

Company Registration Number: CE031448

Charity Registration Number: 1202010

ANGELS OF HOPE FOR WOMEN
TRUSTEE'S REPORT AND UNAUDITED ACCOUNTS
FOR THE PERIOD 01 MARCH 2023 TO
31 OCTOBER 2023



| | Page |
|--|------|
| Trustees' annual report (incorporating the directors'report) | 3 |
| Independent examiner's report to the trustees | 8 |
| Statement of financial activities (including income and expenditure account) | 9 |
| Statement of financial position | 10 |
| Notes to the financial statements | 11 |

Angels Of Hope For Women
Charitable Incorporated Organisation
Trustees' Annual Report
Period ended 31 October 2023

The trustees present their report and the unaudited financial statements of the charity for the period ended 31 October 2023.

Reference and administrative information

Registered charity name Angels Of Hope For Women

Charity registration number 1202010

Company registration number CE031448

Principal office and registered office
Gorton Central Community Centre
Highmead St, Abbey Hey
Manchester
M18 8PE

The trustees
Mhlawase Zingano
Tapiwa Kachipinde
Sayeeda Chowdhury
Esnat Bota
Letty Ngonda

Accountants
AcTax Consulting Ltd
Chartered Certified Accountants and Chartered Tax Advisers
11 Consort Road
Higher Bartle
Preston
PR4 0QH

Structure, governance, and management

Description of the charity's trusts

Angels of hope for women is a registered charity working to support women recovering from domestic abuse, mental health and other trauma. We work with women who are isolated, vulnerable and struggle to access support. Our successful support groups, facilitated workshops and courses are all ran by volunteers and help build confidence, self-esteem and open up opportunities.

The Charity was originally established in 2014 by women in Manchester's African community, who through personal experience identified:

A high number of incidents of domestic abuse experienced by women in the community

That many were women were isolated and struggled to get any kind of support.

That established services failed to meet the needs of many African women and were often hard to access.

That within the community there was often an element of stigma and prejudice that refused to tackle issues such as domestic abuse or mental health

The Charity was re-registered with The Charity Commission for England and Wales on 20 February 2023 as a Charitable Incorporated Organisation and is governed by its constitution adopted on the same day. Prior to 20 February 2023, the Charity operated as an unincorporated Charitable Organisation under the same name.

Recruitment and appointment of trustees

The Charity is run by its board of Trustees. All trustees give their time voluntarily and receive no benefits from the charity

Recruitment and appointment of new trustees is in line with the constitution and with the consent of the trustees. Suitable candidates are those who are sensitive to the needs and demands of the organisation and have relevant skills and experience.

In order to bring a range of skills and cover the broad reach of the charity, the trustees are from backgrounds that reflect the diversity of the people that the charity works with.

Trustees' induction and training

New trustees are briefed by the existing trustees on the objects and operations of the charity and are referred to the guidance for new trustees published by the Charity Commission.

In addition, all new trustees are encouraged to read the constitution and discuss any queries arising from this with existing trustees.

All trustees are expected to be familiar with the work of the charity and get involved in events and services regularly. The charity places emphasis on volunteer development and trustees are also offered training seen as beneficial to the charity. All trustees are encouraged, and most have been through internal training or induction for a better understanding of the ethos of the charity and the statement of beliefs.

Trustees also discuss the future plans of the charity in relation to the objectives of the charity and ways to secure and strengthen its financial position at the Trustees Quarterly meetings.

Additional governance issues

The charity is funded by grants and donations from institutions and organisations that share the charities objectives.

Though all trustees give their time voluntarily, the charity recognises that trustees may incur expenses such as travel to meetings, conferences and other events. Trustees may from time to time, finances allowing, be reimbursed for expenses directly incurred in fulfilling their duties.

The charity reserves the right to recognise and adequately remunerate trustees who bring specialist skills and knowledge to the service of the charity where this is applicable.

The major operational risk faced by the Charity is that it carries no reserves as most of its funding is specific to an activity. Its continued existence is therefore heavily dependent on continued support from its funders. The recent Covid-19 pandemic is, as expected, also throwing up its own challenges in the operations and finances of the charity as more and more users of the charity's services, usually individuals with no access to public funds, seek help from the charity.

The Trustees have implemented procedures to manage this risk including ensuring they have sufficient training, skills and expertise to effectively manage the affairs of the charity and do not commit to programmes until funding is secured for the programme.

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to its operations and finances, and are satisfied that systems are in place to manage their exposure.

