	3,636
		<u>3,636</u>

Current assets

Debtors	11	98,310
Cash at bank and in hand		487
		<u>98,797</u>

Creditors: Amount falling due within one year 12 (15,160)

Net current assets 83,637

Total assets less current liabilities 87,273

Total net assets 87,273

The funds of the charity

Restricted funds

Restricted income funds	13	87,273
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Total funds 87,273

Approved by the trustees on 19 April 2024

And signed on their behalf by:

E E Rubinstein
Trustee
19 April 2024

FOR THE PERIOD ENDED 31 OCTOBER 2023

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation where relevant is provided in order to write off each asset over its estimated useful life.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2 Income from donations and legacies

	Total 2023 £
Donations	175,000
	<u>175,000</u>

3 Other income

	Total 2023 £
Bank Interest	6
	<u>6</u>

4 Expenditure on raising funds

	Total 2023 £
<i>Costs of generating voluntary income</i>	
Advertising and marketing	5,211
	<u>5,211</u>

5 Expenditure on charitable activities

	Total 2023 £
<i>Expenditure on charitable activities</i>	
Provision of support and education	74,890
<i>Governance costs</i>	
Independent Examiner's Fees	1,200
	<u>76,090</u>

6 Other expenditure

	Total 2023 £
Employee costs	2,820
Depreciation of fixed assets	1,212
Legal and professional costs	2,400
	<u>6,432</u>

7 Net income before transfers

	2023 £
This is stated after charging:	
Depreciation of owned fixed assets	1,212
Independent Examiner's fee	1,200

8 Trustee remuneration and expenses

In a decision approved by Charity Commission, one of the Trustees has received remuneration for services provided to the charity.

None of the trustees have been paid any expenses in the current or prior periods.

9 Staff costs

No employee received emoluments in excess of £60,000.

The average monthly number of full time equivalent employees during the year was as follows:

	2023 Number
Employees	2
	<u>2</u>

10 **Tangible fixed assets**

	Total
	2023
	£
Cost or revaluation	
At 9 March 2023	-
Additions	4,848
At 31 October 2023	<u>4,848</u>
Depreciation and impairment	
At 9 March 2023	-
Depreciation charge for the year	1,212
At 31 October 2023	<u>1,212</u>
Net book values	
At 31 October 2023	<u>3,636</u>

11 **Debtors**

	2023
	£
Prepayments and accrued income	98,310
	<u>98,310</u>

12 **Creditors:**

amounts falling due within one year

	2023
	£
Trade creditors	4,390
Other creditors	9,570
Accruals	1,200
	<u>15,160</u>

Included within other creditors is a loan to the charity by one of the Trustees. The loan is interest free and repayable on demand. The creditor has confirmed they have no intention of recalling the loan should it in any way affect the charity's ability to operate.

13 **Movement in funds**

	At 31
	October 2023
Restricted funds:	
	87,273
Total funds	<u>87,273</u>

14 Analysis of net assets between funds

	Total
	£
Fixed assets	3,636
Net current assets	83,637
	<u>87,273</u>

15 Related party disclosures

Other than any mentioned above there were no related party transactions requiring disclosure.