

ANGELS OF HOPE FOR WOMEN

England & Wales · Charity number 1202010

Details

Status Registered

Legal form CIO

Registered 2023-02-20

Register [View on the Charity Commission register](#)

Contact

Address Gorton Community Centre
Highmead Street
Manchester
M18 8PE

Phone 07940411897

Email angelssofhopeforwomen@gmail.com

Website <https://angelssofhope.co.uk>

Activities

Objects: THE OBJECTS OF THE CIO ARE:1) TO PRESERVE AND PROTECT THE GOOD HEALTH OF WOMEN AND GIRLS, IN PARTICULAR BUT NOT EXCLUSIVELY THOSE MEMBERS OF THE AFRICAN COMMUNITY, LIVING IN MANCHESTER AND THE SURROUNDING AREAS WHO HAVE EXPERIENCED OR ARE EXPERIENCING SEXUAL ABUSE AND SEXUAL VIOLENCE AND/OR DOMESTIC ABUSE AND OTHER FORMS OF HARMFUL PRACTICE BY:A. SUPPORTING THEM TO ACCESS APPROPRIATE SERVICES AND DELIVERING ASSISTANCE DIRECTLY IN THE FORM OF SELF-HELP AND MUTUAL SUPPORT GROUPS;B. EDUCATING AND RAISING AWARENESS OF THESE ISSUES BY DELIVERING TRAINING AND TALKS IN THE LOCAL COMMUNITY;C. PROVIDING TRAINING TO A PROFESSIONAL STANDARD ALL THOSE THAT WILL PROVIDE SERVICES THAT WILL FURTHER THE PURPOSES OF THE ORGANISATION; ANDD. IDENTIFYING AREAS OF UNMET NEEDS BY WORKING WITH OTHER AGENCIES AND TAKING APPROPRIATE ACTION.2) TO PRESERVE AND PROTECT THE GOOD MENTAL HEALTH OF WOMEN, IN PARTICULAR BUT NOT EXCLUSIVELY THOSE MEMBERS OF THE AFRICAN COMMUNITY, LIVING IN MANCHESTER AND THE SURROUNDING AREAS BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES AND SUPPORT SERVICES.

Activities: We run an Outreach service for women and girls who have experienced domestic abuse and other harmful practices. We support them with their mental health and wellbeing allowing them to make informed decisions about their lives. We empower the women to become confident, independent, and self-reliant. We inspire women to support others by volunteering and by providing a safe space to share ideas.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People Of A Particular Ethnic Or Racial Origin

Geography

- Manchester City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-31	£169,352	£174,264	-	-
2024-10-31	£161,118	£163,442	-	-
2023-10-31	£45,573	£63,222	-	-

Trustees

Name	Role	Appointed
Mhlawase Edith Zingano	Chair	2023-01-23
ESNAT BOTA		2023-01-23
Kalikokha Shallcross		2025-04-25
SAYEEDA CHOWDHURY		2023-01-23
Sarah Fayette		2025-04-25
Sharon Dzapasi		2025-04-25
TAPIWA KACHIPANDE		2023-01-23

ANGELS OF HOPE FOR WOMEN

England & Wales - Charity number 1202010

Accounts

Company Registration Number: CE031448

Charity Registration Number: 1202010

ANGELS OF HOPE FOR WOMEN
TRUSTEE'S REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED
31 OCTOBER 2025



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Angels Of Hope For Women
Charitable Incorporated Organisation
Trustees' Annual Report
Year ended 31 October 2025

The trustees present their report and the unaudited financial statements of the charity for the period ended 31 October 2025.

Reference and administrative information

Registered charity name Angels Of Hope For Women

Charity registration number 1202010

Company registration number CE031448

Principal office and registered office Gorton Central Community Centre
Highmead St, Abbey Hey
Manchester
M18 8PE

The trustees

Mhlawase Zingano

Tapiwa Kachipande

Sayeeda Chowdhury

Esnat Bota

Sharon Dzapasi

Appointed 25.04.2025

Kalikorha Shallcross

Appointed 25.04.2025

Sarah Fayette

Appointed 25.04.2025

Accountants

AcTax Consulting Ltd

Chartered Certified Accountants and Chartered Tax Advisers

Consort Road

Higher Bartle

Preston

PR4 0QH

Structure, governance, and management

Description of the charity's trusts

Angels of hope for women is a registered charity working to support women recovering from domestic abuse, mental health and other trauma. We work with women who are isolated, vulnerable and struggle to access support. Our successful support groups, facilitated workshops and courses are all ran by volunteers and help build confidence, self-esteem and open up opportunities.

The Charity was originally established in 2014 by women in Manchester's African community, who through personal experience identified:

A high number of incidents of domestic abuse experienced by women in the community

That many women were isolated and struggled to get any kind of support.

That established services failed to meet the needs of many African women and were often hard to access.

That within the community there was often an element of stigma and prejudice that refused to tackle issues such as domestic abuse or mental health

The Charity was re-registered with The Charity Commission for England and Wales on 20 February 2023 as a Charitable Incorporated Organisation and is governed by its constitution adopted on the same day. Prior to 20 February 2023, the Charity operated as an unincorporated Charitable Organisation under the same name.

Recruitment and appointment of trustees

The Charity is run by its board of Trustees. All trustees give their time voluntarily and receive no benefits from the charity

Recruitment and appointment of new trustees is in line with the constitution and with the consent of the trustees. Suitable candidates are those who are sensitive to the needs and demands of the organisation and have relevant skills and experience.

In order to bring a range of skills and cover the broad reach of the charity, the trustees are from backgrounds that reflect the diversity of the people that the charity works with.

Trustees' induction and training

New trustees are briefed by the existing trustees on the objects and operations of the charity and are referred to the guidance for new trustees published by the Charity Commission.

In addition, all new trustees are encouraged to read the constitution and discuss any queries arising from this with existing trustees.

All trustees are expected to be familiar with the work of the charity and get involved in events and services regularly. The charity places emphasis on volunteer development and trustees are also offered training seen as beneficial to the charity. All trustees are encouraged, and most have been through internal training or induction for a better understanding of the ethos of the charity and the statement of beliefs.