Organisational structure, affiliations, and day to day operations

Leah Chikamba, Chief Executive Officer, oversees the day-to-day running of the charity assisted by a small team of staff, the Chairperson, trustees and volunteers.

Objectives and activities

Registered objects

The basic aims, objectives and principles as set out in the constitution are:

To preserve and protect the good health of women and girls who have experienced or are experiencing sexual abuse and sexual violence and / or domestic abuse and other forms of harmful practices by:

- supporting them to access appropriate services

- educating and raising awareness of these issues by delivering training and talks in the local community;

- providing training to a professional standard all those that will provide services that further the purposes of the organisation; and identifying areas of unmet needs by working with other agencies and taking appropriate action.

To promote the preservation and the safeguarding of mental health

Summary of the main activities and achievements during the year

As a result of the pandemic, the Charity has continued to receive a lot of requests from women to deliver physical exercise classes for women only as well as mental wellbeing sessions. Covid brought to light the health inequalities that the women face, and the Charity has worked in consultation with the women to plan activities that will support them improve their physical activities and to help promote mental health and well-being by championing the well-being agenda through the 5 ways to well-being which are Connect, Be active, Take notice, Learn and Give. With this in mind, the Charity has been running the following:

- Weekly Afro-fit exercise session
- Mental Wellbeing support groups
- Monthly Meetings/Workshops
- 1-2-1 Support
- Cultural Competencies Consultation
- Peer Support Groups

In 2023 the organisation has secured funding from The National Lottery Community Fund to run a three year Community Outreach Project. The project comprises of the following activities:

- Community Outreach
- 1-2-1 Support
- Crisis Support
- Safe Space
- Mental Health and Wellbeing Support
- Cancer Awareness
- Cultural Awareness
- Volunteer Training

The Charity has been proactive in co- production projects, collaborating with other local women-led organisations to facilitate health and well-being interventions in order to empower healthy communities.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing education when reviewing the charity's aims and objectives and in planning future activities and setting policies for the year.

Financial performance

The charity received grants and donations during the period amounting to **£45,573**. The charity paid **£63,222** for charitable activities and administration resulting a net deficit of **£17,649**. The deficit has been funded by funds transferred from the old charity. The charitable expenditure was made in line with the stated objects of the charity.

The charity has governance costs that comprise staff wages, professional fees and other administration costs. This is in addition to the support costs of the charity as disclosed in the notes to the accounts. The staff salaries are specifically funded and are only payable when the charity secures funding to cover them.

Angels Of Hope For Women
Charitable Incorporated Organisation
Trustees' Annual Report
Period ended 31 October 2023

Reserves policy

The charity carries no reserves to protect the organisation from changing financial circumstances, such as an unexpected reduction in income or increase in costs.

The policy is therefore to keep the administration costs down and not to commit to any long-term programmes or financial commitments unless and until funding is secured for that particular program.

The trustees' annual report and the strategic report were approved on **24 November 2023** and signed on behalf of the board of trustees by:



Mhlawase E Zingano
Trustee & Chairperson

Angels Of Hope For Women
Charitable Incorporated Organisation
Trustees' Annual Report
Independent Examiner's Period ended 31 October 2023

I report to the charity trustees on the financial statements for the period ended 31 October 2023, which comprise the statement of financial activities (including income and expenditure account), statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

As trustees you are responsible for the preparation of the financial statements. You consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. You confirm that the charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of The Chartered Association of Certified Accountants (ACCA).

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (1) examine the accounts under section 145 of the 2011 Act;
- (2) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (3) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, I can confirm that no matters have come to my attention that give me cause to believe:

- (1) accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- (2) the financial statements do not accord with those records; or
- (3) the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- (4) the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

AcTax Consulting Ltd

AcTax Consulting Ltd
Chartered Certified Accountants and Chartered Tax Advisers
11 Consort Road
Higher Bartle
Preston
PR4 0QH

