

# Wish Foundation

Charity Number: 1202053

## Annual Return Submission – Cover Note (2023–2024)

Dear Charity Commission,

On behalf of the trustees of Wish Foundation, please find enclosed the annual return documents for the financial year 7 November 2023 to 6 November 2024.

The documents included are as follows:

- Trustees' Annual Report (PDF)
- Receipts & Payments Accounts (PDF)

The trustees confirm that the expenditure exceeded income in this financial year, which was covered through small reserves carried forward and a grant received in October 2023 that was utilised during this period. All funds were applied responsibly towards charitable purposes in line with our objectives.

We thank the Commission for their continued guidance and support.

Yours faithfully,



Nasima Islam  
Founder & Chair, Wish Foundation

## Trustees' Annual Report

**Charity Name:** WISH FOUNDATION

**Charity Number:** 1202053

**Reporting Period:** 7 November 2023 – 6 November 2024

### Structure, Governance and Management

Wish Foundation is a Charitable Incorporated Organisation (CIO) registered in England and Wales. It is governed by its constitution and run by a board of trustees with the support of dedicated volunteers.

### Objectives and Activities

The charity's objectives are to provide support, relief, and empowerment to low-income families, migrants, homeless individuals, and vulnerable women in Tower Hamlets and surrounding areas. Activities are designed to improve wellbeing, reduce isolation, and promote inclusion.

### Achievements and Performance

- Weekly food bank operated throughout the year, supporting 70–80 families including low-income households, homeless individuals, elderly, and migrants.
- Weekly women's coffee mornings were held to support mental health, combat isolation, and build community bonds.
- Weekly women's fitness sessions provided a safe and empowering space for women to exercise and promote physical wellbeing.
- A total of 8 volunteers regularly supported these services.
- Special events included an International Women's Day celebration, an Eid party, a family trip, and the distribution of Eid gifts.

### Financial Review

Total income for the year was £2,273.00, comprising small donations and grants. Total expenditure for the year was £2,955.97, covering food and essentials, insurance, transport, events, and a family trip. Although expenditure exceeded income in this financial year, the difference was covered through small reserves carried forward from the previous year, including a grant received at the end of October 2023 which was utilised for trip and coach costs. The trustees confirm that all funds were used responsibly for charitable purposes.

### Reserves Policy

The trustees aim to maintain a modest reserve to cover essential costs in the event of funding gaps. This ensures continuity of core services such as food distribution, coffee mornings, and women's wellbeing programmes.

### Plans for Future Periods

From October 2025, Wish Foundation will start a **Refugee & Migrant Women's English Club** to help women improve their English, build confidence, and reduce isolation. This project will support inclusion and create new opportunities for women and their families in Tower Hamlets.

### Declaration

This report was approved by the board of trustees on behalf of Wish Foundation and signed on their behalf by:

Signature: \_\_\_\_\_

Name: Nasima Islam

Position: Founder & Chair

Date: \_\_\_\_\_

## Wish Foundation

### Receipts and Payments Accounts

For the year ended 6 November 2024

Category	Amount (£)
Grants Received	930.00
Donations & Other Income	1343.00
Total Income	2273.00

Category	Amount (£)
Insurance	35.00
Trip (Coach Payment)	1350.00
Travel & Transport (Bus)	187.80
Food & Essentials	1368.10
Other Expenses	15.07
Total Expenditure	2955.97

Note: Expenditure for the year was higher than income. This difference was covered by reserves carried forward from the previous year. A grant received in October 2023 was utilised during this financial year for trip and coach costs. The trustees confirm that all funds were used responsibly for charitable purposes.