Trustees also discuss the future plans of the charity in relation to the objectives of the charity and ways to secure and strengthen its financial position at the Trustees Quarterly meetings.

Additional governance issues

The charity is funded by grants and donations from institutions and organisations that share the charities objectives.

Though all trustees give their time voluntarily, the charity recognises that trustees may incur expenses such as travel to meetings, conferences and other events. Trustees may from time to time, finances allowing, be reimbursed for expenses directly incurred in fulfilling their duties.

The charity reserves the right to recognise and adequately remunerate trustees who bring specialist skills and knowledge to the service of the charity where this is applicable.

The major operational risk faced by the Charity is that it carries no reserves as most of its funding is specific to an activity. Its continued existence is therefore heavily dependent on continued support from its funders. The recent Covid-19 pandemic is, as expected, also throwing up its own challenges in the operations and finances of the charity as more and more users of the charity's services, usually individuals with no access to public funds, seek help from the charity.

The Trustees have implemented procedures to manage this risk including ensuring they have sufficient training, skills and expertise to effectively manage the affairs of the charity and do not commit to programmes until funding is secured for the programme.

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to its operations and finances, and are satisfied that systems are in place to manage their exposure.

Organisational structure, affiliations, and day to day operations

Leah Chikamba, Chief Executive Officer, oversees the day-to-day running of the charity assisted by a small team of staff, the Chairperson, trustees and volunteers.

Objectives and activities

Registered objects

The basic aims, objectives and principles as set out in the constitution are:

To preserve and protect the good health of women and girls who have experienced or are experiencing sexual abuse and sexual violence and / or domestic abuse and other forms of harmful practices by:

- supporting them to access appropriate services

- educating and raising awareness of these issues by delivering training and talks in the local community;

- providing training to a professional standard all those that will provide services that further the purposes of the organisation; and identifying areas of unmet needs by working with other agencies and taking appropriate action.

To promote the preservation and the safeguarding of mental health

Summary of the main activities and achievements during the year

As a result of the pandemic, the Charity has continued to receive a lot of requests from women to deliver physical exercise classes for women only as well as mental wellbeing sessions. Covid brought to light the health inequalities that the women face, and the Charity has worked in consultation with the women to plan activities that will support them improve their physical activities and to help promote mental health and well-being by championing the well-being agenda through the 5 ways to well-being which are Connect, Be active, Take notice, Learn and Give. With this in mind, the Charity has been running the following:

- Weekly Afro-fit exercise session
- Weekly Aqua Angels women only swimming lessons
- Mental Wellbeing support groups
- Monthly Meetings/Workshops
- 1-2-1 Support
- Cultural Competencies Consultation
- Peer Support Groups

In 2023 the organisation has secured funding from The National Lottery Community Fund to run a three year Community Outreach Project. The project comprises of the following activities:

- Community Outreach
- 1-2-1 Support
- Crisis Support
- Safe Space
- Mental Health and Wellbeing Support
- Cancer Awareness
- Cultural Awareness
- Volunteer Training

The Charity has been proactive in co- production projects, collaborating with other local women-led organisations to facilitate health and well-being interventions in order to empower healthy communities.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing education when reviewing the charity's aims and objectives and in planning future activities and setting policies for the year.

Financial performance

The charity received grants and donations during the period amounting to **£169,352**. The charity paid **£174,264** for charitable activities and administration. The charitable expenditure was made in line with the stated objects of the charity.

The charity has governance costs that comprise staff wages, professional fees and other administration costs. This is in addition to the support costs of the charity as disclosed in the notes to the accounts. The staff salaries are specifically funded and are only payable when the charity secures funding to cover them.

Angels Of Hope For Women
Charitable Incorporated Organisation
Trustees' Annual Report
Year ended 31 October 2025

Reserves policy

The charity carries no reserves to protect the organisation from changing financial circumstances, such as an unexpected reduction in income or increase in costs.

The policy is therefore to keep the administration costs down and not to commit to any long-term programmes or financial commitments unless and until funding is secured for that particular program.

The trustees' annual report and the strategic report were approved on **15 May 2026** and signed on behalf of the board of trustees by:



Mhlawase E Zingano
Trustee & Chairperson

Angels Of Hope For Women
Charitable Incorporated Organisation
Trustees' Annual Report
Independent Examiner's Year ended 31 October 2025

I report to the charity trustees on the financial statements for the period ended 31 October 2025, which comprise the statement of financial activities (including income and expenditure account), statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

As trustees you are responsible for the preparation of the financial statements. You consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. You confirm that the charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of The Chartered Association of Certified Accountants (ACCA).

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (1) examine the accounts under section 145 of the 2011 Act;
- (2) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (3) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, I can confirm that no matters have come to my attention that give me cause to believe:

- (1) accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- (2) the financial statements do not accord with those records; or
- (3) the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- (4) the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

McCloud Ng'onga

McCloud Ng'onga FCCA, CTA

Chartered Certified Accountant and Chartered Tax Adviser
Consort Road
Higher Bartle
Preston
PR4 0QH

Date: **15 May 2026**

Angels Of Hope For Women
Charitable Incorporated Organisation
Statement of Financial Activities(including income and expenditure account)
Year ended 31 October 2025

	Notes	Unrestricted funds £	2025 Restricted funds £	Total funds £	2024 Total funds £
Income and endowments					
Donations and legacies	5	19,084	150,268	169,352	161,118
Investment income	5a	-	-	-	-
Total income		19,084	150,268	169,352	161,118
Expenditure					
Charitable activities	6	21,113	129,245	150,358	145,274
Administration	7	4,920	18,986	23,906	18,168
Total expenditure		26,033	148,231	174,264	163,442
Net income/(expenditure)		(6,949)	2,037	(4,912)	(2,324)
Gain/(loss) on revaluation of fixed assets		-	-	-	-
Net movement in funds		(6,949)	2,037	(4,912)	(2,324)
Reconciliation of funds					
Funds brought forward		3,949	(2,333)	1,616	3,940
Funds transfer		-	-	-	-
Total funds carried forward		(3,000)	(296)	(3,296)	1,616