Date: **27 November 2023**

Angels Of Hope For Women
Charitable Incorporated Organisation
Statement of Financial Activities(including income and expenditure account)
Period ended 31 October 2023

| | | Unrestricted funds £ | 2023 Restricted funds £ | Total funds £ |
|--|-------|----------------------------|---|------------------|
| | Notes | | | |
| Income and endowments | | | | |
| Donations and legacies | 5 | 6,275 | 39,299 | 45,573 |
| Investment income | 5a | - | - | - |
| | | ----- | ----- | ----- |
| Total income | | 6,275 | 39,299 | 45,573 |
| | | ===== | ===== | ===== |
| Expenditure | | | | |
| Charitable activities | 6 | 5,951 | 20,755 | 26,707 |
| Administration | 7 | 16,667 | 19,849 | 36,516 |
| | | ----- | ----- | ----- |
| Total expenditure | | 22,618 | 40,604 | 63,222 |
| | | ===== | ===== | ===== |
| | | ----- | ----- | ----- |
| Net income/(expenditure) | | (16,343) | (1,306) | (17,649) |
| | | ===== | ===== | ===== |
| Gain/(loss) on revaluation of fixed assets | | - | - | - |
| | | ----- | ----- | ----- |
| Net movement in funds | | (16,343) | (1,306) | (17,649) |
| | | ----- | ----- | ----- |
| Reconciliation of funds | | | | |
| Funds brought forward | | - | - | - |
| Funds transfer | | 16,873 | 4,716 | 21,589 |
| | | ----- | ----- | ----- |
| Total funds carried forward | | 530 | 3,410 | 3,940 |
| | | ===== | ===== | ===== |

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Angels Of Hope For Women
Charitable Incorporated Organisation (Reg CE031448)
Statement of Financial Position
As at 31 October 2023

| | | 2023 |
|---|-----------|---------------|
| | | £ |
| Fixed assets | | |
| Property, Plant and machinery | 12 | 4,205 |
| Current assets | | |
| Debtors | 13 | - |
| Cash at bank and in hand | | 75,524 |
| | | ----- |
| | | 75,524 |
| Creditors: amounts falling due within one year | 14 | 75,790 |
| | | ----- |
| Net current assets / (liabilities) | | (265) |
| | | ----- |
| Net assets | | 3,940 |
| | | ===== |
| Funds of the charity | | |
| Revaluation reserve | | |
| Restricted funds | | 3,410 |
| Unrestricted funds | | 530 |
| | | ----- |
| Total charity funds | 15 | 3,940 |
| | | ===== |

For the period ending 31 October 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' responsibilities:

The trustees have not required the charity to obtain an audit of its financial statements for the year in question in accordance with section 476;

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements were approved by the board of trustees and authorised for issue on **24 November 2023**, and are signed on behalf of the board by:

Leah Chikamba

Leah Chikamba
Chief Executive Officer

Tapiwa Kachipande

Tapiwa Kachipande
Trustee

1 General information

The charity is a Charitable Incorporated Organisation and a registered charity in England and Wales. It's' registration numbers and its registered office address is as shown in the Trustees report.

2 Statement of compliance

These financial statements have been prepared in compliance with Financial Reporting Standard 102 (FRS 102), 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', including the provisions of Section 1A "Small Entities" and the Companies Act 2006, the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3 Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and property plant and machinery measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Presentation currency

The financial statements are prepared in sterling, which is the functional currency of the entity.

Fund accounting

Unrestricted funds held by the charity are funds that can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds held by the charity represent funds where there is a contractual requirement for it to be spent on a particular purpose and returned if unspent.

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods or services is measured at the fair value of the goods or service unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Financial instruments

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

| | |
|----------------------|-------------------|
| Furniture & Fittings | 33% Straight line |
| Office Equipment | 33% Straight line |

Impairment of Tangible assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to Statement of Financial Activity in the period to which they relate.

4 Average number of employees

The average number of employees (excluding volunteers) in the period was 2

5 Donations , legacies & other income

| | 2023 | | 2022 |
|---------------------------------------|--------------|---------------|----------|
| | Unrestricted | Restricted | |
| We Love Manchester | | 3,549 | - |
| GMCVO | | 3,600 | - |
| Local Giving | 500 | | - |
| Rosa | | 8,748 | |
| Salford City Council | | 2,000 | |
| Lloyds Foundation | 5,775 | - | |
| National Lottery-Reaching Communities | | 21,402 | |
| | <u>6,275</u> | <u>39,299</u> | <u>-</u> |

5a Investment Income

| | 2023 | | 2022 |
|--|--------------|------------|----------|
| | Unrestricted | Restricted | |
| Bank interest | - | | - |
| Gains/(losses) on sale of fixed assets | - | | - |
| | <u>-</u> | <u>-</u> | <u>-</u> |

