

	Trustees' Annual Report for the period						
	From	Period start date			To	Period end date	
		01	04	2024		31	03
Charity name				Myodesopsia International			
Other names charity is known by							
Registered charity number (if any)				1202141			
Charity's principal address				4th Floor, Silverstream House			
				45 Fitzroy Street, Fitzrovia			
				London			
				Postcode		WT1 6EB	
Names of the charity trustees who manage the charity							
		Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)		
	1	Dymock Brett	Chair				
	2	Matthew Mazewski					
	3	Alaster Moffat					
Names of the trustees for the charity, if any, (for example, any custodian trustees)							
	Name			Dates acted if not for whole year			

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
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How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation – Association Model (CIO)
Trustee selection methods (eg. appointed by, elected by)	Elected by the membership at annual general meetings (AGMs) or appointed by trustees for specific purposes between AGMs.
Additional governance issues (Optional information)	
You may choose to include additional information, where relevant, about: • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them.	Given the small size of the Charity, all Trustees performed executive functions in addition to their governance duties during the period considered. The focus of the Board has been to continue to scale the Charity's capacity in furtherance of its charitable objects, and to ensure the financial stability of the organisation. The Charity was able to formally open membership to the public during the period considered, implementing a membership management system that is compliant with GDPR and other relevant legislation. At the Charity's first AGM with non-Trustee members (held in March 2025), amendments to the Charity's governing document were approved which made explicit provisions for electronic voting and virtual meetings. The Board of Trustees continued to consult with experts on governance, data protection, organisational scaling, and fundraising, as well as with medical and scientific professionals to further the advancement of the Charity's objects while strictly adhering to all relevant regulations.

Summary of the objects of the charity set out in its governing document	1) To preserve and protect the health of individuals diagnosed with myodesopsia (also known as eye floaters or symptomatic vitreous floaters) in particular by: A) promoting, supporting, sponsoring, and commissioning research into the diagnosis, understanding and treatment of the condition. B) facilitating collaboration between patients, clinicians, and researchers in order to improve understanding of the condition and the patient experience. C) providing up-to-date and relevant information to individuals diagnosed with the condition and to medical professionals as a means of improving understanding and raising awareness of myodesopsia. 2) To relieve the needs of people diagnosed with myodesopsia, and by extension their families and carers, by providing assistance in the form of support networks for the patient community.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)	The Trustees, in exercising their powers as elected representatives of Myodesopsia International, have had due regard for the Charity Commission's guidance on public benefit. In general, the major activities of the Charity in the period considered were aimed at opening membership to the general public, increasing capacity of the organisation, and establishing procedures that will allow it to continue successfully after the tenure of the current Trustees. In particular: • In pursuance of object 1(B), the Charity and Trustees have maintained open lines of communication with a number of medical professionals with expertise on myodesopsia and have explored possibilities for future collaboration. The Trustees believe that the building of a patient-physician network will be crucial to improving the understanding of the condition and the patient experience. • In pursuance of object 1(A), the Charity and its volunteers were involved in developing a questionnaire for a large-scale prevalence study of myodesopsia in the general population of the United States of America, co-led by Trustee Matthew Mazewski. • In pursuance of object 1(C), the online research repository hosted on the Charity's website was expanded and kept up to date with the help of a volunteer. • The Charity recruited a volunteer Creative Director, who has begun to guide the Charity's dissemination strategy for public-facing materials, and has enhanced the professionalism of its content and communications. This has resulted in improvements in style and clarity, making the relevant information for patients easier to find. • In pursuance of objects 1(C) and 2, the Charity began a regular email newsletter to its members, managed by a newly recruited volunteer.
Additional details of objectives and activities (Optional information)	
You may choose to include further statements, where relevant, about: • policy on grantmaking; • policy programme related investment; • contribution made by volunteers.	

Summary of the main achievements of the charity during the year	- The Charity held its first AGM in July 2024. At that time, the only members were the Charity Trustees, as it had not yet been possible to implement a membership management system that protected the privacy and data of members to the satisfaction of the Trustees. However, a data security expert had been consulted and advised Trustees on how to proceed. At the AGM, it was confirmed that, despite low income, the Charity was in a sustainable financial position. The main focus of the Charity was to open membership to the general public. - The Charity was able to formally open membership to the wider public in January 2025, employing a membership management system that protects members' data in a GDPR-compliant manner - The Charity held its first AGM with non-Trustee members in March 2025, at which charity members were given the opportunity to share their perspectives on what they thought the areas of focus for the Charity should be in the coming year. The strong alignment between the existing priorities and those voted on by members suggests that the Charity is continuing to meet genuine needs of the community. - Three new volunteers joined the Charity during this period, doubling the number of volunteers and expanding the collective skillset. The areas of expertise of the new volunteers show strong alignment with the Charity's requirements. - The Charity's members approved amendments to the Constitution, making more explicit the provisions for virtual meetings and electronic voting. This is key to ensuring the Charity can continue to operate on its current scale with its current level of income. - The Charity started developing professional audiovisual materials, including graphics and video content, with the help of a volunteer Creative Director.

Brief statement of the charity's policy on reserves	Given the small amount of funds held by the Charity at any one time, with costs covered on a monthly basis, the Charity does not currently have a reserves policy. The main benefits provided to beneficiaries at present are provided through the Charity's website, which is paid for each year in advance, at very low cost. The Board of Trustees reviews the Charity's financial situation formally every quarter, and informally on a weekly basis, ensuring that all costs are covered. In light of the low ongoing costs, the small amount of funds held by the Charity at any one time (<£1000), and the regular monitoring of the Charity's finances, the Trustees feel that a reserves policy is unnecessary at present.
Details of any funds materially in deficit	None
Further financial review details (Optional information)	
You may choose to include additional information, where relevant about: - the charity's principal sources of funds (including any fundraising); - how expenditure has supported the key objectives of the charity; - investment policy and objectives including any ethical investment policy adopted.	During the period considered, the Charity was principally funded through small donations from Trustees and volunteers. From January 2025, the Charity began to collect membership fees, which rapidly became the main source of income for the Charity. The main sources of expenditure during the period considered have been the maintenance of a physical address and the hosting of a website. The Charity's website is a key tool for enabling it to pursue its objects, allowing low-cost dissemination of knowledge about the condition to the general public. The increase in available funds following the opening of membership to the public allowed the Charity to start exploring the production of higher-quality materials, pursuant to objects 1B and 1C, although no funds were used for these purposes during this time. At present, the Charity holds no investments.

Section F**Other optional information**

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**The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees**

Signature(s)		
Full name(s)	Dymock Brett	
Position (eg Secretary, Chair, etc)	Chair	
Date	9 Dec 2025	

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Receipts and payments accounts

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For the period
from

1/4/2024

To

31/3/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Trustee Donations	272	-	-	272	-
Membership Fees	647	-	-	647	-
Subscription Donations	66	-	-	66	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	985	-	-	985	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	985	-	-	985	-
A3 Payments					
Bank Fees	60	-	-	60	-
IT Costs	16	-	-	16	-
Virtual Office	238	-	-	238	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	314	-	-	314	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	314	-	-	314	-
Net of receipts/(payments)	671	-	-	671	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	26	-	-	26	-
Cash funds this year end	697	-	-	697	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash	697	-	-
		-	-	-
		-	-	-
	Total cash funds (agree balances with receipts and payments account (s))	697	-	-
		OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	domain name myodesopsiainternational.org	unrestricted	-	20/year
	domain name mi-charity.org	unrestricted	-	20/year
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of
all the trustees

Signature

Print Name

Date of approval



Dymock Brett

9 Dec 2025