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Angels Of Hope For Women
 Charitable Incorporated Organisation (Reg CE031448)
 Statement of Financial Position
 As at 31 October 2025

		2025	2024
		£	£
Fixed assets			
Property, Plant and machinery	12	7,005	6,810
Current assets			
Debtors	13	1,199	4,535
Cash at bank and in hand		58,254	74,453
		-----	-----
		59,452	78,988
Creditors: amounts falling due within one year	14	69,753	84,182
		-----	-----
Net current assets / (liabilities)		(10,301)	(5,194)
		-----	-----
Net assets		(3,296)	1,616
		=====	=====
Funds of the charity			
Revaluation reserve			
Restricted funds		(296)	(2,333)
Unrestricted funds		(3,000)	3,949
		-----	-----
Total charity funds	15	(3,296)	1,616
		=====	=====

For the period ending 31 October 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' responsibilities:

The trustees have not required the charity to obtain an audit of its financial statements for the year in question in accordance with section 476;

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements were approved by the board of trustees and authorised for issue on **15 May 2026**, and are signed on behalf of the board by:

Leah Chikamba

Leah Chikamba
 Chief Executive Officer

Tapiwa Kachipande

Tapiwa Kachipande
 Trustee

1 General information

The charity is a Charitable Incorporated Organisation and a registered charity in England and Wales. It's' registration numbers and its registered office address is as shown in the Trustees report.

2 Statement of compliance

These financial statements have been prepared in compliance with Financial Reporting Standard 102 (FRS 102), 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', including the provisions of Section 1A "Small Entities" and the Companies Act 2006, the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3 Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and property plant and machinery measured at fair value through income or expenditure.

Presentation currency

The financial statements are prepared in pound sterling, which is the functional currency of the entity.

Fund accounting

Unrestricted funds held by the charity are funds that can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds held by the charity represent funds where there is a contractual requirement for it to be spent on a particular purpose and returned if unspent.

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods or services is measured at the fair value of the goods or service unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Financial instruments

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Furniture & Fittings	33% Straight line
Office Equipment	33% Straight line

Impairment of Tangible assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to Statement of Financial Activity in the period to which they relate.

4 Average number of employees

The average number of employees (excluding volunteers) in the period was 4 (2024: 4)

5 Donations , legacies & other income

	2025		2024
	Unrestricted	Restricted	
Rosa	-	-	29,802
Lloyds Foundation	8,333	10,065	37,160
National Lottery	-	112,886	67,041
Mcr City Council	-	20,215	19,525
Irwin Mitchel	-	-	4,290
Greater Manchester Police	-	2,647	
Dragonpass Dacey Foundation	10,000		
Others	750	4,455	3,300
	<u>19,084</u>	<u>150,268</u>	<u>161,118</u>

5a Investment Income

	2025		2024
	Unrestricted	Restricted	
Bank interest	-		-
Gains/(losses) on sale of fixed assets	-		-
	<u>-</u>	<u>-</u>	<u>-</u>

6 Expenditure on charitable activities by fund type

	2025		2024
	Unrestricted	Restricted	
Events, workshops and activities	2,655	18,181	26,847
Professional fees (Speakers/ Trainers)	1,654	1,635	4,485
Equipment (inc depreciation)	2,953	2,489	4,513
Printing, post and publicity	2,239	947	4,648
Trustee expenses	-	211	613
Family support	1,718	9,253	14,963
Rent & Venue Hire	120	10,168	10,967
Staff costs	9,050	82,595	72,305
Volunteers	724	3,676	5,934
Miscellaneous	-	91	-
	<u>21,113</u>	<u>129,245</u>	<u>145,274</u>

7 Expenditure on administration

	2025		2024
	Unrestricted	Restricted	
Insurance	3,122	299	615
Rent & rates	-	-	-
ICT & phones	20	2,449	2,149
Accountancy	-	1,757	1,656
Staff costs	1,508	13,531	11,948
Staff training	-	863	1,533
Miscellaneous	270	87	267
	<u>4,920</u>	<u>18,986</u>	<u>18,168</u>

8 Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2025		2024
	Unrestricted	Restricted	
Depreciation of tangible fixed assets	3,826	-	2,582
	<u>3,826</u>	<u>-</u>	<u>2,582</u>

9 Independent examination fees

Fees payable to the independent examiner for:
independent examination of the financial statements

	2025		2024
	Unrestricted	Restricted	
	-	1,757	1,656
	<u>-</u>	<u>1,757</u>	<u>1,656</u>

10 Staff costs

No employees received emoluments in excess of £60,000

Angels Of Hope For Women
 Charitable Incorporated Organisation
 Notes to the Financial Statements
 Year ended 31 October 2025

11 Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees other than those disclosed in the related party note.

12 Property, plant, and machinery

	Office equipment	Furniture & Fittings	Total
Cost			
Brought forward	5,084	6,352	11,436
Transfers	-	-	-
Additions	3,473	547	4,020
Disposals	-	-	-
Carried forward	8,557	6,899	15,456
Depreciation			
Brought forward	3,114	1,512	4,626
Transfers	-	-	-
Charge	1,648	2,178	3,826
Eliminated on Disposals	-	-	-
	4,762	3,689	8,451
Fair Value			
Carried forward	3,795	3,210	7,005
At 31 October 2025	1,970	4,840	6,810

13 Debtors

	2025		2024
	Unrestricted	Restricted	
Prepayments and accrued income	-	1,199	4,535
Other debtors	-	-	-
	-	1,199	4,535

14 Creditors: amounts falling due within one year

	2025		2024
	Unrestricted	Restricted	
Accruals and deferred income	-	68,154	78,762
Statutory obligations	-	790	3,259
Accounts payable	-	-	2,160
Other creditors		809	
	<u>-</u>	<u>69,753</u>	<u>84,181</u>

15 Analysis of charitable funds

	01-Mar	Income	Expenditure	Transfers	31-Oct
General funds	3,949	19,084	(26,033)	-	(3,000)
Restricted funds	(2,333)	150,268	(148,231)	-	(296)
Combined	<u>1,616</u>	<u>169,352</u>	<u>(174,264)</u>	<u>-</u>	<u>(3,296)</u>

16 Analysis of net assets

	2025	2024
Tangible fixed assets	7,005	6,810
Current assets	59,452	78,988
Creditors less than 1 year	(69,753)	(84,182)
	<u>(3,296)</u>	<u>1,616</u>

17 Related party transactions

During the period, the charity obtained grant funding for family support cash payouts of £300 to qualifying service users. About 20 service users were supported by the Charity. The beneficiaries included 7 Trustees and staff, current and former, of the charity who met the criteria either directly as recipients of support or as gratuity for making referrals to the programme as provided for in the grant terms and conditions.