6 Expenditure on charitable activities by fund type

| | 2023 | | 2022 |
|--|---------------------|-------------------|-------------|
| | Unrestricted | Restricted | |
| Events, workshops and activities | 3,285 | 8,746 | - |
| Professional fees (Speakers/ Trainers) | - | 479 | - |
| Equipment (inc depreciation) | - | 815 | - |
| Printing, post and publicity | - | 2,130 | - |
| Trustee expenses | - | - | - |
| Family support | 2,667 | 1,978 | - |
| Rent & Venue Hire | - | 3,538 | - |
| Volunteers | - | 3,070 | - |
| | <u>5,951</u> | <u>20,755</u> | <u>-</u> |

7 Expenditure on administration

| | 2023 | | 2022 |
|----------------|---------------------|-------------------|-------------|
| | Unrestricted | Restricted | |
| Insurance | - | 847 | - |
| Rent & rates | - | - | - |
| ICT & phones | - | 3,793 | - |
| Accountancy | - | 1,370 | - |
| Staff costs | 16,667 | 10,840 | - |
| Staff training | - | 3,000 | - |
| | <u>16,667</u> | <u>19,849</u> | <u>-</u> |

8 Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

| | 2023 | | 2022 |
|---------------------------------------|---------------------|-------------------|--------------|
| | Unrestricted | Restricted | |
| Depreciation of tangible fixed assets | 484 | - | - |
| | <u>484</u> | <u>-</u> | <u>-</u> |
| | | | <u>2,183</u> |

9 Independent examination fees

| | 2023 | | 2022 |
|--|---------------------|-------------------|-------------|
| | Unrestricted | Restricted | |
| Fees payable to the independent examiner for: independent examination of the financial statements | 1,370 | - | - |
| | <u>1,370</u> | <u>-</u> | <u>-</u> |

10 Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

| | 2023 | | 2022 |
|---|---------------------|-------------------|-------------|
| | Unrestricted | Restricted | |
| Wages and salaries | 16,667 | 10,766 | - |
| Employer contributions to pension plans | - | 73 | - |
| | <u>16,667</u> | <u>10,839</u> | <u>-</u> |

11 Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees other than those disclosed in the related party note.

12 Property, plant, and machinery

| | Office equipment | Furniture & Fittings | Total |
|------------------------------|------------------|----------------------|--------------|
| Cost | | | |
| Brought forward | - | - | - |
| Transfers | 1,560 | | 1,560 |
| Additions | 3,524 | 1,165 | 4,689 |
| Disposals | - | - | - |
| As at 31 October 2023 | 5,084 | 1,165 | 6,249 |
| Depreciation | | | |
| Brought forward | - | - | - |
| Transfers | 1,560 | | 1,560 |
| Charge | 438 | 46 | 484 |
| Eliminated on Disposals | - | - | - |
| | 1,998 | 46 | 2,044 |
| Fair Value | | | |
| As at 31 October 2023 | 3,086 | 1,119 | 4,205 |
| At 31 October 2022 | - | - | - |

13 Debtors

| | 2023 | | 2022 |
|--------------------------------|--------------|------------|------|
| | Unrestricted | Restricted | |
| Prepayments and accrued income | - | | - |
| Other debtors | - | | - |
| | - | - | - |

14 Creditors: amounts falling due within one year

| | 2023 | | 2022 |
|------------------------------|---------------------|-------------------|-------------|
| | Unrestricted | Restricted | |
| Accruals and deferred income | - | 73,757 | - |
| Statutory obligations | - | 2,033 | - |
| | <u>-</u> | <u>75,790</u> | <u>-</u> |

15 Analysis of charitable funds

| | 01-Mar | Income | Expenditure | Transfers | 31-Oct |
|------------------|---------------|---------------|--------------------|------------------|---------------|
| General funds | - | 6,275 | (22,618) | 16,873 | 530 |
| Restricted funds | - | 39,299 | (40,604) | 4,716 | 3,410 |

16 Analysis of net assets

| | 2023 | 2022 |
|----------------------------|-----------------|-------------|
| Tangible fixed assets | 4,205 | - |
| Current assets | 75,524 | - |
| Creditors less than 1 year | <u>(75,790)</u> | <u>-</u> |
| | <u>3,940</u> | <u>-</u> |

17 Related party transactions

During the period, the charity obtained a Grant funding for Cash4Kids campaign awarding £50 to each child. 50 children were supported by the Charity with their cost of living. Some of the trustees have been equally affected by the rise in the cost of living so their children were considered for this program. A total of 7 children for 3 Trustees received £50 each under this program.

18 Going Concern

There are no material uncertainties about the charity's ability to continue in existence as a going concern for the next twelve months.