18 Going Concern

There are no material uncertainties about the charity's ability to continue in existence as a going concern for the next twelve months.

ANGELS OF HOPE FOR WOMEN

England & Wales - Charity number 1202010

Accounts

Company Registration Number: CE031448

Charity Registration Number: 1202010

ANGELS OF HOPE FOR WOMEN
TRUSTEE'S REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED
31 OCTOBER 2024



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Reference and administrative information

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Charity registration number 1202010

Company registration number CE031448

Principal office and registered office Gorton Central Community Centre
Highmead St, Abbey Hey
Manchester
M18 8PE

The trustees

Mhlawase Zingano

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Appointed 25.04.2025

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11 Consort Road

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Structure, governance, and management

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The Charity was originally established in 2014 by women in Manchester's African community, who through personal experience identified:

A high number of incidents of domestic abuse experienced by women in the community

That many women were isolated and struggled to get any kind of support.

That established services failed to meet the needs of many African women and were often hard to access.

That within the community there was often an element of stigma and prejudice that refused to tackle issues such as domestic abuse or mental health

The Charity was re-registered with The Charity Commission for England and Wales on 20 February 2023 as a Charitable Incorporated Organisation and is governed by its constitution adopted on the same day. Prior to 20 February 2023, the Charity operated as an unincorporated Charitable Organisation under the same name.

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Recruitment and appointment of new trustees is in line with the constitution and with the consent of the trustees. Suitable candidates are those who are sensitive to the needs and demands of the organisation and have relevant skills and experience.

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Trustees' induction and training

New trustees are briefed by the existing trustees on the objects and operations of the charity and are referred to the guidance for new trustees published by the Charity Commission.

In addition, all new trustees are encouraged to read the constitution and discuss any queries arising from this with existing trustees.

All trustees are expected to be familiar with the work of the charity and get involved in events and services regularly. The charity places emphasis on volunteer development and trustees are also offered training seen as beneficial to the charity. All trustees are encouraged, and most have been through internal training or induction for a better understanding of the ethos of the charity and the statement of beliefs.

Trustees also discuss the future plans of the charity in relation to the objectives of the charity and ways to secure and strengthen its financial position at the Trustees Quarterly meetings.

Additional governance issues

The charity is funded by grants and donations from institutions and organisations that share the charities objectives.

Though all trustees give their time voluntarily, the charity recognises that trustees may incur expenses such as travel to meetings, conferences and other events. Trustees may from time to time, finances allowing, be reimbursed for expenses directly incurred in fulfilling their duties.

The charity reserves the right to recognise and adequately remunerate trustees who bring specialist skills and knowledge to the service of the charity where this is applicable.

The major operational risk faced by the Charity is that it carries no reserves as most of its funding is specific to an activity. Its continued existence is therefore heavily dependent on continued support from its funders. The recent Covid-19 pandemic is, as expected, also throwing up its own challenges in the operations and finances of the charity as more and more users of the charity's services, usually individuals with no access to public funds, seek help from the charity.

The Trustees have implemented procedures to manage this risk including ensuring they have sufficient training, skills and expertise to effectively manage the affairs of the charity and do not commit to programmes until funding is secured for the programme.

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to its operations and finances, and are satisfied that systems are in place to manage their exposure.

Organisational structure, affiliations, and day to day operations

Leah Chikamba, Chief Executive Officer, oversees the day-to-day running of the charity assisted by a small team of staff, the Chairperson, trustees and volunteers.

Objectives and activities

Registered objects

The basic aims, objectives and principles as set out in the constitution are:

To preserve and protect the good health of women and girls who have experienced or are experiencing sexual abuse and sexual violence and / or domestic abuse and other forms of harmful practices by:

- supporting them to access appropriate services

- educating and raising awareness of these issues by delivering training and talks in the local community;

- providing training to a professional standard all those that will provide services that further the purposes of the organisation; and identifying areas of unmet needs by working with other agencies and taking appropriate action.

To promote the preservation and the safeguarding of mental health

Summary of the main activities and achievements during the year

As a result of the pandemic, the Charity has continued to receive a lot of requests from women to deliver physical exercise classes for women only as well as mental wellbeing sessions. Covid brought to light the health inequalities that the women face, and the Charity has worked in consultation with the women to plan activities that will support them improve their physical activities and to help promote mental health and well-being by championing the well-being agenda through the 5 ways to well-being which are Connect, Be active, Take notice, Learn and Give. With this in mind, the Charity has been running the following:

- Weekly Afro-fit exercise session
- Weekly Aqua Angels women only swimming lessons
- Mental Wellbeing support groups
- Monthly Meetings/Workshops
- 1-2-1 Support
- Cultural Competencies Consultation
- Peer Support Groups

In 2023 the organisation has secured funding from The National Lottery Community Fund to run a three year Community Outreach Project. The project comprises of the following activities:

- Community Outreach
- 1-2-1 Support
- Crisis Support
- Safe Space
- Mental Health and Wellbeing Support
- Cancer Awareness
- Cultural Awareness
- Volunteer Training

The Charity has been proactive in co- production projects, collaborating with other local women-led organisations to facilitate health and well-being interventions in order to empower healthy communities.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing education when reviewing the charity's aims and objectives and in planning future activities and setting policies for the year.

Financial performance

The charity received grants and donations during the period amounting to **£161,118**. The charity paid **£163,442** for charitable activities and administration. The charitable expenditure was made in line with the stated objects of the charity.

The charity has governance costs that comprise staff wages, professional fees and other administration costs. This is in addition to the support costs of the charity as disclosed in the notes to the accounts. The staff salaries are specifically funded and are only payable when the charity secures funding to cover them.

Angels Of Hope For Women
Charitable Incorporated Organisation
Trustees' Annual Report
Year ended 31 October 2024

Reserves policy

The charity carries no reserves to protect the organisation from changing financial circumstances, such as an unexpected reduction in income or increase in costs.

The policy is therefore to keep the administration costs down and not to commit to any long-term programmes or financial commitments unless and until funding is secured for that particular program.

The trustees' annual report and the strategic report were approved on **27 June 2025** and signed on behalf of the board of trustees by:



Mhlawase E Zingano
Trustee & Chairperson

Angels Of Hope For Women
Charitable Incorporated Organisation
Trustees' Annual Report
Independent Examiner's Year ended 31 October 2024

I report to the charity trustees on the financial statements for the period ended 31 October 2024, which comprise the statement of financial activities (including income and expenditure account), statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

As trustees you are responsible for the preparation of the financial statements. You consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. You confirm that the charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of The Chartered Association of Certified Accountants (ACCA).

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (1) examine the accounts under section 145 of the 2011 Act;
- (2) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (3) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, I can confirm that no matters have come to my attention that give me cause to believe:

- (1) accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- (2) the financial statements do not accord with those records; or
- (3) the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- (4) the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

McCloud Ng'onga

McCloud Ng'onga FCCA, CTA
Chartered Certified Accountant and Chartered Tax Adviser
11 Consort Road
Higher Bartle
Preston
PR4 0QH

Date: **27 June 2025**

Angels Of Hope For Women
Charitable Incorporated Organisation
Statement of Financial Activities(including income and expenditure account)
Year ended 31 October 2024

		2024		01.03.23 to 31.10.23	
	Notes	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	44,649	116,468	161,118	45,573
Investment income	5a	-	-	-	-
		-----	-----	-----	-----
Total income		44,649	116,468	161,118	45,573
		=====	=====	=====	=====
Expenditure					
Charitable activities	6	38,708	106,566	145,274	26,707
Administration	7	5,933	12,235	18,168	36,516
		-----	-----	-----	-----
Total expenditure		44,641	118,801	163,442	63,222
		=====	=====	=====	=====
Net income/(expenditure)		9	(2,333)	(2,324)	(17,649)
		-----	-----	-----	-----
Gain/(loss) on revaluation of fixed assets		-	-	-	-
		-----	-----	-----	-----
Net movement in funds		9	(2,333)	(2,324)	(17,649)
		-----	-----	-----	-----
Reconciliation of funds					
Funds brought forward		3,940	-	3,940	-
Funds transfer		-	-	-	21,589
		-----	-----	-----	-----
Total funds carried forward		3,949	(2,333)	1,616	3,940
		=====	=====	=====	=====

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Angels Of Hope For Women
 Charitable Incorporated Organisation (Reg CE031448)
 Statement of Financial Position
 As at 31 October 2024

		2024	2023
		£	£
Fixed assets			
Property, Plant and machinery	12	6,810	4,205
Current assets			
Debtors	13	4,535	-
Cash at bank and in hand		74,453	75,524
		-----	-----
		78,988	75,524
Creditors: amounts falling due within one year	14	84,182	75,790
		-----	-----
Net current assets / (liabilities)		(5,194)	(265)
		-----	-----
Net assets		1,616	3,940
		=====	=====
Funds of the charity			
Revaluation reserve			
Restricted funds		(2,333)	3,410
Unrestricted funds		3,949	530
		-----	-----
Total charity funds	15	1,616	3,940
		=====	=====

For the period ending 31 October 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' responsibilities:

The trustees have not required the charity to obtain an audit of its financial statements for the year in question in accordance with section 476;

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements were approved by the board of trustees and authorised for issue on **27 June 2025**, and are signed on behalf of the board by:

Leah Chikamba

Leah Chikamba
 Chief Executive Officer

Reya

Tapiwa Kachipande
 Trustee

1 General information

The charity is a Charitable Incorporated Organisation and a registered charity in England and Wales. It's' registration numbers and its registered office address is as shown in the Trustees report.

2 Statement of compliance

These financial statements have been prepared in compliance with Financial Reporting Standard 102 (FRS 102), 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', including the provisions of Section 1A "Small Entities" and the Companies Act 2006, the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3 Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and property plant and machinery measured at fair value through income or expenditure.

Presentation currency

The financial statements are prepared in pound sterling, which is the functional currency of the entity.

Fund accounting

Unrestricted funds held by the charity are funds that can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds held by the charity represent funds where there is a contractual requirement for it to be spent on a particular purpose and returned if unspent.

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods or services is measured at the fair value of the goods or service unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Financial instruments

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Furniture & Fittings	33% Straight line
Office Equipment	33% Straight line

Impairment of Tangible assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to Statement of Financial Activity in the period to which they relate.

4 Average number of employees

The average number of employees (excluding volunteers) in the period was 4 (2023: 2)

5 Donations , legacies & other income

	2024		01.03.23 to
	Unrestricted	Restricted	31.10.23
Rosa	150	29,652	8,748
Lloyds Foundation	37,160	-	5,775
National Lottery	-	67,041	21,402
Mcr City Council	-	19,525	3,549
Irwin Mitchel	4,290	-	-
Others	3,050	250	6,100
	<u>44,649</u>	<u>116,468</u>	<u>45,574</u>

5a Investment Income

	2024		01.03.23 to
	Unrestricted	Restricted	31.10.23
Bank interest	-	-	-
Gains/(losses) on sale of fixed assets	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>

6 Expenditure on charitable activities by fund type

	2024		01.03.23 to 31.10.23
	Unrestricted	Restricted	
Events, workshops and activities	2,596	24,250	12,030
Professional fees (Speakers/ Trainers)	2,842	1,643	479
Equipment (inc depreciation)	2,412	2,101	815
Printing, post and publicity	3,149	1,500	2,130
Trustee expenses	-	613	-
Family support	2,213	12,749	4,644
Rent & Venue Hire	-	10,967	3,538
Staff costs	25,485	46,820	-
Volunteers	10	5,924	3,070
Miscellaneous	-	-	-
	<u>38,708</u>	<u>106,566</u>	<u>26,707</u>

7 Expenditure on administration

	2024		01.03.23 to 31.10.23
	Unrestricted	Restricted	
Insurance	99	515	847
Rent & rates	-	-	-
ICT & phones	1,557	592	3,793
Accountancy	-	1,656	1,370
Staff costs	4,145	7,803	27,506
Staff training	-	1,533	3,000
Miscellaneous	132	135	-
	<u>5,933</u>	<u>12,235</u>	<u>36,516</u>

8 Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2024		01.03.23 to 31.10.23
	Unrestricted	Restricted	
Depreciation of tangible fixed assets	2,582	-	484
	<u>2,582</u>	<u>-</u>	<u>484</u>

9 Independent examination fees

Fees payable to the independent examiner for:
independent examination of the financial statements

	2024		31.10.23
	Unrestricted	Restricted	
	-	1,656	1,370
	<u>-</u>	<u>1,656</u>	<u>1,370</u>

10 Staff costs

No employees received emoluments in excess of £60,000

Angels Of Hope For Women
Charitable Incorporated Organisation
Notes to the Financial Statements
Year ended 31 October 2024

11 Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees other than those disclosed in the related party note.

12 Property, plant, and machinery

	Office equipment	Furniture & Fittings	Total
Cost			
Brought forward	5,084	1,165	6,249
Transfers	-	-	-
Additions	-	5,187	5,187
Disposals	-	-	-
As at 31 October 2024	5,084	6,352	11,436
Depreciation			
Brought forward	1,998	46	2,044
Transfers	-	-	-
Charge	1,116	1,466	2,582
Eliminated on Disposals	-	-	-
	3,114	1,512	4,626
Fair Value			
As at 31 October 2024	1,970	4,840	6,810
At 31 October 2023	3,086	1,119	4,205

13 Debtors

	2024		01.03.23 to 31.10.23
	Unrestricted	Restricted	
Prepayments and accrued income	-	4,535	-
Other debtors	-	-	-
	-	4,535	-

14 Creditors: amounts falling due within one year

	2024		01.03.23 to 31.10.23
	Unrestricted	Restricted	
Accruals and deferred income	-	78,762	-
Statutory obligations	-	3,259	-
Accounts payable	-	2,160	-
	<u>-</u>	<u>84,182</u>	<u>-</u>

15 Analysis of charitable funds

	01-Mar	Income	Expenditure	Transfers	31-Oct
General funds	3,940	44,649	(44,641)	-	3,949
Restricted funds	-	116,468	(118,801)	-	(2,333)

16 Analysis of net assets

	2023	01.03.23 to 31.10.23
Tangible fixed assets	6,810	4,205
Current assets	78,988	75,525
Creditors less than 1 year	(84,182)	(75,790)
	<u>1,616</u>	<u>3,940</u>

17 Related party transactions

During the period, the charity obtained grant funding for family support cash payouts of £300 to qualifying service users. About 25 service users were supported by the Charity. The beneficiaries included 7 Trustees and staff of the charity who met the criteria either directly as recipients of support or as gratuity for making referrals to the programme as provided for in the grant terms and conditions.

18 Going Concern

There are no material uncertainties about the charity's ability to continue in existence as a going concern for the next twelve months.

ANGELS OF HOPE FOR WOMEN

England & Wales - Charity number 1202010

Accounts

Company Registration Number: CE031448

Charity Registration Number: 1202010

ANGELS OF HOPE FOR WOMEN
TRUSTEE'S REPORT AND UNAUDITED ACCOUNTS
FOR THE PERIOD 01 MARCH 2023 TO
31 OCTOBER 2023



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Trustees' annual report (incorporating the directors' report)	3
Independent examiner's report to the trustees	8
Statement of financial activities (including income and expenditure account)	9
Statement of financial position	10
Notes to the financial statements	11

The trustees present their report and the unaudited financial statements of the charity for the period ended 31 October 2023.

Reference and administrative information

Registered charity name Angels Of Hope For Women

Charity registration number 1202010

Company registration number CE031448

Principal office and registered office Gorton Central Community Centre
Highmead St, Abbey Hey
Manchester
M18 8PE

The trustees Mhlawase Zingano
Tapiwa Kachipinde
Sayeeda Chowdhury
Esnat Bota
Letty Ngonda

Accountants AcTax Consulting Ltd
Chartered Certified Accountants and Chartered Tax Advisers
11 Consort Road
Higher Bartle
Preston
PR4 0QH

Structure, governance, and management

Description of the charity's trusts

Angels of hope for women is a registered charity working to support women recovering from domestic abuse, mental health and other trauma. We work with women who are isolated, vulnerable and struggle to access support. Our successful support groups, facilitated workshops and courses are all ran by volunteers and help build confidence, self-esteem and open up opportunities.

The Charity was originally established in 2014 by women in Manchester's African community, who through personal experience identified:

A high number of incidents of domestic abuse experienced by women in the community

That many women were isolated and struggled to get any kind of support.

That established services failed to meet the needs of many African women and were often hard to access.

That within the community there was often an element of stigma and prejudice that refused to tackle issues such as domestic abuse or mental health

The Charity was re-registered with The Charity Commission for England and Wales on 20 February 2023 as a Charitable Incorporated Organisation and is governed by its constitution adopted on the same day. Prior to 20 February 2023, the Charity operated as an unincorporated Charitable Organisation under the same name.

Recruitment and appointment of trustees

The Charity is run by its board of Trustees. All trustees give their time voluntarily and receive no benefits from the charity

Recruitment and appointment of new trustees is in line with the constitution and with the consent of the trustees. Suitable candidates are those who are sensitive to the needs and demands of the organisation and have relevant skills and experience.

In order to bring a range of skills and cover the broad reach of the charity, the trustees are from backgrounds that reflect the diversity of the people that the charity works with.

Trustees' induction and training

New trustees are briefed by the existing trustees on the objects and operations of the charity and are referred to the guidance for new trustees published by the Charity Commission.

In addition, all new trustees are encouraged to read the constitution and discuss any queries arising from this with existing trustees.

All trustees are expected to be familiar with the work of the charity and get involved in events and services regularly. The charity places emphasis on volunteer development and trustees are also offered training seen as beneficial to the charity. All trustees are encouraged, and most have been through internal training or induction for a better understanding of the ethos of the charity and the statement of beliefs.

Trustees also discuss the future plans of the charity in relation to the objectives of the charity and ways to secure and strengthen its financial position at the Trustees Quarterly meetings.

Additional governance issues

The charity is funded by grants and donations from institutions and organisations that share the charities objectives.

Though all trustees give their time voluntarily, the charity recognises that trustees may incur expenses such as travel to meetings, conferences and other events. Trustees may from time to time, finances allowing, be reimbursed for expenses directly incurred in fulfilling their duties.

The charity reserves the right to recognise and adequately remunerate trustees who bring specialist skills and knowledge to the service of the charity where this is applicable.

The major operational risk faced by the Charity is that it carries no reserves as most of its funding is specific to an activity. Its continued existence is therefore heavily dependent on continued support from its funders. The recent Covid-19 pandemic is, as expected, also throwing up its own challenges in the operations and finances of the charity as more and more users of the charity's services, usually individuals with no access to public funds, seek help from the charity.

The Trustees have implemented procedures to manage this risk including ensuring they have sufficient training, skills and expertise to effectively manage the affairs of the charity and do not commit to programmes until funding is secured for the programme.

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to its operations and finances, and are satisfied that systems are in place to manage their exposure.

Organisational structure, affiliations, and day to day operations

Leah Chikamba, Chief Executive Officer, oversees the day-to-day running of the charity assisted by a small team of staff, the Chairperson, trustees and volunteers.

Objectives and activities

Registered objects

The basic aims, objectives and principles as set out in the constitution are:

To preserve and protect the good health of women and girls who have experienced or are experiencing sexual abuse and sexual violence and / or domestic abuse and other forms of harmful practices by:

- supporting them to access appropriate services

- educating and raising awareness of these issues by delivering training and talks in the local community;

- providing training to a professional standard all those that will provide services that further the purposes of the organisation; and identifying areas of unmet needs by working with other agencies and taking appropriate action.

To promote the preservation and the safeguarding of mental health

Angels Of Hope For Women
Charitable Incorporated Organisation
Trustees' Annual Report
Period ended 31 October 2023

Summary of the main activities and achievements during the year

As a result of the pandemic, the Charity has continued to receive a lot of requests from women to deliver physical exercise classes for women only as well as mental wellbeing sessions. Covid brought to light the health inequalities that the women face, and the Charity has worked in consultation with the women to plan activities that will support them improve their physical activities and to help promote mental health and well-being by championing the well-being agenda through the 5 ways to well-being which are Connect, Be active, Take notice, Learn and Give. With this in mind, the Charity has been running the following:

- Weekly Afro-fit exercise session
- Mental Wellbeing support groups
- Monthly Meetings/Workshops
- 1-2-1 Support
- Cultural Competencies Consultation
- Peer Support Groups

In 2023 the organisation has secured funding from The National Lottery Community Fund to run a three year Community Outreach Project. The project comprises of the following activities:

- Community Outreach
- 1-2-1 Support
- Crisis Support
- Safe Space
- Mental Health and Wellbeing Support
- Cancer Awareness
- Cultural Awareness
- Volunteer Training

The Charity has been proactive in co- production projects, collaborating with other local women-led organisations to facilitate health and well-being interventions in order to empower healthy communities.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing education when reviewing the charity's aims and objectives and in planning future activities and setting policies for the year.

Financial performance

The charity received grants and donations during the period amounting to **£45,573**. The charity paid **£63,222** for charitable activities and administration resulting a net deficit of **£17,649**. The deficit has been funded by funds transferred from the old charity. The charitable expenditure was made in line with the stated objects of the charity.

The charity has governance costs that comprise staff wages, professional fees and other administration costs. This is in addition to the support costs of the charity as disclosed in the notes to the accounts. The staff salaries are specifically funded and are only payable when the charity secures funding to cover them.

Angels Of Hope For Women
Charitable Incorporated Organisation
Trustees' Annual Report
Period ended 31 October 2023

Reserves policy

The charity carries no reserves to protect the organisation from changing financial circumstances, such as an unexpected reduction in income or increase in costs.

The policy is therefore to keep the administration costs down and not to commit to any long-term programmes or financial commitments unless and until funding is secured for that particular program.

The trustees' annual report and the strategic report were approved on **24 November 2023** and signed on behalf of the board of trustees by:



Mhlawase E Zingano
Trustee & Chairperson

Angels Of Hope For Women
Charitable Incorporated Organisation
Trustees' Annual Report
Independent Examiner's Period ended 31 October 2023

I report to the charity trustees on the financial statements for the period ended 31 October 2023, which comprise the statement of financial activities (including income and expenditure account), statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

As trustees you are responsible for the preparation of the financial statements. You consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. You confirm that the charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of The Chartered Association of Certified Accountants (ACCA).

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (1) examine the accounts under section 145 of the 2011 Act;
- (2) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (3) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, I can confirm that no matters have come to my attention that give me cause to believe:

- (1) accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- (2) the financial statements do not accord with those records; or
- (3) the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- (4) the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

AcTax Consulting Ltd

AcTax Consulting Ltd
Chartered Certified Accountants and Chartered Tax Advisers
11 Consort Road
Higher Bartle
Preston
PR4 0QH

Date: **27 November 2023**

Angels Of Hope For Women
Charitable Incorporated Organisation
Statement of Financial Activities(including income and expenditure account)
Period ended 31 October 2023

	Notes	Unrestricted funds £	2023 Restricted funds £	Total funds £
Income and endowments				
Donations and legacies	5	6,275	39,299	45,573
Investment income	5a	-	-	-
Total income		6,275	39,299	45,573
Expenditure				
Charitable activities	6	5,951	20,755	26,707
Administration	7	16,667	19,849	36,516
Total expenditure		22,618	40,604	63,222
Net income/(expenditure)		(16,343)	(1,306)	(17,649)
Gain/(loss) on revaluation of fixed assets		-	-	-
Net movement in funds		(16,343)	(1,306)	(17,649)
Reconciliation of funds				
Funds brought forward		-	-	-
Funds transfer		16,873	4,716	21,589
Total funds carried forward		530	3,410	3,940

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Angels Of Hope For Women
Charitable Incorporated Organisation (Reg CE031448)
Statement of Financial Position
As at 31 October 2023

		2023
		£
Fixed assets		
Property, Plant and machinery	12	4,205
Current assets		
Debtors	13	-
Cash at bank and in hand		75,524

		75,524
Creditors: amounts falling due within one year	14	75,790

Net current assets / (liabilities)		(265)

Net assets		3,940
		=====
Funds of the charity		
Revaluation reserve		
Restricted funds		3,410
Unrestricted funds		530

Total charity funds	15	3,940
		=====

For the period ending 31 October 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' responsibilities:

The trustees have not required the charity to obtain an audit of its financial statements for the year in question in accordance with section 476;

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements were approved by the board of trustees and authorised for issue on **24 November 2023**, and are signed on behalf of the board by:

Leah Chikamba

Leah Chikamba
Chief Executive Officer

Tapiwa Kachipande

Tapiwa Kachipande
Trustee

1 General information

The charity is a Charitable Incorporated Organisation and a registered charity in England and Wales. It's' registration numbers and its registered office address is as shown in the Trustees report.

2 Statement of compliance

These financial statements have been prepared in compliance with Financial Reporting Standard 102 (FRS 102), 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', including the provisions of Section 1A "Small Entities" and the Companies Act 2006, the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3 Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and property plant and machinery measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Presentation currency

The financial statements are prepared in sterling, which is the functional currency of the entity.

Fund accounting

Unrestricted funds held by the charity are funds that can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds held by the charity represent funds where there is a contractual requirement for it to be spent on a particular purpose and returned if unspent.

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods or services is measured at the fair value of the goods or service unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Financial instruments

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Furniture & Fittings	33% Straight line
Office Equipment	33% Straight line

Impairment of Tangible assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to Statement of Financial Activity in the period to which they relate.

4 Average number of employees

The average number of employees (excluding volunteers) in the period was 2

5 Donations , legacies & other income

	2023		2022
	Unrestricted	Restricted	
We Love Manchester		3,549	-
GMCVO		3,600	-
Local Giving	500		-
Rosa		8,748	
Salford City Council		2,000	
Lloyds Foundation	5,775	-	
National Lottery-Reaching Communities		21,402	
	<u>6,275</u>	<u>39,299</u>	<u>-</u>

5a Investment Income

	2023		2022
	Unrestricted	Restricted	
Bank interest	-		-
Gains/(losses) on sale of fixed assets	-		-
	<u>-</u>	<u>-</u>	<u>-</u>

6 Expenditure on charitable activities by fund type

	2023		2022
	Unrestricted	Restricted	
Events, workshops and activities	3,285	8,746	-
Professional fees (Speakers/ Trainers)	-	479	-
Equipment (inc depreciation)	-	815	-
Printing, post and publicity	-	2,130	-
Trustee expenses	-	-	-
Family support	2,667	1,978	-
Rent & Venue Hire	-	3,538	-
Volunteers	-	3,070	-
	<u>5,951</u>	<u>20,755</u>	<u>-</u>

7 Expenditure on administration

	2023		2022
	Unrestricted	Restricted	
Insurance	-	847	-
Rent & rates	-	-	-
ICT & phones	-	3,793	-
Accountancy	-	1,370	-
Staff costs	16,667	10,840	-
Staff training	-	3,000	-
	<u>16,667</u>	<u>19,849</u>	<u>-</u>

8 Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2023		2022
	Unrestricted	Restricted	
Depreciation of tangible fixed assets	484	-	-
	<u>484</u>	<u>-</u>	<u>- 2,183</u>

9 Independent examination fees

Fees payable to the independent examiner for:
independent examination of the financial statements

	2023		2022
	Unrestricted	Restricted	
	1,370	-	-
	<u>1,370</u>	<u>-</u>	<u>-</u>

10 Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023		2022
	Unrestricted	Restricted	
Wages and salaries	16,667	10,766	-
Employer contributions to pension plans	-	73	-
	<u>16,667</u>	<u>10,839</u>	<u>-</u>

11 Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees other than those disclosed in the related party note.

12 Property, plant, and machinery

	Office equipment	Furniture & Fittings	Total
Cost			
Brought forward	-	-	-
Transfers	1,560		1,560
Additions	3,524	1,165	4,689
Disposals	-	-	-
As at 31 October 2023	5,084	1,165	6,249
Depreciation			
Brought forward	-	-	-
Transfers	1,560		1,560
Charge	438	46	484
Eliminated on Disposals	-	-	-
	1,998	46	2,044
Fair Value			
As at 31 October 2023	3,086	1,119	4,205
At 31 October 2022	-	-	-

13 Debtors

	2023		2022
	Unrestricted	Restricted	
Prepayments and accrued income	-		-
Other debtors	-		-
	-	-	-

14 Creditors: amounts falling due within one year

	2023		2022
	Unrestricted	Restricted	
Accruals and deferred income	-	73,757	-
Statutory obligations	-	2,033	-
	<u>-</u>	<u>75,790</u>	<u>-</u>

15 Analysis of charitable funds

	01-Mar	Income	Expenditure	Transfers	31-Oct
General funds	-	6,275	(22,618)	16,873	530
Restricted funds	01-Mar	Income	Expenditure	Transfers	31-Oct
	-	39,299	(40,604)	4,716	3,410

16 Analysis of net assets

	2023	2022
Tangible fixed assets	4,205	-
Current assets	75,524	-
Creditors less than 1 year	<u>(75,790)</u>	<u>-</u>
	<u>3,940</u>	<u>-</u>

17 Related party transactions

During the period, the charity obtained a Grant funding for Cash4Kids campaign awarding £50 to each child. 50 children were supported by the Charity with their cost of living. Some of the trustees have been equally affected by the rise in the cost of living so their children were considered for this program. A total of 7 children for 3 Trustees received £50 each under this program.

18 Going Concern

There are no material uncertainties about the charity's ability to continue in existence as a going concern for the next twelve months.